

\\jhn\Documents\Running\SAL\2021\July\

| | | |
|----------|---------------------------------|----------------------------------|
| LEAGUE | SOUTHERN ATHLETICS LEAGUE | Track Events Start in Lane |
| DIVISION | Sussex Coast | |
| MATCH | 2 | |
| VENUE | LEWES COMMUNITY ATHLETICS TRACK | |
| P/FINISH | NO | 1 |

Date Sunday, July 11 2021

Venue LEWES COMMUNITY ATHLETICS TRACK

Host Club Lewes & Haywards Heath ©

| Bib | Team Name | Abbrev. | Officials | Track1 | Relays | Field | Total |
|-----|--------------------------|----------|-----------|--------|--------|-------|-------|
| Y | Lewes & Haywards Heath © | Lew&HH | 20 | 113.9 | 11.0 | 113.3 | 258.2 |
| G | Hastings AC | Hast | 15 | 94.1 | 10.1 | 90.6 | 209.7 |
| E | Eastbourne Rovers AC | East'bne | 20 | 49.1 | 8.6 | 87.7 | 165.3 |
| O | Brighton & Hove AC | B&H | 15 | 156.2 | 20.0 | 179.6 | 370.8 |

| Posn | Team Name | Points | League | B/fwd M | B/fwd L | Total M | Total L | Standings |
|------|--------------------------|--------|--------|---------|---------|---------|---------|-----------|
| 1 | Brighton & Hove AC | 370.8 | | | | 370.8 | | 3 |
| 2 | Lewes & Haywards Heath © | 258.2 | | | | 258.2 | | 4 |
| 3 | Hastings AC | 209.7 | 1.0 | | | 209.7 | 1.0 | 2 |
| 4 | Eastbourne Rovers AC | 165.3 | 2.0 | | | 165.3 | 2.0 | 1 |

| | |
|------------------------------------|----|
| TOTAL EVENTS | 38 |
| NO COMPETITORS/EVENT CANCELLED/NMR | - |
| EVENT SCORED | 38 |
| REMAINING | - |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021

| <u>100m Men A</u> | | | | | <u>100m Men B</u> | | | | | |
|-------------------|-----|----------------|--------|------|-------------------|-----|-----------------------|--------|------|-----|
| Posn | No. | Athlete | Club | Perf | Posn | No. | Athlete | Club | Perf | |
| 1 | O | Joshua Hawkins | B&H | 11.1 | 727 | 1 | OO Tobias Hawkins | B&H | 11.2 | 696 |
| 2 | G | Jordan POLA | Hast | 11.2 | 696 | 2 | YY Adam LAWSON (U17) | Lew&HH | 12.0 | 475 |
| 3 | Y | Aston LOCKWOOD | Lew&HH | 11.5 | 607 | 3 | GG Joshua GANDY (U20) | Hast | 14.1 | 117 |
| 4 | | | | | 4 | | | | | |
| 5 | | | | | 5 | | | | | |
| 6 | | | | | 6 | | | | | |

| <u>200m Men A</u> | | | | | <u>200m Men B</u> | | | | | |
|-------------------|-----|----------------|--------|------|-------------------|-----|----------------------|--------|------|-----|
| Posn | No. | Athlete | Club | Perf | Posn | No. | Athlete | Club | Perf | |
| 1 | O | Tobias HAWKINS | B&H | 22.4 | 758 | 1 | GG Mike WEST | Hast | 23.3 | 625 |
| 2 | G | Jordan POLA | Hast | 23.0 | 668 | 2 | OO Max BRAZIER | B&H | 24.1 | 519 |
| 3 | Y | Aston LOCKWOOD | Lew&HH | 23.1 | 653 | 3 | YY Adam LAWSON (U17) | Lew&HH | 25.2 | 391 |
| 4 | | | | | 4 | | | | | |
| 5 | | | | | 5 | | | | | |
| 6 | | | | | 6 | | | | | |

