

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 South-East	
MATCH	1	
VENUE	Hastings 1	
P/FINISH	NO	

Date Saturday, April 13 2019

Venue Hastings 1

Host Club Hastings AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
I	Hastings AC	Hast	15	148.0	20.0	129.0	312.0
L	London City AC	London	5	83.0	15.0	75.0	178.0
Y	Lewes & Haywards Heath ©	Lew&HH	15	33.0		38.0	86.0
T	Thanet AC	Thanet	15	31.0	7.0	84.0	137.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Hastings AC	312.0	5.0			312.0	5.0	1
2	London City AC	178.0	4.0			178.0	4.0	2
3	Thanet AC	137.0	3.0			137.0	3.0	3
4	Lewes & Haywards Heath ©	86.0	2.0			86.0	2.0	4

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1
13/04/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	POLA Jordon	Hast	11.3	666
2	T	FARRALL Konrad Y	Thanet	11.9	500
3	L	STANLEY Alistair	London	12.1	451
4	Y	LAMBERT Ethan X	Lew&HH	13.3	219
5					
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	II	REYNOLDS Martyn	Hast	12.3	405
2	LL	HARWOOD Mike	London	12.4	384
3	TT	JENNINGS William Y	Thanet	12.5	362
4	YY	PALMER John	Lew&HH	14.7	64
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	POLA Jordon	Hast	22.8	697
2	T	NEAL Connor Y	Thanet	23.1	653
3	L	STANLEY Alistair	London	27.5	189
4	Y	PALMER John	Lew&HH	30.1	55
5					
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	II	WEST Mike	Hast	24.4	482
2	TT	SEERY George X	Thanet	24.6	458
3	LL	HARWOOD Mike	London	25.9	321
4					
5					
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	T	NEAL Connor Y	Thanet	53.7	558
2	L	STANLEY Alistair	London	54.9	499
3	II	MORRISSY Ryan Y	Hast	55.7	462
4	Y	DAWSON Martin	Lew&HH	56.2	440
5					
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	BELLAMY Oliver	London	57.0	406
2	I	TOMLINSON Oscar X	Hast	59.5	309
3					
4					
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	HODGES Ethan Y	Hast	02:06.6	517
2	L	MUIR Stewart	London	02:15.6	347
3					
4					
5					
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	II	MORRISSY Ryan Y	Hast	02:07.8	492
2	LL	SCREEN James	London	02:22.2	248
3					
4					
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	I	BODY Joseph Y	Hast	04:14.2	595
2	LL	BELLAMY Oliver	London	04:40.7	362
3	Y	HICKS Tim	Lew&HH	05:39.0	71
4					
5					
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	II	DAVIES Jonah X	Hast	04:28.9	457
2	L	MUIR Stewart	London	04:43.1	344
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1
13/04/2019
5000m Men A

Posn	No.	Athlete	Club	Perf
1	I	BOORMAN Rhys	Hast	16:17.5 594
2	L	STOCKBROEKX Koen	London	16:26.6 571
3	Y	HICKS Tim	Lew&HH	19:42.7 171
4				
5				
6				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	II	HODGES Ethan Y	Hast	16:49.4 513
2				
3				
4				
5				
6				

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	L	STANLEY Alistair	London	18.2 502
2	T	FARRALL Konrad Y	Thanet	19.2 418
3				
4				
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	98		No Compet	
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	L	STANLEY Alistair	London	57.1 734
2	I	NOMURA Kazuhiro	Hast	58.2 698
3				
4				
5				
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	II	MITCHELL Blake	Hast	74.6 272
2				
3				
4				
5				
6				

2000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	I	COURTNAGE Lewis X	Hast	06:44.6 644
2	L	STANLEY Alistair	London	07:18.1 475
3				
4				
5				
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	II	BOORMAN Rhys	Hast	07:32.4 411
2				
3				
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	L	STANLEY Alistair	London	1.75 636
2	I	COURTNAGE Lewis X	Hast	1.60 511
3	Y	DAWSON Martin	Lew&HH	1.60 511
4	T	PARSONS Lewis	Thanet	1.50 427

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	II	TOMLINSON Oscar X	Hast	1.55 469
2	TT	FARRALL Konrad Y	Thanet	1.40 343

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1
13/04/2019
Pole Vault Men A

Posn	Bib	Athlete	Club	Perf	
1	II	BALDOCK Steve	Hast	2.01	258

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf	
1	I	MARTIN Wayne	Hast	2.01	258

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	T	NEAL Connor Y	Thanet	5.96	646
2	I	NOMURA Kazuhiro	Hast	5.66	587
3	L	DALTON Joe	London	4.71	402
4	Y	LAMBERT Ethan X	Lew&HH	4.18	301
5					
6					

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	SEERY George X	Thanet	5.91	636
2	LL	ANDROULIDAKIS Nick	London	4.10	286
3	II	LINCOLN Reece X	Hast	4.08	282
4					
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	Y	DAWSON Martin	Lew&HH	11.25	550
2	I	TOMLINSON Oscar X	Hast	11.02	526
3	L	ANDROULIDAKIS Nick	London	8.13	194
4					
5					
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	II	BOORMAN Rhys	Hast	8.85	286
2					
3					
4					
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	L	STANLEY Alistair	London	9.89	572
2	TT	JACQUES Adam	Thanet	8.95	498
3	II	PHIPPS Rob	Hast	7.58	376
4	Y	DAWSON Martin	Lew&HH	5.67	155
5					
6					

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	LL	HARWOOD Mike	London	9.75	561
2	T	FARRALL Konrad Y	Thanet	8.95	497
3	I	MARTIN Wayne	Hast	6.98	316
4					
5					
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	L	STANLEY Alistair	London	36.23	699
2	T	PARSONS Lewis	Thanet	22.42	436
3	I	MARTIN Wayne	Hast	17.15	302
4					
5					
6					

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	LL	DALTON Joe	London	15.98	266
2	TT	DAY Keiran X	Thanet	13.77	188
3	II	DAVIES Jonah X	Hast	11.06	19
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1

13/04/2019

Hammer Men A

Posn	Bib	Athlete	Club	Perf	
1	T	JACQUES Adam	Thanet	36.13	663
2	L	STANLEY Alistair	London	27.07	536
3	I	MARTIN Wayne	Hast	20.08	419
4					
5					
6					

Hammer Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	RAMSAMY Steven	Thanet	14.59	304
2	LL	DALTON Joe	London	13.88	287
3	II	PHIPPS Rob	Hast	13.09	267
4					
5					
6					

Javelin Men A

Posn	Bib	Athlete	Club	Perf	
1	L	STANLEY Alistair	London	44.02	672
2	I	JUDAH Noah X	Hast	36.22	559
3	T	RAMSAMY Steven	Thanet	25.96	393
4	Y	DAWSON Martin	Lew&HH	21.09	304
5					
6					

Javelin Men B

Posn	Bib	Athlete	Club	Perf	
1	II	PHIPPS Rob	Hast	32.53	502
2	TT	PARSONS Lewis	Thanet	17.64	233
3					
4					
5					
6					

