

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Mid West	
MATCH	1	
VENUE	ALDERSHOT MILITARY STADIUM	
P/FINISH	NO	1

Date Sunday, June 20 2021

Venue ALDERSHOT MILITARY STADIUM

Host Club Aldershot Farnham & District AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
A	Aldershot Farnham & District AC	AFD		154.5	13.8	167.8	336.1
K	Bracknell AC	Brack		132.9	20.0	141.4	294.3
G	Guildford & Godalming AC	G&G		160.5	20.3	130.9	311.6
W	Windsor Slough Eton & Hounslow AC	WSEH		170.0	22.6	186.2	378.8
M	Maidenhead AC	Maid		10.0		38.0	48.0
O	Woking AC	Woking		194.6	20.7	178.9	394.2

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	Woking AC	394.2	1.0			394.2	1.0
2	Windsor Slough Eton & Hounslow AC	378.8	2.0			378.8	2.0
3	Aldershot Farnham & District AC	336.1	3.0			336.1	3.0
4	Guildford & Godalming AC	311.6	4.0			311.6	4.0
5	Bracknell AC	294.3	5.0			294.3	5.0
6	Maidenhead AC	48.0	6.0			48.0	6.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	a	Jonas MIKALCIUS	AFD	11.10	
2	w	Jamal CLARKE	WSEH	11.20	
3	g	Elliot HOLMAN	G&G	11.30	
4	o	Thomas LEACOCK (U20)	Woking	11.30	
5	k	Matthew MULE (U17)	Brack	11.60	
6	m	Filippo D'ORAZIO (U17)	Maid	12.90	

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	ww	Geiovannie SEALY (U20)	WSEH	11.10	
2	oo	Harry HADDEN-WIGHT	Woking	11.40	
3	gg	Will BROWN (U20)	G&G	11.50	
4	kk	William THORNDIKE (U17)	Brack	12.10	
5	aa	James Pocknee	AFD	14.10	
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	w	Jamal CLARKE	WSEH	22.50	
2	a	Jonas MIKALCIUS	AFD	22.50	
3	g	Gabriele PARISI	G&G	22.80	
4	o	Thomas LEACOCK (U20)	Woking	23.00	
5	k	James MILLER	Brack	23.20	
6	m	Tim WILLIAMS	Maid	27.30	

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	ww	Geiovannie SEALY (U20)	WSEH	22.50	
2	gg	Elliot HOLMAN	G&G	23.00	
3	oo	Harry HADDEN-WIGHT	Woking	23.40	
4	kk	Matteo HARRISON (U17)	Brack	23.80	
5	aa	Kenton JENNINGS (U17)	AFD	26.70	
6					

400m Men A

Posn	No.	Athlete	Club	Perf
1	w	Isaac OSEI-TUTU	WSEH	48.9
2	k	Harry WARE (U17)	Brack	50.2
3	g	Will BROWN (U20)	G&G	51.0
4	o	Dave AWDE	Woking	51.7
5	a	Bailey ROBERTS (U20)	AFD	55.6
6				

400m Men B

Posn	No.	Athlete	Club	Perf
1	ww	Laurie SUTCLIFFE (U20)	WSEH	51.9
2	oo	Richard BEAK	Woking	53.3
3	gg	Sam HINTON (U17)	G&G	54.8
4	kk	Samuel PEMBERTON (U17)	Brack	55.3
5	aa	Alfie Mumford (U20)	AFD	55.5
6				

800m Men A

Posn	No.	Athlete	Club	Perf
1	g	George DOLLNER	G&G	2:00.0
2	W	Oliver EMMENT (U17)	WSEH	2:02.3
3	O	Theo CHESHIRE (U20)	Woking	2:06.7
4	K	Harry DIGBY	Brack	2:09.5
5	A	Morgan MKAMBULA (U17)	AFD	2:11.8
6	M	Tim WILLIAMS	Maid	2:40.9

800m Men B

Posn	No.	Athlete	Club	Perf
1	KK	Samuel MARNEY (U17)	Brack	2:01.9
2	WW	James DUNNE (U20)	WSEH	2:02.2
3	OO	Shaun WATERS (U20)	Woking	2:08.7
4	GG	Adam HEWITT	G&G	2:17.3
5	AA	Daniel Black	AFD	2:34.4
6				

