

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 North	
MATCH	4	
VENUE	Luton	
P/FINISH	NO	1

Date Saturday, July 13 2019

Venue Luton

Host Club Luton AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
L	Luton AC	Luton	20	152.0	20.0	153.0	345.0
M	Highgate Harriers & Mornington Chasers ©	Higate&MC	15	89.0	6.0	60.0	170.0
T	Thurrock Harriers	Thurr	20	131.0	22.0	139.0	312.0
P	Peterborough AC	Peterb	15	99.0	10.0	125.0	249.0
K	West Norfolk AC	W Norf	15	46.0	7.0	45.0	113.0
C	Chiltern Harriers AC	Chilt	10	9.0	0.0	2.0	21.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Luton AC	345.0	6.0	0.00	0.00	345.0	6.0	1
2	Thurrock Harriers	312.0	5.0	0.00	0.00	312.0	5.0	2
3	Peterborough AC	249.0	4.0	0.00	0.00	249.0	4.0	3
4	Highgate Harriers & Mornington Chasers ©	170.0	3.0	0.00	0.00	170.0	3.0	4
5	West Norfolk AC	113.0	2.0	0.00	0.00	113.0	2.0	5
6	Chiltern Harriers AC	21.0	1.0	0.00	0.00	21.0	1.0	6

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

Scoring System Top 10

Men		Club	Event	Perf	Points
1	POTTON-BURRELL Jamie	Luton	Hammer Men A	52.09	849
2	AMAOADE nathaniel Y	Peterb	Triple Jump Men A	13.02	724
3	KIMPTON Ian	Luton	3000m Men A	08:49.4	714
4	GIBBS Ben	Thurr	100m Men A	11.2	696
5	POTTON-BURRELL Jamie	Luton	Shot Men A	11.54	692
6	KIMPTON Ian	Luton	1500m Men A	04:07.9	662
7	WHEELER Leon Y	Thurr	3000m Men A	09:00.0	661
8	NWABUDE Nweike	Thurr	Long Jump Men A	6.03	660
9	SHORTALL Michael	Thurr	400m Hurdles Men A	59.6	655
10	NOBLETT Jed Y	Luton	1500m Men B	04:09.4	646

Women		Club	Event	Perf	Points
1	WISE Suzanna	Luton	Discus Women A	31.60	754
1	MACALISTER HALL Emma	Higate&MC	800m Women A	02:16.2	754
3	FENTON-LAKE Harriet Y	Peterb	100m Women A	12.5	752
4	FENTON-LAKE Harriet Y	Peterb	High Jump Women A	1.58	738
5	JACOBS-CONRADIE Charlene	Luton	5000m Women A	18:26.1	725
6	WISE Suzanna	Luton	Hammer Women A	38.28	719
7	DREWITT Caroline	Thurr	Discus Women A	28.53	705
8	LAWRENCE Sue	Thurr	Discus Women B	28.08	697
9	LAWRENCE Sue	Thurr	Shot Women A	9.62	695
10	TANUSHI Lisa	Luton	Javelin Women A	27.63	691