| <u>400m Men A</u> | | | | | <u>400m Men B</u> | | | | | |
|-------------------|-----|---------------------|----------|------|-------------------|-----|--------------------------|--------|------|-----|
| Posn | No. | Athlete | Club | Perf | Posn | No. | Athlete | Club | Perf | |
| 1 | Y | Rowan PEARSON (U17) | Lew&HH | 51.0 | 703 | 1 | OO Adam FIRSHT (U20) | B&H | 54.3 | 528 |
| 2 | G | Martyn REYNOLDS | Hast | 51.0 | 703 | 2 | GG Oscar TOMLINSON (U20) | Hast | 62.9 | 200 |
| 3 | O | Max BRAZIER | B&H | 53.1 | 588 | 3 | YY Andrew MCLENNAN | Lew&HH | 64.8 | 151 |
| 4 | E | Stuart Pelling | East'bne | 57.1 | 401 | 4 | | | | |
| 5 | | | | | 5 | | | | | |
| 6 | | | | | 6 | | | | | |

| <u>800m Men A</u> | | | | | <u>800m Men B</u> | | | | | |
|-------------------|-----|------------------------|----------|---------|-------------------|-----|--------------------------|----------|---------|-----|
| Posn | No. | Athlete | Club | Perf | Posn | No. | Athlete | Club | Perf | |
| 1 | O | Archie ROWLES (U20) | B&H | 02:00.5 | 656 | 1 | OO Alexander RILEY (U17) | B&H | 02:02.1 | 617 |
| 2 | E | Matthew GRINDROD (U20) | East'bne | 02:00.9 | 646 | 2 | EE Bryan BRETT | East'bne | 02:02.3 | 613 |
| 3 | G | Steve BALDOCK | Hast | 02:10.3 | 442 | 3 | YY Jonathan BURRELL | Lew&HH | 02:18.5 | 301 |
| 4 | Y | Ewan KEMSLEY (U17) | Lew&HH | 02:15.7 | 345 | 4 | | | | |
| 5 | | | | | 5 | | | | | |
| 6 | | | | | 6 | | | | | |

| <u>1500m Men A</u> | | | | | <u>1500m Men B</u> | | | | | |
|--------------------|-----|----------------------|----------|---------|--------------------|-----|------------------|--------|---------|-----|
| Posn | No. | Athlete | Club | Perf | Posn | No. | Athlete | Club | Perf | |
| 1 | YY | Joseph CALLARD (U20) | Lew&HH | 04:16.9 | 568 | 1 | Y Aiden BRIFFETT | Lew&HH | 04:28.0 | 465 |
| 2 | OO | Jason Jeffery | B&H | 04:17.6 | 561 | 2 | O Howard BRISTOW | B&H | 04:31.9 | 432 |
| 3 | E | James STEPHEN (U17) | East'bne | 04:39.5 | 371 | 3 | | | | |
| 4 | G | Sean PARKER-HARDING | Hast | 04:42.8 | 346 | 4 | | | | |
| 5 | | | | | 5 | | | | | |
| 6 | | | | | 6 | | | | | |

| <u>3000m Men A</u> | | | | | <u>3000m Men B</u> | | | | | |
|--------------------|-----|--------------|------|---------|--------------------|-----|------------------|------|---------|-----|
| Posn | No. | Athlete | Club | Perf | Posn | No. | Athlete | Club | Perf | |
| 1 | OO | Ollie Hamson | B&H | 09:06.4 | 662 | 1 | O Howard BRISTOW | B&H | 09:09.7 | 645 |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021

| | | | | | | | | | | | |
|---|----|----------------|--------|---------|-----|---|---|---------------|--------|---------|-----|
| 2 | YY | Aiden BRIFFETT | Lew&HH | 09:08.9 | 649 | 2 | Y | James SKINNER | Lew&HH | 09:30.5 | 547 |
| 3 | G | Jack MADDEN | Hast | 09:57.3 | 433 | 3 | | | | | |
| 4 | | | | | | 4 | | | | | |
| 5 | | | | | | 5 | | | | | |
| 6 | | | | | | 6 | | | | | |

110m Hurdles Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|------------------|------|------|-----|
| 1 | GG | HASTINGS UNKNOWN | Hast | 19.8 | 372 |
| 2 | O | Arpad VERMES | B&H | 26.5 | 34 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

110m Hurdles Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------|------|------|----|
| 1 | OO | Max BRAZIER | B&H | 27.4 | 15 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

400m Hurdles Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|---------------|------|------|-----|
| 1 | O | Jamie Lambert | B&H | 56.1 | 766 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

400m Hurdles Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|----------------|------|------|-----|
| 1 | OO | Bradley Eisnor | B&H | 57.5 | 721 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/20213000m S/Chase Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------|--------|---------|
| 1 | O | Max BRAZIER | B&H | 14:19.0 |
| 2 | YY | Tim POPKIN | Lew&HH | 15:08.6 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

3000m S/Chase Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Long Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------------------|----------|------|
| 1 | E | Liam HENNESSY | East'bne | 5.89 |
| 2 | OO | Tom RIDLEY (U20) | B&H | 5.24 |
| 3 | GG | Oscar Tomlinson | Hast | 5.14 |
| 4 | Y | Elliott BEVAN (U20) | Lew&HH | 4.90 |
| 5 | | | | |
| 6 | | | | |

A Long Jump Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------------|----------|------|
| 1 | EE | Grant STIRLING | East'bne | 5.56 |
| 2 | O | Alexander RILEY (U17) | B&H | 4.55 |
| 3 | G | Joshua GANDY (U20) | Hast | 4.50 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

High Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------------|----------|------|
| 1 | O | Torin SEAGROVE (U20) | B&H | 1.86 |
| 2 | E | Grant STIRLING | East'bne | 1.50 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

A High Jump Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|------------------|----------|------|
| 1 | OO | Tom RIDLEY (U20) | B&H | 1.75 |
| 2 | EE | Ben ANDERSON | East'bne | 1.45 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Triple Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|----------|-------|
| 1 | E | Liam HENNESSY | East'bne | 11.78 |
| 2 | G | Oscar Tomlinson | Hast | 11.20 |
| 3 | OO | Max Brazier | B&H | 10.52 |
| 4 | Y | Joey WATSON | Lew&HH | 7.76 |
| 5 | | | | |
| 6 | | | | |

A Triple Jump Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|------------------|------|------|
| 1 | O | Tobias Hawkins | B&H | 9.39 |
| 2 | GG | Josh Gandy (U20) | Hast | 8.48 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021Pole Vault Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|------|------|
| 1 | O | Bradley EISNOR | B&H | 4.02 |
| 2 | G | Wayne MARTIN | Hast | 2.80 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

A Pole Vault Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|------------|------|------|
| 1 | OO | Joe MORRIS | B&H | 3.70 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Shot Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|----------|-------|
| 1 | Y | Joey WATSON | Lew&HH | 15.20 |
| 2 | OO | Vitor BRITO COSTA | B&H | 8.92 |
| 3 | E | Liam HENNESSY | East'bne | 8.70 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

A Shot Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------|----------|------|
| 1 | O | Paddy Verman | B&H | 8.46 |
| 2 | EE | Ben ANDERSON | East'bne | 7.66 |
| 3 | YY | Mike BALE | Lew&HH | 6.84 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Discus Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------------|----------|-------|
| 1 | Y | Joey WATSON | Lew&HH | 39.86 |
| 2 | OO | Arpad VERMES | B&H | 36.29 |
| 3 | E | Liam HENNESSY | East'bne | 28.54 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

A Discus Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|------------|--------|-------|
| 1 | O | Joe MORRIS | B&H | 34.17 |
| 2 | YY | Mike BALE | Lew&HH | 18.96 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Hammer Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|----------|-------|
| 1 | Y | Joey WATSON | Lew&HH | 40.85 |
| 2 | OO | Vitor BRITO COSTA | B&H | 25.79 |
| 3 | E | Ben ANDERSON | East'bne | 23.46 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