1500m Men A

Posn	No.	Athlete	Club	Perf
1	g	George DOLLNER	G&G	4:06.8
2	A	Lasse EINI	AFD	4:11.8
3	KK	Edward ENSER (U17)	Brack	4:13.4
4	W	Samuel HODGSON (U20)	WSEH	4:14.6
5	OO	Frank TOWNLEY (U20)	Woking	4:19.7
6	M	Jonathan OLIVER	Maid	5:31.2

1500m Men B

Posn	No.	Athlete	Club	Perf
1	GG	James HARVEY	G&G	4:14.3
2	AA	Richard Lovejoy	AFD	4:21.3
3	O	Martin SUNDERLAND (U17)	Woking	4:22.1
4	WW	Alex BISHOP (U17)	WSEH	4:29.9
5				
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/20215000m Men A

Posn	No.	Athlete	Club	Perf
1	g	Tom FOSTER	G&G	15:28.3
2	WW	Liam STONE (U20)	WSEH	15:32.8
3	A	Jack Boswell	AFD	15:47.2
4	O	Ben GODDARD	Woking	16:21.6
5	K	Maxwell COOPER	Brack	17:15.2
6	M	Craig WEST	Maid	17:54.9

5000m Men B

Posn	No.	Athlete	Club	Perf
1	W	Raphael RIVERO-STEVENET (I	WSEH	15:51.3
2	OO	James GAMBLE	Woking	16:50.1
3	AA	Alex MATTHEWS (U20)	AFD	17:02.3
4	GG	Terry BOOTH	G&G	17:28.8
5	KK	Bruce POLL	Brack	18:59.9
6				

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	w	Callum MCKAY	WSEH	16.0
2	o	Dave AWDE	Woking	17.4
3	g	Darren DODS	G&G	17.8
4				
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	o	Dave AWDE	Woking	57.4
2	w	Leon BRADSHAW (U20)	WSEH	58.4
3	g	Darren DODS	G&G	62.1
4	a	Mark Hyde	AFD	75.7
5				
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	ww	Callum MCKAY	WSEH	59.1
2	oo	Ian HORLOCK	Woking	59.5
3	aa	Harry ASPREY	AFD	81.5
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/20212000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	a	James Quinlan	AFD	6:50.4
2	G	Sam BEGG	G&G	7:06.5
3	O	Ben GODDARD	Woking	7:21.2
4				
5				
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	gg	James ADAM	G&G	8:03.1
2	aa	Michael Boucher	AFD	8:46.2
3	oo	Steve TAIT	Woking	8:48.7
4				
5				
6				

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	W	James TAYLOR (U17)	WSEH	6.61
2	A	George Asprey (U20)	AFD	6.03
3	G	Darren DODS	G&G	5.79
4	K	Nathan STANDING	Brack	5.56
5	O	Rory KELLY	Woking	5.34
6	M	Filippo D'ORAZIO (U17)	Maid	4.32

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	WW	Nicholas CRAWFORD (U17)	WSEH	6.07
2	OO	Benjamin KING (U17)	Woking	5.29
3	KK	Sam RUSSELL	Brack	5.12
4	AA	Harry ASPREY	AFD	4.47
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	OO	Benjamin KING (U17)	Woking	1.95
2	G	Gabriele PARISI	G&G	1.85
3	WW	Dominic TATHAM (U20)	WSEH	1.80
4	AA	Daniel HICKS (U20)	AFD	1.75
5	K	Nathan STANDING	Brack	1.65
6				

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	O	George HOPKINS (U20)	Woking	1.80
2	W	Alexander STIRZAKER (U17)	WSEH	1.75
3	GG	Darren DODS	G&G	1.70
4	A	George Asprey (U20)	AFD	1.50
5				
6				

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	W	Paulius SVARAUSKAS	WSEH	14.03
2	G	Darren DODS	G&G	12.17
3	A	Cameron Zack	AFD	12.01
4	KK	Nathan STANDING	Brack	11.57
5	O	Dave AWDE	Woking	11.29
6				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	WW	Anthony ROBINS-KENT (U20)	WSEH	12.40
2	OO	Benjamin KING (U17)	Woking	11.14
3	K	Sam RUSSELL	Brack	10.44
4	GG	Ashveer STOTT	G&G	10.40
5	AA	Harry ASPREY	AFD	9.82
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	O	George HOPKINS (U20)	Woking	4.20
2	GG	Will BROWN (U20)	G&G	2.90
3	AA	Andy Buchanan	AFD	2.70
4				
5				
6				

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	OO	Dave AWDE	Woking	3.30
2	G	Darren DODS	G&G	1.90
3				
4				
5				
6				

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	A	George Asprey (U20)	AFD	11.60
2	K	Charlie ASHDOWN-TAYLOR	Brack	11.17
3	W	Peter MORENO	WSEH	10.42
4	M	St john FORD	Maid	8.95
5	G	Anton JOSEPH (U20)	G&G	8.88
6	O	Dave AWDE	Woking	8.06

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	AA	Allan Leiper	AFD	10.99
2	KK	James GARDNER (U20)	Brack	9.35
3	MM	Tim WILLIAMS	Maid	8.92
4	GG	Richard CROWE	G&G	7.54
5	WW	Iain BOTTING	WSEH	7.27
6				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	K	Charlie ASHDOWN-TAYLOR	Brack	36.62
2	A	George Asprey (U20)	AFD	31.71
3	OO	Rory KELLY	Woking	31.45
4	G	Anton JOSEPH (U20)	G&G	25.85
5	M	Tim WILLIAMS	Maid	23.92
6	W	Luke NORRIS	WSEH	22.21

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	O	Peter EVANS	Woking	30.84
2	AA	Allan Leiper	AFD	28.15
3	KK	James GARDNER (U20)	Brack	23.99
4	GG	Richard CROWE	G&G	19.44
5	WW	Jonathon BREW (U20)	WSEH	16.22
6				

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	k	James Gardner	Brack	49.88
2	w	Iain Botting	WSEH	45.51
3	g	Anton Joseph	G&G	41.30
4	oo	Paul Kelly	Woking	33.05
5	aa	Alan Leiper	AFD	24.84
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	ww	Luke Norris	WSEH	45.08
2	kk	Charlie ASHDOWN-TAYLOR	Brack	37.85
3	o	Rory KELLY	Woking	32.55
4	a	Ian Jennings	AFD	20.51
5	gg	Richard CROWE	G&G	19.37
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	WW	Michael ALLISON (U20)	WSEH	54.57
2	A	Cameron Zack	AFD	49.95
3	K	Charlie ASHDOWN-TAYLOR	Brack	41.55
4	OO	Benjamin KING (U17)	Woking	37.39
5	G	Anton JOSEPH (U20)	G&G	27.73
6	M	Filippo D'ORAZIO (U17)	Maid	26.33

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	AA	Ben JAMES (U20)	AFD	47.45
2	KK	Sam RUSSELL	Brack	32.04
3	MM	Jonathan OLIVER	Maid	25.79
4	W	Callum MCKAY	WSEH	22.97
5	GG	Oliver WELLS	G&G	21.76
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021
4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	g	G&G	Elliot HOLMAN Darren DODS Will BROWN (U20) Gabriele PARISI	44.1
2	o	Woking	Thomas LEACOCK (U20) Robbie THOMSON (U17) Harry HADDEN-WIGHT Jake TAF	44.7
3	w	WSEH	Pelumi BABALOLA (U20) Geiovannie SEALY (U20) Kevone GALLIMORE (U17) Maxi	45.1
4	k	Brack	Sam RUSSELL Matthew MULE (U17) James MILLER William THORNDIKE (U17)	46.7
5	a	AFD	Kenton JENNINGS (U17) James Pocknee Harry ASPREY George Asprey (U20)	52.3
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	w	WSEH	Geiovannie SEALY (U20) Laurie SUTCLIFFE (U20) Dereece GREEN Isaac OSEI-TUT	3:26.8
2	o	Woking	Ian HORLOCK Dave AWDE Richard BEAK Kaspars KAZEMAKS	3:34.9
3	g	G&G	Elliot HOLMAN Lawrence PRITCHARD (U20) Will BROWN (U20) Sam HINTON (U17)	3:37.9
4	k	Brack	Samuel PEMBERTON (U17) James WINSHIP (U17) Samuel MARNEY (U17) Edward	3:40.9
5	a	AFD	Jacob SAVILL (U20) Bertie BRUCE-GONZALEZ (U17) Alfie Mumford (U20) Jack Bc	3:49.3
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021

100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	a	Annabelle HONEY (U17)	AFD	12.5	
2	w	Jacqueline GYAMFI	WSEH	12.6	
3	g	Robyn STANNARD (U17)	G&G	12.7	
4	k	Ruby SANDERSON (U17)	Brack	12.8	
5	o	Neve BRADLEY (U20)	Woking	13.5	
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	ww	Kennedy BAYS	WSEH	12.6	
2	kk	Chante WILLIAMS (U20)	Brack	12.9	
3	aa	Georgina DARNELL	AFD	13.0	
4	oo	Jayne OYEYEMI (U17)	Woking	13.5	
5	gg	Naomi TOWNEND (U20)	G&G	13.8	
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	w	Harriet JONES	WSEH	24.8	
2	o	Charlotte MCLENNAGHAN	Woking	25.0	
3	a	Ellen FRANKLIN	AFD	25.4	
4	g	Robyn STANNARD (U17)	G&G	25.9	
5	k	Lucy COUZENS (U17)	Brack	26.5	
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	kk	Lucy LOADES (U20)	Brack	26.1	
2	ww	Anna BABIS (U17)	WSEH	26.2	
3	aa	Madison O'GORMAN (U17)	AFD	26.5	
4	gg	Christina KIRKBY (U17)	G&G	27.4	
5	oo	Jayne OYEYEMI (U17)	Woking	27.9	
6					

400m Women A

Posn	No.	Athlete	Club	Perf
1	k	Rachel MCCLAY	Brack	56.8
2	g	Susannah LECOUTRE (U20)	G&G	58.2
3	a	Ellen FRANKLIN	AFD	58.9
4	w	Jess ARMAH	WSEH	61.6
5	o	Katie HOPKINS	Woking	65.1
6				

400m Women B

Posn	No.	Athlete	Club	Perf
1	kk	Amber BAILEY (U17)	Brack	61.8
2	oo	Ella BARKER (U20)	Woking	62.1
3	gg	Emily THOMPSON (U20)	G&G	64.0
4	aa	Lisa DUKE (U17)	AFD	68.2
5	ww	Eilidh GREEN (U17)	WSEH	69.5
6				

800m Women A

Posn	No.	Athlete	Club	Perf
1	k	Rachel MCCLAY	Brack	2:08.2
2	O	Martha COLLINGS (U20)	Woking	2:18.7
3	A	Jessica HAYWARD (U17)	AFD	2:25.4
4	G	Christina KIRKBY (U17)	G&G	2:29.1
5	W	Charlotte BORGARS (U17)	WSEH	2:38.7
6				

REC

800m Women B

Posn	No.	Athlete	Club	Perf
1	KK	Sofia FOSTER (U17)	Brack	2:23.7
2	WW	Kiki WEBB (U17)	WSEH	2:26.9
3	OO	Louise MILLS	Woking	2:28.6
4	GG	Georgia STRODE (U17)	G&G	2:29.1
5	AA	Emma BOSWELL (U20)	AFD	2:34.6
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/20211500m Women A

Posn	No.	Athlete	Club	Perf
1	aa	Emily MOYES	AFD	4:32.7
2	W	Dani BARNES-HEENEY	WSEH	4:59.4
3	G	Jemima BOWEN (U17)	G&G	5:13.5
4	OO	Bea LAFRENIERE	Woking	5:27.3
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	A	Louise SMALL	AFD	4:41.7
2	WW	Jemima DAVIES (U17)	WSEH	5:10.2
3	O	Jacqueline MUSSELWHITE	Woking	6:15.0
4				
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	a	Louise SMALL	AFD	9:39.6
2	K	Abigail BAINES (U20)	Brack	10:25.4
3	O	Louise MILLS	Woking	10:50.3
4	G	Amy STRODE (U20)	G&G	10:59.4
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	AA	Niamh BROWN	AFD	9:42.0
2	OO	Lucia TREGELLIS	Woking	11:15.3
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	w	Harriet JONES	WSEH	14.30
2	k	Lauren WATKINS (U20)	Brack	15.90
3	o	Sam MORRISON	Woking	16.90
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	kk	Chante WILLIAMS (U20)	Brack	18.20	
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	o	Ella BARKER (U20)	Woking	68.2
2				
3				
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	oo	Florence BAULK	Woking	76.4
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/20212000m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	o	Martha COLLINGS (U20)	Woking	7:07.2
2	G	Olivia MCDONALD (U20)	G&G	7:33.1
3				
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	OO	Katie HOPKINS	Woking	7:56.7
2				
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	K	Yasmin GROSVENOR (U20)	Brack	1.45
2	O	Neve BRADLEY (U20)	Woking	1.40
3	AA	Jasmine FORBES (U17)	AFD	1.40
4	W	Natalia IVANOV (U17)	WSEH	1.25
5				
6				

