

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 South-East	
MATCH	3	
VENUE	Lewes 1	
P/FINISH	NO	

Date Saturday, June 15 2019  
 Venue Lewes 1  
 Host Club Lewes & Haywards Heath ©

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
Y	Lewes & Haywards Heath ©	Lew&HH	20	113.0	17.0	93.5	243.5
P	Paddock Wood + Folkestone ©	PWood+F	10	34.0	0.0	60.0	104.0
M	Medway Park Phoenix	Med PP	0	5.0	0.0	1.0	6.0
E	East Grinstead AC	E Grin	10	53.0	11.0	105.0	179.0
S	Sutton & District AC	Sutton	15	79.0	14.0	99.5	207.5
0				0.0	0.0	0.0	0.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Lewes & Haywards Heath ©	243.5	5.0	0.00	0.00	243.5	5.0	1
2	Sutton & District AC	207.5	4.0	0.00	0.00	207.5	4.0	2
3	East Grinstead AC	179.0	3.0	0.00	0.00	179.0	3.0	3
4	Paddock Wood + Folkestone ©	104.0	2.0	0.00	0.00	104.0	2.0	4
5	Medway Park Phoenix	6.0	1.0	0.00	0.00	6.0	1.0	5
0		0.0	0.0	0.00	0.00	0.0	0.0	0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	37
REMAINING	-

Scoring System Top 10

Men					
	Men	Club	Event	Perf	Points
1	COOK Nile	Sutton	Discus Men A	34.26	666
2	COOK Nile	Sutton	Shot Men A	10.77	638
3	WATTS Ben	Lew&HH	400m Men A	52.8	604
4	RAHMAN Kai	Lew&HH	Long Jump Men A	5.73	601
5	PAYN Rory Y	Sutton	200m Men A	23.5	597
6	RAHMAN Kai	Lew&HH	Triple Jump Men A	11.66	591
7	FERGUSON Shemar Y	Sutton	400m Men A	53.2	583
8	VERMEER Edward	E Grin	Hammer Men A	29.33	570
9	FERGUSON Shemar Y	Sutton	100m Men A	11.7	552
10	GADD Wayne	E Grin	Long Jump Men A	5.45	546
Women					
	Women	Club	Event	Perf	Points
1	CONNOR Livvy	Lew&HH	Triple Jump Women A	11.03	719
2	CONNOR Livvy	Lew&HH	Long Jump Women A	5.03	666
2	NAVESEY Emma	Lew&HH	3000m Women A	10:38.7	666
4	BESWICK Abby	E Grin	Javelin Women A	25.93	662
5	HENLON Yasmin	Sutton	Triple Jump Women A	10.48	661
6	BESWICK Abby	E Grin	Shot Women A	9.06	655
7	CONNOR Livvy	Lew&HH	High Jump Women A	1.50	651
8	WHYTE-WILDING Ruby	Lew&HH	1500m Women A	04:53.6	643
9	WHIFFEN Charlotte X	PWood+F	Hammer Women A	32.33	641
10	DUFFIN Elizabeth	PWood+F	Javelin Women A	22.51	600

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**

**15/06/2019**

**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	S	FERGUSON Shemar Y	Sutton	11.7	552
2	E	CLARK Scott	E Grin	11.9	500
3	Y	WELLS Owen	Lew&HH	12.4	384
4	P	GARSIDE Adam X	PWood+F	12.9	285
5					
6					

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	YY	COUSINS Simeon	Lew&HH	12.2	428
2	SS	DUAH Kevin X	Sutton	13.0	268
3	PP	WOODS Mark	PWood+F	13.8	151
4	EE	IVORSON Tim	E Grin	15.4	25
5					
6					

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	S	PAYN Rory Y	Sutton	23.5	597
2	Y	WATTS Ben	Lew&HH	23.9	544
3	E	CLARK Scott	E Grin	24.4	482
4	P	GARSIDE Adam X	PWood+F	26.9	234
5					
6					

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	YY	COUSINS Simeon	Lew&HH	24.1	519
2	SS	DUAH Kevin X	Sutton	25.1	402
3	EE	IVORSON Tim	E Grin	33.2	1
4					
5					
6					

**400m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	Y	WATTS Ben	Lew&HH	52.8	604
2	S	FERGUSON Shemar Y	Sutton	53.2	583
3	E	SPURLE Patrick X	E Grin	57.5	385
4					
5					
6					

**400m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	YY	BIGGS George	Lew&HH	56.8	414
2	EE	BEAMES Beau X	E Grin	60.4	277
3	SS	KEENAN Thomas	Sutton	61.7	236
4					
5					
6					