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	T	GIBBS Ben	Thurr	11.2	696
2	P	AMAOADE nathaniel Y	Peterb	11.6	579
3	L	GIBBS Jack X	Luton	11.6	579
4	M	MCEVOY Ryan X	Higate&MC	12.4	384
5	K	ROSS Cameron	W Norf	13.2	235
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	NWABUDE Nweike	Thurr	11.5	607
2	PP	TSHABALALA Bryce X	Peterb	11.9	500
3	LL	SMITH Gary	Luton	12.5	362
4					
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	GIBBS Jack X	Luton	24.0	531
2	T	SHORTALL Michael	Thurr	24.4	482
3	K	WILLIAMS Charlie Y	W Norf	24.7	447
4	P	PAINTER Aiden Y	Peterb	26.0	311
5					
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	PP	TSHABALALA Bryce X	Peterb	24.7	447
2	KK	WILKINSON Laurie Y	W Norf	25.4	370
3	TT	WHEELER Leon Y	Thurr	26.0	311
4	LL	O'SHEA Daniel	Luton	26.9	234
5					
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	BRIGHT Aderian	Luton	55.8	458
2	K	WILKINSON Laurie Y	W Norf	56.7	418
3	T	FARMER Jack	Thurr	58.7	338
4	P	PAINTER Aiden Y	Peterb	59.3	316
5	M	STEPHAN Nikolas	Higate&MC	69.5	63
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	ARMANI DUJON Romero	Luton	56.6	423
2	TT	PRIOR Ben Y	Thurr	61.3	248
3	KK	WATSON Neil	W Norf	62.7	206
4					
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	NOBLETT Jed Y	Luton	02:07.0	508
2	T	PARKER Harry X	Thurr	02:10.3	442
3	K	WILKINSON Laurie Y	W Norf	02:11.3	423
4	C	CARTWRIGHT Martyn	Chilt	03:23.5	
5					
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	PRIOR Ben Y	Thurr	02:12.4	403
2	LL	BENTHAM Daniel X	Luton	02:15.1	355
3	KK	COLLISON Ben	W Norf	02:31.2	144
4					
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	L	KIMPTON Ian	Luton	04:07.9	662
2	TT	NEWELL Taylor Y	Thurr	04:10.4	635
3	M	HAWKINGS Peter	Higate&MC	04:27.1	473
4					
5					
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	NOBLETT Jed Y	Luton	04:09.4	646
2	T	DHILON Sarab Y	Thurr	04:14.0	597
3	MM	ARMSTRONG John	Higate&MC	04:57.8	247
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
3000m Men A

Posn	No.	Athlete	Club	Perf	
1	L	KIMPTON Ian	Luton	08:49.4	714
2	T	WHEELER Leon Y	Thurr	09:00.0	661
3	M	HAWKINGS Peter	Higate&MC	09:24.6	547
4					
5					
6					

3000m Men B

Posn	No.	Athlete	Club	Perf	
1	TT	ABATI Adedapo	Thurr	10:01.1	398
2	MM	ARMSTRONG John	Higate&MC	10:30.6	296
3	LL	MCNABOLA Liam	Luton	10:45.7	250
4					
5					
6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	T	SHORTALL Michael	Thurr	18.3	493
2					
3					
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	TT	GIBBS Ben	Thurr	20.5	320
2					
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	T	SHORTALL Michael	Thurr	59.6	655
2	L	SMITH Gary	Luton	65.9	475
3	K	WATSON Neil	W Norf	69.8	377
4					
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	TT	FARMER Jack	Thurr	66.0	472
2	LL	ARMANI DUJON Romero	Luton	66.9	449
3					
4					
5					
6					

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf	
1	T	ABATI Adedapo	Thurr	11:30.3	429
2	L	MCNABOLA Liam	Luton	13:17.3	197
3					
4					
5					
6					

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf	
1	TT	METCALF Jonathan	Thurr	12:38.4	270
2					
3					
4					
5					
6					

High Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	P	HORNE Jamie	Peterb	1.75	636
2	L	BRIGHT Aderian	Luton	1.73	619
3	TT	FULCHER Taran Y	Thurr	1.58	494

High Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	PP	PHILLIPS Luke X	Peterb	1.68	578
2	T	SODIPO Yinka	Thurr	1.48	410
3	LL	BOTTESCH Daniel	Luton	1.28	242

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
Pole Vault Men A

Posn	Bib	Athlete	Club	Perf	
1	K	WILLIAMS Charlie Y	W Norf	2.40	348
2	P	PHILLIPS Luke X	Peterb	1.80	208
3	L	BOTTESCH Daniel	Luton	1.00	

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	LL	MCNABOLA Liam	Luton	1.00

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	T	NWABUDE Nweike	Thurr	6.03	660
2	L	BRIGHT Aderian	Luton	5.81	616
3	PP	TSHABALALA Bryce X	Peterb	5.26	509
4	K	ROSS Cameron	W Norf	4.42	347
5					
6					

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	SHORTALL Michael	Thurr	5.52	560
2	LL	ARMANI DUJON Romero	Luton	4.78	416
3	P	PAINTER Aiden Y	Peterb	4.34	331
4					
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	P	AMAOADE nathaniel Y	Peterb	13.02	724
2	T	GIBBS Ben	Thurr	11.75	600
3	L	ARMANI DUJON Romero	Luton	11.47	572
4					
5					
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	SHORTALL Michael	Thurr	11.02	526
2	PP	HORNE Jamie	Peterb	10.65	488
3	LL	O'SHEA Daniel	Luton	9.96	414
4					
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	L	POTTON-BURRELL Jamie	Luton	11.54	692
2	T	GIBBS Ben	Thurr	8.79	484
3	K	PISHORN Jack	W Norf	6.39	251
4	P	ARMSTRONG Joshua X	Peterb	6.03	206
5	M	HOWARD Martin	Higate&MC	3.35	
6					