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	A	Sophie SMITH	AFD	1.35
2	OO	Sam MORRISON	Woking	1.35
3	KK	Imogen COOK	Brack	1.35
4				
5				
6				

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	w	Sofija KORF	WSEH	5.16
2	K	Yasmin GROSVENOR (U20)	Brack	5.02
3	OO	Lucy EATON-TRIBE (U20)	Woking	4.97
4	A	Isabel WALTON (U20)	AFD	4.75
5	M	Hannah BRITTON (U17)	Maid	4.57
6	G	Louise WOOD	G&G	4.49

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	o	Neve BRADLEY (U20)	Woking	4.74
2	WW	Chanel LOVELOCK (U17)	WSEH	4.72
3	KK	Imogen COOK	Brack	4.48
4	AA	Alison MOORE (U20)	AFD	4.37
5				
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	M	Hannah BRITTON (U17)	Maid	10.43
2	A	Isabel WALTON (U20)	AFD	10.16
3	W	Chanel LOVELOCK (U17)	WSEH	9.96
4	G	Naomi TOWNEND (U20)	G&G	9.84
5	K	Imogen COOK	Brack	9.38
6	O	Sam MORRISON	Woking	9.11

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	AA	Lisa DUKE (U17)	AFD	10.02
2	GG	Louise WOOD	G&G	9.62
3				
4				
5				
6				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	W	Liska NOWERS (U20)	WSEH	3.40
2	O	Sam MORRISON	Woking	3.00
3	G	Naomi TOWNEND (U20)	G&G	2.50
4				
5				
6				

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	WW	Natalia IVANOV (U17)	WSEH	3.00
2	OO	Katie HOPKINS	Woking	2.40
3				
4				
5				
6				

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	O	Eleanor GATRELL	Woking	11.49
2	W	Jardae HODGE-SPENCER (U20)	WSEH	10.53
3	KK	Yasmin GROSVENOR (U20)	Brack	9.69
4	A	Natalie GILFRIN	AFD	8.14
5	GG	Caroline CROWE	G&G	6.86
6				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	K	Jordanna MORRISH	Brack	8.84
2	OO	Lucy EATON-TRIBE (U20)	Woking	7.49
3	WW	Calia LOGAN-GRIFFIN (U20)	WSEH	7.35
4	AA	Harriet BARKAWAY (U17)	AFD	6.36
5	G	Jessica PELHAM	G&G	6.35
6				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	W	Amy Holder	WSEH	53.63
2	O	Eleanor Gatrell	Woking	34.02
3	AA	Natalie Gilfrin	AFD	26.52
4	GG	Caroline CROWE	G&G	22.34
5	K	Sophie Gardner (U17)	Brack	15.32
6				

REC

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	oo	Orla Manchester (U20)	Woking	33.99
2	ww	Barbara Norris	WSEH	32.83
3	a	Emma Freeman	AFD	24.87
4	g	Jessica Pelham	G&G	19.48
5				
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	w	Amy Herrington	WSEH	60.36
2	g	Jessica Pelham	G&G	41.32
3	o	Eleanor Gatrell	Woking	38.41
4	aa	Harriet Barkaway (U17)	AFD	28.77
5	k	Sophie Gardner (U17)	Brack	26.68
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	ww	Barbara Norris	WSEH	35.64
2	oo	Lily Kendral	Woking	27.23
3	a	Lara Hambleton	AFD	26.40
4				
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	ww	Jarday Hodge Spencer	WSEH	37.74
2	o	Florence Baulk	Woking	37.56
3	g	Gemma Mead	G&G	32.40
4	a	Emma Freeman	AFD	30.80
5	kk	April Palmer	Brack	29.82
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	w	Calia Logan-Griffin	WSEH	34.61
2	aa	Maya James	AFD	30.13
3	k	Jordanna Morrish	Brack	22.39
4	oo	Eleanor Garell	Woking	21.01
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	w	WSEH	Kennedy BAYS Harriet JONES Jess ARMAH Anna BABIS (U17)	48.8
2	a	AFD	Ellen FRANKLIN Georgina DARNELL Madison O'GORMAN (U17) Annabelle HONEY	49.2
3	k	Brack	Abbie SILLETT (U20) Chante WILLIAMS (U20) Lauren WATKINS (U20) Imogene CC	50.6
4	o	Woking	Sam MORRISON Neve BRADLEY (U20) Jayne OYEYEMI (U17) Esther IBIAMA (U17)	52.5
5	g	G&G	Naomi TOWNEND (U20) Robyn STANNARD (U17) Christina KIRKBY (U17) Emily TH	52.7
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	k	Brack	Amber BAILEY (U17) Sofia FOSTER (U17) Rachel MCCLAY	4:05.7
2	o	Woking	Ella BARKER (U20) Katie HOPKINS Martha COLLINGS (U20) Charlotte MCLENNAGI	4:13.1
3	g	G&G	Virginia MITCHELL Susannah LECOUTRE (U20) Olivia MCDONALD (U20) Emily TH	4:17.5
4	w	WSEH	Dani BARNES-HEENEY Liana WILLIAMS (U17) Erin REES (U17) Eilidh GREEN (U17)	4:24.4
5	a	AFD	Jasmine PATTISON (U17) Jennifer TEMPLE Tracy DUKE Lisa DUKE (U17)	4:42.7
6				

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021

100m Men (1)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	23	Pelumi Babalola	U20 Men	WSEH	11.4
2	33	Matteo HARRISON	U17 Men	Brack	11.4
3	49	Robbie Thomson	U17 Men	Woking	11.7
4	4	Demari GUMBS	U17 Men	WSEH	11.8
5	42	Nick MANNKE	U17M	WSEH	11.9
6	156	Mike Ball	Vet 55	Woking	16.0
7					
8					

100m Women (1)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	50	Liana Williams	U23 Women	WSEH	12.5
2	127	Tyra COKER	U17 Women	WSEH	13.1
3	54	Esther IBIAMA	U17 Women	Woking	13.4
4	7	Amy JOHNSTONE	U17 Women	Brack	13.6
5	187	Sephora Effah	U17 Women	AFD	13.8
6	185	Tracy Duke	V45	AFD	13.8
7	130	Shelley Bali	U17 Women	WSEH	14.7
8					

100m Men (2)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	137	Kevone Gallimore	U17 Men	WSEH	11.6
2	10	Maxime HAYDOCK-WILSON	U20 Men	WSEH	11.8
3	155	Jake Tapley	U17 Men	Woking	12.0
4	52	Harrison Onorati	U20 Men	Woking	12.1
5	41	Victory Mbungu	Sen Men	WSEH	12.5
6	138	Darren Mbiru	U17 Men	WSEH	12.6
7	17	Hershel JOSHI	U17 Men	WSEH	12.7
8					

100m Women (2)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	129	Anna Babis	U17 Women	WSEH	12.6
2	28	Madison O'Gorman	U17 Women	AFD	12.8
3	175	Lucy Couzens	U17 Women	Brack	12.9
4	170	Abbie Sillett	U20 Women	Brack	13.3
5	132	Maisie Staney	U17 Women	WSEH	13.4
6	131	Sasha Tuke	U17 Women	WSEH	13.6
7	34	April PALMER	U17 Women	Brack	14.2
8					

200m Men (1)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	10	Maxime HAYDOCK-WILSON	U20 Men	WSEH	23.5
2	155	Jake Tapley	U17 Men	Woking	24.3
3	1	Samuel PEMBERTON	U17 Men	Brack	24.4
4	35	Sam HINTON	U17 Men	G&G	24.5
5	52	Harrison Onorati	U20 Men	Woking	24.9
6	17	Hershel JOSHI	U17 Men	WSEH	25.6
7	184	James Pocknee	Sen Men	AFD	29.3
8					

200m Women (1)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	50	Liana Williams	U23 Women	WSEH	26.0
2	133	Jacqui Gyamfi	Senior Women	WSEH	26.2
3	127	Tyra COKER	U17 Women	WSEH	27.0
4	29	Jasmine PATTISON	U17 Women	AFD	27.2
5	7	Amy JOHNSTONE	U17 Women	Brack	28.1
6	34	April PALMER	U17 Women	Brack	29.6
7	191	Kelly Roberts	V45	AFD	32.8
8					

200m Men (2)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	23	Pelumi Babalola	U20 Men	WSEH	23.2
2	49	Robbie Thomson	U17 Men	Woking	23.2
3	137	Kevone Gallimore	U17 Men	WSEH	23.4
4	53	Matthew MULE	U17 Men	Brack	23.6
5	30	Ben BRITTON	U20 Men	Brack	24.0
6	157	Kaspars Kazemaks	Vet 35	Woking	24.0
7	138	Darren Mbiru	U17 Men	WSEH	25.2
8					

200m Women (2)

Posn	Bib	Athlete	Age Group	Wind	
				Club	Perf
1	178	Imogen Wilson	U17 Women	Brack	26.4
2	180	Georgina Darnell	Sen Women	AFD	26.8
3	126	Erin Rees	U17 Women	WSEH	27.1
4	132	Maisie Staney	U17 Women	WSEH	28.1
5	131	Sasha Tuke	U17 Women	WSEH	28.2
6	130	Shelley Bali	U17 Women	WSEH	31.2
7					
8					

400m Men**400m Women**

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021

Posn	Bib	Athlete	Age Group	Club	Perf	Posn	Bib	Athlete	Age Group	Club	Perf
1	143	Dereece Green	Sen Men	WSEH	52.7	1	178	Imogen Wilson	U17 Women	Brack	60.9
2	144	Oliver Cloherty	U20 Men	WSEH	54.0	2	176	Lucy Loades	U20 Women	Brack	62.9
3	38	Jonathon BREW	U20 Men	WSEH	55.0	3	6	Virginia MITCHELL	Senior Women	G&G	64.4
4	184	James Pocknee	Sen Men	AFD	67.7	4	32	Sofia FOSTER	U17 Women	Brack	64.9
5	182	Daniel Black	Sen Men	AFD	71.1	5	24	Millie Harris	U17 Women	AFD	66.4
6						6	192	Jennifer Temple	Sen Women	AFD	71.8
7						7	164	Natasha DE Nofi	v35 Women	Woking	74.2
8						8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	168	Henry Fieldsend	U20 Men	Brack	02:03.8
2	183	Jacob Savill	U20 Men	AFD	02:05.0
3	21	Nunu NJOROGÉ	U17 Men	WSEH	02:05.0
4	167	Callum Broadbent	U20 Men	Brack	02:05.0
5	145	Luke HYNES	U20 Men	WSEH	02:06.8
6	3	Toby SPENCER	U17 Men	WSEH	02:08.2
7	44	George THOMAS	U17 Men	WSEH	02:11.3
8	169	Toby Clark	U17 Men	Brack	02:11.6

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	134	Hannah Woolley	U17 Women	WSEH	02:32.1
2	36	Jodie MANDEVILLE	U17 Women	G&G	02:41.1
3	135	Amelia Murphy	U17 Women	WSEH	02:43.2
4	40	Eilidh GREEN	U17 Women	WSEH	02:43.6
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	147	Matty Smith	U20M	WSEH	04:20.2
2	100	Bertie Bruce Gonzales	U17 Men	AFD	04:24.6
3	171	Max Stevens	U20 Men	Brack	04:26.6
4	149	Lucas Boyt	Sen Men	WSEH	04:27.8
5	146	Chris Baker	U20M	WSEH	04:28.2
6	198	Max Passingham	U17 Men	G&G	04:34.8
7	148	Julian Abass	U17M	WSEH	04:35.3
8	151	Benjamin WEST	U20 mEN	G&G	04:38.7
9	197	Joseph Feeney	U7M	AFD	04:45.1
10	152	Louis BELL	U17 Men	G&G	04:45.6
11	11	Kay Davies	U17 Men	G&G	04:51.4
12	31	Hector DANIEL	U17 Men	Brack	04:54.6
13	8	Philip PRYKE	Senior Men	G&G	04:55.5
14	158	Ben Golding	U20 Men	Woking	05:00.1

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	199	Niamh McLoughlin	U20 Women	AFD	04:45.8
2	200	Alysha Mead	U17 Women	AFD	05:07.9
3	190	Fiona Bishop	V60	Woking	07:16.8
4					
5					
6					
7					
8					

5000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	14	Thomas CHANDLER	U20 Men	WSEH	16:10.7
2	196	Leo Maliphant	Sen Men	AFD	16:43.6
3	150	Finaly KIRK	U20Men	WSEH	16:55.8
4	160	Alex Mogfod	Vet 35	Woking	17:16.4
5	5	Ben ROWE	U20 Men	WSEH	NT given
6	159	Charlie Cunningham	U20 Men	Woking	17:48.9
7	122	David WILLIAMS	Senior Men	G&G	17:51.5
8	153	Andrew Taylor	Senior Men	G&G	17:55.6
9	124	Richard Crowe	Senior Men	G&G	19:46.9
10					

3000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	188	Emma Stevens	Sen Women	AFD	10:51.3
2	47	Charis MOGAN	U17 Women	Woking	11:40.0
3	166	Kay Trinder	Vet 55	Woking	12:16.3
4	51	Ciara Mulvihill	U23 Women	Woking	12:57.7
5	165	Amelia Kermeen	U17 Women	Woking	13:32.4
6	190	Fiona Bishop	V60	Woking	15:15.4
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						

100m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021

3
4
5
6
7
8

3
4
5
6
7
8

S/Chase Men

Posn Bib Athlete

Age Group

Club

Perf

S/Chase Women

Posn Bib Athlete

Age Group

Club

Perf

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021

1	162	Shaun Waters	U20 Men	Woking	06:46.40	1
2						2
3						3
4						4
5						5
6						6
7						7
8						8

Hammer J

Posn	Bib	Athlete	Age Group	Club	Perf
1	22	Ashley Spencer	Sen Men	Brack	18.33
2					
3					
4					
5					
6					

Hammer J

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	101	Janathon Drzewiecki	Sen Men	Brack	25.65
2	124	Richard Crowe	Senior Men	G&G	23.95
3	22	Ashley Spencer	Sen Men	Brack	17.11
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	128	Lily Kendall	U20 Women	Woking	30.40
2	186	Lisa Duke	U17 Women	AFD	18.78
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	195	Jack Wise	U20 Men	AFD	37.34
2	9	Nathan STANDING	Senior Men	Brack	32.71
3	194	James Gardner	Sen Men	Brack	22.95
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	15	Ashley STEVENS	Senior Women	Brack	7.30
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	9	Nathan STANDING	Senior Men	Brack	9.83
2	22	Ashley Spencer	Sen Men	Brack	8.08
3	125	Jonathon Oliver	Senior Men	Maidenhead	6.89
4	123	Oliver Wells	Senior Men	G&G	6.55
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	128	Lily Kendall	U20 Women	Woking	7.70
2	15	Ashley STEVENS	Senior Women	Brack	5.11
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE Mid West ALDERSHOT MILITARY STADIUM

20/06/2021

1	4	Demari GUMBS	U17 Men	WSEH	5.67
2					
3					
4					
5					
6					

1	136	Daisy Harris Bosancic	U20 Women	WSEH	4.32
2					
3					
4					
5					
6					

Triple Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

Triple Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	24	Millie Harris	U17 Women	AFD	9.26
2	193	Alison Moore	Sen Women	AFD	8.23
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	142	Dylan Val	U20M	WSEH	1.60
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	121	Alex STIRZAKER	U17 Men	WSEH	2.90
2	25	Kenton JENNINGS	U17 Men	AFD	2.10

Pole Vault Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	126	Erin Rees	U17 Women	WSEH	3.10
2					