**800m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	Y	TAYLOR Charles Y	Lew&HH	02:10.9	430
2	E	SPURLE Patrick X	E Grin	02:15.4	350
3					
4					
5					
6					

**800m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	YY	BUCKLEY MCDONALD Luca X	Lew&HH	02:17.4	318
2	EE	BEAMES Beau X	E Grin	02:26.8	191
3					
4					
5					
6					

**1500m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	S	HUDSON Adam X	Sutton	04:23.4	506
2	Y	PEPLER Ben	Lew&HH	04:24.9	493
3	P	YOUNG Harry Y	PWood+F	04:29.3	454
4	M	THOMAS Isaac X	Med PP	04:44.8	332
5					
6					

**1500m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	SS	DUNN Alex X	Sutton	04:26.9	475
2	YY	CALLARD Joseph X	Lew&HH	04:28.3	462
3	PP	WRIGHT Steve	PWood+F	05:32.0	92
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**
**15/06/2019**
**5000m Men A**

Posn	No.	Athlete	Club	Perf	
1	S	HANCOCK James	Sutton	16:43.8	502
2	YY	DYMOTT Timothy	Lew&HH	17:08.0	446
3	P	FORMAN Jamie	PWood+F	17:49.4	358
4	E	IVORSON Tim	E Grin	27:39.0	
5					
6					

**5000m Men B**

Posn	No.	Athlete	Club	Perf	
1	SS	GILLHAM Ben Y	Sutton	17:48.4	360
2	PP	WRIGHT Steve	PWood+F	19:00.2	228
3	Y	MULLEN Russell	Lew&HH	19:45.3	160
4					
5					
6					

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	
1	S	KEENAN Thomas	Sutton	24.6	94
2					
3					
4					
5					
6					

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	
1	E	GADD Wayne	E Grin	68.0	421
2	P	WRIGHT Steve	PWood+F	87.6	70
3					
4					
5					
6					

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	
1	EE	IVORSON Tim	E Grin	89.8	48
2					
3					
4					
5					
6					

**2000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf	
1	Y	POPKIN Tim	Lew&HH	09:14.0	95
2					
3					
4					
5					
6					

**2000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	E	GADD Wayne	E Grin	1.60	511
2=	Y	RAHMAN Mark	Lew&HH	1.30	259
2=	S	LEWIS Malachi X	Sutton	1.30	259

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	SS	HILL Ryan X	Sutton	1.20	174
2	YY	RAHMAN Kai	Lew&HH	1.00	
3	EE	VERMEER Edward	E Grin	1.00	

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**
**15/06/2019**
**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf	
1	Y	MCCAULEY Ned X	Lew&HH	2.90	459

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
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**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	Y	RAHMAN Kai	Lew&HH	5.73	601
2	E	GADD Wayne	E Grin	5.45	546
3	SS	DUAH Kevin X	Sutton	5.23	503
4	P	GARSIDE Adam X	PWood+F	5.03	464
5					
6					

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	YY	LAMBERT Ethan X	Lew&HH	4.79	418
2	S	LEWIS Malachi X	Sutton	4.23	310
3	EE	VERMEER Edward	E Grin	3.06	94
4					
5					
6					

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	Y	RAHMAN Kai	Lew&HH	11.66	591
2					
3					
4					
5					
6					

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

**Shot Men A**

Posn	Bib	Athlete	Club	Perf	
1	S	COOK Nile	Sutton	10.77	638
2	E	GADD Wayne	E Grin	8.75	481
3	P	WOODS Mark	PWood+F	7.79	396
4	Y	SEABROOK-WAFER Jared X	Lew&HH	7.27	346
5					
6					

**Shot Men B**

Posn	Bib	Athlete	Club	Perf	
1	EE	CLARK Scott	E Grin	8.66	473
2	YY	BALE Mike	Lew&HH	6.44	257
3	SS	RAWLINGS Colin	Sutton	5.96	197
4					
5					
6					

**Discus Men A**

Posn	Bib	Athlete	Club	Perf	
1	S	COOK Nile	Sutton	34.26	666
2	E	VERMEER Edward	E Grin	25.15	495
3	P	WOODS Mark	PWood+F	18.57	341
4	YY	BALE Mike	Lew&HH	18.54	341
5					
6					

**Discus Men B**

Posn	Bib	Athlete	Club	Perf	
1	EE	FISH Matthew X	E Grin	23.31	456
2	SS	RAWLINGS Colin	Sutton	16.45	281
3	PP	WRIGHT Steve	PWood+F	14.65	221
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**
**15/06/2019**
**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	E	VERMEER Edward	E Grin	29.33 570
2	YY	BALE Mike	Lew&HH	26.55 528
3	S	COOK Nile	Sutton	20.76 432
4	P	WOODS Mark	PWood+F	17.35 366
5				
6				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	SS	RAWLINGS Colin	Sutton	18.24 384
2	Y	SEABROOK-WAFER Jared X	Lew&HH	16.82 355
3	EE	FISH Matthew X	E Grin	14.49 302
4				
5				
6				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	EE	FISH Matthew X	E Grin	31.33 483
2	SS	RAWLINGS Colin	Sutton	24.64 370
3	P	WOODS Mark	PWood+F	23.15 343
4	Y	BALE Mike	Lew&HH	17.97 240
5				
6				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	E	VERMEER Edward	E Grin	28.93 444
2	S	KEENAN Thomas	Sutton	18.40 250
3	PP	WRIGHT Steve	PWood+F	15.35 181
4				
5				
6				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	Y	Lew&HH	- - - -	47.7
2	E	E Grin	CLARK Scott FISH Matthew X SPURLE Patrick X BEAMES Beau X	50.5
3				
4				
5				
6				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	S	Sutton	FERGUSON Shemar Y HUDSON Adam X DUNN Alex X PAYN Rory Y	03:48.6
2	Y	Lew&HH	ANDEWS Max - PEPLER Ben WATTS Ben	03:54.9
3				
4				
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**

**15/06/2019**

**100m Women A**

			Wind		
Posn	No.	Athlete	Club	Perf	
1	Y	CONNOR Livvy	Lew&HH	13.5	545
2	S	FRANK Gabrielle X	Sutton	13.9	474
3	E	RUSLING Sarah	E Grin	14.6	362
4	P	ELSPASS Rosie X	PWood+F	14.8	334
5	M	TURPIE Carrie X	Med PP	16.6	135
6					

**100m Women B**

			Wind		
Posn	No.	Athlete	Club	Perf	
1	SS	ERSSER Tia X	Sutton	14.1	440
2	PP	WHIFFEN Charlotte X	PWood+F	14.7	348
3	EE	BARTON Amelia Y	E Grin	14.8	334
4	YY	HEMSLEY Millie	Lew&HH	15.1	293
5					
6					

**200m Women A**

			Wind		
Posn	No.	Athlete	Club	Perf	
1	S	FRANK Gabrielle X	Sutton	28.7	462
2	E	TINGLEY Georgie X	E Grin	30.1	361
3	Y	VENABLES Lucie	Lew&HH	31.6	269
4	M	TURPIE Carrie X	Med PP	34.1	152
5					
6					

**200m Women B**

			Wind		
Posn	No.	Athlete	Club	Perf	
1	SS	ERSSER Tia X	Sutton	28.5	478
2	EE	BARTON Amelia Y	E Grin	29.6	395
3	YY	BUCKLEY Jo	Lew&HH	34.6	134
4					
5					
6					

**400m Women A**

Posn	No.	Athlete	Club	Perf	
1	S	SILEIKAITE Milda X	Sutton	62.5	588
2	Y	VENABLES Lucie	Lew&HH	74.6	243
3					
4					
5					
6					

**400m Women B**

Posn	No.	Athlete	Club	Perf	
1	SS	HEPHER Sophia Y	Sutton	73.1	277
2	YY	HEMSLEY Millie	Lew&HH	77.2	190
3					
4					
5					
6					

**800m Women A**

Posn	No.	Athlete	Club	Perf	
1	YY	THOMPSON Karen	Lew&HH	03:12.3	113
2					
3					
4					
5					
6					

**800m Women B**

Posn	No.	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**
**15/06/2019**
**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	YY	WHYTE-WILDING Ruby	Lew&HH	04:53.6 643
2				
3				
4				
5				
6				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	Y	MALE Rhian	Lew&HH	05:00.3 595
2				
3				
4				
5				
6				

**3000m Women A**

Posn	No.	Athlete	Club	Perf
1	Y	NAVESEY Emma	Lew&HH	10:38.7 666
2				
3				
4				
5				
6				

**3000m Women B**

Posn	No.	Athlete	Club	Perf
1	YY	DIVALL Karin	Lew&HH	12:37.0 310
2				
3				
4				
5				
6				

**100m Hurdles Women A**

Posn	Athlete	Club	Perf	Wind
1	Y VENABLES Lucie	Lew&HH	21.1 276	
2	P DUFFIN Elizabeth	PWood+F	24.7 93	
3				
4				
5				
6				