A Hammer Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|----------|-------|
| 1 | YY | Mike BALE | Lew&HH | 26.17 |
| 2 | O | Arpad VERMES | B&H | 20.72 |
| 3 | EE | Stuart PELLING | East'bne | 17.25 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Javelin Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------------|----------|-------|
| 1 | O | Bradley EISNOR | B&H | 50.95 |
| 2 | E | Liam HENNESSY | East'bne | 40.15 |
| 3 | Y | Joey WATSON | Lew&HH | 30.53 |
| 4 | GG | Oscar TOMLINSON (U20) | Hast | 20.19 |
| 5 | | | | |
| 6 | | | | |

A Javelin Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|----------|-------|
| 1 | EE | Ben ANDERSON | East'bne | 32.91 |
| 2 | OO | Vitor BRITO COSTA | B&H | 28.88 |
| 3 | YY | Milo HEMSLEY (U20) | Lew&HH | 16.48 |
| 4 | G | Joshua GANDY (U20) | Hast | 9.18 |
| 5 | | | | |
| 6 | | | | |

4 x 100m Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|------|---|------|
| 1 | O | B&H | Joshua HAWKINS Louis DICKSON (U20) Noah GRANT-BARWIS (U17) Tobias HAWKINS | 44.3 |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021

| | | | | | |
|---|---|--------|--|------|-----|
| 2 | Y | Lew&HH | Aston LOCKWOOD Adam LAWSON (U17) Martin DAWSON James LININGTON | 47.2 | 327 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

4 x 400m MixedB A

| Posn | No. | Club | Runners | Perf | |
|------|-----|------|---|---------|-----|
| 1 | O | B&H | Adam FIRSHT (U20) Max BRAZIER | 04:11.1 | 427 |
| 2 | G | Hast | Martyn REYNOLDS Jack MADDEN Steve BALDOCK | 04:41.3 | 138 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021100m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------|----------|------|
| 1 | E | Shania MARTLEW (U20) | East'bne | 12.9 |
| 2 | G | Delicia PASCALL (U20) | Hast | 13.0 |
| 3 | Y | Grace WHEELER (U17) | Lew&HH | 13.1 |
| 4 | O | Laura HITCHMAN | B&H | 13.4 |
| 5 | | | | |
| 6 | | | | |

100m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|----------|------|
| 1 | OO | Lucy KIRBY (U20) | B&H | 13.0 |
| 2 | YY | Tilly BEVAN (U17) | Lew&HH | 13.3 |
| 3 | EE | Cara MAKER | East'bne | 13.6 |
| 4 | GG | Amy RALPH (U20) | Hast | 14.0 |
| 5 | | | | |
| 6 | | | | |

200m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------|----------|------|
| 1 | Y | Chloe KORNEVALL (U20) | Lew&HH | 26.5 |
| 2 | E | Shania MARTLEW (U20) | East'bne | 27.1 |
| 3 | G | Delicia PASCALL (U20) | Hast | 27.3 |
| 4 | O | Laura HITCHMAN | B&H | 27.5 |
| 5 | | | | |
| 6 | | | | |

200m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------------|--------|------|
| 1 | OO | Keira PATERSON-JEWELL (U20) | B&H | 27.6 |
| 2 | YY | Megan HARDING (U17) | Lew&HH | 28.0 |
| 3 | GG | Josie BASTIN (U17) | Hast | 29.1 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

400m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|------------------------|----------|------|
| 1 | Y | Chloe KORNEVALL (U20) | Lew&HH | 60.2 |
| 2 | O | Sophie PACKHAM (U17) | B&H | 65.6 |
| 3 | E | Georgia UNGOED | East'bne | 70.5 |
| 4 | G | Kaitlyn O'REILLY (U17) | Hast | 76.1 |
| 5 | | | | |
| 6 | | | | |

