

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	East London	
MATCH	4	
VENUE	THURROCK ATHLETIC STADIUM	
P/FINISH	YES	1

Date Saturday, September 11 2021

Venue THURROCK ATHLETIC STADIUM

Host Club Thurrock Harriers

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
T	Thurrock Harriers	Thurr		124.2	15.7	161.7	301.6
W	Woodford Green AC with Essex Ladies	WGEL		61.5	10.5	73.0	144.9
H	Havering AC	Have		127.2	22.0	130.8	280.0
N	Newham & Essex Beagles AC	NEB		57.3	7.9	40.0	105.3
I	Ilford AC	Ilford		83.7	8.9	34.3	126.8

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	Thurrock Harriers	301.6				301.6	
2	Havering AC	280.0	1.0			280.0	1.0
3	Woodford Green AC with Essex Ladies	144.9	2.0			144.9	2.0
4	Ilford AC	126.8	3.0			126.8	3.0
5	Newham & Essex Beagles AC	105.3	4.0			105.3	4.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	- <hr/> <hr/>

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021

<u>100m Men A</u>					<u>100m Men B</u>					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	
				Wind +0.5					Wind +0.8	
				+0.5					+0.8	
1	N	Dante POLLARD (U17)	NEB	11.24	684	1	NN Tru OBANYE (U17)	NEB	11.64	568
2	W	Winfred HAKEEM	WGEL	11.41	633	2	TT Charlie SEAGO (U17)	Thurr	11.84	515
3	T	Tom LEE (U17)	Thurr	11.53	599	3	HH Reece MALCOLM (U17)	Have	12.04	466
4	H	Michael OKORO (U20)	Have	11.61	577	4	WW Evion HACKETT	WGEL	12.30	405
5						5	II Jeevakan SIVAYOGAN (U20)	Ilford	13.25	227
6						6				

<u>200m Men A</u>					<u>200m Men B</u>					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	
				Wind -02.80					Wind -05.30	
				-3					B	
1	H	Matthew AGNIMEL	Have	22.87	687	1	NN Dante POLLARD (U17)	NEB	23.68	573
2	N	Ossari ACQUAH (U17)	NEB	23.38	614	2	HH Michael OKORO (U20)	Have	24.13	515
3	W	Winfred HAKEEM	WGEL	23.49	599	3	WW Ben RICHARDS (U17)	WGEL	25.16	396
4	T	Tom LEE (U17)	Thurr	24.20	506	4				
5						5				
6						6				

<u>400m Men A</u>					<u>400m Men B</u>					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	
1	H	Matthew AGNIMEL	Have	49.84	772	1	HH Ronnie ADOMA (U17)	Have	53.63	561
2	I	Oliver BLAINEY (U17)	Ilford	52.91	598	2	II Dylan HARROD (U20)	Ilford	53.90	548
3	T	Taylor NEWELL	Thurr	54.17	534	3	TT Ifeoluwa ADEBUSOYE	Thurr	55.74	460
4						4				
5						5				
6						6				

<u>800m Men A</u>					<u>800m Men B</u>					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	
1	I	Farris PATEL (U20)	Ilford	01:59.87	672	1	II Dylan HARROD (U20)	Ilford	02:00.51	656
2	T	Taylor NEWELL	Thurr	02:00.73	650	2	TT Alec FINCH	Thurr	02:01.07	642
3	W	Jimmy GELLER (U17)	WGEL	02:01.52	631	3	WW Reuben FABIAN (U17)	WGEL	02:06.67	515
4	H	Kieran O'HARA	Have	02:03.75	579	4	HH Paul KAVANAGH	Have	02:08.99	468
5	N	Jad EL-HOUSSAMI	NEB	02:09.52	457	5				
6						6				

<u>1500m Men A</u>					<u>1500m Men B</u>					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	
1	T	Alec FINCH	Thurr	04:13.62	601	1	TT Harchander DHILLON (U20)	Thurr	04:23.78	503
2	I	Bradley DEACON (U20)	Ilford	04:18.51	553	2	H Samuel ATKINS	Have	04:36.65	393
3	HH	Shane HART (U17)	Have	04:23.15	509	3	II Ryan HOLEYMAN (U17)	Ilford	04:48.82	304
4						4				
5						5				
6						6				