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	I	Hast	REYNOLDS Martyn NOMURA Kazuhiro BOLTON Dylan Y WEST Mike	47.4
2	L	London	HARWOOD Mike MUIR Stewart BELLAMY Oliver STANLEY Alistair	49.6
3	T	Thanet	WALL Adam JACQUES Adam KNIGHT George X PARSONS Lewis	49.7
4				
5				
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	I	Hast	NOMURA Kazuhiro HODGES Ethan Y ELAM Isaac X MORRISSY Ryan Y	03:45.1
2	T	Thanet	FARRALL Konrad Y SEERY George X JENNINGS William Y NEAL Connor Y	03:53.4
3	L	London	SCREEN James ANDROULIDAKIS Nick DALTON Joe HARWOOD Mike	04:12.9
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1
13/04/2019
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	Y	CONNOR Livvy	Lew&HH	12.7	707
2	I	PASCALL Delicia X	Hast	12.9	665
3	T	BOOTH Jessica X	Thanet	13.8	491
4	L	FREEMAN-ALARCON Lisi	London	14.8	334
5					
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	II	WILLIAMSON Lauren X	Hast	14.7	348
2	LL	FALCONER India	London	15.8	211
3					
4					
5					
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	I	PASCALL Delicia X	Hast	26.9	616
2	T	BOOTH Jessica X	Thanet	29.2	424
3	L	FREEMAN-ALARCON Lisi	London	29.7	388
4					
5					
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	II	WILLIAMSON Lauren X	Hast		
2					
3					
4					
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	Y	KORNEVALL Chloe X	Lew&HH	61.3	632
2	II	COOPER Harmony Y	Hast	63.9	540
3	L	GEARY Lisa	London	97.3	
4					
5					
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	I	OLIVIA White Y	Hast	64.7	513
2					
3					
4					
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	Y	KORNEVALL Chloe X	Lew&HH	02:22.0	660
2	I	COOPER Harmony Y	Hast	02:26.0	599
3					
4					
5					
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	II	HOPKINS-PARRY Shannon X	Hast	02:27.4	578
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1
13/04/2019
1500m Women A

Posn	No.	Athlete	Club	Perf
1	I	SMART Becky	Hast	05:14.8 498
2	L	BUTYLINA Maria	London	06:17.7 178
3				
4				
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	II	MASLEN Riz	Hast	05:36.0 372
2				
3				
4				
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	I	MARWICK Sophie	Hast	10:42.1 623
2	Y	KNOTKOVA-HANLEY Darja Y	Lew&HH	11:10.1 532
3	LL	LHULLIER Florie	London	12:49.4 267
4				
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	II	MURDOCH Karen	Hast	11:45.8 427
2	L	BUTYLINA Maria	London	13:11.1 220
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	I MOORE Amy	Hast	22.0 222	
2				
3				
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	98				No Compet
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	I	MOORE Amy	Hast	79.40 391
2				
3				
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	II	MURDOCH Karen	Hast	89.70 199
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1
13/04/2019
2000m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	II	CROWE Kelly	Hast	09:05.4 327
2	L	COLLINS Rachel	London	09:57.3 180
3				
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	I	COOPER Harmony Y	Hast	1.25 378

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	II	HOPKINS-PARRY Shannon X	Hast	1.15 270

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	I	MARTIN Kim	Hast	1.80 316

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	II	GRAY Jayne	Hast	2.00 370

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1**13/04/2019****Long Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	TT	BOOTH Jessica X	Thanet	4.27 495
2	I	HOPKINS-PARRY Shannon X	Hast	3.61 349
3	L	BUTYLINA Maria	London	3.13 246
4				
5				
6				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	II	MURDOCH Karen	Hast	3.37 297
2	T	GIARDINA Emily Y	Thanet	3.30 282
3				
4				
5				
6				

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	Y	CONNOR Livvy	Lew&HH	10.98 714
2	I	OLIVIA White Y	Hast	8.49 445
3				
4				
5				
6				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	L	COLLINS Rachel	London	8.05 576
2	I	MARTIN Kim	Hast	7.37 520
3	Y	CARTER Larissa Y	Lew&HH	7.05 492
4	T	WILLIAMS Chloe	Thanet	6.58 449
5				
6				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	II	GRAY Jayne	Hast	7.14 500
2	TT	GIARDINA Emily Y	Thanet	6.18 411
3	LL	GEARY Lisa	London	5.55 345
4	YY	DENYER Jenny	Lew&HH	5.41 329
5				
6				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	I	WILLIAMSON Lauren X	Hast	19.74 537
2	T	WILLIAMS Chloe	Thanet	18.40 506
3	L	COLLINS Rachel	London	15.67 437
4	Y	DENYER Jenny	Lew&HH	11.47 297
5				
6				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	II	GRAY Jayne	Hast	14.83 413
2	TT	SOLE Lyn	Thanet	14.55 405
3	LL	GEARY Lisa	London	12.78 347
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 1
13/04/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	Y	CARTER Larissa Y	Lew&HH	40.34 744
2	T	WILLIAMS Chloe	Thanet	23.84 517
3	I	GRAY Jayne	Hast	17.68 409
4	L	COLLINS Rachel	London	16.82 393
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	YY	DENYER Jenny	Lew&HH	19.30 440
2	II	BONASSEREA Natalina	Hast	13.80 330
3				
4				
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	L	COLLINS Rachel	London	22.58 601
2	II	GRAY Jayne	Hast	14.69 426
3	TT	SOLE Lyn	Thanet	13.47 393
4	Y	DENYER Jenny	Lew&HH	12.41 362
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	T	WILLIAMS Chloe	Thanet	13.33 389
2	I	BONASSERA Natalina	Hast	9.96 276
3	LL	BUTYLINA Maria	London	8.14 191
4				
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	I	Hast	KNIGHT Lucy X HOPKINS-PARRY Shannon X WILLIAMSON Lauren X PASCALL Delic	56.40
2	L	London	BENHAM Kirsty FALCONER India COLLINS Rachel FREEMAN-ALARCON Lisi	59.30
3				
4				
5				
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	I	Hast	OLIVIA White Y SMART Becky MOORE Amy COOPER Harmony Y	04:31.0
2	L	London	BENHAM Kirsty BUTYLINA Maria LHULLIER Florie FREEMAN-ALARCON Lisi	05:15.4
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings: Wind13/04/2019 Wind

Bib	Males	Event	Perf	Bib	Females	Event	Perf
Hastings AC							
-	-	-	-		WILLIAMSON Lauren X	100m	
-	-	-	-		KNIGHT Lucy X	200m	
-	-	-	-		-	-	
I	BOLTON Dylan Y	800m	02:15.2	I	BONASSEREA Natalina	Pole Vault	1.40
I	ELAM Isaac X	800m	02:03.9		BONASSEREA Natalina	Shot	5.65
I	LINCOLN Reece X	800m	02:12.0		BONASSEREA Natalina	100m	
I	LINCOLN Reece X	1500m			BONASSEREA Natalina	Javelin	
I	REYNOLDS Martyn	400m		I	MOORE Amy	400m	67.4
I	REYNOLDS Martyn	200m		L	BENHAM Kirsty	100m	14.3
I	NOMURA Kazuhiro	200m	24.2				
I	DAVIES Jonah X	1500m					
I	CROMBIE James	1500m	04:28.7				
TT	KNIGHT George X	100m	13.4				
L	HALL Dante	400m	56.0				
TT	WALL Adam	Long Jump	4.93				
TT	RAMSAY Steven	Shot	7.11				
TT	DAY Kieran	Shot	5.92				
TT	DAY Kieran	Javelin	21.77				
II	Relay	4 x 400 relay	04:02.1				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hasting:

Wind

13/04/2019

Wind

Lewes & Haywards Heath ©

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind

London City AC

HALL Dante

400m

BENHAM Kirsty

100m

-

-

-

-

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings: Wind

13/04/2019

Wind

Thanet AC

WALL Adam	200m	SOLE Lyn	Long Jump
JENNINGS William Y	200m		
RAMSAMY Steven	Shot		
RAMSAMY Steven	Discus		
WALL Adam	Long Jump		
DAY Keiran X	Javelin		
KNIGHT George X	100m		
KNIGHT George X	200m		
DAY Keiran X	Shot		

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind