

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	North East London	
MATCH	1	
VENUE	LEE VALLEY ATHLETICS CENTRE - OUTDOOR	
P/FINISH	YES	1

Date Sunday, June 20 2021

Venue LEE VALLEY ATHLETICS CENTRE - OUTDOOR

Host Club Enfield & Haringey AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
E	Enfield & Haringey AC	E&H		107.6	6.8	132.5	246.9
D	Barnet & District AC	Barnet		97.9	2.0	73.5	173.4
O	Orion Harriers	Orion		117.0	14.7	71.3	203.0
L	London Heathside Runners AC	LonHeath		160.1	18.0	102.1	280.2
V	Victoria Park H & Tower Hamlets AC	VP&TH		143.9	16.9	63.6	224.4

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	London Heathside Runners AC	280.2				280.2	
2	Enfield & Haringey AC	246.9	1.0			246.9	1.0
3	Victoria Park H & Tower Hamlets AC	224.4	2.0			224.4	2.0
4	Orion Harriers	203.0	3.0			203.0	3.0
5	Barnet & District AC	173.4	4.0			173.4	4.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
 OUTDOOR

20/06/2021

<u>100m Men A</u>				Wind		+1.1		<u>100m Men B</u>				Wind		+0.6											
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf						
1	V	William ANDOH	VP&TH	10.70	1	LL	Leon SEALE (U20)	LonHeath	10.97	1	EE	Alex BRAMBLE (U20)	E&H	11.36	2	VV	Ashley OLUBANJO	VP&TH	11.41						
2	L	Cian O'DONNELL	LonHeath	10.86	2	EE	Alex BRAMBLE (U20)	E&H	11.36	3	OO	William WILSHERE (U20)	Orion	11.42	4	DD	Sean SUTHERLAND	Barnet	12.44	5	DD	Sean SUTHERLAND	Barnet	12.44	
3	O	Myles KELLY-HYATT	E&H	11.16	3	VV	Ashley OLUBANJO	VP&TH	11.41	5	DD	Sean SUTHERLAND	Barnet	12.44	6						6				
4	E	Joseph NASH (U17)	Orion	11.25	4	OO	William WILSHERE (U20)	Orion	11.42	6											6				
5	D	Joshua BRUCK (U17)	Barnet	12.27	5	DD	Sean SUTHERLAND	Barnet	12.44																
6																									

<u>200m Men A</u>				Wind		01.50		<u>200m Men B</u>				Wind		01.40					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	V	William ANDOH	VP&TH	21.50	1	EE	Alex BRAMBLE (U20)	E&H	22.86	1	EE	Alex BRAMBLE (U20)	E&H	22.86	2	VV	David HENDERSON	VP&TH	22.90
2	L	Cian O'DONNELL	LonHeath	21.85	2	VV	David HENDERSON	VP&TH	22.90	3	OO	Jevontee GALLOWAY (U20)	Orion	24.07	3	OO	Jevontee GALLOWAY (U20)	Orion	24.07
3	O	Myles KELLY-HYATT	Orion	22.21	3	OO	Jevontee GALLOWAY (U20)	Orion	24.07	4	DD	Sean SUTHERLAND	Barnet	25.83	4	DD	Sean SUTHERLAND	Barnet	25.83
4	E	Joseph NASH (U17)	E&H	22.52	4	DD	Sean SUTHERLAND	Barnet	25.83	5					5				
5	D	Joshua BRUCK (U17)	Barnet	25.30	5					6					6				
6					6														

<u>400m Men A</u>				Club		Perf		<u>400m Men B</u>				Club		Perf					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	E	Will FARNDALE (U20)	E&H	50.02	1	OO	Jordan CHRISOSTOMOU	Orion	55.31	1	OO	Jordan CHRISOSTOMOU	Orion	55.31	2	EE	Mike VASSILIOU	E&H	59.88
2	VV	Kelechi OKORIE	VP&TH	50.64	2	EE	Mike VASSILIOU	E&H	59.88	3	V	Presley OWOBU	VP&TH	62.30	3	V	Presley OWOBU	VP&TH	62.30
3	O	Hanif HENRY	Orion	51.25	3	V	Presley OWOBU	VP&TH	62.30	4	D	Kevin VALAYDON	Barnet	65.18	4	D	Kevin VALAYDON	Barnet	65.18
4	L	Charles SCATES	LonHeath	53.05	4	D	Kevin VALAYDON	Barnet	65.18	5					5				
5	DD	Sean SUTHERLAND	Barnet	57.38	5					6					6				
6					6														

<u>800m Men A</u>				Club		Perf		<u>800m Men B</u>				Club		Perf					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	E	Semi MOKENEN (U20)	E&H	02:00.25	1	OO	Steve BENNETT	Orion	02:14.60	1	OO	Steve BENNETT	Orion	02:14.60	2	DD	Noah CLARKE (U17)	Barnet	02:18.72
2	V	Yousif NOOR (U20)	VP&TH	02:01.30	2	DD	Noah CLARKE (U17)	Barnet	02:18.72	3	VV	Andy WATERMAN	VP&TH	02:25.91	3	VV	Andy WATERMAN	VP&TH	02:25.91
3	L	Joseph COCHRANE	LonHeath	02:01.68	3	VV	Andy WATERMAN	VP&TH	02:25.91	4					4				
4	O	Thomas GRIMES	Orion	02:12.58	4					5					5				
5	D	Will MORRIS	Barnet	02:16.76	5					6					6				
6					6														

<u>1500m Men A</u>				Club		Perf		<u>1500m Men B</u>				Club		Perf					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	O	Joseph OWEN	Orion	03:57.96	1	L	James WOOLDRIDGE	LonHeath	04:14.95	1	L	James WOOLDRIDGE	LonHeath	04:14.95	2	OO	Arthur ANSELL (U17)	Orion	04:31.21
2	LL	Seyfu JAMAAL	LonHeath	03:59.40	2	OO	Arthur ANSELL (U17)	Orion	04:31.21	3	DD	Grant RAMSAY	Barnet	04:44.18	3	DD	Grant RAMSAY	Barnet	04:44.18
3	D	Chris PRICE	Barnet	04:20.05	3	DD	Grant RAMSAY	Barnet	04:44.18	4	VV	Tom FYFFE	VP&TH	4:47.06	4	VV	Tom FYFFE	VP&TH	4:47.06
4	V	Joe WALKER	VP&TH	04:26.32	4	VV	Tom FYFFE	VP&TH	4:47.06	5					5				
5					5					6					6				
6					6														

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
 OUTDOOR
20/06/20215000m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	Jem O'FLAHERTY	LonHeath	15:29.77	
2	O	George DAY	Orion	15:33.03	
3	V	Steve HOBBS	VP&TH	15:40.58	
4	E	Thomas CURSLEY	E&H	16:29.25	
5	D	Jonney YEATES	Barnet	17:04.28	
6					

5000m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	George GURNEY	LonHeath	15:32.62	
2	VV	Joe DALE	VP&TH	16:34.24	
3	OO	Patrick BROWN	Orion	17:26.03	
4	DD	Will MORRIS	Barnet	17:44.62	
5					
6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	Wind
					+1.2
1	L	Israel NWORGU	LonHeath	17.41	
2	V	David SHORTRIDGE	VP&TH	23.71	
3					
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	Israel NWORGU	LonHeath	67.95	
2	V	David SHORTRIDGE	VP&TH	79.86	
3	D	Milan BALAZ	Barnet	115.50	
4					
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
 OUTDOOR
20/06/20212000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	O	Thomas GRIMES	Orion	06:58.55
2	VV	James FOLEY	VP&TH	07:00.35
3	LL	Matt FIELD	LonHeath	07:00.86
4	D	Grant RAMSAY	Barnet	07:25.65
5				
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	DD	Callum SYDENHAM (U17)	Barnet	07:37.11
2	V	Tony MCDOWELL	VP&TH	07:51.09
3	L	Tony KILLILEA	LonHeath	07:52.11
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	L	Carlos MINGOES	LonHeath	6.14
2	V	Shaquille EUSEBE	VP&TH	5.33
3	DD	Callum SYDENHAM (U17)	Barnet	4.80
4	OO	Chris SCOTT	Orion	4.11
5				
6				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	LL	Mark LAWRENCE	LonHeath	5.70
2	D	Kevin VALAYDON	Barnet	3.71
3	O	Steve BENNETT	Orion	2.86
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	V	David BAZUAYE	VP&TH	1.90
2	E	Malakai WATSON (U17)	E&H	1.50
3	O	Thomas GRIMES	Orion	1.35
4				
5				
6				

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	LL	Mark LAWRENCE	LonHeath	11.37
2	D	Callum SYDENHAM (U17)	Barnet	10.23
3	O	Jordan CHRISOSTOMOU	Orion	9.01
4				
5				
6				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	DD		Barnet	6.11
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
 OUTDOOR
20/06/2021Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	E	Glen MORRIS (U17)	E&H	4.00
2	VV	Shaun SLATOR	VP&TH	2.50
3	O	Patrick BROWN	Orion	1.20
4				
5				
6				