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	LL	BRIGHT Aderian	Luton	10.06	585
2	TT	INSTANCE Nigel	Thurr	6.77	294
3					
4					
5					
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	L	POTTON-BURRELL Jamie	Luton	31.14	611
2	K	WILLIAMS Charlie Y	W Norf	27.98	552
3	T	GIBBS Ben	Thurr	26.47	522
4	P	HORNE Jamie	Peterb	14.23	205
5	M	OWOBORODE Lanre X	Higate&MC	14.20	204
6					

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	INSTANCE Nigel	Thurr	19.36	362
2	LL	BRIGHT Aderian	Luton	19.14	356
3	KK	PISHORN Jack	W Norf	18.36	336
4	PP	PAINTER Aiden Y	Peterb	13.02	155
5	MM	HOWARD Martin	Higate&MC	11.37	56
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	L	POTTON-BURRELL Jamie	Luton	52.09 849
2	T	GIBBS Ben	Thurr	30.27 584
3	M	OWOBORODE Lanre X	Higate&MC	16.62 350
4				
5				
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	TT	INSTANCE Nigel	Thurr	18.81 395
2	LL	BOTTESCH Daniel	Luton	12.29 245
3	MM	HOWARD Martin	Higate&MC	6.92
4				
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	T	GIBBS Ben	Thurr	31.92 492
2	L	POTTON-BURRELL Jamie	Luton	30.09 463
3	P	PHILLIPS Luke X	Peterb	23.01 340
4	K	PISHORN Jack	W Norf	19.36 269
5	M	OWOBORODE Lanre X	Higate&MC	14.81 168
6				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	TT	INSTANCE Nigel	Thurr	30.60 471
2	LL	BOTTESCH Daniel	Luton	24.66 370
3	PP	ARMSTRONG Joshua X	Peterb	18.61 254
4				
5				
6				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	T	Thurr	FULCHER Taran Y NWABUDE Nweike SHORTALL Michael GIBBS Ben	46.4
2	L	Luton	GIBBS Jack X ISLAM Nader Y BRIGHT Aderian KHAN Haqeen	47.1
3	P	Peterb	TSHABALALA Bryce X AMAOADE nathaniel Y PAINTER Aiden Y HORNE Jamie	47.2
4	K	W Norf	WILLIAMS Charlie Y WATSON Neil ROSS Cameron PISHORN Jack	61.2
5				
6				

Mixed M&W 4 x 400m B A

Posn	No.	Club	Runners	Perf
1	LL	Luton	JAY Libby Y NOBLETT Jed Y	04:15.9
2	TT	Thurr	WILLETT Henri Y FARRELL Jodie	04:37.0
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	P	FENTON-LAKE Harriet Y	Peterb	12.5	752
2	K	BENSON Tayla	W Norf	12.9	665
3	T	LE BEAU Natalie	Thurr	13.2	603
4	L	MYRIE Charise X	Luton	13.8	491
5	M	BROKER Franziska	Higate&MC	14.0	457
6	C	CALDER Fiona	Chilt	20.5	

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	GIVANS-FLYNN Aleah Y	Luton	13.7	509
2	TT	MAZINA Highlyblessed X	Thurr	14.0	457
3	PP	CHANCE Louise X	Peterb	14.3	408
4	KK	EDWARDS Lucy	W Norf	14.4	392
5	MM	BALLOCH Jasmine	Higate&MC	14.9	320
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	K	BENSON Tayla	W Norf	26.3	674
2	T	LE BEAU Natalie	Thurr	26.9	616
3	M	SEAN-PAUL Juliet	Higate&MC	27.7	544
4	P	SIMS Megan Y	Peterb	27.7	544
5	L	HAYMAN Natasha Y	Luton	28.3	494
6	C	CALDER Fiona	Chilt	49.6	

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	PP	MCGIVERN Stacy	Peterb	28.1	510
2	MM	BROKER Franziska	Higate&MC	28.4	486
3	LL	GIVANS-FLYNN Aleah Y	Luton	29.2	424
4					
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	P	SIMS Megan Y	Peterb	62.4	592
2	L	JACOBS-CONRADIE Charlene	Luton	63.2	564
3	M	RUTHERFORD Amy	Higate&MC	64.2	530
4	T	BEARDWELL Kennedy X	Thurr	67.6	423
5	C	CALDER Fiona	Chilt	109.2	
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	MAZINA Highlyblessed X	Thurr	64.6	517
2	LL	HAYMAN Natasha Y	Luton	65.6	484
3	MM	MAKARONIDIS Janine	Higate&MC	79.1	155
4	PP	GIBSON Kay	Peterb	87.3	48
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	M	MACALISTER HALL Emma	Higate&MC	02:16.2	754
2	L	JACOBS-CONRADIE Charlene	Luton	02:22.8	647
3	T	BEARDWELL Kennedy X	Thurr	02:34.7	477
4	P	GIBSON Nichola	Peterb	02:50.4	293
5	C	CALDER Fiona	Chilt	03:53.4	
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	LL	BENTHAM Elizabeth Y	Luton	02:33.4	494
2	PP	WALLINGS Tamsin X	Peterb	03:21.0	65
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
1500m Women A

Posn	No.	Athlete	Club	Perf	
1	M	MACALISTER HALL Emma	Higate&MC	04:48.0	684
2	LL	MCPAHON-ADIE Claire	Luton	05:36.9	367
3	PP	WALLINGS Tamsin X	Peterb	07:07.0	40
4					
5					
6					

1500m Women B

Posn	No.	Athlete	Club	Perf	
1	L	BENTHAM Elizabeth Y	Luton	05:55.4	273
2	MM	MAKARONIDIS Janine	Higate&MC	06:07.6	218
3	P	GIBSON Kay	Peterb	07:15.4	26
4					
5					
6					

5000m Women A

Posn	No.	Athlete	Club	Perf	
1	L	JACOBS-CONRADIE Charlene	Luton	18:26.1	725
2	M	LONGHURST Lauren	Higate&MC	19:30.6	603
3	P	CASKEY Sarah	Peterb	19:31.4	601
4	T	FARRELL Jodie	Thurr	21:50.3	374
5					
6					

5000m Women B

Posn	No.	Athlete	Club	Perf	
1	LL	MCPAHON-ADIE Claire	Luton	19:21.8	619
2	MM	FUNDERBURK Sarah	Higate&MC	20:43.3	477
3					
4					
5					
6					

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind	
1	PP HENSON Jamelia Y	Peterb	16.9	592	
2	M BROKER Franziska	Higate&MC	19.4	391	
3					
4					
5					
6					

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	P	FLETCHER Molly X	Peterb	19.8	362
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf	
1	P	SIMS Megan Y	Peterb	70.2	604
2	M	BROKER Franziska	Higate&MC	73.1	533
3	L	JAY Libby Y	Luton	87.1	243
4					
5					
6					

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf	
1	PP	FLETCHER Molly X	Peterb	73.2	531
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
1500m S/Chase Women A

Posn	No.	Athlete	Club	Perf	
1	L	JAY Libby Y	Luton	05:57.7	573
2	P	CASKEY Sarah	Peterb	06:04.0	547
3	MM	RUTHERFORD Amy	Higate&MC	06:57.8	348
4	T	FARRELL Jodie	Thurr	07:00.7	339
5					
6					

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf	
1	LL	JACOBS-CONRADIE Charlene	Luton	06:12.5	513
2	M	OWENS Grace	Higate&MC	06:58.1	347
3					
4					
5					
6					

High Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	P	FENTON-LAKE Harriet Y	Peterb	1.58	738
2	T	BRIDGER Ruby X	Thurr	1.53	683
3	L	HAWTIN Rebecca	Luton	1.48	629
4	K	BENSON Tayla	W Norf	1.38	520
5	M	LONGHURST Lauren	Higate&MC	1.38	520

High Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	PP	HENSON Jamelia Y	Peterb	1.53	683
2	LL	HAYMAN Natasha Y	Luton	1.38	520
3	MM	FUNDERBURK Sarah	Higate&MC	1.03	140

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf	
1	M	LONGHURST Lauren	Higate&MC	1.40	202
2	P	CHANCE Louise X	Peterb	1.20	141
3	L	WISE Suzanna	Luton	1.00	77

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf	
1	PP	FLETCHER Molly X	Peterb	1.20	141
2	LL	KNIGHT Stephanie	Luton	1.00	77

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	T	BRIDGER Ruby X	Thurr	5.07	676
2	P	MCGIVERN Stacy	Peterb	4.89	635
3	K	EDWARDS Lucy	W Norf	4.65	580
4	L	TANUSHI Lisa	Luton	4.52	551
5	MM	KAVANAGH Juliet	Higate&MC	2.92	201
6	C	CALDER Fiona	Chilt	1.19	

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	TT	LE BEAU Natalie	Thurr	5.06	673
2	LL	WILLIAMS Dawn	Luton	3.85	402
3	M	BALLOCH Jasmine	Higate&MC	2.73	161
4	PP	GIBSON Kay	Peterb	2.11	37
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	L	MYRIE Charise X	Luton	10.28	640
2	P	HENSON Jamelia Y	Peterb	10.19	631
3	T	LE BEAU Natalie	Thurr	9.58	565
4	M	LONGHURST Lauren	Higate&MC	8.70	468
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	MM	FUNDERBURK Sarah	Higate&MC	5.41	68
2					
3					
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	T	LAWRENCE Sue	Thurr	9.62	695
2	P	FENTON-LAKE Harriet Y	Peterb	9.50	687
3	KK	BENSON Tayla	W Norf	8.25	592
4	L	WISE Suzanna	Luton	7.81	557
5	M	KAVANAGH Juliet	Higate&MC	6.49	441
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	PP	MCGIVERN Stacy	Peterb	8.00	572
2	TT	COWMAN Lucy X	Thurr	7.88	563
3	LL	TANUSHI Lisa	Luton	7.78	554
4	K	EDWARDS Lucy	W Norf	6.00	393
5	MM	BALLOCH Jasmine	Higate&MC	5.40	328
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	L	WISE Suzanna	Luton	31.60	754
2	TT	DREWITT Caroline	Thurr	28.53	705
3	P	GIBSON Kay	Peterb	15.33	427
4	K	EDWARDS Lucy	W Norf	14.73	410
5	M	KAVANAGH Juliet	Higate&MC	14.35	398
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	T	LAWRENCE Sue	Thurr	28.08	697
2	LL	TANUSHI Lisa	Luton	22.43	594
3	PP	GIBSON Nichola	Peterb	13.57	374
4	MM	BALLOCH Jasmine	Higate&MC	10.06	230
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton
13/07/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf	
1	L	WISE Suzanna	Luton	38.28	719
2	T	LAWRENCE Sue	Thurr	34.34	668
3	P	GIBSON Kay	Peterb	17.27	402
4	M	KAVANAGH Juliet	Higate&MC	13.07	313
5					
6					

Hammer Women B

Posn	Bib	Athlete	Club	Perf	
1	TT	SMITH Megan Y	Thurr	29.40	600
2	LL	KNIGHT Stephanie	Luton	19.69	447
3	PP	CASKEY Sarah	Peterb	7.20	137
4					
5					
6					

Javelin Women A

Posn	Bib	Athlete	Club	Perf	
1	L	TANUSHI Lisa	Luton	27.63	691
2	P	CHANCE Louise X	Peterb	24.60	638
3	T	LAWRENCE Sue	Thurr	24.53	637
4	K	EDWARDS Lucy	W Norf	15.32	443
5	MM	BALLOCH Jasmine	Higate&MC	12.04	350
6	C	CALDER Fiona	Chilt	6.44	27

Javelin Women B

Posn	Bib	Athlete	Club	Perf	
1	TT	SMITH Megan Y	Thurr	22.88	607
2	LL	WILLIAMS Dawn	Luton	22.40	598
3	PP	FENTON-LAKE Harriet Y	Peterb	17.74	501
4	M	KAVANAGH Juliet	Higate&MC	11.41	329
5					
6					

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	P	Peterb	FENTON-LAKE Harriet Y CHANCE Louise X FLETCHER Molly X HENSON Jamelia Y	53.0
2	T	Thurr	LE BEAU Natalie MAZINA Highlyblessed X BRIDGER Ruby X BEARDWELL Kennedy	53.3
3	L	Luton	GIVANS-FLYNN Aleah Y JAY Libby Y JACOBS-CONRADIE Charlene MYRIE Charise	56.1
4	M	Higate&MC	OWENS Grace BROKER Franziska FUNDERBURK Sarah RUTHERFORD Amy	61.3
5				
6				

Mixed M&W 4 x 400m A A

Posn	No.	Club	Runners	Perf
1	T	Thurr	FARMER Jack SHORTALL Michael BEARDWELL Kennedy X MAZINA Highlyblessed	04:06.3
2	L	Luton	ARMANI DUJON Romero JACOBS-CONRADIE Charlene HAYMAN Natasha Y BRIGHT	04:06.3
3	K	W Norf	WATSON Neil O O COLLISON Ben	04:17.0
4	M	Higate&MC	- - 0 0	04:54.7
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton

13/07/2019

NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	337	BADA Joshua	SM	Luton	11.8	
2	332	ISLAM Nader Y		Luton	12.4	
3	346	HORNE Jamie	SM	Peterb	12.4	
4	333	O'SHEA Daniel		Luton	13.2	
5	334	CAREY Lee		Luton	13.2	
6						
7						
8						

100m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	47	JACOBS-CONRADIE Charlene		Luton	14.0	
2	341	OWENS Grace	SW	Higate&MC	14.5	
3						
4						
5						
6						
7						
8						

200m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	79	PUGLEY Christian	SM	Higate&MC	23.8	
2	337	BADA Joshua	SM	Luton	24.7	
3	332	ISLAM Nader Y		Luton	25.2	
4	336	BOTTESCH Daniel		Luton	25.8	
5	49	PARKER Harry	U17	Thurr	25.9	
6	334	CAREY Lee		Luton	27.7	
7	26	ROSS Cameron		W Norf	28.6	
8	348	COLLISON Ben		W Norf	30.5	

200m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	345	RUTHERFORD Amy	SW	Higate&MC	28.5	
2	47	JACOBS-CONRADIE Charlene		Luton	28.9	
3	341	OWENS Grace	SW	Higate&MC	30.5	
4						
5						
6						
7						
8						

400m Men

Posn	Bib	Athlete	Age	Club	Perf
1	337	BADA Joshua	SM	Luton	60.0
2	334	CAREY Lee		Luton	65.1
3					
4					
5					
6					
7					
8					

400m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton

13/07/2019

800m Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age	Club	Perf
1	34	KARWOWSKI Daniel	SM	Luton	4:41.7
2	339	WILLETT Henri Y	U20	Thurr	4:49.2
3	82	STEPHAN Nikolas	SM	Higate&MC	5:15.6
4					
5					
6					

1500m Women

Posn	Bib	Athlete	Age	Club	Perf
1	70	EDMUNDS Nicole	U23	Higate&MC	4:56.4
2					
3					
4					
5					
6					

3000m Men

Posn	Bib	Athlete	Age	Club	Perf
1	338	MOHAMED Hasanwali Y	U20	Thurr	9:57.0
2	82	STEPHAN Nikolas	SM	Higate&MC	10:52.6
3					
4					
5					
6					

5000m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

110m Hurdles Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	276	SMITH Gary	M45	Luton	16.1	
2						
3						
4						
5						
6						

100m Hurdles Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

S/Chase Men

Posn	Bib	Athlete	Age	Club	Perf
1	114	RAMSEY Grant	M45	FairlandsVa	11:45.3
2					
3					
4					
5					
6					

S/Chase Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton

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Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1	240	COWMAN Lucy	U17	Thurr	25.01
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1	115	SMITH Megan	U20	Thurr	21.85
2	331	WILLIAMS Dawn		Luton	16.93
3	278	KNIGHT Stephanie	SW	Luton	NM
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1	340	COWMAN Lucy X	U17	Thurr	29.47
2	279	WISE Suzanna	SW	Luton	18.58
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1	278	KNIGHT Stephanie	SW	Luton	6.69
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	79	PUGLEY Christian	SM	Higate&MC	5.93
2	30	FULCHER Taran Y	SM	Thurr	5.82
3					
4					
5					
6					

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Luton

13/07/2019

Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	337	BADA Joshua	SM	Luton	1.48
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	2				
2					
3					
4					
5					
6					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					