

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	East Anglia	
MATCH	2	
VENUE	CAMBRIDGE UNIVERSITY ATHLETICS TRACK	
P/FINISH	NO	1

Date Sunday, July 11 2021

Venue CAMBRIDGE UNIVERSITY ATHLETICS TRACK

Host Club Cambridge & Coleridge AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
C	Cambridge & Coleridge AC	Cam & C		91.9	14.8	134.8	241.5
N	City of Norwich AC	Norwich		159.0	20.5	147.1	326.6
I	Ipswich Harriers/Colchester & Tendring ©	Ipsw/C&T		101.5		117.5	219.0
S	West Suffolk AC & St. Edmunds Pacers ©	WS&SEP		37.7		102.1	139.8
R	Ryston Runners	Ryston		29.1		70.7	99.8

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	City of Norwich AC	326.6				326.6	
2	Cambridge & Coleridge AC	241.5	1.0			241.5	1.0
3	Ipswich Harriers/Colchester & Tendring ©	219.0	2.0			219.0	2.0
4	West Suffolk AC & St. Edmunds Pacers ©	139.8	3.0			139.8	3.0
5	Ryston Runners	99.8	4.0			99.8	4.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	37
REMAINING	-

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021
100m Men A

Posn	No.	Athlete	Club	Perf
1	N	Louis ALBROW (U20)	Norwich	11.30
2	I	Taye MCLAUGHLIN (U20)	Ipsw/C&T	11.70
3	C	Thomas ABBOTT (U17)	Cam & C	11.70
4	R	Liam CLARE (U17)	Ryston	12.10
5	S	Ben PRIOR	WS&SEP	13.30
6				

Wind

100m Men B

Posn	No.	Athlete	Club	Perf
1	II	Tersharn SMITH	Ipsw/C&T	11.60
2	NN	Jack HAMMENT-RUSSELL (U20)	Norwich	12.00
3	CC	Sebastien PHILO (U20)	Cam & C	12.10
4				
5				
6				

Wind

200m Men A

Posn	No.	Athlete	Club	Perf
1	N	Louis ALBROW (U20)	Norwich	23.20
2	C	Hamza KOYA	Cam & C	24.10
3	I	Taye MCLAUGHLIN (U20)	Ipsw/C&T	24.20
4				
5				
6				

Wind

200m Men B

Posn	No.	Athlete	Club	Perf
1	II	Aaron EDWARDS (U20)	Ipsw/C&T	24.40
2	NN	William SCATES (U17)	Norwich	24.50
3	CC	Sebastien PHILO (U20)	Cam & C	24.60
4				
5				
6				

Wind

B

400m Men A

Posn	No.	Athlete	Club	Perf
1	I	Cameron BAILEY	Ipsw/C&T	48.90
2	N	Tyler BILYARD	Norwich	52.20
3	C	Alexander LIONE	Cam & C	52.70
4	S	Josh CLARK (U17)	WS&SEP	61.40
5				
6				

400m Men B

Posn	No.	Athlete	Club	Perf
1	II	William BOWKER (U20)	Ipsw/C&T	53.10
2	NN	William SCATES (U17)	Norwich	53.80
3				
4				
5				
6				

800m Men A

Posn	No.	Athlete	Club	Perf
1	C	Hugo PACKMAN (U20)	Cam & C	01:57.80
2	N	Henry JONAS (U17)	Norwich	02:00.70
3	I	Frederick ADAMS (U20)	Ipsw/C&T	02:07.10
4	R	Rob SIMMONDS	Ryston	02:16.50
5				
6				

800m Men B

Posn	No.	Athlete	Club	Perf
1	CC	Callum MOLLOY (U20)	Cam & C	01:59.80
2	NN	Danny ADAMS (U20)	Norwich	02:05.70
3	II	Nathan LAUD	Ipsw/C&T	02:07.50
4				
5				
6				

1500m Men A

Posn	No.	Athlete	Club	Perf
1	N	Tyler BILYARD	Norwich	04:00.80
2	C	Oliver PARK	Cam & C	04:00.80
3	I	Nathan LAUD	Ipsw/C&T	04:43.40
4	R	Chris BALMER	Ryston	04:48.90
5				
6				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	NN	Scott GREEVES	Norwich	04:01.80
2	CC	Lewis BUCHALLET (U17)	Cam & C	04:30.30
3	II	Finn RATTRAY (U17)	Ipsw/C&T	05:00.70
4				
5				
6				

3000m Men A

Posn	No.	Athlete	Club	Perf
1	N	Gary CRUSH	Norwich	09:03.50

Wind

REC

3000m Men B

Posn	No.	Athlete	Club	Perf
1	NN	Innes O'MALLEY (U17)	Norwich	09:46.30

Wind

B

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021

2	I	Sam BURKITT (U20)	Ipsw/C&T	09:08.50	651	2	RR	Chris BALMER	Ryston	10:04.30	405
3	S	James PRESTON	WS&SEP	09:18.10	605	3	CC	Peter THOMPSON	Cam & C	10:51.50	245
4	R	Andy SIMMONDS	Ryston	09:57.60	432	4					
5	C	Daniel ZAILER FLETCHER (I	Cam & C	10:38.50	285	5					
6						6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	I	Matthew HOULDEN	Ipsw/C&T	16.70	641
2					
3					
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	I	Matthew HOULDEN	Ipsw/C&T	60.70	621
2	S	Luca PRIOR (U20)	WS&SEP	64.90	502
3					
4					
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	II	Teddy NTULI (U20)	Ipsw/C&T	67.20	441
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/20213000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	RR	Rob SIMMONDS	Ryston	11:05.20
2				
3				
4				
5				
6				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	R	Andy SIMMONDS	Ryston	11:26.50
2				
3				
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	N	Scott LEEDER (U20)	Norwich	6.59
2	CC	Curtis WOOD	Cam & C	6.30
3	RR	Liam CLARE (U17)	Ryston	5.48
4	S	Jack RICHARDS	WS&SEP	5.37
5	I	Teddy NTULI (U20)	Ipsw/C&T	5.16
6				

A Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	NN	Nathan PROTHEROE	Norwich	6.36
2	R	Gareth HUNT	Ryston	5.47
3	C	Thomas HUFFORD (U20)	Cam & C	5.44
4	SS	Luca PRIOR (U20)	WS&SEP	4.90
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	C	Curtis WOOD	Cam & C	1.88
2	R	Gareth HUNT	Ryston	1.63
3	N	Jack HAMMENT-RUSSELL (I)	Norwich	1.58
4	S	Ben PRIOR	WS&SEP	1.53
5				
6				

A High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	CC	Ben MARSHALL (U20)	Cam & C	1.83
2	RR	Rob SIMMONDS	Ryston	1.58
3	NN	Ryan WOOD (U17)	Norwich	1.48
4	SS	Oskar PRIOR (U20)	WS&SEP	1.28
5				
6				

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	I	Teddy NTULI (U20)	Ipsw/C&T	12.48
2	NN	Scott LEEDER (U20)	Norwich	12.17
3	S	Jack RICHARDS	WS&SEP	11.55
4	R	Gareth HUNT	Ryston	9.48
5				
6				

A Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	N	Ryan WOOD (U17)	Norwich	11.39
2	II	Alexander VAN DER PLUYM (I)	Ipsw/C&T	10.76
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	98		No Compete	
2				
3				
4				
5				
6				

A Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	C	Kristiaan WINKEL (U20)	Cam & C	12.81
2	S	Chris KENT	WS&SEP	11.53
3	RR	Gavin BUFFHAM	Ryston	10.17
4	I	Oscar HUNT	Ipsw/C&T	9.55
5	N	Michael LANGLEY (U20)	Norwich	8.31
6				

A Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	R	Daniel YELLOP	Ryston	9.76	562
2	SS	Matt JONES (U20)	WS&SEP	9.59	549
3	NN	William SCATES (U17)	Norwich	5.87	184
4					
5					
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	C	Kristiaan WINKEL (U20)	Cam & C	42.55
2	I	Alexander VAN DER PLUYM	Ipsw/C&T	30.64
3	R	Andy SIMMONDS	Ryston	27.39
4	S	Chris KENT	WS&SEP	25.68
5	N	Scott LEEDER (U20)	Norwich	19.78
6				

A Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	RR	Miles HOVELL (U17)	Ryston	23.19	453
2	CC	Stuart DUNLOP	Cam & C	20.18	383
3	SS	Matt JONES (U20)	WS&SEP	19.70	371
4					
5					
6					

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	I	Joe BLOOMFIELD	Ipsw/C&T	64.09
2	RR	Gavin BUFFHAM	Ryston	37.17
3	S	Chris KENT	WS&SEP	29.42
4				
5				
6				

A Hammer Men B

Posn	Bib	Athlete	Club	Perf	
1	R	Andy SIMMONDS	Ryston	32.23	611
2					
3					
4					
5					
6					