400m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------------|--------|------|
| 1 | OO | Keira PATERSON-JEWELL (U20) | B&H | 64.3 |
| 2 | YY | Anthi MAMATZAKIS (U17) | Lew&HH | 70.1 |
| 3 | GG | Rosy CLEMENTS | Hast | 79.7 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

800m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|----------------------|----------|---------|
| 1 | Y | Harriett BLOOR (U20) | Lew&HH | 02:18.5 |
| 2 | G | Rebecca SMART | Hast | 02:37.5 |
| 3 | E | Georgia UNGOED | East'bne | 03:10.3 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

800m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|------------------------|--------|---------|
| 1 | GG | Kaitlyn O'REILLY (U17) | Hast | 02:48.5 |
| 2 | YY | Anthi MAMATZAKIS (U17) | Lew&HH | 02:53.8 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/20211500m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|----------------------|----------|--------------------|
| 1 | E | Ellie MCLEAN (U17) | East'bne | 04:57.0 619 |
| 2 | G | Kiera ASLETT | Hast | 05:35.7 374 |
| 3 | O | Sophie PACKHAM (U17) | B&H | 05:38.8 357 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

1500m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|------|--------------------|
| 1 | GG | Rosy CLEMENTS | Hast | 05:42.1 339 |
| 2 | OO | Tilly WILBURN (U17) | B&H | 07:22.8 16 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

5000m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------|------|--------------------|
| 1 | GG | Eillean BEACH | Hast | 20:05.9 540 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

5000m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------|------|--------------------|
| 1 | G | Kiera ASLETT | Hast | 22:20.1 332 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

100m Hurdles Women A

| Posn | Athlete | Club | Perf |
|------|--------------------|--------|-----------------|
| 1 | O Lucy KIRBY (U20) | B&H | 17.0 584 |
| 2 | Y Lucie VENABLES | Lew&HH | 21.1 276 |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |

100m Hurdles Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------|--------|-----------------|
| 1 | OO | Jo WILDING | B&H | 19.7 369 |
| 2 | YY | Jazz SHIRET | Lew&HH | 22.7 184 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

400m Hurdles Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|------------------|--------|-----------------|
| 1 | O | Lucy KIRBY (U20) | B&H | 70.6 594 |
| 2 | Y | Lucie VENABLES | Lew&HH | 83.8 303 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

400m Hurdles Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|------------|------|-----------------|
| 1 | OO | Jo WILDING | B&H | 79.3 393 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/20211500m S/Chase Women A

REC

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|--------|---------|
| 1 | O | Tilly WILBURN (U17) | B&H | 05:51.8 |
| 2 | Y | Millie HEMSLEY | Lew&HH | 08:03.0 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

1500m S/Chase Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------------|--------|---------|
| 1 | OO | Madeleine BADRUZAMAN (L | B&H | 07:00.9 |
| 2 | YY | Jess POWELL (U17) | Lew&HH | 08:03.0 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

High Jump Women A

A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------------|--------|------|
| 1 | Y | Jess POWELL (U17) | Lew&HH | 1.40 |
| 2 | G | Delicia PASCALL (U20) | Hast | 1.40 |
| 3 | O | Jo WILDING | B&H | 1.35 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

High Jump Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------------|--------|------|
| 1 | GG | Charlotte Wynne-Pennels | Hast | 1.35 |
| 2 | OO | Lucy Kirby | B&H | 1.25 |
| 3 | YY | Millie HEMSLEY | Lew&HH | 1.25 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Long Jump Women A

A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|----------|------|
| 1 | E | Cara MAKER | East'rne | 5.34 |
| 2 | O | Laura HITCHMAN | B&H | 5.03 |
| 3 | Y | Lucie VENABLES | Lew&HH | 4.07 |
| 4 | G | Julie LOVELL | Hast | 3.59 |
| 5 | | | | |
| 6 | | | | |

Long Jump Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|--------|------|
| 1 | OO | Ruby HAINES (U20) | B&H | 4.73 |
| 2 | YY | Jo BUCKLEY | Lew&HH | 3.05 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021Triple Jump Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|----------|-------|
| 1 | O | Scarlet Margaroli | B&H | 10.55 |
| 2 | E | Cara MAKER | East'bne | 10.44 |
| 3 | Y | Lucie VENABLES | Lew&HH | 8.77 |
| 4 | G | Julie LOVELL | Hast | 7.27 |
| 5 | | | | |
| 6 | | | | |

A Triple Jump Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------|--------|------|
| 1 | YY | Jazz SHIRET | Lew&HH | 7.47 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Pole Vault Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------------|----------|------|
| 1 | Y | Mariette HILBOURNE | Lew&HH | 3.56 |
| 2 | OO | Tahya CURTIS (U20) | B&H | 2.80 |
| 3 | G | Charlotte Wynne-Pennels | Hast | 2.30 |
| 4 | E | | East'bne | X |
| 5 | | | | |
| 6 | | | | |

A Pole Vault Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------------|----------|------|
| 1 | O | Haulwen Davies | B&H | 2.80 |
| 2 | YY | Jessica BANNER (U17) | Lew&HH | 2.30 |
| 3 | GG | Kim Martin | Hast | 1.90 |
| 4 | EE | | East'bne | X |
| 5 | | | | |
| 6 | | | | |

Shot Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|----------|------|
| 1 | O | Sarah HEWITT | B&H | 9.62 |
| 2 | G | Kim MARTIN | Hast | 8.80 |
| 3 | E | Cara MAKER | East'bne | 7.79 |
| 4 | YY | Jess POWELL (U17) | Lew&HH | 6.93 |
| 5 | | | | |
| 6 | | | | |

A Shot Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|--------|------|
| 1 | OO | Bonnie BRITO COSTA | B&H | 7.82 |
| 2 | GG | Jayne GRAY | Hast | 7.25 |
| 3 | Y | Millie HEMSLEY | Lew&HH | 6.58 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Disc Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------------|----------|-------|
| 1 | O | Sarah HEWITT | B&H | 34.96 |
| 2 | G | Kim MARTIN | Hast | 25.82 |
| 3 | Y | Jessica BANNER (U17) | Lew&HH | 18.55 |
| 4 | E | Georgia UNGOED | East'bne | 10.23 |
| 5 | | | | |
| 6 | | | | |

A Disc Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|--------|-------|
| 1 | OO | Bonnie BRITO COSTA | B&H | 24.05 |
| 2 | GG | Jayne GRAY | Hast | 21.22 |
| 3 | YY | Tilly BEVAN (U17) | Lew&HH | 12.12 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021Hammer Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|----------|-------|
| 1 | OO | Freya Brennonnd | B&H | 40.69 |
| 2 | GG | Jayne GRAY | Hast | 25.51 |
| 3 | Y | Millie HEMSLEY | Lew&HH | 20.89 |
| 4 | E | | East'bne | X |
| 5 | | | | |
| 6 | | | | |

A Hammer Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|--------------------|--------|-------|-----|
| 1 | O | Bonnie BRITO COSTA | B&H | 35.41 | 682 |
| 2 | G | Shelley Clarke | Hast | 18.79 | 430 |
| 3 | YY | | Lew&HH | X | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Javelin Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|----------|-------|
| 1 | O | Sarah HEWITT | B&H | 21.57 |
| 2 | G | Jayne Gray | Hast | 20.22 |
| 3 | E | Cara MAKER | East'bne | 15.53 |
| 4 | Y | Millie HEMSLEY | Lew&HH | 14.14 |
| 5 | | | | |
| 6 | | | | |

A Javelin Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------------|----------|-------|-----|
| 1 | OO | Bonnie Brito Costa | B&H | 15.19 | 439 |
| 2 | GG | Shelley CLARK | Hast | 11.60 | 336 |
| 3 | YY | Paloma BUCKLEY MCDONAL | Lew&HH | 8.77 | 224 |
| 4 | EE | Georgia UNGOED | East'bne | 7.13 | 122 |
| 5 | | | | | |
| 6 | | | | | |

4 x 100m Women A

| Posn | No. | Club | Runners | Perf | |
|------|-----|----------|---|------|-----|
| 1 | O | B&H | Keira PATERSON-JEWELL (U17) Laura HITCHMAN Jo WILDING Lucy KIRBY (U20) | 52.2 | 536 |
| 2 | E | East'bne | Shania MARTLEW (U20) Cara MAKER | 54.2 | 440 |
| 3 | G | Hast | Amy RALPH (U20) Joanna BODY Josie BASTIN (U17) Delicia PASCALL (U20) | 54.8 | 412 |
| 4 | Y | Lew&HH | Megan HARDING (U17) Paloma BUCKLEY MCDONALD (U17) Jess POWELL (U17) Til | 58.0 | 278 |
| 5 | | | | | |
| 6 | | | | | |

4 x 400m MixedA A

| Posn | No. | Club | Runners | Perf | |
|------|-----|----------|--|---------|-----|
| 1 | Y | Lew&HH | Martin Dawson Anthi MAMATZAKIS (U17) Chloe KORNEVALL (U20) Aston Lockwoo | 04:05.6 | 496 |
| 2 | O | B&H | Jo WILDING Keira PATERSON-JEWELL (U17) | 04:06.3 | 487 |
| 3 | G | Hast | Kiera ASLETT Kaitlyn O'REILLY (U17) Rebecca SMART | 04:08.8 | 455 |
| 4 | E | East'bne | Ellie MCLEAN (U17) Shania MARTLEW (U20) | 04:12.0 | 416 |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021

NON-SCORERS**400m Hurdles Men**

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

NON-SCORERS**400m Hurdles Women**

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m Men (1)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|-----------------|-----------|----------|------|------|
| 1 | 40 | Noah Barwis | | Brighton | 11.9 | |
| 2 | 8 | James LININGTON | U23 Men | Lewes | 11.9 | |
| 3 | 78 | Louis Dickson | | Brighton | 11.9 | |
| 4 | 27 | David Spencer | | Brighton | 15.3 | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

100m Women (1)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|-------------------------|--------------|-------|------|------|
| 1 | 3 | Jess POWELL | U17 Women | Lewes | 13.5 | |
| 2 | 1 | Paloma BUCKLEY MCDONALD | U17 Women | Lewes | 13.6 | |
| 3 | 2 | Megan HARDING | U17 Women | Lewes | 13.7 | |
| 4 | 35 | Joisie Bastin | U17 Women | Hast | 13.9 | |
| 5 | 31 | Joanna BODY | Senior Women | Hast | 14.7 | |
| 6 | 19 | Jo BUCKLEY | Senior Women | Lewes | 16.4 | |
| 7 | | | | | | |
| 8 | | | | | | |

100m Men (2)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

100m Women (2)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

200m Men (1)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------------|------------|----------|------|------|
| 1 | 78 | Louis Dickson | | Brighton | 23.9 | |
| 2 | 40 | Noah Barwis | | Brighton | 24.1 | |
| 3 | 30 | Joshua Gandy | U17 Men | Hast | 28.4 | |
| 4 | 27 | David Spencer | | Brighton | 30.5 | |
| 5 | 10 | John PALMER | Senior Men | HaywH | 32.4 | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

200m Women (1)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|-------------------------|--------------|----------|------|------|
| 1 | 80a | Haulwen DAVIES | | Brighton | 27.4 | |
| 2 | 1 | Paloma BUCKLEY MCDONALD | U17 Women | Lewes | 28.8 | |
| 3 | 31 | Joanna BODY | Senior Women | Hast | 31.4 | |
| 4 | 19 | Jo BUCKLEY | Senior Women | Lewes | 34.2 | |
| 5 | 6 | Jazz SHIRET | Senior Women | HaywH | 34.3 | |
| 6 | 32 | Julie LOVELL | Senior Women | Hast | 37.1 | |
| 7 | | | | | | |
| 8 | | | | | | |

200m Men (2)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

200m Women (2)

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

400m Men**400m Women**

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021

| Posn | Bib | Athlete | Age Group | Club | Perf | Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------------|------------|-------|------|------|-----|---------|-----------|------|------|
| 1 | 20 | Martin DAWSON | Senior Men | HaywH | 60.3 | 1 | | | | | |
| 2 | 10 | John PALMER | Senior Men | HaywH | 74.2 | 2 | | | | | |
| 3 | | | | | | 3 | | | | | |
| 4 | | | | | | 4 | | | | | |
| 5 | | | | | | 5 | | | | | |
| 6 | | | | | | 6 | | | | | |
| 7 | | | | | | 7 | | | | | |
| 8 | | | | | | 8 | | | | | |

800m Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------------------|------------|------------|----------|
| 1 | 45 | Cameron Su Nan Dunn | | Brighton | 02:08.30 |
| 2 | 42 | George Taylor | | Brighton | 02:08.70 |
| 3 | 24 | Stuart Pelling | Senior Men | Eastbourne | 02:09.80 |
| 4 | 44 | Seb Owens | | Brighton | 02:11.00 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|----------------------|-----------|----------|----------|
| 1 | 21 | Rosy CLEMENTS | V45 Women | Hast | 06:34.60 |
| 2 | 81 | Madeleine Badruzaman | | Brighton | 07:22.80 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|-----------------|------------|-------|----------|
| 1 | 12 | Harvey ALCOCK | U17 Men | HaywH | 10:10.20 |
| 2 | 16 | Robert HENRY | Senior Men | Lewes | 11:07.80 |
| 3 | 15 | Philip WESTBURY | Senior Men | Lewes | 11:10.00 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |
| 9 | | | | | |
| 10 | | | | | |

3000m Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |
| 9 | | | | | |
| 10 | | | | | |

110m Hurdles Men

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

100m Hurdles Women

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |

S/Chase Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| | | | | | |

S/Chase Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| | | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021

1
2
3
4
5
6
7
8

1
2
3
4
5
6
7
8

Hammer Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Hammer Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|--------------|-----------|----------|-------|
| 1 | 29 | Sarah Hewitt | | Brighton | 30.56 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Discus Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|-------------------|-----------|----------|-------|
| 1 | 37 | Bradley EISNOR | | Brighton | 38.74 |
| 2 | 36 | Vitor BRITO COSTA | | Brighton | 26.88 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Discus Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|------------------|-----------|-------|-------|
| 1 | 84 | Anthi MAMATZAKIS | U17 Women | Lewes | 11.82 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Javelin Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Javelin Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Shot Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Shot Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------------|-----------|------|------|
| 1 | 34 | Shelley Clark | V40 Women | Hast | 6.08 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Long Jump Men

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| | | | | | | |

Long Jump Women

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| | | | | | | |

SOUTHERN ATHLETICS LEAGUE Sussex Coast LEWES COMMUNITY ATHLETICS TRACK

11/07/2021

| | | | | | |
|---|---|----|---------------|----------|------|
| 1 | 1 | 39 | Amber Purcell | Brighton | 5.37 |
| 2 | 2 | | | | |
| 3 | 3 | | | | |
| 4 | 4 | | | | |
| 5 | 5 | | | | |
| 6 | 6 | | | | |

Triple Jump Men

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------|-----------|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |

Triple Jump Women

| Posn | Bib | Athlete | Age Group | Club | Perf | Wind |
|------|-----|---------------|-----------|----------|-------|------|
| 1 | 80b | Kirsty Nelson | | Brighton | 10.74 | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |

High Jump Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|--------------|-----------|----------|------|
| 1 | 28 | Joe Morris | | Brighton | 1.65 |
| 2 | 79 | Chris Winter | | Brighton | 1.65 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

High Jump Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Pole Vault Men

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Pole Vault Women

| Posn | Bib | Athlete | Age Group | Club | Perf |
|------|-----|---------|-----------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |