

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	North East London	
MATCH	3	
VENUE	FINSBURY PARK TRACK & GYM	
P/FINISH	YES	1

Date Saturday, August 14 2021
 Venue FINSBURY PARK TRACK & GYM
 Host Club London Heathside Runners AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
L	London Heathside Runners AC	LonHeath		152.6	14.7	103.7	271.0
V	Victoria Park H & Tower Hamlets AC	VP&TH		111.9	18.5	46.7	177.1
E	Enfield & Haringey AC	E&H		61.8		125.1	186.9
D	Barnet & District AC	Barnet		67.7	0.8	56.0	124.5
O	Orion Harriers	Orion		60.0	4.9	24.1	89.1

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	London Heathside Runners AC	271.0				271.0	
2	Enfield & Haringey AC	186.9	1.0			186.9	1.0
3	Victoria Park H & Tower Hamlets AC	177.1	2.0			177.1	2.0
4	Barnet & District AC	124.5	3.0			124.5	3.0
5	Orion Harriers	89.1	4.0			89.1	4.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	37
REMAINING	-

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021100m Men A

Posn	No.	Athlete	Club	Perf
1	l	Leon SEALE (U20)	LonHeath	10.99
2	v	David HENDERSON	VP&TH	11.39
3	o	William WILSHERE (U20)	Orion	11.46
4	e	Gilbert QUAYE (U20)	E&H	11.72
5	d	Sean SUTHERLAND	Barnet	12.49
6				

Wind -0.4

-0.4 100m Men B

Posn	No.	Athlete	Club	Perf
1	ll	Carlos MINGOES	LonHeath	10.9
2	vv	Uyiosa OSAWE	VP&TH	11.1
3	ee	Joshua STERLING	E&H	11.7
4	dd	Kevin VALAYDON	Barnet	12.9
5				
6				

Wind +1.9

+1.9

200m Men A

Posn	No.	Athlete	Club	Perf
1	l	Leon SEALE (U20)	LonHeath	21.82
2	v	David HENDERSON	VP&TH	23.04
3	o	William WILSHERE (U20)	Orion	23.39
4	e	Gilbert QUAYE (U20)	E&H	23.55
5	d	Sean SUTHERLAND	Barnet	28.08
6				

Wind +0.0

+0.0 200m Men B

Posn	No.	Athlete	Club	Perf
1	vv	Karrell HARRIS (U17)	VP&TH	22.55
2	oo	Hanif HENRY	Orion	22.55
3	ll	Carlos MINGOES	LonHeath	22.62
4	dd	Joe WARD (U17)	Barnet	25.85
5				
6				

Wind -0.3

B

400m Men A

Posn	No.	Athlete	Club	Perf
1	v	Tyson OLADOKUN	VP&TH	51.02
2	o	Myles KELLY-HYATT	Orion	51.63
3	e	Joshua STERLING	E&H	52.83
4	l	Charles SCATES	LonHeath	53.06
5	d	Noah CLARKE (U17)	Barnet	62.55
6				

400m Men B

Posn	No.	Athlete	Club	Perf
1	ll	Joshua NDIONYEMMA (U20)	LonHeath	54.78
2	ee	Paulo PETRONE (U20)	E&H	60.41
3	dd	Kevin VALAYDON	Barnet	64.09
4				
5				
6				

800m Men A

Posn	No.	Athlete	Club	Perf
1	L	Simon SCHÜPBACH	LonHeath	01:58.86
2	V	Joseph LAMB (U17)	VP&TH	02:16.45
3	D	Joe WARD (U17)	Barnet	02:19.95
4	O	Patrick BROWN	Orion	02:21.89
5				
6				

800m Men B

Posn	No.	Athlete	Club	Perf
1	LL	George WARREN (U20)	LonHeath	02:00.05
2	DD	Scott FRASER	Barnet	02:41.74
3				
4				
5				
6				

1500m Men A

Posn	No.	Athlete	Club	Perf
1	l	Simon SCHÜPBACH	LonHeath	04:08.14
2	O	George DAY	Orion	04:16.36
3	E	Thomas CURSLEY	E&H	04:16.52
4	V	Tiago MENDES	VP&TH	04:46.51
5	DD	Edward FRASER (U20)	Barnet	04:47.58
6				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	LL	Gabriele NOARO	LonHeath	04:43.50
2	D	Noah CLARKE (U17)	Barnet	04:53.90
3	OO	Tim WRIGHT	Orion	05:05.11
4	EE	Paul HORSEWOOD	E&H	06:01.37
5				
6				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	l	Jake EVANS (U20)	LonHeath	15:46.34

5000m Men B

Posn	No.	Athlete	Club	Perf
1	LL	Roger MAIDMENT	LonHeath	16:23.60

Wind

B

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021

2	V	Steve HOBBS	VP&TH	16:42.62	530	2	OO	Jon WHITEHOUSE	Orion	18:50.89	256
3	D	Edward SPENCER	Barnet	17:16.69	448	3					
4	O	Patrick BROWN	Orion	17:52.99	368	4					
5						5					
6						6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	99		Event Canc	
2				
3				
4				
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	V	Steve GARRETT	VP&TH	56.96
2	O	Chris SCOTT	Orion	69.46
3	L	Mark JEFFORD	LonHeath	77.70
4	D	Will MORRIS	Barnet	77.79
5	LL	Adrian ESSEX	LonHeath	99.89
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/20212000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	d	Will MORRIS	Barnet	07:29.69
2	V	Andy WATERMAN	VP&TH	07:54.93
3				
4				
5				
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	DD	Scott FRASER	Barnet	09:20.55
2				
3				
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	LL	Carlos MINGOES	LonHeath	6.61
2	E	Oliver ADNITT (U20)	E&H	6.39
3	V	Shaquille EUSEBE	VP&TH	5.28
4	O	Chris SCOTT	Orion	4.34
5	D	Kevin VALAYDON	Barnet	3.95
6				

A Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	L	Mark LAWRENCE	LonHeath	5.61
2	OO	Patrick BROWN	Orion	3.24
3				
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	E	Oliver ADNITT (U20)	E&H	1.85
2	V	David BAZUAYE (U20)	VP&TH	1.85
3	D	Sean SUTHERLAND	Barnet	1.55
4	L	Joseph JONES (U17)	LonHeath	1.45
5				
6				

A High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	EE	Paulo PETRONE (U20)	E&H	1.65
2	LL	Lucas MAHER (U17)	LonHeath	1.40
3				
4				
5				
6				

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	V	Oluwasubomi BELLO	VP&TH	12.57
2	L	Mark LAWRENCE	LonHeath	11.19
3	O	Chris SCOTT	Orion	8.69
4	DD	Kevin VALAYDON	Barnet	7.31
5				
6				

A Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	LL	Mark JEFFORD	LonHeath	8.98
2	D	Patrick REYNOLDS	Barnet	5.94
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	EE	Glen MORRIS (U17)	E&H	4.25
2	L	Adrian ESSEX	LonHeath	1.80
3				
4				
5				
6				

A Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
750	1	E Oliver ADNITT (U20)	E&H	4.10
208	2			
	3			
	4			
	5			
	6			

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	E	Amir ZAREI	E&H	11.44
2	L	James HAMBLIN	LonHeath	11.10
3	V	Samuel HITCHINGS	VP&TH	10.50
4	O	Chris SCOTT	Orion	7.48
5	D	Patrick REYNOLDS	Barnet	5.41
6				

A Shot Men B

Posn	Bib	Athlete	Club	Perf
685	1	LL Mark LAWRENCE	LonHeath	8.67
474				
661	2	EE Dalian RICHMOND	E&H	8.55
464				
618	3			
367	4			
112	5			
	6			

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	E	Amir ZAREI	E&H	32.60
2	LL	Joel HAWES	LonHeath	30.16
3	V	Samuel HITCHINGS	VP&TH	20.62
4	O	Chris SCOTT	Orion	19.57
5	D	Patrick REYNOLDS	Barnet	14.80
6				

A Discus Men B

Posn	Bib	Athlete	Club	Perf
637	1	L Mark LAWRENCE	LonHeath	28.19
556				
593	2	EE Dalian RICHMOND	E&H	25.93
512				
394	3			
368	4			
226	5			
	6			

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	L	James HAMBLIN	LonHeath	55.73
2	VV	Samuel HITCHINGS	VP&TH	34.72
3	E	Stewart MAXWELL	E&H	27.32
4	D	Patrick REYNOLDS	Barnet	14.34
5	O	Chris SCOTT	Orion	11.92
6				

A Hammer Men B

Posn	Bib	Athlete	Club	Perf
887	1	V Wes CLARKE	VP&TH	34.58
643				
645	2	LL Joel HAWES	LonHeath	29.34
570				
540	3	EE Dalian RICHMOND	E&H	23.81
485				
298	4			
234	5			
	6			

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	E	Stewart MAXWELL	E&H	35.70
2	LL	Joel HAWES	LonHeath	32.32
3	O	Chris SCOTT	Orion	29.77
4	D	Patrick REYNOLDS	Barnet	15.89
5				
6				

A Javelin Men B

Posn	Bib	Athlete	Club	Perf
551	1	EE Michael PETRONE (U20)	E&H	35.17
543				
498	2	L Mark LAWRENCE	LonHeath	26.76
407				
457	3	DD Sean SUTHERLAND	Barnet	14.77
167				
	4			
	5			
	6			

4 x 100m Men A

Posn	No.	Club	Runners	Perf
				A
1	v	VP&TH	Joshua GRACIA (U20) David HENDERSON Karrell HARRIS (U17) Uyiosa OSAWE	43.71
				604

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021

2	l	LonHeath	Glenford HUGHES (U20) Leon SEALE (U20) Carlos MINGOES Justin PAUL (U20)	43.98	579
3	o	Orion	William WILSHERE (U20) Myles KELLY-HYATT Jevontee GALLOWAY (U20) Hanif HEN	44.97	493
4	d	Barnet	Joe WARD (U17) Kevin VALAYDON Sean SUTHERLAND Noah CLARKE (U17)	54.33	30
5					
6					

4 x 400m Men A

A

Posn	No.	Club	Runners	Perf	
1	l	LonHeath	Simon SCHÜPBACH Nanayaa ODURO-NYANING (U17) Gabriele NOARO Joshua NDION	03:50.16	271
2	v	VP&TH	Joshua GRACIA (U20) Joshua GRACIA (U20) Joshua GRACIA (U20) Joshua GRACIA (U	03:58.15	191
3	d	Barnet	Joe WARD (U17) Noah CLARKE (U17) Will MORRIS Edward FRASER (U20)	04:19.35	48
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021100m Women A

Posn	No.	Athlete	Club	Perf	Wind	+1.3
1	e	Kyra MARTIN (U17)	E&H	12.6		729
2	l	Taysia THORBOURNE (U20)	LonHeath	12.9		665
3	v	Mary IGBINOSA-IGHILE	VP&TH	13.2		603
4	d	Florence HUMPHREY (U17)	Barnet	13.6		527
5						
6						

100m Women B

Posn	No.	Athlete	Club	Perf	Wind	+0.2	+0.2
1	ee	Emily KNIGHT (U20)	E&H	13.4			564
2	dd	Eleanor HUMPHREY (U20)	Barnet	15.1			293
3							
4							
5							
6							

200m Women A

Posn	No.	Athlete	Club	Perf	Wind	+0.0
1	o	Emily SHARPE	Orion	26.55		650
2	v	Holly FIELDER	VP&TH	26.98		609
3	l	Taysia THORBOURNE (U20)	LonHeath	27.78		537
4	d	Emma MCCLUSKEY (U17)	Barnet	28.99		440
5						
6						

200m Women B

Posn	No.	Athlete	Club	Perf	Wind	+0.2	B
1	vv	Mary IGBINOSA-IGHILE	VP&TH	28.8			454
2	ll	Brogan WALLACE	LonHeath	29.8			381
3							
4							
5							
6							

400m Women A

Posn	No.	Athlete	Club	Perf	Wind	+0.0
1	v	Holly FIELDER	VP&TH	59.61		695
2	o	Emily SHARPE	Orion	60.13		675
3	d	Charlotte HARRIS (U17)	Barnet	60.34		667
4	l	Brogan WALLACE	LonHeath	63.69		547
5	ll	Jane RANKINE	LonHeath	65.01		503
6						

400m Women B

Posn	No.	Athlete	Club	Perf	Wind	+0.0
1						
2						
3						
4						
5						
6						

800m Women A

Posn	No.	Athlete	Club	Perf	Wind	+0.0
1	L	Brogan WALLACE	LonHeath	02:19.78		695
2	V	Emily ROBINSON	VP&TH	02:29.51		548
3	E	Mia WRIGHT (U20)	E&H	02:39.33		418
4						
5						
6						

800m Women B

Posn	No.	Athlete	Club	Perf	Wind	+0.0
1	LL	Lily WOOLCOCK	LonHeath	02:26.66		589
2						
3						
4						
5						
6						

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/20211500m Women A

Posn	No.	Athlete	Club	Perf	
1	v	Laura KAYE	VP&TH	05:00.68	593
2	L	Lily WOOLCOCK	LonHeath	05:11.21	522
3	D	Charlotte HARRIS (U17)	Barnet	05:11.52	520
4					
5					
6					

1500m Women B

Posn	No.	Athlete	Club	Perf	
1	LL	Sarah SWINHOE	LonHeath	05:17.46	482
2					
3					
4					
5					
6					

3000m Women A

Posn	No.	Athlete	Club	Perf	
1	l	Beth HAWLING	LonHeath	09:53.49	836
2	V	Laura KAYE	VP&TH	10:23.85	720
3	D	Emma MCCLUSKEY (U17)	Barnet	11:48.63	440
4					
5					
6					

3000m Women B

Posn	No.	Athlete	Club	Perf	
1	LL	Sarah SWINHOE	LonHeath	10:52.62	617
2	VV	Amanda JUKES	VP&TH	13:36.38	180
3					
4					
5					
6					

100m Hurdles Women A

Posn	Athlete	Club	Perf	
1	e Emily KNIGHT (U20)	E&H	15.55	717
2	l Melina PELLING	LonHeath	19.40	391
3				
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf	
1	E	Lauren MACEY	E&H	71.01	584
2	V	Emily ROBINSON	VP&TH	72.74	542
3	D	Anna MURRAY	Barnet	108.81	1
4					
5					
6					

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/20212000m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	v	Emily ROBINSON	VP&TH	08:01.25
2	L	Jennifer WING	LonHeath	08:27.14
3	D	Emma MCCLUSKEY (U17)	Barnet	09:14.70
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	L	Melina PELLING	LonHeath	1.30
2	D	Anna MURRAY	Barnet	1.05
3				
4				
5				
6				

A High Jump Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	E	Lucy DURHAM	E&H	4.71
2	D	Florence HUMPHREY (U17)	Barnet	4.02
3				
4				
5				
6				

A Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	DD	Eleanor HUMPHREY (U20)	Barnet	3.76
2	EE	Emily MCMAHON	E&H	3.24
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	E	Lucy DURHAM	E&H	10.06
2	V	Jannelle AFRAM (U20)	VP&TH	8.62
3	D	Anna MURRAY	Barnet	5.49
4				
5				
6				

A Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	EE	Mia WRIGHT (U20)	E&H	9.51	557
2					
3					
4					
5					
6					

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	EE	Tolani ARADEON (U17)	E&H	2.55
2				
3				
4				
5				
6				

A Pole Vault Women B

Posn	Bib	Athlete	Club	Perf	
1	E	Jenny SHEASBY	E&H	2.10	397
2					
3					
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	D	Anneli SYDENHAM	Barnet	6.35	427
2	L	Helene KEHOE	LonHeath	6.12	405
3	O	Helen PEARCE	Orion	3.55	
4					
5					
6					

A Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	LL	Taysia THORBOURNE (U20)	LonHeath	5.51	341
2	DD	Anna MURRAY	Barnet	4.17	160
3					
4					
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	D	Anneli SYDENHAM	Barnet	17.85	493
2	L	Helene KEHOE	LonHeath	16.49	459
3					
4					
5					
6					

A Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	DD	Anna MURRAY	Barnet	12.28	329
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	E	Yvonne JACOBS	E&H	21.62
2	D	Anneli SYDENHAM	Barnet	19.10
3	L	Helene KEHOE	LonHeath	16.28
4				
5				
6				

A Hammer Women B

Posn	Bib	Athlete	Club	Perf	
1	EE	Jane ALLEN	E&H	18.51	425
2	DD	Anna MURRAY	Barnet	8.95	201
3					
4					
5					
6					

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	E	Andrea NOVOA MARTINEZ	E&H	32.35
2	L	Sarah SWINHOE	LonHeath	21.17
3	DD	Anna MURRAY	Barnet	12.23
4	O	Helen PEARCE	Orion	9.63
5				
6				

A Javelin Women B

Posn	Bib	Athlete	Club	Perf	
1	D	Anneli SYDENHAM	Barnet	11.73	340
2					
3					
4					
5					
6					

4 x 100m Women A

Posn	No.	Club	Runners	Perf	
1	v	VP&TH	Maryam AYANDIPO (U20) Joy OGEDENGBE (U20) Mary IGBINOSA-IGHILE Teniola FA.	52.67	513
2	l	LonHeath	Melina PELLING Brogan WALLACE Lily WOOLCOCK Taysia THORBOURNE (U20)	56.71	329
3					
4					
5					
6					

A

4 x 400m Women A

Posn	No.	Club	Runners	Perf	
1	v	VP&TH	Sade FAJUKE (U17) Maryam AYANDIPO (U20) Teniola FAJUKE (U17) Holly FIELDER	04:15.95	539
2	l	LonHeath	Rhian MALE Laura HUNT Jennifer WING Lily WOOLCOCK	04:47.96	288
3					
4					
5					
6					

A

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021

NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	20	Glenford HUGHES	U20 Men	LonHeath	11.4	+1.9
2	41	Crispin LEMA	Senior men	LonHeath	13.0	
3						
4						
5						
6						
7						
8						

100m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	42	Karrell HARRIS	U17 Men	VP&TH	11.0	+0.6
2	38	Joshua GRACIA	U20 Men	VP&TH	11.0	
3	29	Oliver ADNITT	U20 Men	E&H	11.3	
4	35	Cyril AFRAM	U17 Men	VP&TH	11.5	
5	25	Frankie FROST	U20 Men	LonHeath	12.1	
6						
7						
8						

200m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	20	Glenford HUGHES	U20 Men	LonHeath	23.4	+1.5
2	35	Cyril AFRAM	U17 Men	VP&TH	23.7	
3	15	Nanayaa ODURO-NYANING	U17 Men	LonHeath	23.9	
4	25	Frankie FROST	U20 Men	LonHeath	25.3	
5	39	Shaquille EUSEBE	Senior Men	VP&TH	25.5	
6	41	Crispin LEMA	Senior men	LonHeath	29.5	
7						
8						

200m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	38	Joshua GRACIA	U20 Men	VP&TH	22.84	+0.2
2	16	Joshua NDIONYEMMA	U20 Men	LonHeath	23.82	
3	19	Justin PAUL	U20 Men	LonHeath	24.01	
4	14	Charles SCATES	Senior Men	LonHeath	24.57	
5	47	Kevin VALAYDON	Senior Men	Barnet	29.16	
6	70	Adrian ESSEX	Senior Men	LonHeath	31.44	
7						
8						

400m Men**NON-SCORERS****400m Hurdles Women**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	32	Maryam AYANDIPO	U20 Women	VP&TH	13.3	+0.2
2	30	Joy OGEDENGBE	U20 Women	VP&TH	13.3	
3	4	Melina PELLING	Senior Women	LonHeath	13.4	
4	27	Ophelia CHARLES	Senior Women	E&H	14.3	
5						
6						
7						
8						

100m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	34	Teniola Fajuke	U20 Women	VP&TH	27.4	+0.2
2	30	Joy OGEDENGBE	U20 Women	VP&TH	28.3	
3						
4						
5						
6						
7						
8						

200m Men (3)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	40	Uyiosa OSAWE	Senior Men	VP&TH	22.92	-0.3
2	37	Tyson OLADOKUN	Senior men	VP&TH	23.76	
3						
4						
5						
6						
7						
8						

400m Women

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021

Posn	Bib	Athlete	Age Group	Club	Perf
1	23	Moses MATUNDU	Senior Men	LonHeath	62.34
2					
3					
4					
5					
6					
7					
8					

Posn	Bib	Athlete	Age Group	Club	Perf
1	1	Jennifer WING	Senior Women	LonHeath	66.44
2					
3					
4					
5					
6					
7					
8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	22	Thomas FANCETT	Senior Men	LonHeath	02:09.26
2	24	Arthur REED	U17 Men	LonHeath	02:16.90
3					
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	2	Rhian MALE	Senior Women	LonHeath	02:27.94
2	1	Jennifer WING	Senior Women	LonHeath	02:30.30
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	12	Dillon AUJLA	U17 Men	LonHeath	04:58.85
2	23	Moses MATUNDU	Senior Men	LonHeath	05:02.03
3	10	Luke PIKE MULLINS	U17 Men	LonHeath	05:02.11
4	11	Matthew BEARD	Senior Men	LonHeath	05:03.26
5					
6					
7					
8					

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

5000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	18	Natan DORON	Senior Men	LonHeath	19:06.69
2					
3					
4					
5					
6					
7					
8					
9					
10					

3000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	3	Laura HUNT	Senior Women	LonHeath	11:40.09
2	6	Jessica VINLUAN	Senior Women	LonHeath	12:30.13
3					
4					
5					
6					
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

100m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

S/Chase Men

Posn	Bib	Athlete	Age Group	Club	Perf

S/Chase Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021

1
2
3
4
5
6
7
8

1
2
3
4
5
6
7
8

Hammer Men (HT5K)

Posn	Bib	Athlete	Age Group	Club	Perf
1	21	Joseph JONES	U17 Men	LonHeath	17.47 5kg
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men (JT700)

Posn	Bib	Athlete	Age Group	Club	Perf
1	17	Marcel BACZEK	U17 Men	LonHeath	29.31 700gm
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf
					Wind

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
					Wind

SOUTHERN ATHLETICS LEAGUE North East London FINSBURY PARK TRACK & GYM

14/08/2021

1	19	Justin PAUL	U20 Men	LonHeath	5.57	1
2	70	Adrian ESSEX	Senior Men	LonHeath	4.11	2
3						3
4						4
5						5
6						6

Triple Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	70	Adrian ESSEX	Senior Men	LonHeath	8.36	
2						
3						
4						
5						
6						

Triple Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

High Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	23	Moses MATUNDU	Senior Men	LonHeath	1.60
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	28	Andrea NOVOA MARTINEZ	Senior Women	E&H	2.50
2					
3					
4					
5					
6					