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	S	Matt JONES (U20)	WS&SEP	53.38
2	R	Rob SIMMONDS	Ryston	42.81
3	C	Kristiaan WINKEL (U20)	Cam & C	42.49
4	I	Teddy NTULI (U20)	Ipsw/C&T	35.81
5	NN	Jake HART (U20)	Norwich	26.09
6				

A Javelin Men B

Posn	Bib	Athlete	Club	Perf	
1	RR	Miles HOVELL (U17)	Ryston	31.56	486
2	SS	Chris KENT	WS&SEP	31.38	483
3	CC	Leo WILLIAMS (U17)	Cam & C	26.12	396
4	N	Michael LANGLEY (U20)	Norwich	23.92	357
5	II	Simon COLLETT	Ipsw/C&T	17.20	224
6					

4 x 100m Men A

Posn	No.	Club	Runners	Perf	
1	N	Norwich	Louis ALBROW (U20) William SCATES (U17) Michael LANGLEY (U20) Scott LEEDER	46.90	347

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021

2	C	Cam & C	Dominic MILBOURN Sebastien PHILO (U20) Hamza KOYA Chung TU	46.90	347
3					
4					
5					
6					

4 x 400m MixedB A

Posn	No.	Club	Runners	Perf	
1	N	Norwich	Aaron ROBERTS (U17) Scott GREEVES	04:09.10	452
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021100m Women A

Posn	No.	Athlete	Club	Perf
1	N	Serena GRACE (U20)	Norwich	12.30
2	C	Finlay MARRIOTT	Cam & C	12.70
3	I	Chantelle KILPATRICK	Ipsw/C&T	12.80
4				
5				
6				

100m Women B

Posn	No.	Athlete	Club	Perf
1	NN	Eleanor FRANKLAND	Norwich	13.00
2	CC	Maya VANDERMARK (U20)	Cam & C	13.50
3	II	Holly SCOTT (U20)	Ipsw/C&T	13.80
4				
5				
6				

200m Women A

Posn	No.	Athlete	Club	Perf
1	N	Serena GRACE (U20)	Norwich	25.50
2	I	Ruth WESTLAND (U17)	Ipsw/C&T	28.00
3	C	Holly ANDERSON	Cam & C	28.60
4				
5				
6				

200m Women B

Posn	No.	Athlete	Club	Perf
1	CC	Maya VANDERMARK (U20)	Cam & C	29.00
2	II	Holly SCOTT (U20)	Ipsw/C&T	29.30
3	NN	Grace FORSTER (U20)	Norwich	29.30
4				
5				
6				

400m Women A

Posn	No.	Athlete	Club	Perf
1	S	Eliza HAYDEN (U20)	WS&SEP	61.00
2	N	Grace FORSTER (U20)	Norwich	61.60
3	II	Christy FRASER	Ipsw/C&T	75.50
4				
5				
6				

400m Women B

Posn	No.	Athlete	Club	Perf
1	NN	Hannah PAIN (U17)	Norwich	62.00
2				
3				
4				
5				
6				

800m Women A

Posn	No.	Athlete	Club	Perf
1	N	Madeleine SHORT (U20)	Norwich	02:19.00
2	S	Eliza HAYDEN (U20)	WS&SEP	02:24.20
3	C	Leila QUERNS (U20)	Cam & C	02:28.90
4				
5				
6				

800m Women B

Posn	No.	Athlete	Club	Perf
1	NN	Meredith WINSHIP	Norwich	02:28.30
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/20211500m Women A

Posn	No.	Athlete	Club	Perf
1	S	Rebecca MORLEY (U20)	WS&SEP	05:18.40
2	N	Memphis SYMONDS (U17)	Norwich	05:21.30
3				
4				
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	NN	Sara HENDERSON	Norwich	06:25.20
2				
3				
4				
5				
6				

5000m Women A

Posn	No.	Athlete	Club	Perf
1	N	Grace BUCHANAN (U20)	Norwich	19:18.80
2				
3				
4				
5				
6				

5000m Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	C Finlay MARRIOTT	Cam & C	15.00	
2	N Sara HENDERSON	Norwich	17.80	
3	I Joella-joleigh COLE (U17)	Ipsw/C&T	20.00	
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	NN	Maria SOLINAS	Norwich	19.80	
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	NN	Sophie PEACH (U20)	Norwich	79.80
2				
3				
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	N	Maria SOLINAS	Norwich	80.00
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/20211500m S/Chase Women A

