

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 North	
MATCH	5	
VENUE	Thurrock	
P/FINISH	NO	

Date Saturday, August 17 2019

Venue Thurrock

Host Club Thurrock Harriers

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
T	Thurrock Harriers	Thurr	20	180.0	24.0	156.0	380.0
Z	Wycombe Phoenix H & AC	Wyc P	20	171.0	19.0	144.0	354.0
W	Watford Harriers	Watf	20	118.0	16.0	93.0	247.0
D	Barnet & District AC	Barnet	20	50.0	0.0	26.0	96.0
J	West Suffolk AC	W Suff	10	0.0	0.0	60.0	70.0
U	Huntingdonshire AC	Hunt	10	72.0	4.0	91.0	177.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Thurrock Harriers	380.0	6.0	0.00	0.00	380.0	6.0	1
2	Wycombe Phoenix H & AC	354.0	5.0	0.00	0.00	354.0	5.0	2
3	Watford Harriers	247.0	4.0	0.00	0.00	247.0	4.0	3
4	Huntingdonshire AC	177.0	3.0	0.00	0.00	177.0	3.0	4
5	Barnet & District AC	96.0	2.0	0.00	0.00	96.0	2.0	5
6	West Suffolk AC	70.0	1.0	0.00	0.00	70.0	1.0	6

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

Scoring System Top 10

Men					
	Men	Club	Event	Perf	Points
1	NAGY Ben	Barnet	2000m S/Chase Men A	06:13.7	834
2	MITSON Thomas	W Suff	Javelin Men A	52.32	753
3	ADEPEGBA Oreofeoluwa X	Thurr	Long Jump Men A	6.51	747
4	EXLEY Jack Y	Thurr	800m Men A	01:58.8	733
5	SHORTALL Michael	Thurr	400m Hurdles Men A	58.7	717
6	NAGY Ben	Barnet	5000m Men A	15:35.1	710
7	SIMMONS Louis	Wyc P	Discus Men A	39.53	707
8	ADESINA Theo Y	Thurr	Long Jump Men B	6.28	702
8	FINCH Alec	Thurr	2000m S/Chase Men A	06:35.5	702
10	ALLEN Jake	W Suff	Discus Men A	38.99	699

Women					
	Women	Club	Event	Perf	Points
1	OLAJIDE Funminiyi Y	Thurr	Triple Jump Women A	11.83	842
2	BRIDGER Ruby X	Thurr	Long Jump Women A	5.37	781
3	ZMUDA Chloe Y	Wyc P	Discus Women A	34.58	736
4	RIDLEY Hannah	Hunt	800m Women A	02:20.2	716
5	BARTHOLOMEW Meg Y	W Suff	Javelin Women A	32.76	711
6	ZMUDA Chloe Y	Wyc P	Javelin Women A	32.72	710
7	LE BEAU Natalie	Thurr	Long Jump Women B	5.05	705
8	HOLT Katie	Wyc P	Javelin Women B	31.54	694
9	DOYLE Zoe	Wyc P	800m Women A	02:21.9	688
10	DREWITT Caroline	Thurr	Discus Women A	31.04	686

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock
17/08/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	T	GIBBS Ben	Thurr	11.5	615
2	U	BOGLE Jason X	Hunt	11.6	587
3	Z	WELCH Keelan X	Wyc P	12.2	434
4	W	DEARMAN Owen	Watf	12.2	434
5	D	MORRIS Will	Barnet	15.3	31
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	NWABUDE Nweike	Thurr	11.7	559
2	ZZ	HILES Morgan	Wyc P	11.8	533
3	UU	RILEY Oscar	Hunt	12.7	328
4	WW	DEARMAN Stewart	Watf	15.0	46
5	DD	REYNOLDS Patrick	Barnet	17.6	
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	T	SODIPO Yinka	Thurr	23.8	548
2	U	BOGLE Jason X	Hunt	24.2	498
3	Z	HALL Michael Y	Wyc P	24.8	428
4	W	WELLS Oliver	Watf	24.9	417
5	D	REYNOLDS Patrick	Barnet	36.8	
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	ADESINA Theo Y	Thurr	23.6	574
2	UU	STOKES Callum Y	Hunt	24.7	440
3	WW	DEARMAN Owen	Watf	25.2	385
4	ZZ	WELCH Keelan X	Wyc P	26.1	298
5	DD	BALAZ Milan	Barnet	38.2	
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	T	CUTHBERT Regan	Thurr	52.3	631
2	W	WELLS Oliver	Watf	54.8	504
3	U	STOKES Callum Y	Hunt	56.3	436
4	Z	HALL Michael Y	Wyc P	56.3	436
5	D	MORRIS Will	Barnet	62.3	218
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	FARMER Jack	Thurr	54.6	513
2	WW	BECKFORD-TONGS Simeon	Watf	55.0	494
3	UU	DARNELL Sebastian Y	Hunt	55.9	453
4	ZZ	KEMPTON Luke X	Wyc P	60.4	277
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	T	EXLEY Jack Y	Thurr	01:58.8	733
2	Z	GILFEDDER Kieran	Wyc P	02:02.2	646
3	D	PELOSI Gary	Barnet	02:05.3	572
4	U	HISCOCK Casper Y	Hunt	02:17.5	332
5	W	DEARMAN Stewart	Watf	02:43.9	54
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	NEWELL Taylor Y	Thurr	02:04.4	593
2	UU	PALMER Sam	Hunt	02:18.2	321
3	ZZ	KEMPTON Luke X	Wyc P	02:33.5	129
4					
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	Z	GILFEDDER Kieran	Wyc P	04:08.2	691
2	T	WHEELER Leon Y	Thurr	04:09.1	681
3	D	MORRIS Will	Barnet	04:38.3	399
4	W	BECKFORD-TONGS Simeon	Watf	04:38.6	397
5	U	PALMER Sam	Hunt	05:03.7	224
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	ZZ	CLARK David	Wyc P	04:34.3	432
2	TT	PARKER Harry X	Thurr	04:38.2	400
3	WW	ROSEWARN Alexander X	Watf	04:51.2	303
4	UU	DARNELL Derek	Hunt	05:21.7	135
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock

17/08/2019

5000m Men A

Posn	No.	Athlete	Club	Perf
1	D	NAGY Ben	Barnet	15:35.1 710
2	Z	CLARK David	Wyc P	16:43.5 528
3	T	VINICOMBE Robert	Thurr	16:57.3 494
4	W	CONNOR Ross	Watf	17:03.0 480
5				
6				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	ZZ	BUSBY Liam	Wyc P	17:58.5 357
2	TT	ABATI Dapo	Thurr	18:00.1 353
3	DD	SUDDABY Rob	Barnet	21:43.1 38
4				
5				
6				

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	T	SHORTALL Michael	Thurr	17.4 600
2	Z	SUTHERLAND Harry	Wyc P	20.1 365
3				
4				
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	TT	GIBBS Ben	Thurr	19.9 381
2	ZZ	BARKER Daniel	Wyc P	22.4 210
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	T	SHORTALL Michael	Thurr	58.7 717
2	Z	SUTHERLAND Harry	Wyc P	64.8 530
3	W	DEARMAN Stewart	Watf	89.3 55
4	D	BALAZ Milan	Barnet	107.1
5				
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	TT	CHIVERS Liam Y	Thurr	63.6 565
2	ZZ	MARSDEN Barrie	Wyc P	70.7 374
3				
4				
5				
6				

2000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	D	NAGY Ben	Barnet	06:13.7 834
2	T	FINCH Alec	Thurr	06:35.5 702
3	W	CONNOR Ross	Watf	06:55.0 595
4	U	DARNELL Sebastian Y	Hunt	07:25.6 445
5	Z	BUSBY Liam	Wyc P	07:43.2 370
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	TT	LOWE Finnlay X	Thurr	07:12.9 504
2	ZZ	BARKER Daniel	Wyc P	08:05.2 286
3				
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	T	CUTHBERT Regan	Thurr	1.75 629
2	W	DEARMAN Owen	Watf	1.75 629
3	Z	HALL Michael Y	Wyc P	1.55 464
4	U	OPALEYE Yinka	Hunt	1.45 381

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	TT	OLAJIDE Tosin X	Thurr	1.65 547
2	ZZ	SUTHERLAND Harry	Wyc P	1.50 423
3	WW	GRIFFITHS Harvey	Watf	1.45 381
4	UU	GARDNER Martin	Hunt	1.40 340

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock
17/08/2019
Pole Vault Men A

Posn	Bib	Athlete	Club	Perf	
1	Z	PARKINSON Ian	Wyc P	3.80	687
2	W	KILBANE Ciaran X	Watf	2.60	413
3	TT	ADEPEGBA Oreofeoluwa X	Thurr	2.60	413
4	U	GARDNER Martin	Hunt	1.80	219

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf	
1	WW	DEARMAN Owen	Watf	2.60	413
2	ZZ	SUTHERLAND Harry	Wyc P	2.40	365
3	T	GIBBS Ben	Thurr	2.20	317
4	UU	OPALEYE Yinka	Hunt	1.40	116

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	TT	ADEPEGBA Oreofeoluwa X	Thurr	6.51	747
2	JJ	ALLEN Luke	W Suff	5.43	536
3	Z	SUTHERLAND Harry	Wyc P	4.89	433
4	U	OPALEYE Yinka	Hunt	4.70	396
5	W	GRIFFITHS Harvey	Watf	4.11	285
6	DD	BALAZ Milan	Barnet	3.29	134

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	T	ADESINA Theo Y	Thurr	6.28	702
2	J	RICHARDS Jack Y	W Suff	5.10	473
3	ZZ	MARSDEN Barrie	Wyc P	4.53	364
4	UU	GARDNER Martin	Hunt	4.05	274
5	D	REYNOLDS Patrick	Barnet	2.66	24
6	WW	PARLES Richard	Watf	2.34	

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	T	GIBBS Ben	Thurr	11.40	588
2	J	RICHARDS Jack Y	W Suff	11.26	573
3	ZZ	HILES Morgan	Wyc P	10.32	471
4	W	CONNOR Ross	Watf	10.30	469
5	U	OPALEYE Yinka	Hunt	8.96	311
6	DD	MACK Rob	Barnet	6.37	

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	SHORTALL Michael	Thurr	11.14	560
2	Z	MARSDEN Barrie	Wyc P	9.77	408
3	WW	GRIFFITHS Harvey	Watf	8.21	212
4	UU	GARDNER Martin	Hunt	7.49	104
5	D	REYNOLDS Patrick	Barnet	5.97	
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	Z	SUTHERLAND Harry	Wyc P	11.73	677
2	J	ALLEN Jake	W Suff	10.92	623
3	UU	GARDNER Martin	Hunt	10.31	580
4	TT	RAWLINSON Glen	Thurr	9.53	522
5	WW	GRIFFITHS Harvey	Watf	7.14	320
6	D	MACK Rob	Barnet	5.57	134

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	T	GIBBS Ben	Thurr	9.06	486
2	U	BURKE Steven	Hunt	8.56	446
3	ZZ	NERURKAR Sammy X	Wyc P	5.45	115
4	W	DEARMAN Stewart	Watf	5.43	111
5	DD	REYNOLDS Patrick	Barnet	5.33	94
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	Z	SIMMONS Louis	Wyc P	39.53	707
2	J	ALLEN Jake	W Suff	38.99	699
3	U	GARDNER Martin	Hunt	31.70	584
4	T	GIBBS Ben	Thurr	26.62	494
5	W	KILBANE Ciaran X	Watf	21.21	384
6	DD	MACK Rob	Barnet	14.19	192

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	UU	ELLINGHAM Robert	Hunt	29.96	554
2	ZZ	SUTHERLAND Harry	Wyc P	27.59	512
3	TT	INSTANCE Nigel	Thurr	22.02	401
4	WW	GRIFFITHS Harvey	Watf	19.14	335
5	D	REYNOLDS Patrick	Barnet	13.02	146
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock**17/08/2019****Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	J	ALLEN Jake	W Suff	42.68 677
2	U	ELLINGHAM Robert	Hunt	36.08 603
3	T	GIBBS Ben	Thurr	30.70 537
4	ZZ	WELLS Alex	Wyc P	23.36 434
5	D	MACK Rob	Barnet	18.79 359
6	W	GRIFFITHS Harvey	Watf	17.03 327

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	UU	BURKE Steven	Hunt	30.42 533
2	Z	SUTHAKAR Kesegan X	Wyc P	19.79 377
3	TT	INSTANCE Nigel	Thurr	19.23 367
4	DD	REYNOLDS Patrick	Barnet	14.11 266
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	J	MITSON Thomas	W Suff	52.32 753
2	T	RAWLINSON Glen	Thurr	46.14 674
3	W	KILBANE Ciaran X	Watf	36.39 539
4	Z	SUTHERLAND Harry	Wyc P	32.10 476
5	U	BURKE Steven	Hunt	27.39 401
6	D	MACK Rob	Barnet	19.46 261

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	JJ	ALLEN Luke	W Suff	35.26 523
2	TT	ADESINA Theo Y	Thurr	30.85 456
3	ZZ	NERURKAR Sammy X	Wyc P	25.05 362
4	UU	GARDNER Martin	Hunt	24.50 353
5	WW	GRIFFITHS Harvey	Watf	22.44 317
6	DD	REYNOLDS Patrick	Barnet	17.77 227

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	T	Thurr	NWABUDE Nweike ADESINA Theo Y SODIPO Yinka GIBBS Ben	43.4
2	Z	Wyc P	HALL Michael Y HILES Morgan SHARPE Benjamin WELCH Keelan X	46.8
3	U	Hunt	BOGLE Jason X STOKES Callum Y RILEY Oscar PALMER Sam	47.7
4	W	Watf	DEARMAN Owen BECKFORD-TONGS Simeon KILBANE Ciaran X WELLS Oliver	49.2
5				
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	T	Thurr	SHORTALL Michael EXLEY Jack Y CHIVERS Liam Y CUTHBERT Regan	03:39.5
2	W	Watf	BECKFORD-TONGS Simeon CONNOR Ross DEARMAN Owen WELLS Oliver	03:48.8
3	Z	Wyc P	CLARK David HALL Michael Y KEMPTON Luke X GILFEDDER Kieran	03:49.6
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock
17/08/2019
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	T	LE BEAU Natalie	Thurr	13.0	644
2	Z	FITZPATRICK Lisa	Wyc P	13.3	584
3	U	RIDLEY Sarah	Hunt	13.4	564
4	W	LOWER Robyn	Watf	14.4	392
5	D	LEE Annabelle	Barnet	17.9	52
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	STAINES Victoria	Thurr	13.8	491
2	ZZ	PAUL Laura X	Wyc P	14.9	320
3	UU	MAY Molly X	Hunt	15.1	293
4	WW	DEARMAN Christine	Watf	18.3	35
5	DD	SCOTT Catherine	Barnet	22.8	
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	t	OLAJIDE Funminiyi Y	Thurr	27.0	607
2	U	RILEY Francesca	Hunt	27.9	527
3	Z	FITZPATRICK Lisa	Wyc P	28.5	478
4	W	LOWER Robyn	Watf	31.5	275
5	D	LEE Annabelle	Barnet	39.4	24
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	BRIDGER Ruby X	Thurr	27.8	536
2	ZZ	PENNANT Maisie Y	Wyc P	30.4	341
3	UU	MAY Molly X	Hunt	31.5	275
4	WW	BENTLEY Claire	Watf	35.3	111
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	U	RILEY Francesca	Hunt	62.1	603
2	T	BEARDWELL Kennedy X	Thurr	66.4	459
3	Z	PENNANT Maisie Y	Wyc P	68.8	388
4	W	LOWER Robyn	Watf	70.9	331
5	D	LEE Annabelle	Barnet	84.9	73
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	FALL Emily X	Thurr	68.4	400
2	ZZ	STYLES Megan	Wyc P	68.5	397
3	WW	DEARMAN Christine	Watf	84.6	76
4					
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	U	RIDLEY Hannah	Hunt	02:20.2	716
2	Z	DOYLE Zoe	Wyc P	02:21.9	688
3	T	INSTANCE Hayley Y	Thurr	02:26.5	615
4	WW	BENTLEY Claire	Watf	02:33.1	518
5	D	LEE Annabelle	Barnet	03:11.6	122
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	BEARDWELL Kennedy X	Thurr	02:33.3	515
2	W	LOWER Robyn	Watf	02:40.3	422
3	ZZ	STYLES Emma Y	Wyc P	02:43.7	380
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock
17/08/2019
1500m Women A

Posn	No.	Athlete	Club	Perf
1	Z	DOYLE Zoe	Wyc P	04:56.8 651
2	T	BLOCKLEY Sarah X	Thurr	05:26.5 448
3	W	GLENISTER Charlotte Y	Watf	06:05.8 237
4	D	LEE Annabelle	Barnet	06:32.9 131
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	TT	BREWER Leah X	Thurr	05:57.5 276
2	ZZ	THOMAS Sophie X	Wyc P	05:59.5 267
3				
4				
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	W	BENTLEY Claire	Watf	10:55.7 607
2	Z	COOPER Ellen X	Wyc P	11:29.5 497
3	T	INSTANCE Hayley Y	Thurr	11:58.4 412
4				
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	ZZ	PHAIR Melanie	Wyc P	12:06.4 390
2	WW	ROSEWARN Jessica Y	Watf	12:21.2 350
3	TT	FARRELL Jodie	Thurr	12:53.2 271
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf
1	W BENTLEY Suzanne	Watf	17.2 595
2	Z FITZPATRICK Lisa	Wyc P	17.4 577
3			
4			
5			
6			

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	WW	BENTLEY Rachel	Watf	18.7 466
2	ZZ	DELGADO Emma	Wyc P	22.6 199
3				
4				
5				
6				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	W	BENTLEY Suzanne	Watf	70.5 626
2	TT	MONK Tilly X	Thurr	75.7 496
3	ZZ	ZMUDA Chloe Y	Wyc P	78.1 440
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	WW	BENTLEY Rachel	Watf	75.0 513
2	Z	DELGADO Emma	Wyc P	81.8 359
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock
17/08/2019
2000m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	ZZ	TAYLOR Natasha	Wyc P	08:59.2 328
2	W	LOWER Robyn	Watf	09:19.8 266
3	TT	FARRELL Jodie	Thurr	09:39.9 212
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	Z	PHAIR Melanie	Wyc P	09:08.1 301
2	T	BALL Lucie Y	Thurr	09:55.8 174
3	WW	DEARMAN Christine	Watf	10:35.3 96
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	T	AJAYI Tumi X	Thurr	1.53 670
2	J	PILGRIM Sarah	W Suff	1.50 638
3	ZZ	STYLES Megan	Wyc P	1.40 531
4	W	BENTLEY Suzanne	Watf	1.35 477
5	U	ISAAC Maisie X	Hunt	1.15 264

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	TT	BRIDGER Ruby X	Thurr	1.40 531
2	Z	FITZPATRICK Lisa	Wyc P	1.35 477
3	WW	BENTLEY Claire	Watf	1.10 211

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	J	PILGRIM Sarah	W Suff	2.50 533
2	W	CANNING Christine	Watf	1.40 214

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock
17/08/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	T	BRIDGER Ruby X	Thurr	5.37	781
2	Z	FITZPATRICK Lisa	Wyc P	4.68	617
3	U	ISAAC Maisie X	Hunt	4.19	501
4	W	LOWER Robyn	Watf	3.24	283
5					
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	TT	LE BEAU Natalie	Thurr	5.05	705
2	ZZ	STYLES Megan	Wyc P	4.42	555
3	WW	DEARMAN Christine	Watf	2.43	105
4					
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	T	OLAJIDE Funminiya Y	Thurr	11.83	842
2	Z	STYLES Megan	Wyc P	9.94	634
3	U	ISAAC Maisie X	Hunt	8.74	497
4	W	BENTLEY Rachel	Watf	8.50	469
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	TT	AJAYI Tumi X	Thurr	10.32	677
2	ZZ	WELLS Hannah X	Wyc P	9.08	536
3	WW	DEARMAN Christine	Watf	5.56	94
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	U	RIDLEY Sarah	Hunt	9.96	685
2	T	LAWRENCE Sue	Thurr	9.91	681
3	ZZ	ZMUDA Chloe Y	Wyc P	8.83	606
4	W	TWYMAN Ella-jade X	Watf	6.67	435
5	DD	SCOTT Catherine	Barnet	5.05	273
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	TT	OLUFEMI Toyin	Thurr	9.43	648
2	Z	HOLT Katie	Wyc P	8.51	583
3	UU	BURTON Tracy	Hunt	6.96	460
4					
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	Z	ZMUDA Chloe Y	Wyc P	34.58	736
2	TT	DREWITT Caroline	Thurr	31.04	686
3	U	RIDLEY Sarah	Hunt	29.73	667
4	WW	ROSS Emily X	Watf	25.50	601
5	DD	SCOTT Catherine	Barnet	5.91	
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	T	LAWRENCE Sue	Thurr	28.05	642
2	ZZ	PEARCE Jodie	Wyc P	24.09	577
3	W	TWYMAN Ella-jade X	Watf	20.92	518
4	UU	BURTON Tracy	Hunt	15.88	407
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock
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Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	T	LAWRENCE Sue	Thurr	33.97 656
2	ZZ	PEARCE Jodie	Wyc P	33.77 654
3	U	BURTON Tracy	Hunt	21.16 467
4	W	CANNING Christine	Watf	15.70 367
5	DD	SCOTT Catherine	Barnet	10.29 239
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	Z	WELLS Hannah X	Wyc P	33.48 650
2	TT	SMITH Megan Y	Thurr	27.72 570
3	WW	DEARMAN Christine	Watf	11.73 278
4				
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	J	BARTHOLOMEW Meg Y	W Suff	32.76 711
2	ZZ	ZMUDA Chloe Y	Wyc P	32.72 710
3	TT	COWMAN Lucy X	Thurr	27.88 640
4	W	BENTLEY Suzanne	Watf	17.18 449
5	U	BURTON Tracy	Hunt	13.37 359
6	DD	SCOTT Catherine	Barnet	6.72 74

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	Z	HOLT Katie	Wyc P	31.54 694
2	T	LAWRENCE Sue	Thurr	26.11 612
3				
4				
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	T	Thurr	STAINES Victoria AJAYI Tumi X BRIDGER Ruby X OSAGIE Vanessa X	53.2
2	Z	Wyc P	FITZPATRICK Lisa PENNANT Maisie Y STYLES Megan PAUL Laura X	56.1
3	W	Watf	BENTLEY Suzanne BENTLEY Rachel LOWER Robyn BENTLEY Claire	58.1
4				
5				
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	T	Thurr	INSTANCE Hayley Y BEARDWELL Kennedy X BLOCKLEY Sarah X BRIDGER Ruby X	04:25.2
2	Z	Wyc P	DOYLE Zoe ZMUDA Chloe Y COOPER Ellen X PENNANT Maisie Y	04:31.3
3	W	Watf	BENTLEY Suzanne BENTLEY Rachel BENTLEY Claire LOWER Robyn	04:36.5
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock

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NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	147	ADESINA Theo Y		Thurr	11.7	
2	146	OGUTUGA Daniel X	U17	Thurr	12.0	
3	129	FULCHER Taran Y	U20	Thurr	12.2	
4	306	SHARPE Benjamin		Wyc P	12.8	
5						
6						
7						
8						

100m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	303	OSAGIE Vanessa X		Thurr	13.7	
2	302	AJAYI Tumi X		Thurr	13.7	
3	301	OLUFEMI Toyin		Thurr	14.3	
4						
5						
6						
7						
8						

200m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						
7						
8						

200m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	312	LE BEAU Natalie		Thurr	27.4	
2	303	OSAGIE Vanessa X		Thurr	28.3	
3	149	MONK Tilly		Thurr	28.5	
4	301	OLUFEMI Toyin		Thurr	29.5	
5	304	STAINES Victoria		Thurr	30.2	
6						
7						
8						

400m Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

400m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock

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800m Men

Posn	Bib	Athlete	Age	Club	Perf
1	145	WILLETT Henri Y	U20	Thurr	2.227
2					
3					
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age	Club	Perf
1	305	MITCHELL Nicholas X		Wyc P	4:56.6
2					
3					
4					
5					
6					

1500m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

5000m Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

3000m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

110m Hurdles Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

100m Hurdles Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

S/Chase Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

S/Chase Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock

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Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1	317	GARDNER Martin		Hunt	20.18
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1	143	COWMAN Lucy X		Thurr	27.41
2	307	NEALE Caitlin		Wyc P	19.73
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
1	316	BURKE Steven		Hunt	26.59
2	311	SUTHAKAR Kesegan X		Wyc P	15.90
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1	308	WELLS Hannah X		Wyc P	23.90
2	148	SMITH Megan Y		Thurr	23.89
3	307	NEALE Caitlin		Wyc P	23.40
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1	314	OLAJIDE Tosin X		Thurr	30.45
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1	142	BARDO Hannah X		Thurr	25.28
2	148	SMITH Megan Y		Thurr	23.80
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1	143	COWMAN Lucy X		Thurr	8.22
2	309	PEARCE Jodie		Wyc P	6.82
3	307	NEALE Caitlin		Wyc P	5.44
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	129	FULCHER Taran Y	U20	Thurr	5.68
2	146	OGUTUGA Daniel X	U17	Thurr	3.85
3					
4					
5					
6					

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Thurrock

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Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	144	ADEPEGBA Oreofeoluwa X	U17	Thurr	13.26
2					
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	2				
2					
3					
4					
5					
6					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1	320	4X400M		Thurr	3:52.0
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					