

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	North East London	
MATCH	2	
VENUE	Mile End Stadium	
P/FINISH	YES	1

Date Sunday, July 11 2021

Venue MILE END STADIUM

Host Club Victoria Park H & Tower Hamlets AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
V	Victoria Park H & Tower Hamlets AC	VP&TH		128.3	16.6	36.4	181.3
L	London Heathside Runners AC	LonHeath		129.8	11.7	109.4	250.9
D	Barnet & District AC	Barnet		81.2	8.1	60.8	150.2
O	Orion Harriers	Orion		92.1	16.6	55.2	163.9
E	Enfield & Haringey AC	E&H		45.3		87.0	132.2

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	London Heathside Runners AC	250.9				250.9	
2	Victoria Park H & Tower Hamlets AC	181.3	1.0			181.3	1.0
3	Orion Harriers	163.9	2.0			163.9	2.0
4	Barnet & District AC	150.2	3.0			150.2	3.0
5	Enfield & Haringey AC	132.2	4.0			132.2	4.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	V	William ANDOH	VP&TH	10.91	789
2	L	Cian O'DONNELL	LonHeath	11.04	746
3	D	Sean SUTHERLAND	Barnet	12.68	326
4	E	Malakai WATSON (U17)	E&H	12.68	326
5					
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	Myles KELLY-HYATT	Orion	11.40	636
2	LL	Carlos MINGOES	LonHeath	11.41	633
3	VV	Eyad ELBAHTETY	VP&TH	11.68	557
4	DD	Callum SYDENHAM (U17)	Barnet	13.07	256
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	Cian O'DONNELL	LonHeath	21.99	824
2	V	William ANDOH	VP&TH	22.31	772
3	D	Sean SUTHERLAND	Barnet	26.32	282
4	O	Rashaan STEWART	Orion	DNF	
5					
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	VV	Michael SHONIBARE	VP&TH	21.73	867
2	OO	Myles KELLY-HYATT	Orion	22.88	685
3	LL	Carlos MINGOES	LonHeath	22.91	681
4	DD	Kevin VALAYDON	Barnet	27.50	189
5					
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	V	Kelechi OKORIE	VP&TH	50.64	724
2	L	Charles SCATES	LonHeath	52.85	601
3	O	Jordan CHRISOSTOMOU	Orion	54.69	509
4	D	Sean SUTHERLAND	Barnet	57.85	371
5					
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	Nathan WRAGG	LonHeath	53.12	587
2	DD	Kevin VALAYDON	Barnet	63.41	187
3					
4					
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	O	Joseph OWEN	Orion	01:52.63	867
2	L	Thomas ARCHER (U20)	LonHeath	01:55.54	785
3	V	Dominic HOWARTH	VP&TH	02:02.00	620
4	D	Noah CLARKE (U17)	Barnet	02:18.22	305
5					
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	Simon SCHÜPBACH	LonHeath	01:57.27	738
2	OO	Arthur ANSELL (U17)	Orion	02:10.92	430
3	DD	Joe WARD (U17)	Barnet	02:22.32	246
4					
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	James WOOLDRIDGE	LonHeath	04:13.90	599
2	V	Andy WATERMAN	VP&TH	04:41.70	354
3	O	Ronan EDWARDS (U17)	Orion	04:42.34	350
4	D	Callum SYDENHAM (U17)	Barnet	04:51.48	286
5					
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	Oliver O'CONNOR (U20)	LonHeath	04:32.69	425
2					
3					
4					
5					
6					

3000m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	Jem O'FLAHERTY	LonHeath	08:58.82	700

3000m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	Roni KIZILKAYA (U17)	LonHeath	10:52.09	243

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2	V	Jonathan SCOTT	VP&TH	09:12.49	632	2
3	O	Patrick BROWN	Orion	10:03.80	407	3
4						4
5						5
6						6

110m Hurdles Men A110m Hurdles Men B

Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf
1	E	Elliot THOMPSON	E&H	16.16	696	1				
2	V	David SHORTRIDGE	VP&TH	25.87	51	2				
3						3				
4						4				
5						5				
6						6				

400m Hurdles Men A400m Hurdles Men B

Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf	
1	L	Israel NWORGU	LonHeath	66.55	458	1	OO	Patrick BROWN	Orion	89.50	51
2	O	Chris SCOTT	Orion	67.33	438	2	LL	Adrian ESSEX	LonHeath	94.44	15
3	V	David SHORTRIDGE	VP&TH	77.25	220	3					
4						4					
5						5					
6						6					

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/20213000m S/Chase Men A

Posn	No.	Athlete	Club	Perf	
1	D	Grant RAMSAY	Barnet	11:10.00	509
2	O	Patrick BROWN	Orion	11:45.32	410
3	V	Tony MACDOWALL	VP&TH	12:22.88	318
4					
5					
6					

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	LL	Carlos MINGOES	LonHeath	6.08	670
2	V	Shaquille EUSEBE	VP&TH	5.27	511
3	E	Malakai WATSON (U17)	E&H	4.83	425
4	O	Chris SCOTT	Orion	4.53	368
5	D	Kevin VALAYDON	Barnet	3.55	183
6					

A

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	L	Justin PAUL (U20)	LonHeath	5.53	561
2	OO	Patrick BROWN	Orion	2.96	76
3					
4					
5					
6					

High Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	V	David BAZUAYE (U20)	VP&TH	1.80	677
2	E	Malakai WATSON (U17)	E&H	1.53	452
3	LL	Joel HAWES	LonHeath	1.43	368
4					
5					
6					

A

High Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	L	Adrian ESSEX	LonHeath	1.28	242
2					
3					
4					
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	V	Oluwasubomi BELLO	VP&TH	12.37	661
2	L	Justin PAUL (U20)	LonHeath	11.48	573
3	D	Callum SYDENHAM (U17)	Barnet	9.93	410
4	O	Chris SCOTT	Orion	8.93	295
5					
6					

A

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	LL	Mark JEFFORD	LonHeath	9.97	415
2	DD		Barnet	5.71	
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021Pole Vault Men A

A

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf
1	E	Theo BAKER (U17)	E&H	2.87	453	1				
2	L	Adrian ESSEX	LonHeath	1.80	208	2				
3	O	Patrick BROWN	Orion	1.60	160	3				
4						4				
5						5				
6						6				

Shot Men A

A

Shot Men B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	E	Elliot THOMPSON	E&H	12.97	788	1	EE	Lucas ZAMBRZYCKI	E&H	11.96	721
2						2	LL	Adrian ESSEX	LonHeath	6.38	250
3	L	James HAMBLIN	LonHeath	11.11	662	3	DD		Barnet	5.51	130
4	D	Patrick REYNOLDS	Barnet	8.40	451	4					
5	OO		Orion	7.23	342	5					
6						6					

Discus Men A

A

Discus Men B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	EE	Lucas ZAMBRZYCKI	E&H	32.35	633	1	E	Piotr MIKOLAJCZAK	E&H	23.88	468
2	LL	Joel HAWES	LonHeath	29.18	575	2					
3	O	Chris SCOTT	Orion	19.25	359	3					
4	D	Patrick REYNOLDS	Barnet	13.68	184	4					
5						5					
6						6					

Hammer Men A

A

Hammer Men B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	L	James HAMBLIN	LonHeath	52.98	859	1	LL	Joel HAWES	LonHeath	27.40	541
2	V	Wesley CLARKE	VP&TH	34.31	639	2	EE	Lucas ZAMBRZYCKI	E&H	17.65	372
3	E	Stewart MAXWELL	E&H	25.65	514	3					
4	D	Patrick REYNOLDS	Barnet	15.44	324	4					
5	OO		Orion	12.85	260	5					
6						6					

Javelin Men A

A

Javelin Men B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	L	James HAMBLIN	LonHeath	34.39	531	1	EE	Lucas ZAMBRZYCKI	E&H	32.05	494
2	E	Stewart MAXWELL	E&H	33.41	516	2	LL	Joel HAWES	LonHeath	31.06	478
3	OO		Orion	27.28	416	3					
4	V		VP&TH	26.73	406	4					
5	D	Patrick REYNOLDS	Barnet	13.31	129	5					
6						6					

4 x 100m Men A

A

Posn	No.	Club	Runners	Perf	
1	V	VP&TH	David HENDERSON Karrell HARRIS (U17) Michael SHONIBARE Dennis JEFIA	45.05	487

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2	D	Barnet			52.87	63
3	L	LonHeath	Joshua NDIONYEMMA (U20) Glenford HUGHES (U20) Carlos MINGOES Cian O'DONNELL	DQ		
4						
5						
6						

4 x 400m MixedB A

Posn	No.	Club	Runners	Perf	
1	L	LonHeath	George WARREN (U20) Charles SCATES	04:03.63	522
2	O	Orion	Jordan CHRISOSTOMOU Joseph OWEN	04:11.60	421
3	D	Barnet		04:40.27	145
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021100m Women A

Posn	No.	Athlete	Club	Perf
1	E	Emily KNIGHT (U20)	E&H	13.64
2	O	Sophie GRANT (U20)	Orion	14.28
3	D	Florence HUMPHREY (U17)	Barnet	14.30
4				
5				
6				

Wind

100m Women B

Posn	No.	Athlete	Club	Perf
1	LL	Taysia THORBOURNE (U20)	LonHeath	13.24
2	VV	Joy OGEDENGBE (U20)	VP&TH	13.77
3	EE	Tomi OLATONA (U20)	E&H	14.32
4	DD	Eleanor HUMPHREY (U20)	Barnet	15.40
5				
6				

Wind

200m Women A

Posn	No.	Athlete	Club	Perf
1	V	Alice HUNTER	VP&TH	26.12
2	L	Stephanie KLEYNHANS	LonHeath	26.55
3	O	Emily SHARPE	Orion	26.81
4	D	Charlotte HARRIS (U17)	Barnet	27.90
5	E	Precious ASIRIFI (U20)	E&H	32.81
6				

Wind

200m Women B

Posn	No.	Athlete	Club	Perf
1	OO	Christina ONYECHE (U17)	Orion	28.01
2	VV	Mary IGBINOSA-IGHILE	VP&TH	28.11
3	DD	Emma MCCLUSKEY (U17)	Barnet	28.49
4	EE	Tomi OLATONA (U20)	E&H	28.79
5				
6				

Wind

B

400m Women A

Posn	No.	Athlete	Club	Perf
1	E	Kyra WHITE	E&H	59.47
2	V	Alice HUNTER	VP&TH	60.26
3	O	Emily SHARPE	Orion	60.49
4	D	Stephanie HARRISON	Barnet	81.06
5				
6				

400m Women B

Posn	No.	Athlete	Club	Perf
1	VV	Holly FIELDER	VP&TH	58.60
2	EE	Emily SWAIN (U20)	E&H	63.17
3	DD		Barnet	98.11
4				
5				
6				

800m Women A

Posn	No.	Athlete	Club	Perf
1	V	Laura HILLYARD	VP&TH	02:18.20
2	D	Charlotte HARRIS (U17)	Barnet	02:21.18
3	O	Annalie COLE (U20)	Orion	02:27.10
4	L	Genevieve WESTON	LonHeath	02:41.35
5				
6				

800m Women B

Posn	No.	Athlete	Club	Perf
1	VV	Imogen SCOTT-GALL (U20)	VP&TH	02:33.58
2	OO	Cara O'DONNELL-ROBERTS	Orion	02:35.94
3	DD	Taisia SONMEZ (U17)	Barnet	02:43.34
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/20211500m Women A

Posn	No.	Athlete	Club	Perf
1	L	Lily WOOLCOCK	LonHeath	04:50.96
2	V	Laura KAYE	VP&TH	05:06.35
3	D	Emma MCCLUSKEY (U17)	Barnet	05:07.45
4	O	Sydney TAYLOR	Orion	05:15.05
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	LL	Rhian MALE	LonHeath	05:02.52
2	DD	Kathryn ELLIS	Barnet	06:11.38
3				
4				
5				
6				

5000m Women A

Posn	No.	Athlete	Club	Perf
1	V	Laura KAYE	VP&TH	17:40.96
2	L	Olivia DESBOROUGH	LonHeath	18:33.01
3	D	Karen MURPHY	Barnet	19:29.46
4				
5				
6				

5000m Women B

Posn	No.	Athlete	Club	Perf
1	VV	Ellie FREEDEN	VP&TH	19:59.02
2	LL	Lucie MAUGER	LonHeath	20:30.76
3	DD	Annabelle LEE	Barnet	22:25.73
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf
1	E Emily KNIGHT (U20)	E&H	16.25
2	L Genevieve WESTON	LonHeath	22.89
3			
4			
5			
6			

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	L	Becky RICHARDS (U20)	Orion	67.64
2	L	Kimberli BUTLER	LonHeath	98.78
3		Anna MURRAY	Barnet	110.36
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/20211500m S/Chase Women A

REC

Posn	No.	Athlete	Club	Perf
1	V	Emily ROBINSON	VP&TH	05:31.73
2	L	Genevieve WESTON	LonHeath	05:49.21
3	DD	Kathryn ELLIS	Barnet	06:49.57
4				
5				
6				

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	D	Stephanie HARRISON	Barnet	07:22.33
2				
3				
4				
5				
6				

High Jump Women A

A

Posn	Bib	Athlete	Club	Perf
1	L	Stephanie KLEYNHANS	LonHeath	1.60
2	O	Becky RICHARDS (U20)	Orion	1.35
3	V	Charlotte MALING	VP&TH	1.15
4				
5				
6				

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	OO	Sophie GRANT (U20)	Orion	1.35
2				
3				
4				
5				
6				

Long Jump Women A

A

Posn	Bib	Athlete	Club	Perf
1	L	Stephanie KLEYNHANS	LonHeath	5.19
2	E	Mia WRIGHT (U20)	E&H	4.25
3	O	Cara O'DONNELL-ROBERTS	Orion	4.20
4	D	Florence HUMPHREY (U17)	Barnet	4.08
5				
6				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	DD	Eleanor HUMPHREY (U20)	Barnet	3.64
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	O	Becky RICHARDS (U20)	Orion	9.89
2	E	Mia WRIGHT (U20)	E&H	9.10
3	V	Jannelle AFRAM (U20)	VP&TH	8.77
4	D	Anna MURRAY	Barnet	5.36
5				
6				

A Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	E	Jenny SHEASBY	E&H	2.30
2				
3				
4				
5				
6				

A Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	L	Stephanie KLEYNHANS	LonHeath	9.59
2	O	Christina ONYECHE (U17)	Orion	6.26
3	DD	Anneli SYDENHAM	Barnet	6.12
4				
5				
6				

A Shot Women B

Posn	Bib	Athlete	Club	Perf
1	LL	Helene KEHOE	LonHeath	6.47
2	D	Pam DAVENPORT	Barnet	5.79
3	OO	Helen PEARCE	Orion	4.06
4				
5				
6				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	E	Melanie HARRISON	E&H	34.90
2	DD	Anneli SYDENHAM	Barnet	17.33
3	L	Maria fiorella BRANCATO	LonHeath	14.10
4	OO	Christine INCH	Orion	7.83
5				
6				

A Discus Women B

Posn	Bib	Athlete	Club	Perf
1	D	Hannah PARSONS (U17)	Barnet	16.41
2	LL	Helene KEHOE	LonHeath	13.74
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	D	Hannah PARSONS (U17)	Barnet	23.03
2	OO	Christine INCH	Orion	16.45
3	LL	Helene KEHOE	LonHeath	15.10
4				
5				
6				

A Hammer Women B

Posn	Bib	Athlete	Club	Perf	
1	DD	Anneli SYDENHAM	Barnet	20.50	461
2	L	Maria fiorella BRANCATO	LonHeath	11.73	280
3	O	Katie INCH	Orion	4.80	
4					
5					
6					

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	E	Melanie HARRISON	E&H	22.58
2	DD	Anneli SYDENHAM	Barnet	13.06
3	OO	Helen PEARCE	Orion	9.24
4				
5				
6				

A Javelin Women B

Posn	Bib	Athlete	Club	Perf	
1	D	Pam DAVENPORT	Barnet	11.90	346
2	O	Christine INCH	Orion	6.39	
3					
4					
5					
6					

4 x 100m Women A

Posn	No.	Club	Runners	Perf	
1	V	VP&TH	Teniola FAJUKE (U17) Mary IGBINOSA-IGHILE Joy OGEDENGBE (U20) Holly FIELDE	53.42	476
2	O	Orion	Sophie GRANT (U20) Christina ONYECHE (U17) Becky RICHARDS (U20) Emily SHAI	53.50	473
3	D	Barnet	Florence HUMPHREY (U17) Eleanor HUMPHREY (U20) Emma MCCLUSKEY (U17) Ci	56.95	320
4					
5					
6					

4 x 400m MixedA A

Posn	No.	Club	Runners	Perf	
1	O	Orion	Becky RICHARDS (U20) Emily SHARPE	03:46.76	770
2	V	VP&TH	Sade FAJUKE (U17) Teniola FAJUKE (U17)	03:51.34	698
3	L	LonHeath	Laura HUNT Lily WOOLCOCK	03:54.45	651
4	D	Barnet		04:24.13	284
5					
6					

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021

NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men (1)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						
2						
3						
4						
5						
6						
7						
8						

100m Women (1)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						
2						
3						
4						
5						
6						
7						
8						

100m Men (2)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						11.37
2	190	Karrell Harris		VP&TH		11.45
3	189	Dennis Jefia		VP&TH		11.49
4	77	Glenford HUGHES	U20 Men	LonHeath		11.65
5	191	Jose		VP&TH		12.01
6	72	Joshua NDIONYEMMA	U20 Men	LonHeath		12.15
7	78	Frankie FROST	U20 Men	LonHeath		12.27
8						

100m Women (2)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1	66	Precious ASIRIFI	U20 Women	E&H		15.21
2						
3						
4						
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6						
7						
8						

200m Men (1)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						23.37
2	77	Glenford HUGHES	U20 Men	LonHeath		24.13
3	72	Joshua NDIONYEMMA	U20 Men	LonHeath		24.19
4	82	Fred BEALE	U17 Men	LonHeath		24.55
5	78	Frankie FROST	U20 Men	LonHeath		25.53
6	95	Noah CLARKE	U17 Men	Barnet		27.73
7	187	Joe WARD	U17 Men	Barnet		29.94
8						

200m Women (1)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1	194	Tenirole Fajuke		VP&TH		27.36
2	248	Alice Hunter		VP&TH		27.57
3	198	Mary I		VP&TH		28.64
4						
5						
6						
7						
8						

200m Men (2)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1	189	Dennis Jefia		VP&TH		23.64
2	199	Eyad Elbahtey		VP&TH		23.8
3	195	Jordan CHRISOSTOMOU	Senior Men	Orion		24.83
4	191	Jose		VP&TH		24.88
5	197	Presley Owobu		VP&TH		25.37
6	198	Mary I		VP&TH		26.48
7						
8						

200m Women (2)

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						
2						
3						
4						
5						
6						
7						
8						

400m Men**400m Women**

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021

Posn	Bib	Athlete	Age Group	Club	Perf
1	83	George WARREN	U20 Men	LonHeath	52.67
2					
3					
4					
5					
6					
7					
8					

Posn	Bib	Athlete	Age Group	Club	Perf
1	192	Sade Fajuke		VP&TH	62.39
2	194	Tenirole Fajuke		VP&TH	64.66
3					
4					
5					
6					
7					
8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	67	James WOOLDRIDGE	Senior Men	LonHeath	02:04.33
2	68	Edward GARRETT	Senior Men	LonHeath	02:08.64
3	69	Arthur REED	U17 Men	LonHeath	02:19.20
4	71	Fabio ESPIRITO SANTO	Senior Men	LonHeath	02:40.55
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	92	Emily ROBINSON	Senior Women	VP&TH	02:26.36
2	188	Eleanor DAGLISH	Senior Women	VP&TH	02:29.81
3	42	Katie HOWLETT	U20 Women	Orion	02:52.91
4	185	Eleanor STEVENS	U17 Women	Barnet	03:09.01
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	82	Fred BEALE	U17 Men	LonHeath	04:35.59
2	68	Edward GARRETT	Senior Men	LonHeath	04:40.31
3	71	Fabio ESPIRITO SANTO	Senior Men	LonHeath	05:55.39
4					
5					
6					
7					
8					

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	186	Sarah BOXER	Senior Women	Barnet	05:56.47
2					
3					
4					
5					
6					
7					
8					

3000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	79	William GRIFFITHS	U23 Men	LonHeath	09:55.28
2					
3					
4					
5					
6					
7					
8					
9					
10					

5000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	86	Eilidh WAGSTAFF	Senior Women	LonHeath	19:41.12
2	200	Vendula DOHNALOVA	Senior Women	VP&TH	20:54.37
3	87	Jessica VINLUAN	Senior Women	LonHeath	20:56.72
4					
5					
6					
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

100m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

S/Chase Men

Posn	Bib	Athlete	Age Group	Club	Perf

S/Chase Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021

1
2
3
4
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6
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8

1
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3
4
5
6
7
8

Hammer Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	93	Catherine SCOTT	Senior Women	Barnet	11.87
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	70	Adrian ESSEX	Senior Men	LonHeath	21.11
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	140	Pam DAVENPORT	Senior Women	Barnet	12.04
2	93	Catherine SCOTT	Senior Women	Barnet	11.63
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	141	Kathryn ELLIS	Senior Women	Barnet	13.01
2	93	Catherine SCOTT	Senior Women	Barnet	7.44
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	65	Piotr MIKOLAJCZAK	Senior Men	E&H	11.94
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	85	Maria fiorella BRANCATO	Senior Women	LonHeath	5.09
2	93	Catherine SCOTT	Senior Women	Barnet	4.91
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

SOUTHERN ATHLETICS LEAGUE North East London MILE END STADIUM

11/07/2021

1	1.2	1
2		2
3		3
4		4
5		5
6		6

Triple Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

Triple Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

High Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					