<u>3000m Men A</u>					<u>3000m Men B</u>					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	
				Wind REC					Wind B	
1	I	Jak WRIGHT (U20)	Ilford	09:02.87	680	1	II Bradley DEACON (U20)	Ilford	09:09.34	647

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2	H	James STEWART	Have	09:12.84	630	2	TT	Scott THRUSH	Thurr	11:23.51	160
3	T	Ben PRIOR	Thurr	09:40.54	503	3	HH	John WHITEHEAD	Have	13:21.92	4
4	N	Liam O'DRISCOLL	NEB	09:53.37	449	4					
5						5					
6						6					

110m Hurdles Men A

-1.7

-1.7

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf
1	H	Karl TUCKER	Have	16.93	619	1				
2	T	Michael SHORTALL	Thurr	17.50	565	2				
3						3				
4						4				
5						5				
6						6				

400m Hurdles Men A400m Hurdles Men B

Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	T	Michael SHORTALL	Thurr	60.74	620	1	TT	Nigel INSTANCE	Thurr	80.51	164
2						2					
3						3					
4						4					
5						5					
6						6					

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/20213000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	h	Robert WARNER	Have	10:01.64
2				
3				
4				
5				
6				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				734
2				
3				
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	N	Nathaniel HANSON (U17)	NEB	5.84
2	H	Ridwan SALAAM (U17)	Have	5.70
3	TT	Michael SHORTALL	Thurr	5.53
4	I	George MARSHALL-CHILDS	Ilford	4.45
5				
6				

A Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	T	Mason CARPENTER-PROUT (U Thurr	Thurr	5.51	558
2	HH	Reece MALCOLM (U17)	Have	5.11	480
3					
4					
5					
6					

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	T	Charlie SEAGO (U17)	Thurr	1.80
2	H	Aaron FRESHWATER (U20)	Have	1.65
3	I	Jak WRIGHT (U20)	Ilford	1.55
4				
5				
6				

A High Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	Tosin OLAJIDE (U20)	Thurr	1.75	636
2	HH	Ridwan SALAAM (U17)	Have	1.50	427
3					
4					
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	N	Nathaniel HANSON (U17)	NEB	12.19
2	H	Aaron FRESHWATER (U20)	Have	11.77
3	T	Mason CARPENTER-PROUT	Thurr	11.12
4	I	George MARSHALL-CHILDS	Ilford	9.52
5				
6				

A Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	Michael SHORTALL	Thurr	10.69	492
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	H	Arron BONNING	Have	3.00
2				
3				
4				
5				
6				

A Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
481	1			
	2			
	3			
	4			
	5			
	6			

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	W	Hugh WILLIAMS	WGEL	12.36
2	H	Duane JIBUNOH	Have	11.55
3	T	Abdulahman AKENDE (U17)	Thurr	10.42
4	I	Jeevakan SIVAYOGAN (U20)	Ilford	7.60
5				
6				

A Shot Men B

Posn	Bib	Athlete	Club	Perf	
748	1	HH Arron BONNING	Have	8.84	488
693	2	TT Kosi OKONYIA (U17)	Thurr	8.47	457
612	3	WW Thomas FINCH	WGEL	7.21	340
	4				
	5				
	6				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	H	Duane JIBUNOH	Have	43.25
2	W	Hugh WILLIAMS	WGEL	35.22
3	I	George MARSHALL-CHILDS	Ilford	19.82
4	T	Abdulahman AKENDE (U17)	Thurr	18.87
5				
6				

A Discus Men B

Posn	Bib	Athlete	Club	Perf	
809	1	HH Arron BONNING	Have	24.43	480
682	2	WW Thomas FINCH	WGEL	23.34	457
374	3	TT Kosi OKONYIA (U17)	Thurr	14.37	211
	4				
	5				
	6				

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	N	Thomas HEAD	NEB	57.56
2	W	Fergus HARFORD	WGEL	28.02
3	T	Nigel INSTANCE	Thurr	18.75
4	I	George MARSHALL-CHILDS	Ilford	11.68
5	H	Steve RAND	Have	10.67
6				

A Hammer Men B

Posn	Bib	Athlete	Club	Perf	
906	1	WW Thomas FINCH	WGEL	20.55	428
551	2	HH Martin CHESTER	Have	8.26	87
	3				
	4				
	5				
	6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	H	Duane JIBUNOH	Have	49.06
2	T	Glen RAWLINSON	Thurr	46.26
3	II	Jeevakan SIVAYOGAN (U20)	Ilford	29.10
4	WW	Thomas FINCH	WGEL	20.07
5				
6				

A Javelin Men B

Posn	Bib	Athlete	Club	Perf	
741	1	TT Tosin OLAJIDE (U20)	Thurr	36.31	560
703	2	HH Arron BONNING	Have	34.21	528
446	3	I George MARSHALL-CHILDS (U	Ilford	22.48	330
284	4	W Hugh WILLIAMS	WGEL	12.48	105
	5				
	6				

4 x 100m Men A

Posn	No.	Club	Runners	Perf	
1	H	Have	Michael OKORO (U20) Ronnie ADOMA (U17) Matthew AGNIMEL Karl TUCKER	45.11	482

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2	T	Thurr	Mason CARPENTER-PROUT (U17) Charlie SEAGO (U17) Kosi OKONYIA (U17) Tom LEI	45.67	437
3	N	NEB	Omari WATSON (U17) Nathaniel HANSON (U17) Tru OBANYE (U17) Ossari ACQUAH (U17)	45.93	417
4	I	Ilford	Jak WRIGHT (U20) George MARSHALL-CHILDS (U20) Jeevakan SIVAYOGAN (U20) Oli	51.38	111
5					
6					

4 x 400m MixedB A

A

Posn	No.	Club	Runners	Perf	
1	I	Ilford	Krystle BALOGUN Farris PATEL (U20) Jordan HINDS Jak WRIGHT (U20)	03:46.44	775
2	H	Have	Stephanie OKORO (U17) Ronnie ADOMA (U17) Nina BRENNAN Michael OKORO (U20)	03:51.38	697
3	W	WGEL	Temitope OLUSESAN Ben RICHARDS (U17) Kezia BEETON (U17) Reuben FABIAN (U17)	04:02.97	531
4	T	Thurr	Jayne ELVIN (U17) Michael SHORTALL Ruby BRIDGER (U20) Taylor NEWELL	04:05.73	494
5					
6					

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021

<u>100m Women A</u>					Wind	+0.5	+0.5	<u>100m Women B</u>					Wind	+0.5	+0.5
Posn	No.	Athlete	Club	Perf				Posn	No.	Athlete	Club	Perf			
1	H	Emma RAMSDEN (U20)	Have	12.98			648	1	WW	Ashleigh SIMMONDS (U17)	WGEL	13.38			568
2	N	Ayokusibe ADEWALE-BADE	NEB	13.06			631	2	II	Aleena LAWRENCE (U20)	Ilford	13.39			566
3	I	Efemena ADJARIFO (U20)	Ilford	13.13			617	3	TT	Victoria STAINES	Thurr	13.48			549
4	T	Moyin OPANIRAN (U17)	Thurr	13.72			505	4	NN	Thea CALLENDER (U17)	NEB	14.12			437
5	W	Tiya CANNING LAWRENCE	WGEL	13.77			496	5	HH	Rachel KERR	Have	14.38			395
6								6							

<u>200m Women A</u>					Wind	-02.10	-2.1	<u>200m Women B</u>					Wind	-02.20	B
Posn	No.	Athlete	Club	Perf				Posn	No.	Athlete	Club	Perf			
1	I	Krystle BALOGUN	Ilford	26.88			618	1	WW	Levania UGONNA-MBA (U17)	WGEL	28.23			499
2	H	Emma RAMSDEN (U20)	Have	27.34			576	2	II	Aleena LAWRENCE (U20)	Ilford	29.04			436
3	W	Kezia BEETON (U17)	WGEL	28.31			493	3	TT	Victoria STAINES	Thurr	30.85			313
4	T	Moyin OPANIRAN (U17)	Thurr	29.08			433	4	HH	Rachel KERR	Have				
5	N	Thea CALLENDER (U17)	NEB	29.69			389	5							
6								6							

<u>400m Women A</u>					<u>400m Women B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	T	Jayne ELVIN (U17)	Thurr	61.34	1	HH	Paris KING (U17)	Have	86.15
2	I	Jordan HINDS	Ilford	62.58	2				
3	H	Nina BRENNAN	Have	65.44	3				
4	W	Claudia REID	WGEL	69.54	4				
5	N	Megan PRICE (U17)	NEB	71.94	5				
6					6				

<u>800m Women A</u>					<u>800m Women B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	I	Jordan HINDS	Ilford	02:21.91	1	TT	Sarah BLOCKLEY (U20)	Thurr	02:32.71
2	T	Hayley INSTANCE (U20)	Thurr	02:25.60	2				
3	H	Hannah YEXLEY (U17)	Have	02:31.70	3				
4					4				
5					5				
6					6				

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11/09/20211500m Women A

Posn	No.	Athlete	Club	Perf	
1	H	Madeline BARKER (U17)	Have	04:54.58	636
2	W	Jessica ADAMS (U20)	WGEL	05:07.84	544
3	N	Julia NEILSON	NEB	05:32.31	393
4					
5					
6					

1500m Women B

Posn	No.	Athlete	Club	Perf	
1	HH	Freya LONG (U17)	Have	05:26.08	429
2					
3					
4					
5					
6					

5000m Women A

Posn	No.	Athlete	Club	Perf	
1	h	Ginte BAILEY	Have	18:39.78	698
2	TT	Kathryn SPRING	Thurr	19:53.63	561
3					
4					
5					
6					

5000m Women B

Posn	No.	Athlete	Club	Perf	
1	T	Jodie FARRELL	Thurr	22:24.36	326
2					
3					
4					
5					
6					

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind	
1	h	Chloe WILLIAMS	Have	15.08	762
2	t	Shenaiah ALLEN-MCKENNA	Thurr	21.19	270
3	n	Lea WENGER	NEB	21.80	234
4					
5					
6					

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind	
1						B
2						
3						
4						
5						
6						

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf	
1	T	Shenaiah ALLEN-MCKENNA	Thurr	78.86	403
2					
3					
4					
5					
6					

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/20211500m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	T	Jodie FARRELL	Thurr	07:13.18
2				
3				
4				
5				
6				

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	TT	Zion BALLOU (U17)	Thurr	1.58
2	NN	Serena HOGAN (U20)	NEB	1.00
3				
4				
5				
6				

A High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	T	Ogechukwa NZEKWE (U17)	Thurr	1.45
2				
3				
4				
5				
6				

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	H	Stephanie OKORO (U17)	Have	5.50
2	TT	Zion BALLOU (U17)	Thurr	5.20
3	N	Serena HOGAN (U20)	NEB	4.12
4				
5				
6				

A Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	T	Ogechukwa NZEKWE (U17)	Thurr	5.11
2	NN	Megan PRICE (U17)	NEB	3.82
3	HH	Amy KILNER (U20)	Have	2.76
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	T	Sara SARDI (U17)	Thurr	10.52
2	W	Kharina PARTRIDGE (U17)	WGEL	10.38
3	HH	Alice ATKINS (U20)	Have	8.46
4				
5				
6				

A Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	TT	Natalie LE BEAU	Thurr	10.12
2	H	Amy KILNER (U20)	Have	7.22
3				
4				
5				
6				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	H	Katie ENNIS (U17)	Have	2.22
2				
3				
4				
5				
6				

A Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	T	Ruby BRIDGER (U20)	Thurr	9.60
2	W	Claudia REID	WGEL	8.38
3	H	Nina BRENNAN	Have	7.54
4	I	Krystle BALOGUN	Ilford	7.03
5	N	Chioma ORUCHE (U17)	NEB	5.95
6				

A Shot Women B

Posn	Bib	Athlete	Club	Perf
1	TT	Sue LAWRENCE	Thurr	8.67
2	HH	Alice ATKINS (U20)	Have	6.31
3				
4				
5				
6				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	T	Caroline DREWITT	Thurr	31.57
2	H	Katie ENNIS (U17)	Have	31.29
3	W	Abigail ALLEN	WGEL	24.36
4				
5				
6				

A Discus Women B

Posn	Bib	Athlete	Club	Perf
1	HH	Hannah YEXLEY (U17)	Have	30.55
2	TT	Sue LAWRENCE	Thurr	28.52
3	WW	Claudia REID	WGEL	20.69
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021Hammer Women AA Hammer Women B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	W	Abigail ALLEN	WGEL	36.84	700	1	T	Emily BUTLER (U17)	Thurr	31.13	625
2	TT	Sue LAWRENCE	Thurr	36.36	694	2					
3	H	Nina BRENNAN	Have	16.18	380	3					
4						4					
5						5					
6						6					

Javelin Women AA Javelin Women B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	T	Ruby BRIDGER (U20)	Thurr	25.54	655	1	TT	Sue LAWRENCE	Thurr	25.43	653
2	H	Katie ENNIS (U17)	Have	21.60	582	2	HH	Alice ATKINS (U20)	Have	13.76	401
3	W	Claudia REID	WGEL	20.41	558	3					
4	N	Ayokusibe ADEWALE-BADEI NEB		16.79	479	4					
5						5					
6						6					

4 x 100m Women A

A

Posn	No.	Club	Runners	Perf	
1	h	Have	Emma RAMSDEN (U20) Rachel KERR Paris KING (U17) Stephanie OKORO (U17)	51.15	590
2	T	Thurr	Shenaiah ALLEN-MCKENNA (U17) Zion BALLOU (U17) Moyin OPANIRAN (U17) Vict	52.23	535
3	W	WGEL	Temitope OLUESAN Kharina PARTRIDGE (U17) Levania UGONNA-MBA (U17) Tiya	52.62	515
4	N	NEB	Angela SEBASTIAO (U17) Thea CALLENDER (U17) Serena HOGAN (U20) Ayokusibe	55.65	374
5					
6					

4 x 400m MixedA A

A

Posn	No.	Club	Runners	Perf	
1	H	Have	Hannah YEXLEY (U17) Paul KAVANAGH Madeline BARKER (U17) James STEWART	04:11.21	426
2	T	Thurr	Kathryn SPRING Harchander DHILLON (U20) Jodie FARRELL Ifeoluwa ADEBUSOYE	04:46.52	103
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021

NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	437	Kosi Okonyia	U17 Men	Thurr	12.13	-1.2
2	433	Abdul Akande	U17 Men	Thurr	12.39	
3	438	Omari WATSON	U17 Men	NEB	12.48	
4						
5						
6						
7						
8						

100m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	436	Krystle BALOGUN	Senior Women	Ilford	12.98	+0.6
2	429	Natalie LE BEAU	Senior Women	Thurr	13.52	
3	442	Chioma ORUCHE	U17 Women	NEB	15.67	
4						
5						
6						
7						
8						

100m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

100m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	440	Tru OBANYE	U17 Men	NEB	24.34	-5.3
2						
3						
4						
5						
6						
7						
8						

200m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	429	Natalie LE BEAU	Senior Women	Thurr	28.43	-2.2
2	430	Amy KILNER	U20 Women	Have	31.89	
3						
4						
5						
6						
7						
8						

200m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

400m Men**400m Women**

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021

Posn	Bib	Athlete	Age Group	Club	Perf	Posn	Bib	Athlete	Age Group	Club	Perf
1						1					
2						2					
3						3					
4						4					
5						5					
6						6					
7						7					
8						8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	435	Mungo PRIOR	U20 Men	Ilford	02:01.89
2	443	Ifeoluwa Adebuseye	U20 Men	Thurr	02:14.21
3	428	Scott Thrush	Senior Men	Thurr	02:27.65
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

5000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

3000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						
2						
3						
4						
5						
6						
7						
8						

100m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						
2						
3						
4						
5						
6						
7						
8						

S/Chase Men

Posn	Bib	Athlete	Age Group	Club	Perf

S/Chase Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021

1
2
3
4
5
6
7
8

1
2
3
4
5
6
7
8

Hammer Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	439	Nigel Instance	Senior Men	Thurr	28.73
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

SOUTHERN ATHLETICS LEAGUE East London THURROCK ATHLETIC STADIUM

11/09/2021

1				1.2	1	429	Natalie LE BEAU	Senior Women	Thurr	4.84
2					2					
3					3					
4					4					
5					5					
6					6					

Triple Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

Triple Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	434	Abigal Osunde	U17 Women	Thurr	9.23	
2						
3						
4						
5						
6						

High Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	431	Shenaiah ALLEN-MCKENNA	U17 Women	Thurr	1.45
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					