REC

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf		Posn	No.	Athlete	Club	Perf
1	N	Sophie PEACH (U20)	Norwich	05:37.30	663	1				
2	S	Sophie ALLEN (U17)	WS&SEP	06:27.50	455	2				
3						3				
4						4				
5						5				
6						6				

High Jump Women A

A

High Jump Women B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	I	Katy SEALY	Ipsw/C&T	1.58	738	1	NN	Rose FAIRHURST (U17)	Norwich	1.33	465
2	C	Amelia SMITH (U17)	Cam & C	1.48	629	2	CC	Mia RUTHERFORD (U20)	Cam & C	1.33	465
3	N	Hannah PAIN (U17)	Norwich	1.48	629	3					
4						4					
5						5					
6						6					

Long Jump Women A

A

Long Jump Women B

Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	N	Eleanor FRANKLAND	Norwich	5.15	694	1	NN	Sara HENDERSON	Norwich	4.81	617
2	I	Chantelle KILPATRICK	Ipsw/C&T	4.96	651	2	CC	Carmen OMITOWOJU (U20)	Cam & C	4.37	518
3	C	Stacy MCGIVERN	Cam & C	4.67	585	3	II	Joella-joleigh COLE (U17)	Ipsw/C&T	4.22	484
4	S	Moraine PEPPER	WS&SEP	3.99	433	4					
5						5					
6						6					

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	C	Holly FIELD (U20)	Cam & C	10.01
2	I	Charlie MOORE (U20)	Ipsw/C&T	9.81
3	N	Sara HENDERSON	Norwich	9.77
4				
5				
6				

A Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	NN	Rose FAIRHURST (U17)	Norwich	8.82	482
2	II	Christa UGORJI (U17)	Ipsw/C&T	8.56	453
3					
4					
5					
6					

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	N	Hannah PAIN (U17)	Norwich	2.55
2				
3				
4				
5				
6				

A Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	I	Katy SEALY	Ipsw/C&T	10.85
2	N	Ellen CUNNINGHAM (U20)	Norwich	10.78
3	S	Debbie CASTLE	WS&SEP	9.37
4	C	Sarah MCGRATH	Cam & C	9.14
5				
6				

A Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	NN	Gemma VICKERY	Norwich	8.25	592
2	CC	Neve PALMER	Cam & C	8.00	572
3	II	Carey HOLLICK	Ipsw/C&T	7.20	505
4					
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	N	Megan THOMAS	Norwich	30.31
2	S	Debbie CASTLE	WS&SEP	29.71
3	C	Anne MOINDROT	Cam & C	27.01
4	I	Carey HOLLICK	Ipsw/C&T	21.12
5				
6				

A Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	NN	Gemma VICKERY	Norwich	27.08	680
2	CC	Sarah MCGRATH	Cam & C	25.53	653
3	II	Kirsten WRIGHT (U17)	Ipsw/C&T	18.49	509
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	N	Gemma VICKERY	Norwich	49.46
2	S	Debbie CASTLE	WS&SEP	30.12
3	C	Sarah MCGRATH	Cam & C	25.62
4	II	Kirsten WRIGHT (U17)	Ipsw/C&T	19.15
5				
6				

A Hammer Women B

Posn	Bib	Athlete	Club	Perf	
1	NN	Megan THOMAS	Norwich	32.47	643
2	CC	Neve PALMER	Cam & C	22.94	502
3	I	Carey HOLLICK	Ipsw/C&T	16.95	395
4					
5					
6					

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	SS	Alana WILSON	WS&SEP	33.99
2	C	Neve PALMER	Cam & C	32.79
3	I	Lily HEARD (U17)	Ipsw/C&T	24.55
4	NN	Megan THOMAS	Norwich	22.49
5				
6				

A Javelin Women B

Posn	Bib	Athlete	Club	Perf	
1	S	Debbie CASTLE	WS&SEP	31.91	759
2	CC	Sarah MCGRATH	Cam & C	21.39	578
3	N	Sara HENDERSON	Norwich	17.38	493
4	II	Carey HOLLICK	Ipsw/C&T	15.64	451
5					
6					

4 x 100m Women A

Posn	No.	Club	Runners	Perf	
1	N	Norwich	Serena GRACE (U20) Eleanor FRANKLAND Mica CARUS (U20) Hannah PAIN (U17)	50.80	608
2	C	Cam & C	Holly ANDERSON Finlay MARRIOTT Maya VANDERMARK (U20) Jessica FOX	51.60	567
3					
4					
5					
6					

4 x 400m MixedA A

Posn	No.	Club	Runners	Perf	
1	N	Norwich	Madeleine SHORT (U20) Grace FORSTER (U20)	03:55.20	640
2	C	Cam & C	Jessica FOX Stacy MCGIVERN	04:00.10	570
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021

NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	287	Hamza KOYA	Senior men	Cam & C	12.0	
2	196	Dominic MILBOURN	Senior Men	Cam & C	12.5	
3	199	Tom BERRY	Senior Men	Cam & C	12.6	
4	29	Simon COLLETT	Senior Men	Ips	13.7	
5	102	Ben READ	Senior Men	Norwich	13.8	
6						
7						
8						

100m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	186	Jessica FOX	Senior Women	Cam & C	13.2	
2	76	Mica CARUS	U20 Women	Norwich	13.6	
3	188	Holly ANDERSON	U17 Woman	Cam & C	13.7	
4	1	Joella-joleigh COLE	U17 Women	C&T	14.1	
5	187	Jamie HOOPER	Senior Women	Cam & C	15.2	
6						
7						
8						

100m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	33	Aaron EDWARDS	U20 Men	Ips	11.9	
2	43	Oscar HUNT	U23 Men	Ips	12.1	
3	194	Chung TU	Senior Men	Cam & C	12.4	
4	20	Jose CANDEIAS	U20 Men	C&T	13.6	
5						
6						
7						
8						

100m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	194	Chung TU	Senior Men	Cam & C	25.4	
2	54	Daniel SCURRELL	Senior Men	Ips	25.7	
3	20	Jose CANDEIAS	U20 Men	C&T	28.6	
4	102	Ben READ	Senior Men	Norwich	29.4	
5	29	Simon COLLETT	Senior Men	Ips	29.5	
6						
7						
8						

200m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	192	Finlay MARRIOTT	Senior Women	Cam & C	26.6	
2	187	Jamie HOOPER	Senior Women	Cam & C	31.7	
3						
4						
5						
6						
7						
8						

200m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	18	William BOWKER	U20 Men	Ips	24.6	
2	196	Dominic MILBOURN	Senior Men	Cam & C	25.5	
3	123	Ryan WOOD	U17 Men	Norwich	26.3	
4	195	Stephen VANDERMARK	Senior Men	Cam & C	30.4	
5						
6						
7						
8						

200m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

400m Men**400m Women**

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021

Posn	Bib	Athlete	Age Group	Club	Perf	Posn	Bib	Athlete	Age Group	Club	Perf
1	114	Michael LANGLEY	U20 Men	Norwich	53.6	1	77	Georgia PEGG	U17 Women	Norwich	65.0
2	54	Daniel SCURRELL	Senior Men	Ips	55.6	2					
3	14	Lee BOWKER	Senior Men	Ips	59.4	3					
4	126	Russell HOPKINS	U20 Men	Norwich	59.9	4					
5	19	Ben BOWKER	U17 Men	Ips	61.4	5					
6						6					
7						7					
8						8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	197	Brad KEAY	U17 Men	Cam & C	2.03.6
2	161	Jake HART	U20 Men	Norwich	2.06.3
3					
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	171	Will SIMM	U20 Men	Norwich	4.07.6
2	168	Aaron ROBERTS	U17 Men	Norwich	4.18.8
3	170	Jacob OCAL	U23 Men	Norwich	4.19.6
4	286	Michael BUCHALLET	U20 Men	Cam & C	4.52.1
5					
6					
7					
8					

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

3000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	288	Toby LEGH-HAYTON	U20 Men	Ryston	10.37.9
2					
3					
4					
5					
6					
7					
8					
9					
10					

3000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

100m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

S/Chase Men

Posn	Bib	Athlete	Age Group	Club	Perf

S/Chase Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021

1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8

Hammer Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	291	Daniel YELLOP	Senior Men	Ryston	28.60
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	191	Anne MOINDROT	Senior Women	Cam & C	7.86
2	290	Stacy MCGIVERN	Senior Women	Cam & C	7.63
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

SOUTHERN ATHLETICS LEAGUE East Anglia CAMBRIDGE UNIVERSITY ATHLETICS TRACK

11/07/2021

1	195	Stephen VANDERMARK	Senior Men	Cam & C	3.93	1.2	1	99	Rose FAIRHURST	U17 Women	Norwich	4.23
2							2					
3							3					
4							4					
5							5					
6							6					

Triple Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

Triple Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	100	Amy MOSES	U17 Women	Norwich	8.80	
2						
3						
4						
5						
6						

High Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	195	Stephen VANDERMARK	Senior Men	Cam & C	1.53
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	100	Amy MOSES	U17 Women	Norwich	1.23
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					