

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Essex	
MATCH	3	
VENUE	BRAINTREE LEISURE CENTRE	
P/FINISH	NO	1

Date Saturday, August 14 2021

Venue BRAINTREE LEISURE CENTRE

Host Club Braintree & District AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
A	Braintree & District AC	Brain		81.1	2.9	100.7	184.7
O	Colchester Harriers AC	Colc		80.7	5.3	81.2	167.2
H	Harlow AC	Harlow		63.8	3.6	149.4	216.8
C	Chelmsford AC	Chelms		167.7	16.8	187.2	371.7
B	Basildon AC	Bas		111.9	9.1	160.2	281.2

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	Chelmsford AC	371.7				371.7	
2	Basildon AC	281.2	1.0			281.2	1.0
3	Harlow AC	216.8	2.0			216.8	2.0
4	Braintree & District AC	184.7	3.0			184.7	3.0
5	Colchester Harriers AC	167.2	4.0			167.2	4.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	- <hr/> <hr/>

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021100m Men A

Posn	No.	Athlete	Club	Perf
1	b	Lee DOLLARD	Bas	11.3
2	h	Marley SARLING (U20)	Harlow	11.4
3	c	Nathaniel SHERGER	Chelms	11.5
4	a	Burges HOLDEN (U17)	Brain	12.2
5	o	Daniel REES	Colc	12.3
6				

100m Men B

Posn	No.	Athlete	Club	Perf
1	cc	George GUTTERIDGE (U17)	Chelms	11.8
2	bb	Segun AMISU	Bas	12.0
3	aa	Amr ZIKO	Brain	12.5
4				
5				
6				

200m Men A

Posn	No.	Athlete	Club	Perf
1	h	Marley SARLING (U20)	Harlow	22.6
2	b	Harrison CHAPMAN	Bas	22.8
3	c	Adam REID (U20)	Chelms	23.4
4	a	Burges HOLDEN (U17)	Brain	24.5
5				
6				

200m Men B

Posn	No.	Athlete	Club	Perf
1	cc	Nathaniel SHERGER	Chelms	23.4
2	hh	Asa FLETCHER-SNOW (U20)	Harlow	23.5
3	bb	Nathan DANIA (U20)	Bas	24.0
4	aa	Harry ROLFE (U20)	Brain	25.4
5				
6				

400m Men A

Posn	No.	Athlete	Club	Perf
1	b	Harrison CHAPMAN	Bas	51.3
2	c	Joe WELLS	Chelms	52.3
3	h	Asa FLETCHER-SNOW (U20)	Harlow	54.9
4	o	Luke SMITH (U20)	Colc	55.4
5	a	Harry ROLFE (U20)	Brain	57.2
6				

400m Men B

Posn	No.	Athlete	Club	Perf
1	cc	Will STEADMAN (U17)	Chelms	51.7
2	bb	Toby LINSELL (U20)	Bas	54.6
3	oo	Oliver CRISP (U17)	Colc	55.1
4	aa	James RICHARDSON (U17)	Brain	59.3
5				
6				

800m Men A

Posn	No.	Athlete	Club	Perf
1	c	Finlay STAFF (U20)	Chelms	02:02.5
2	OO	Mark RUSSELL	Colc	02:06.3
3	A	Innes FULLERTON (U20)	Brain	02:07.1
4	B	Joe MCGRATH	Bas	03:05.5
5				
6				

800m Men B

Posn	No.	Athlete	Club	Perf
1	CC	Thomas WOODWARD (U20)	Chelms	02:03.1
2	O	Thomas PALMER	Colc	02:08.6
3	AA	Joshua MULLEY	Brain	02:09.6
4				
5				
6				

1500m Men A

Posn	No.	Athlete	Club	Perf
1	a	Kurtis SWAN	Brain	04:19.7
2	C	Ethan REILLY (U20)	Chelms	04:33.2
3	OO	Mark RUSSELL	Colc	04:36.3
4	B	Joeseeph PAYNE	Bas	04:41.8
5				
6				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	CC	Christopher YUELL	Chelms	04:54.6
2	O	Paul MINGAY	Colc	04:55.8
3	AA	Greg TYE	Brain	04:56.7
4	BB	Joe MCGRATH	Bas	05:49.0
5				
6				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	c	David FEWELL	Chelms	16:05.3

5000m Men B

Posn	No.	Athlete	Club	Perf
1	AA	James PERKINS (U20)	Brain	17:23.4

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021

2	O	Thomas COLSELL (U20)	Colc	16:11.5	610	2	CC	Ken HOYE	Chelms	17:41.9	392
3	H	Lee WOOD	Harlow	16:34.5	550	3	OO	Peter WEST	Colc	19:28.6	193
4	A	Conor CULHAM	Brain	17:10.5	463	4	HH	Donald CAMPBELL	Harlow	19:52.5	157
5						5					
6						6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	c	Bradley REED	Chelms	15.3	786
2	b	Kristian BROWN	Bas	15.9	722
3	o	Daniel REES	Colc	17.0	612
4	h	Glen PAXMAN	Harlow	21.5	254
5	a	Amr ZIKO	Brain	22.4	200
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	cc	Luke KETELEERS	Chelms	20.3	335
2	hh	Carl PAXMAN	Harlow	25.9	50
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	c	Onyekachukwu OKOH (U17)	Chelms	56.8	743
2	o	Michael SMITH	Colc	69.7	380
3					
4					
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	cc	Luke KETELEERS	Chelms	59.9	645
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/20212000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	a	Innes FULLERTON (U20)	Brain	07:22.3
2	O	Michael SMITH	Colc	07:24.7
3	C	Ken HOYE	Chelms	07:28.4
4	HH	Donald CAMPBELL	Harlow	08:00.7
5	BB		Bas	10:03.2
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	AA	Harry ROLFE (U20)	Brain	08:01.6
2	OO	Ben HALLS	Colc	08:18.0
3	H	James MALYON (U17)	Harlow	08:26.1
4	CC	Paul OWEN	Chelms	09:44.2
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	B	Philip ODUGBILE (U20)	Bas	6.26
2	C	Oliver EARLY (U20)	Chelms	6.14
3	A	Ryan MORGAN	Brain	5.91
4	HH	Glen PAXMAN	Harlow	5.90
5				
6				

A Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	CC	Luke KETELEERS	Chelms	5.75
2	H	Carl PAXMAN	Harlow	5.62
3	AA	Olamide ODUPITAN (U17)	Brain	5.52
4	BB	Kevin PAINTER (U20)	Bas	4.24
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	C	Oliver EARLY (U20)	Chelms	1.80
2	B	Philip ODUGBILE (U20)	Bas	1.80
3	A	Burges HOLDEN (U17)	Brain	1.75
4	O	Daniel REES	Colc	1.75
5	H		Harlow	1.65
6				

A High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	CC	Henry WOOD	Chelms	1.75
2	BB	Clint NICHOLLS	Bas	1.75
3	HH		Harlow	1.50
4				
5				
6				

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	A	Ryan MORGAN	Brain	13.22
2	BB	Daniel AKINYEMI (U20)	Bas	12.72
3	H	Glen PAXMAN	Harlow	11.58
4	C	Marcus HUNT	Chelms	11.44
5				
6				

A Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	AA	James RICHARDSON (U17)	Brain	11.36
2	CC	Kevin WILSON	Chelms	10.27
3	HH	Carl PAXMAN	Harlow	9.90
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	H	Glen PAXMAN	Harlow	3.00
2	CC	Paul OWEN	Chelms	3.00
3	B	Joe MCGRATH	Bas	2.90
4	A	Conor CULHAM	Brain	1.80
5				
6				

A Pole Vault Men B

Posn	Bib	Athlete	Club	Perf	
1	BB	Clint NICHOLLS	Bas	2.20	302
2	HH	Carl PAXMAN	Harlow	1.80	208
3					
4					
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	C	Kevin WILSON	Chelms	12.98
2	O	Oliver GRAHAM	Colc	11.40
3	H	David BAUER	Harlow	9.70
4	B	Jack BROADBENT	Bas	9.53
5	A	Beesea DUCHAN (U17)	Brain	7.04
6				

A Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	CC	Nathan BUSHNELL (U20)	Chelms	12.76	774
2	OO	Robert EARLE	Colc	11.22	670
3	HH	Glen PAXMAN	Harlow	9.43	536
4	BB	Lee DOLLARD	Bas	9.21	519
5	AA	Mike HILLS	Brain	6.29	239
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	C	Kevin WILSON	Chelms	44.79
2	O	Oliver GRAHAM	Colc	38.93
3	B	Christopher HASTINGS	Bas	34.25
4	H	David BAUER	Harlow	33.93
5	A	Beesea DUCHAN (U17)	Brain	20.10
6				

A Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	CC	Nathan BUSHNELL (U20)	Chelms	33.40	651
2	HH	Glen PAXMAN	Harlow	29.75	586
3	AA	Mike HILLS	Brain	16.77	290
4	BB	Kevin PAINTER (U20)	Bas	16.54	283
5					
6					

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	O	Oliver GRAHAM	Colc	58.45
2	C	Yasha BOBASH	Chelms	46.25
3	H	David BAUER	Harlow	35.29
4	A	Mike HILLS	Brain	21.92
5				
6				

A Hammer Men B

Posn	Bib	Athlete	Club	Perf	
1	CC	Samuel LARKINS	Chelms	36.14	663
2	HH	Glen PAXMAN	Harlow	32.43	614
3	AA	Beesea DUCHAN (U17)	Brain	17.78	375
4					
5					
6					

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	O	Paul COOPER	Colc	48.79
2	B	Simon HILL (U17)	Bas	46.95
3	CC	Joseph ELLIS	Chelms	36.34
4	H	Glen PAXMAN	Harlow	35.89
5	A	Joshua MULLEY	Brain	27.10
6				

A Javelin Men B

Posn	Bib	Athlete	Club	Perf	
1	OO	Luke SMITH (U20)	Colc	41.70	639
2	C	Oliver EARLY (U20)	Chelms	35.38	546
3	HH	Carl PAXMAN	Harlow	34.77	537
4	BB	Christopher HASTINGS	Bas	31.34	483
5	AA	Mike HILLS	Brain	14.56	162
6					

4 x 100m Men A

Posn	No.	Club	Runners	Perf	
1	c	Chelms	George GUTTERIDGE (U17) Oliver EARLY (U20) Luke KETEELEERS Adam REID (U20)	45.8	427

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021

2	b	Bas	Christopher HASTINGS Philip ODUGBILE (U20) Nathan DANIA (U20) Lee DOLLARD	46.1	404
3	o	Colc	Luke SMITH (U20) Sebastien JACOBS (U20) Daniel REES Oliver CRISP (U17)	48.6	241
4	a	Brain	Amr ZIKO Kurtis SWAN Harry ROLFE (U20) Beesea DUCHAN (U17)	50.8	134
5					
6					

4 x 400m Men A

A

Posn	No.	Club	Runners	Perf	
1	c	Chelms	Bradley REED Bradley REED Bradley REED Bradley REED	03:29.4	552
2	b	Bas	Christopher HASTINGS Christopher HASTINGS Christopher HASTINGS Christopher H.	03:48.7	287
3	o	Colc	Joseph WILKIN Joseph WILKIN Ben HALLS Joseph WILKIN	03:49.0	284
4	a	Brain	Innes FULLERTON (U20) Harry ROLFE (U20) James RICHARDSON (U17) Joshua MULL	04:01.7	160
5					
6					

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021100m Women A

Posn	No.	Athlete	Club	Perf
1	c	Kissiwaa MENSAH (U17)	Chelms	12.6
2	a	Sophie MAYOR (U20)	Brain	13.4
3	o	Maya RATTRAY (U20)	Colc	13.5
4	h	Millie UPTON (U20)	Harlow	14.1
5	b	Martha SMITH (U17)	Bas	14.2
6				

100m Women B

Posn	No.	Athlete	Club	Perf
1	cc	Cara DUNCAN (U17)	Chelms	13.0
2	bb	Maryam OLUOKUN	Bas	13.9
3				
4				
5				
6				

200m Women A

Posn	No.	Athlete	Club	Perf
1	o	Shanii MCLEAN (U20)	Colc	26.3
2	c	Nneka OKOH (U17)	Chelms	26.4
3	b	Martha SMITH (U17)	Bas	29.2
4	a	Lynne CULHAM	Brain	45.1
5				
6				

200m Women B

Posn	No.	Athlete	Club	Perf
1	cc	Cara DUNCAN (U17)	Chelms	26.7
2	oo	Maya RATTRAY (U20)	Colc	27.8
3	bb	Maryam OLUOKUN	Bas	29.4
4				
5				
6				

400m Women A

Posn	No.	Athlete	Club	Perf
1	b	Holly FREEGARD (U20)	Bas	61.5
2	c	Georgia TOMBS (U20)	Chelms	63.9
3	a	Elisha ELLISTON (U20)	Brain	65.3
4	o	Jennifer PALMER (U20)	Colc	66.5
5				
6				

400m Women B

Posn	No.	Athlete	Club	Perf
1	cc	Nneka OKOH (U17)	Chelms	60.7
2	bb	Abby REX	Bas	66.3
3				
4				
5				
6				

800m Women A

Posn	No.	Athlete	Club	Perf
1	b	Holly FREEGARD (U20)	Bas	02:20.3
2	CC	Rebecca QUINLAN	Chelms	02:24.0
3	H	Sharon WRIGHT	Harlow	02:36.2
4	O	Emily SWAN (U17)	Colc	02:51.5
5				
6				

800m Women B

Posn	No.	Athlete	Club	Perf
1	C	Hannah BOLTON (U20)	Chelms	02:25.9
2	BB	Ella WHITFIELD (U17)	Bas	03:01.4
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/20211500m Women A

Posn	No.	Athlete	Club	Perf
1	c	Megan WILLIAMS	Chelms	04:53.6
2	A	Rose SHEPPARD (U17)	Brain	05:03.4
3	B	Hollie REX (U20)	Bas	05:11.8
4	O	Amber FISHER	Colc	06:54.9
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	b	Charlotte BISHOP	Bas	10:52.7
2	C	Rebecca QUINLAN	Chelms	10:56.6
3	H	Sharon WRIGHT	Harlow	11:39.7
4				
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	HH	Erin louise FRANCIS (U17)	Harlow	12:27.2
2				
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf
1	h	Bethany HARRYMAN	Harlow
2	b	Tilly MONK (U20)	Bas
3	c	Ndidikama OKOH (U20)	Chelms
4			
5			
6			

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	bb	Micha DORNAN	Bas	22.0
2				
3				
4				
5				
6				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	b	Sarah ROBINSON	Bas	74.3
2				
3				
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/20212000m S/Chase Women A (Short course)

Posn	No.	Athlete	Club	Perf
1	a	Rose SHEPPARD (U17)	Brain	08:05.7
2	B	Abby REX	Bas	08:10.9
3	C	Megan WILLIAMS	Chelms	08:11.0
4				
5				
6				

2000m S/Chase Women B (short course)

Posn	No.	Athlete	Club	Perf
1	CC	Georgia TOMBS (U20)	Chelms	10:23.0
2				
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	C	Emma RATTLE (U20)	Chelms	1.65
2	B	Tumi AJAYI (U20)	Bas	1.59
3	HH	Ellie MARKLEW (U17)	Harlow	1.40
4				
5				
6				

A High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	BB	Tilly MONK (U20)	Bas	1.40
2	CC	Maisie FULKER (U17)	Chelms	1.35
3	H	Dawn JONES	Harlow	1.30
4				
5				
6				

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	H	Bethany HARRYMAN	Harlow	5.33
2	A	Kirsty RONALD	Brain	5.12
3	C	Nneka OKOH (U17)	Chelms	5.01
4	BB	Tilly MONK (U20)	Bas	4.56
5				
6				

A Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	CC	Maisie FULKER (U17)	Chelms	4.72
2	B	Maryam OLUOKUN	Bas	4.51
3	AA	Kayleigh BEEDON	Brain	2.54
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	B	Tumi AJAYI (U20)	Bas	11.07
2	A	Kirsty RONALD	Brain	10.90
3	C	Emma RATTLE (U20)	Chelms	10.74
4	H	Millie UPTON (U20)	Harlow	9.89
5				
6				

A Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	Moyo OKENLA (U20)	Bas	10.61	675
2	CC	Ndidikama OKOH (U20)	Chelms	9.28	532
3	HH	Dawn JONES	Harlow	8.60	457
4					
5					
6					

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	B	Zowie DODGE (U17)	Bas	2.70
2	A	Amelia APPLEYARD (U17)	Brain	1.70
3	H	Dawn JONES	Harlow	1.50
4				
5				
6				

A Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	C	Jessica HOPKINS (U20)	Chelms	12.94
2	H	Bethany HARRYMAN	Harlow	10.33
3	B	Micha DORNAN	Bas	8.45
4	OO	Aliyah SOAMES (U20)	Colc	7.49
5	A	Emily HOLLOWAY (U20)	Brain	5.79
6				

A Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	CC	Marleen AVONTUUR	Chelms	8.90	643
2	BB	Moyo OKENLA (U20)	Bas	7.93	567
3	HH	Ellie MARKLEW (U17)	Harlow	7.59	539
4	O	Josephine LARKINS (U20)	Colc	6.77	467
5	AA	Kayleigh BEEDON	Brain	5.13	297
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	C	Jade HARDING	Chelms	30.84
2	O	Josephine LARKINS (U20)	Colc	21.17
3	B	Micha DORNAN	Bas	20.69
4	H	Katie BRENNAN (U20)	Harlow	19.98
5	A	Kayleigh BEEDON	Brain	13.06
6				

A Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	CC	Shirley QUINN	Chelms	25.50	652
2	BB	Katherine ELLIS	Bas	15.31	427
3	AA	Lynne CULHAM	Brain	9.20	177
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	O	Josephine LARKINS (U20)	Colc	44.39
2	C	Ndidikama OKOH (U20)	Chelms	33.56
3	B	Katherine ELLIS	Bas	28.78
4	A	Emily HOLLOWAY (U20)	Brain	27.12
5	H	Dawn JONES	Harlow	13.73
6				

A Hammer Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	Devon MATTHEWS	Bas	25.18	538
2	CC	Shirley QUINN	Chelms	15.80	372
3					
4					
5					
6					

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	O	Aliyah SOAMES (U20)	Colc	30.99
2	H	Ellie MARKLEW (U17)	Harlow	29.51
3	B	Devon MATTHEWS	Bas	28.13
4	CC	Marleen AVONTUUR	Chelms	25.78
5	A	Kayleigh BEEDON	Brain	13.53
6				

A Javelin Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	Micha DORNAN	Bas	27.67	691
2	C	Jade HARDING	Chelms	22.49	599
3	HH	Millie UPTON (U20)	Harlow	17.78	502
4	AA	Lynne CULHAM	Brain	7.16	125
5					
6					

4 x 100m Women A

Posn	No.	Club	Runners	Perf	
1	c	Chelms	Nneka OKOH (U17) Maisie FULKER (U17) Kissiwaa MENSAH (U17) Cara DUNCAN (L	51.1	593
2	h	Harlow	Millie UPTON (U20) Ellie MARKLEW (U17) Katie BRENNAN (U20) Bethany HARRYM	56.1	355
3	b	Bas	Maryam OLUOKUN Hollie REX (U20) Micha DORNAN Martha SMITH (U17)	59.5	222
4					
5					
6					

4 x 400m Women A

Posn	No.	Club	Runners	Perf	
1	c	Chelms	Jade HARDING Cara DUNCAN (U17) Nneka OKOH (U17) Nneka OKOH (U17)	05:20.2	105
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021

NON-SCORERS

400m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	358	Philip ODUGBILE	U20 Men	Bas	12.1	
2	360	Christopher HASTINGS	U23 Men	Bas	12.4	
3	351	Olamide ODUPITAN	U17 Men	Brain	12.6	
4						
5						
6						
7						
8						

100m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	358	Philip ODUGBILE	U20 Men	Bas	24.5	
2	351	Olamide ODUPITAN	U17 Men	Brain	25.2	
3	357	Segun AMISU	Senior Men	Bas	25.3	
4	352	Amr ZIKO	Senior Men	Brain	25.4	
5						
6						
7						
8						

400m Men

NON-SCORERS

400m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	355	Clare ST JOHN-COLEMAN	Senior Women	Chelms	16.3	
2						
3						
4						
5						
6						
7						
8						

100m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	364	Jennifer PALMER	U20 Women	Colc	28.1	
2	369	Maisie FULKER	U17 Women	Chelms	28.6	
3						
4						
5						
6						
7						
8						

200m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

400m Women

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021

Posn	Bib	Athlete	Age Group	Club	Perf	Posn	Bib	Athlete	Age Group	Club	Perf
1	368	Darcy Sullivan		Chelmsford	52.1	1	366	Ella Westfield		Basilidon	74.1
2	367	Paul Owen		Chelmsford	56.0	2					
3	352	Amr ZIKO	Senior Men	Brain	61.9	3					
4						4					
5						5					
6						6					
7						7					
8						8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	362	Oliver CRISP	U17 Men	Colc	22:04.80
2	363	Kevin MCALINDEN	Senior Men	Colc	2.24.3
3					
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	350	Joshua MULLEY	U23 Men	Brain	00:04.37
2					
3					
4					
5					
6					
7					
8					

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

5000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

3000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

100m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

S/Chase Men

Posn	Bib	Athlete	Age Group	Club	Perf

S/Chase Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021

1
2
3
4
5
6
7
8

1
2
3
4
5
6
7
8

Hammer Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	356	Nathan Bushnell		Chelmsford	33.52
2	365	Carl Paxman		Harlow	15.80
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	365	Carl Paxman		Harlow	22.14
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

SOUTHERN ATHLETICS LEAGUE Essex BRAINTREE LEISURE CENTRE

14/08/2021

1	370	Brad Reed	Chelmsfor	5.26	1
2					2
3					3
4					4
5					5
6					6

Triple Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

Triple Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

High Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					