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	V	Baddar ECHAKHCH	VP&TH	2.50
2	EE	Theo BAKER (U17)	E&H	2.50
3				
4				
5				
6				

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	E	Lucas ZAMBRZYCKI	E&H	11.98
2	V	Baddar ECHAKHCH	VP&TH	9.48
3	LL	Mark LAWRENCE	LonHeath	9.28
4	O	Hanif HENRY	Orion	8.01
5	D	Patrick REYNOLDS	Barnet	6.03
6				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	EE	Piotr MIKOLAJCZAK	E&H	11.65
2	L	Joel HAWES	LonHeath	7.67
3	OO	Steve BENNETT	Orion	6.40
4	DD	Rob MACK	Barnet	5.47
5				
6				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	E	Lucas ZAMBRZYCKI	E&H	31.50
2	V	Baddar ECHAKHCH	VP&TH	30.52
3	LL	Mark LAWRENCE	LonHeath	30.18
4	OO	Chris SCOTT	Orion	19.62
5	DD	Rob MACK	Barnet	15.93
6				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	L	Joel HAWES	LonHeath	29.86
2	EE	Piotr MIKOLAJCZAK	E&H	20.81
3	O	Steve BENNETT	Orion	14.60
4	D	Patrick REYNOLDS	Barnet	14.58
5				
6				

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	VV	Baddar ECHAKHCH	VP&TH	35.78
2	L	Joel HAWES	LonHeath	27.14
3	E	Sam MOYLAN	E&H	21.14
4	D	Patrick REYNOLDS	Barnet	18.14
5	OO	Chris SCOTT	Orion	12.58
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	V	Wesley CLARKE	VP&TH	31.08
2	DD	Rob MACK	Barnet	15.66
3	O	Steve BENNETT	Orion	9.90
4				
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	V	Baddar ECHAKHCH	VP&TH	49.61
2	LL	Seyfu JAMAAL	LonHeath	37.73
3	E	Lucas ZAMBRZYCKI	E&H	37.03
4	OO	Chris SCOTT	Orion	29.50
5	DD	Rob MACK	Barnet	16.86
6				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	L	Joel HAWES	LonHeath	31.20
2	VV	Shaun SLATOR	VP&TH	27.72
3	O	Steve BENNETT	Orion	22.84
4	EE	Sam MOYLAN	E&H	21.20
5	D	Patrick REYNOLDS	Barnet	13.27
6				

**SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
OUTDOOR****20/06/2021****4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	L	LonHeath	Leon SEALE (U20) Cian O'DONNELL Asha OSEI Carlos MINGOES	43.17
2	V	VP&TH		43.90
3	O	Orion	William WILSHERE (U20) Myles KELLY-HYATT Jevontee GALLOWAY (U20) Hanif H	45.15
4	D	Barnet		55.29
5				
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	O	Orion	Joseph OWEN Jordan CHRISOSTOMOU Myles KELLY-HYATT Hanif HENRY	
2	L	LonHeath	Charles SCATES Joseph COCHRANE Vladimir WOODHAM-SMITH James WOOLDRIF	
3	D	Barnet		
4				
5				
6				

**SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
OUTDOOR**
20/06/2021

<u>100m Women A</u>				Wind	+0.7	<u>100m Women B</u>				Wind	+0.6
Posn	No.	Athlete	Club	Perf			Posn	No.	Athlete	Club	Perf
1	EE	Alicia REGIS	E&H	12.15			1	E	Elise MODESTE	E&H	12.18
2	V	Michelvi WAMBA (U17)	VP&TH	12.70			2	VV	Mary IGBINOSA-IGHILE	VP&TH	13.68
3	L	Taysia THORBOURNE (U20)	LonHeath	13.27			3	LL	Avè-maria OFORMA (U17)	LonHeath	13.97
4	D	Florence HUMPHREY (U17)	Barnet	14.14			4	DD	Eleanor HUMPHREY (U20)	Barnet	15.44
5							5				
6							6				
<u>200m Women A</u>				Wind	01.50	<u>200m Women B</u>				Wind	01.60
Posn	No.	Athlete	Club	Perf			Posn	No.	Athlete	Club	Perf
1	EE	Alicia REGIS	E&H	24.49			1	E	Elise MODESTE	E&H	25.62
2	V	Michelvi WAMBA (U17)	VP&TH	25.60			2	OO	Becky RICHARDS (U20)	Orion	27.44
3	L	Alice KAYE	LonHeath	25.72			3	DD	Emma MCCLUSKEY (U17)	Barnet	28.53
4	O	Emily SHARPE	Orion	26.66			4	VV	Mary IGBINOSA-IGHILE	VP&TH	28.72
5	D	Charlotte HARRIS (U17)	Barnet	27.78			5	LL	Olivia HUNT	LonHeath	32.94
6							6				
<u>400m Women A</u>						<u>400m Women B</u>					
Posn	No.	Athlete	Club	Perf			Posn	No.	Athlete	Club	Perf
1	L	Alice KAYE	LonHeath	58.03			1	VV	Holly FIELDER	VP&TH	59.78
2	V	Alice HUNTER	VP&TH	59.70			2	DD	Emma MCLUSKEY (U17)	Barnet	63.24
3	D	Charlotte HARRIS (U17)	Barnet	61.48			3	LL	Katherina BRADSHAW	LonHeath	71.70
4	O	Emily SHARPE	Orion	63.44			4				
5	EE	Mia WRIGHT (U20)	E&H	64.80			5				
6							6				
<u>800m Women A</u>						<u>800m Women B</u>					
Posn	No.	Athlete	Club	Perf			Posn	No.	Athlete	Club	Perf
1	L	Brogan WALLACE	LonHeath	02:17.14			1	VV	Emily ROBINSON	VP&TH	02:28.66
2	V	Laura HILLYARD	VP&TH	02:18.30			2	LL	Jennifer WING	LonHeath	02:36.44
3	D	Charlotte HARRIS (U17)	Barnet	02:28.32			3	DD	Taisiia SONMEZ (U17)	Barnet	02:45.44
4	O	Dearbhia MCFADDEN	Orion	02:48.80			4				
5							5				
6							6				

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
 OUTDOOR
20/06/20211500m Women A

Posn	No.	Athlete	Club	Perf
1	L	Brogan WALLACE	LonHeath	04:46.63
2	D	Emma MCCLUSKEY (U17)	Barnet	05:11.90
3	O	Sydney TAYLOR	Orion	05:15.30
4				
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	LL	Lily WOOLCOCK	LonHeath	04:53.84
2	OO	Dearbhia MCFADDEN	Orion	05:16.70
3	DD	Charlotte HARRIS (U17)	Barnet	06:28.10
4				
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	V	Laura KAYE	VP&TH	10:12.38
2	L	Evangelista DIVETAIN	LonHeath	10:17.02
3	O	Sophie MAGSON (U20)	Orion	10:18.02
4				
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	OO	Anna LOUIS	Orion	11:25.65
2	VV	Sinead BORLAND	VP&TH	11:40.90
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	E Emily KNIGHT (U20)	E&H	15.66	+0.8
2	EE Grace IYINBOR (U20)	E&H	16.16	
3	L Genevieve WESTON	LonHeath	22.76	
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	E	Lauren MACEY	E&H	70.38
2	L	Genevieve WESTON	LonHeath	83.53
3	D	Anna MURRAY	Barnet	108.63
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	LL	Kimberli BUTLER	LonHeath	108.63
2				
3				
4				
5				
6				

**SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
OUTDOOR**
20/06/2021**2000m S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	LL	Genevieve WESTON	LonHeath	08:09.50
2	V	Emily ROBINSON	VP&TH	08:14.31
3	D	Annabelle LEE	Barnet	10:09.93
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	L	Jennifer WING	LonHeath	08:35.11
2				
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	L	Jennifer WING	LonHeath	1.25
2	O	Katie INCH	Orion	1.20
3	D	Anna MURRAY	Barnet	1.05
4				
5				
6				

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	LL	Lily WOOLCOCK	LonHeath	1.15
2				
3				
4				
5				
6				

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	E	Nicole PARCELL	E&H	5.17
2	L	Cat SHIN	LonHeath	4.87
3	DD	Eleanor HUMPHREY (U20)	Barnet	3.88
4	OO	Katie INCH	Orion	3.52
5				
6				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	LL	Avè-maria OFORMA (U17)	LonHeath	3.93
2	D	Florence HUMPHREY (U17)	Barnet	3.69
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
 OUTDOOR
20/06/2021Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	E	Nicole PARCELL	E&H	10.06
2	OO	Becky RICHARDS (U20)	Orion	9.56
3	VV	Jannelle AFRAM (U20)	VP&TH	8.38
4	D	Anna MURRAY	Barnet	5.47
5				
6				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	EE	Mia WRIGHT (U20)	E&H	9.39
2	O	Katie INCH	Orion	8.02
3				
4				
5				
6				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	E	Ciara MARTIN (U20)	E&H	2.90
2	O	Joelle EWEN	Orion	1.20
3				
4				
5				
6				