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	Y	VENABLES Lucie	Lew&HH	85.40 273
2				
3				
4				
5				
6				

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**

**15/06/2019**

**2000m S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	98		No Compet	
2				
3				
4				
5				
6				

**2000m S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	Y	CONNOR Livvy	Lew&HH	1.50 651
2	S	HENLON Yasmin	Sutton	1.45 596
3	E	BESWICK Abby	E Grin	1.40 542
4	P	ELSPASS Rosie X	PWood+F	1.35 487

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	SS	ARTHUR Ama freebe X	Sutton	1.40 542
2	YY	THOMPSON Karen	Lew&HH	1.25 378
3	EE	TINGLEY Georgie X	E Grin	1.10 216

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	S	HEPHER Sophia Y	Sutton	2.70 554
2	P	DUFFIN Elizabeth	PWood+F	1.60 259

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
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**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**
**15/06/2019**
**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	p	CONNOR Livvy	Lew&HH	5.03	666
2	S	WELLS Morgan Taylor X	Sutton	4.44	533
3	E	RUSLING Sarah	E Grin	4.36	515
4	P	ELSPASS Rosie X	PWood+F	4.24	488
5	M	TURPIE Carrie X	Med PP	2.93	203
6					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	SS	HENLON Yasmin	Sutton	4.42	529
2	YY	HEMSLEY Millie	Lew&HH	3.99	433
3	EE	BARTON Amelia Y	E Grin	3.34	291
4	PP	DUFFIN Elizabeth	PWood+F	3.20	261
5					
6					

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	Y	CONNOR Livvy	Lew&HH	11.03	719
2	S	HENLON Yasmin	Sutton	10.48	661
3	E	RUSLING Sarah	E Grin	9.67	575
4	P	DUFFIN Elizabeth	PWood+F	5.91	137
5					
6					

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	YY	HEMSLEY Millie	Lew&HH	7.70	355
2	EE	BARTON Amelia Y	E Grin	6.52	214
3					
4					
5					
6					

**Shot Women A**

Posn	Bib	Athlete	Club	Perf	
1	E	BESWICK Abby	E Grin	9.06	655
2	S	ARTHUR Ama freebe X	Sutton	8.16	585
3	P	WHIFFEN Charlotte X	PWood+F	6.82	471
4	Y	DENYER Jenny	Lew&HH	5.40	328
5					
6					

**Shot Women B**

Posn	Bib	Athlete	Club	Perf	
1	SS	DANN Esmé X	Sutton	7.24	509
2	EE	RUSLING Sarah	E Grin	7.16	502
3	PP	WHIFFEN Nicola	PWood+F	5.66	357
4	YY	BUCKLEY Jo	Lew&HH	4.02	133
5					
6					

**Discus Women A**

Posn	Bib	Athlete	Club	Perf	
1	E	BESWICK Abby	E Grin	20.37	551
2	S	WELLS Morgan Taylor X	Sutton	16.22	452
3	Y	DENYER Jenny	Lew&HH	15.41	430
4	P	DUFFIN Elizabeth	PWood+F	15.33	427
5					
6					

**Discus Women B**

Posn	Bib	Athlete	Club	Perf	
1	EE	RUSLING Sarah	E Grin	18.48	508
2	SS	DANN Esmé X	Sutton	15.23	424
3	PP	WHIFFEN Nicola	PWood+F	14.92	415
4	YY	BUCKLEY Jo	Lew&HH	11.00	277
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1**
**15/06/2019**
**Hammer Women A**

Posn	Bib	Athlete	Club	Perf
1	P	WHIFFEN Charlotte X	PWood+F	32.33 641
2	S	DANN Esmé X	Sutton	27.01 565
3	E	BESWICK Abby	E Grin	21.96 486
4	Y	HEMSLEY Millie	Lew&HH	17.14 399
5				
6				

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf
1	PP	WHIFFEN Nicola	PWood+F	20.52 461
2	YY	DENYER Jenny	Lew&HH	16.31 383
3	EE	RUSLING Sarah	E Grin	8.54 188
4				
5				
6				

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf
1	E	BESWICK Abby	E Grin	25.93 662
2	P	DUFFIN Elizabeth	PWood+F	22.51 600
3	S	OPOKU Danielle X	Sutton	13.48 393
4	Y	DENYER Jenny	Lew&HH	12.22 356
5				
6				

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf
1	EE	RUSLING Sarah	E Grin	21.18 574
2	PP	WHIFFEN Nicola	PWood+F	15.58 449
3	YY	THOMPSON Karen	Lew&HH	9.76 268
4				
5				
6				

**4 x 100m Women A**

Posn	No.	Club	Runners	Perf
1	S	Sutton	ARTHUR Ama freebe X FRANK Gabrielle X OPOKU Danielle X TAUXE Elland X	56.30
2	E	E Grin	BESWICK Abby TINGLEY Georgie X RUSLING Sarah BARTON Amelia Y	56.80
3	Y	Lew&HH	BUCKLEY Jo VENABLES Lucie HEMSLEY Millie CONNOR Livvy	60.70
4				
5				
6				

**4 x 400m Women A**

Posn	No.	Club	Runners	Perf
1	Y	Lew&HH	VENABLES Lucie HEMSLEY Millie WHYTE-WILDING Ruby CONNOR Livvy	04:58.7
2	S	Sutton	OPOKU Danielle X ARTHUR Ama freebe X FRANK Gabrielle X OPOKU Danielle X	05:06.3
3	E	E Grin	BESWICK Abby TINGLEY Georgie X RUSLING Sarah WHEELER Katie Y	05:43.1
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1

15/06/2019

**NON-SCORERS**

**400m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

**NON-SCORERS**

**400m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

**100m Me**

Posn	Bib	Athlete	Age	Club	Perf	Wind
5/6	41	LEWIS Malachi	U17	Sutton	13.1	
6/6	46	ARAVINTHAN Vibeehf	U17	Sutton	13.2	
3/6	57	CONWAY Aidan	U17	Lewes	13.3	
5/6	42	HILL Ryan	U17	Sutton	14.3	
4/7	56	LAMBERT Ethan	U17	HHH	13.2	
6/6	45	PALMER John	V50	HHH	15.0	

**100m Wo**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	39	FREEBE Ama	u17	sutton	14.2	
2	37	OPOKU Danielle	u17	sutton	14.2	
3	38	TAYLOR WELLS Morgan	u17	sutton	15.2	
4	40	TAUXE Elland	u17	sutton	16.2	
5	48	BUCKLEY Jo	vw	lewes ac	16.8	

**200m Me**

Posn	Bib	Athlete	Age	Club	Perf	Wind
4/6	53	UNKOWN Person			25.3	
5/6	54	ANDREWS Max	U23	Lewes	26.1	
3/6	63	BIGGS George	U22	Lewes	25.7	
4/6	42	HILL Ryan	U17	Sutton	28.4	
5/6	62	BEVAN Elliott	U15	Lewes	29.6	
5/5	45	PALMER John	V50	HHH	30.6	

**200m Women**

Posn	Bib	Athlete	Age	Club	Perf	Wind
3/5	37	OPOKU Danielle	U17	Sutton	30.1	
4/5	40	TAUXE Elland	U17	Sutton	33.9	
5/5	60	FROST Suzi	W40	Hastings	35.7	
4						
5						
6						
7						
8						

**400m Men**

Posn	Bib	Athlete	Age	Club	Perf
4/4	54	ANDREWS Max	U23	Lewes	59.8
2/4	57	CONWAY Aidan	U17	Lewes	60.0

**400m Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1

15/06/2019

**800m Men**

Posn	Bib	Athlete	Age	Club	Perf
7/11	52	BURRELL Johnathan	m55	lewes ac	02:28.6
9/11	47	POPKIN Tim	m40	hhh	02:36.2

**800m Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

**1500m Men**

Posn	Bib	Athlete	Age	Club	Perf
1/8	51	TAYLOR Charles	U20	Lewes	04:33.2
4/8	43	KEENAN Thomas	SNR	Sutton	04:59.1
6/8	64	BRAUND Finley	U17	Lewes	05:23.1

**1500m Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

**5000m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	59	BOORMAN Rhys	SNR	Hastings	15:49.6
2	58	BENNETT Collin	V50	Lewes	18:31.2
3	61	RAHMAN Samuel	V60	Lewes	22:36.7
4					
5					
6					

**3000m Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

**110m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

**100m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

**S/Chase Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

**S/Chase Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

## SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1

15/06/2019

Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
2/8	50	GADD Wayne	M45	East Grinste	25.86

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1/8	50	GADD Wayne	M45	East Grinste	33.19

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

## SOUTHERN ATHLETICS LEAGUE Division 3 South-East Lewes 1

15/06/2019

Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	2				
2					
3					
4					
5					
6					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1	62	Lewes & Haywards Heath	SM	Lewes	54.6
2					
3					
4					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					