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	EE	Jenny SHEASBY	E&H	2.80
2				
3				
4				
5				
6				

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	EE	Kamelia BAYMAKOVA (U20)	E&H	12.25
2	L	Cat SHIN	LonHeath	8.35
3	DD	Anneli SYDENHAM	Barnet	6.14
4	O	Katie INCH	Orion	5.98
5	V	Charlotte MALING	VP&TH	5.50
6				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	E	Melanie HARRISON	E&H	9.80
2	LL	Helene KEHOE	LonHeath	6.53
3	D	Pam DAVENPORT	Barnet	5.88
4	OO	Joelle EWEN	Orion	5.70
5				
6				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	E	Melanie HARRISON	E&H	35.78
2	DD	Anneli SYDENHAM	Barnet	18.34
3	LL	Maria fiorella BRANCATO	LonHeath	14.74
4	O	Katie INCH	Orion	14.08
5				
6				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	EE	Kamelia BAYMAKOVA (U20)	E&H	25.52
2	D	Hannah PARSONS (U17)	Barnet	17.33
3	L	Helene KEHOE	LonHeath	14.10
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE -
 OUTDOOR

20/06/2021
Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	E	Melanie HARRISON	E&H	34.80
2	D	Hannah PARSONS (U17)	Barnet	23.66
3	L	Naya LONGO (U17)	LonHeath	19.02
4	O	Katie INCH	Orion	18.22
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	DD	Anneli SYDENHAM	Barnet	20.96
2	LL	Maria fiorella BRANCATO	LonHeath	12.94
3	OO	Joelle EWEN	Orion	11.00
4				
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	EE	Grace IYINBOR (U20)	E&H	26.77
2	L	Naya LONGO (U17)	LonHeath	13.50
3	D	Pam DAVENPORT	Barnet	12.88
4	OO	Katie INCH	Orion	6.73
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	E	Melanie HARRISON	E&H	20.28
2	DD	Anneli SYDENHAM	Barnet	9.60
3				
4				
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	E	E&H	Chloe SAVVA (U17) Yasmin UWAKWE (U20) Alicia REGIS Elise MODESTE	49.46
2	V	VP&TH		52.27
3	L	LonHeath	Avè-maria OFORMA (U17) Naya LONGO (U17) Taysia THORBOURNE (U20) Cat SH	53.51
4	D	Barnet		64.75
5				
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	V	VP&TH		
2	O	Orion	Sydney TAYLOR Sophie MAGSON (U20) Becky RICHARDS (U20) Emily SHARPE	
3	L	LonHeath	Lily WOOLCOCK Laura HUNT Jennifer WING Brogan WALLACE	
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE - OUTDOOR

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NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
						+1.1
1	82	Joshua GARCIA	U20 Men	VPTH	11.29	
2	86	Kelchi OKORIE	Senior Men	VPTH	11.32	
3	80	David HENDERSON	Senior Men	VPTH	11.32	
4	83	Denis JEFIA	U17 Men	VPTH	11.55	
5	25	Isaiah HILLS	U20 Men	E&H	11.77	
6						
7						
8						

100m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
						+0.6
1	7	Chloe SAVVA	U17 Women	E&H	12.55	
2	11	Emily KNIGHT	U20 Women	E&H	13.49	
3	10	Tomi OLATONA	U20 Women	E&H	14.00	
4	53	Jess BELGRAVE	Senior Women	LonHeath	14.12	
5						
6						
7						
8						

100m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
						+0.6
1	65	Joshua NDIONYEMMA	U20 Men	LonHeath	11.72	
2	67	Glenford HUGHES	U20 Men	LonHeath	11.79	
3	81	John RUDD	Senior Men	VPTH	12.36	
4	66	Frankie FROST	U20 Men	LonHeath	12.41	
5	29	Malakai WATSON	U17 Men	E&H	12.71	
6						
7						
8						

100m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Men (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
						+2.2
1	41	William WILSHERE	U20 Men	Orion	23.03	
2	82	Joshua GARCIA	U20 Men	VPTH	23.20	
3	71	Vladimir WOODHAM-SMITH	Senior Men	LonHeath	23.90	
4	25	Isaiah HILLS	U20 Men	E&H	24.18	
5						
6						
7						
8						

200m Women (1)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
						+1.6
1	7	Chloe SAVVA	U17 Women	E&H	25.87	
2	12	Ami ASHBY	U20 Women	E&H	28.03	
3	10	Tomi OLATONA	U20 Women	E&H	28.24	
4						
5						
6						
7						
8						

200m Men (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	72	Asha OSEI	Senior Men	LonHeath	22.84	
2	65	Joshua NDIONYEMMA	U20 Men	LonHeath	23.38	
3	88	Cyril AFRAM	U17 Men	VPTH	23.68	
4	67	Glenford HUGHES	U20 Men	LonHeath	24.10	
5	93	Kevin VALAYDON	M40 Men	Barnet	27.67	
6	94	Noah CLARKE	U17 Men	Barnet	28.02	
7						
8						

200m Women (2)

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

400m Men**400m Women**

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE - OUTDOOR

20/06/2021

Posn	Bib	Athlete	Age Group	Club	Perf	Posn	Bib	Athlete	Age Group	Club	Perf
1						1					
2						2					
3						3					
4						4					
5						5					
6						6					
7						7					
8						8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	89	Dominic BAKER	Senior Men	VPth	02:10.28
2	63				02:17.24
3	87	Joseph LAMB	M17 Men	VPth	02:18.33
4	95	Joe WARD	U17 Men	Barnet	02:22.81
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	52	Olivia HUNT	Senior Women	LonHeath	02:47.87
2	90	Sarah RALPHS	Senior Women	Barnet	03:12.21
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	75	Roni KIZILKAYA	U17 Men	LonHeath	04:20.90
2	95	Joe WARD	U17 Men	Barnet	05:13.89
3	96	Scott FRASER	Senior Men	Barnet	05:37.81
4					
5					
6					
7					
8					

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	61	Evangelista DIVETAIN	Senior Women	LonHeath	05:00.03
2	59	Laura HUNT	Senior Women	LonHeath	05:20.21
3	60	Jessica VINLUAN	Senior Women	LonHeath	05:47.13
4					
5					
6					
7					
8					

5000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	48	Oliver BUSHDARI	U23 Men	Orion	16:36.16
2	73	Billy COCHRANE	U23 Men	LonHeath	16:41.47
3	74	William GRIFFITHS	U23 Men	LonHeath	16:51.60
4	89	Dominic BAKER	Senior Men	VPth	17:04.49
5	98	Edward FRASER	U20 Men	Barnet	17:09.91
6	97	Alex HORTON	Senior Men	Barnet	17:18.51
7	43	Adrian SMITH	Senior Men	Orion	17:45.04
8	44	Roy PERROTT	Senior Men	Orion	19:54.07
9	45	Luke JUDGE	Senior Men	Orion	19:54.64
10					

3000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	55	Shannon SINCLAIR	Senior Women	LonHeath	11:33.45
2					
3					
4					
5					
6					
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	26	Regan LAWRENCE	U20 Men	E&H	15.49	+1.2 99cm
2						
3						
4						
5						
6						
7						
8						

100m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	6	Yasmin UWAKWE	U20 Women	E&H	14.84	+0.8
2						
3						
4						
5						
6						
7						
8						

S/Chase Men

Posn	Bib	Athlete	Age Group	Club	Perf

S/Chase Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE - OUTDOOR

20/06/2021

1
2
3
4
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6
7
8

1
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3
4
5
6
7
8

Hammer Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	50	Helene KEHOE	Senior Women	LonHeath	14.42
2	92	Catherine SCOTT	Senior Women	Barnet	10.86
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					15.14
2	57	Naya LONGO	U17 Women	LonHeath	14.87
3	92	Catherine SCOTT	Senior Women	Barnet	12.46
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	92	Catherine SCOTT	Senior Women	Barnet	6.32
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	77	Taysia THORBOURNE	U20 Women	LonHeath	6.29
2	54	Maria fiorella BRANCATO	Senior Women	LonHeath	5.61
3	92	Catherine SCOTT	Senior Women	Barnet	4.97
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

SOUTHERN ATHLETICS LEAGUE North East London LEE VALLEY ATHLETICS CENTRE - OUTDOOR

20/06/20211
2
3
4
5
61
2
3
4
5
6Triple Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1	68	Justin PAUL	U20 Men	LonHeath	12.22	
2						
3						
4						
5						
6						

Triple Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

High Jump MenHigh Jump Women