

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 2 West	
MATCH	1	
VENUE	Tooting	
P/FINISH	YES	

Date Saturday, April 13 2019

Venue Tooting

Host Club South London Harriers

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
L	South London Harriers	S Lon	20	93.0	14.0	76.0	203.0
A	Aldershot Farnham & District AC	AFD	20	88.0	8.0	81.0	197.0
T	St. Albans AC	St Alb	15	48.0	2.0	61.0	126.0
E	Epsom & Ewell AC	Epsom	20	90.0	12.0	87.0	209.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Epsom & Ewell AC	209.0	4.0			209.0	4.0	1
2	South London Harriers	203.0	3.0			203.0	3.0	2
3	Aldershot Farnham & District AC	197.0	2.0			197.0	2.0	3
4	St. Albans AC	126.0	1.0			126.0	1.0	4

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	L	MARKLAND Montell X	S Lon	11.56	590
2	aa	GREEN Ben	AFD	12.25	417
3	e		Epsom	12.49	365
4	t	AYUBA Enoch X	St Alb	12.75	313
5					
6					

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	ll	SHODIPE Peter Y	S Lon	11.63	571
2	a	STRINGER James	AFD	12.34	397
3	ee		Epsom	12.84	296
4	tt	YAXLEY Phil	St Alb	14.10	117
5					
6					

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	A	STRINGER James	AFD	23.58	587
2	E	ROFFEY Daniel Y	Epsom	23.80	557
3	L	MARKLAND Montell X	S Lon	23.84	552
4	T	AYUBA Enoch X	St Alb	25.61	349
5					
6					

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	LL	SHODIPE Peter Y	S Lon	24.20	506
2	AA	MCGOLDRICK Henry Y	AFD	24.28	497
3	EE		Epsom	25.13	399
4	TT	YAXLEY Phil	St Alb	30.54	41
5					
6					

**400m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	A	HOWELLS Daniel Y	AFD	50.17	752
2	L	MORRIS Richard	S Lon	52.91	598
3	TT	PATTISON Ben	St Alb	54.17	534
4	EE	WOLFF Daniel	Epsom	55.48	472
5					
6					

**400m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	AA	ASPREY George X	AFD	52.31	630
2	LL	NORMAN Harley X	S Lon	54.54	516
3	T	SHAW Andrew	St Alb	54.99	495
4	E	CHOULS Lewis Y	Epsom	56.24	438
5					
6					

**800m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	A	GILL Aaron X	AFD	01:59.3	686
2	T	SHAW Andrew	St Alb	02:04.2	569
3	E	WOLFF Daniel	Epsom	02:05.6	538
4	LL	TAMBLING Robbie Y	S Lon	02:09.4	459
5					
6					

**800m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	AA	KENDALL Ethan Y	AFD	02:05.2	547
2	L	BURTON Jack X	S Lon	02:10.1	446
3	EE	RYANS Chris	Epsom	02:11.0	429
4					
5					
6					

**1500m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	A	POCOCK Elliot Y	AFD	04:08.84	652
2	T	ANDERS Ed	St Alb	04:22.52	514
3	L	SMITH Nicholas X	S Lon	04:24.54	496
4	E	STANDAGE Ben	Epsom	04:35.53	402
5					
6					

**1500m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	AA	BLACKNELL Joe Y	AFD	04:11.87	619
2	LL	STIFF Henry	S Lon	04:28.62	460
3	EE	SMITH Henry X	Epsom	04:37.26	388
4	TT	SHAW Andrew	St Alb	04:37.26	388
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**5000m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	AA	POINTON Alex	AFD	14:52.0	838
2	L	EVANS Ryan	S Lon	15:36.7	706
3	E	STANDAGE Ben	Epsom	16:32.6	555
4	T	ASTON Nigel	St Alb	19:00.1	240
5					
6					

**5000m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	A	SEWELL Philip	AFD	14:58.6	818
2	LL	LYNE James	S Lon	16:04.7	628
3	EE	GURTEEN Alex	Epsom	16:54.9	500
4					
5					
6					

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	
1	L	MORRIS Richard	S Lon	18.06	515
2	E	MACKIE Phil	Epsom	21.34	264
3	A	JENNINGS Ian	AFD	24.56	96
4					
5					
6					

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	
1	L	MORRIS Richard	S Lon	56.87	741
2	E	CHOULS Lewis Y	Epsom	64.66	508
3	A	HYDE Mark	AFD	71.99	327
4					
5					
6					

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	
1	EE	MACKIE Phil	Epsom	66.80	451
2	AA	JENNINGS Ian	AFD	79.23	185
3					
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**2000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf	
1	A	QUINLAN Daniel	AFD	06:57.13	578
2	LL	PARR Gareth	S Lon	07:15.30	488
3	T	ROWE Sebastian	St Alb	07:48.51	345
4	EE	HOUGHTON Matthew	Epsom	07:53.30	326
5					
6					

**2000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf	
1	L	TINDAL Andy	S Lon	07:48.07	347
2	E	MACKIE Phil	Epsom	08:23.35	223
3	AA	HISLOP Andrew	AFD	09:22.81	79
4					
5					
6					

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	E	ROFFEY Daniel Y	Epsom	1.86	727
2	A	HORLOCK Christopher Y	AFD	1.75	636
3	L	BROWN Darren	S Lon	1.65	553
4	TT	AYUBA Enoch X	St Alb	1.50	427

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	AA	ASPREY George X	AFD	1.70	594
2	EE	MACKIE Phil	Epsom	1.55	469
3	LL	ROMILLY Marcus Y	S Lon	1.50	427
4	T	WALKER Nick	St Alb	1.30	259

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf	
1	AA	BERRY Gavin	AFD	3.30	547
2	E	ANDREWS John	Epsom	3.10	503
3	T	WALKER Nick	St Alb	2.50	370

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf	
1	EE	BLUNT David	Epsom	2.70	415
2	A	LEIPER Allan	AFD	2.30	325
3	TT	YAXLEY Phil	St Alb	1.90	232

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	E	ROFFEY Daniel Y	Epsom	6.27	707
2	AA	MCGOLDRICK Henry Y	AFD	6.22	697
3	LL	ROMILLY Marcus Y	S Lon	5.09	476
4	TT	SHAW Andrew	St Alb	4.95	449
5					
6					

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	EE	BROWN Jason	Epsom	5.79	613
2	A	ASPREY George X	AFD	5.46	548
3	L	BROWN Darren	S Lon	4.97	452
4	T	CONSTANTINOOU Jonathen	St Alb	4.91	441
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	L	BROWN Darren	S Lon	11.27	552
2	AA	ZACK Cameron Y	AFD	11.19	544
3	E	BROWN Jason	Epsom	10.21	441
4	T	CONSTANTINOU Jonathen	St Alb	9.13	319
5					
6					

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	A	HORLOCK Christopher Y	AFD	9.64	378
2	EE	GURTEEN Alex	Epsom	9.10	316
3	LL	MYBURGH Ben	S Lon	7.24	57
4					
5					
6					

**Shot Men A**

Posn	Bib	Athlete	Club	Perf	
1	LL	FERGUS Nathan	S Lon	13.96	851
2	A	LEIPER Allan	AFD	11.33	678
3	T	WALKER Nick	St Alb	8.62	470
4	EE	BLUNT David	Epsom	6.75	292
5					
6					

**Shot Men B**

Posn	Bib	Athlete	Club	Perf	
1	L	BULLEN Tom	S Lon	13.10	796
2	AA	JENNINGS Ian	AFD	8.94	497
3	E	RYANS Chris	Epsom	6.17	224
4	TT	CONSTANTINOU Jonathen	St Alb	6.04	207
5					
6					

**Discus Men A**

Posn	Bib	Athlete	Club	Perf	
1	L	BULLEN Tom	S Lon	41.28	779
2	TT	CONSTANTINOU Jonathen	St Alb	30.92	607
3	A	LEIPER Allan	AFD	30.30	596
4	E	BROWN Jason	Epsom	18.85	349
5					
6					

**Discus Men B**

Posn	Bib	Athlete	Club	Perf	
1	LL	FERGUS Nathan	S Lon	39.96	759
2	T	WALKER Nick	St Alb	24.98	492
3	AA	JENNINGS Ian	AFD	21.71	420
4	EE	ANDREWS John	Epsom	18.84	349
5					
6					

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf	
1	AA	MINCHIN Neil	AFD	34.85	647
2	L	MYBURGH Ben	S Lon	34.25	639
3	TT	CONSTANTINOU Jonathen	St Alb	30.24	583
4	E	SHERRINGTON John	Epsom	15.23	319
5					
6					

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf	
1	LL	BULLEN Tom	S Lon	25.37	510
2	T	WALKER Nick	St Alb	25.00	504
3	A	LEIPER Allan	AFD	24.75	500
4					
5					
6					

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf	
1	A	BRICE David	AFD	48.52	733
2	T	CONSTANTINOU Jonathen	St Alb	40.31	619
3	L	BULLEN Tom	S Lon	32.00	493
4	E	ANDREWS John	Epsom	27.28	416
5					
6					

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf	
1	AA	ZACK Cameron Y	AFD	43.50	664
2	TT	WALKER Nick	St Alb	30.15	464
3	LL	ROMILLY Marcus Y	S Lon	27.89	426
4	EE	BROWN Jason	Epsom	26.83	408
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	L	S Lon	SHODIPE Peter Y MARKLAND Montell X ROMILLY Marcus Y BROWN Darren	46.44
2	E	Epsom	ROFFEY Daniel Y RYANS Chris 0 0	47.95
3	A	AFD	HORLOCK Christopher Y MCGOLDRICK Henry Y GREEN Ben STRINGER James	48.67
4				
5				
6				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	A	AFD	ASPREY George X GREEN Ben STRINGER James HOWELLS Daniel Y	03:42.51
2	E	Epsom	WOLFF Daniel HOUGHTON Matthew GURTEEN Alex CHOULS Lewis Y	04:01.24
3	L	S Lon	MORRIS Richard NORMAN Harley X SMITH Nicholas X STIFF Henry	04:07.52
4	T	St Alb	0 0 0 0	05:16.27
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	L	OBIJIAKU Amanda X	S Lon	12.61	727
2	A	DARNELL Georgina	AFD	13.13	617
3	E	BOLAND Lisa	Epsom	13.27	590
4	T	BROWN Molly Y	St Alb	14.58	365
5					
6					

**100m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	LL	FRENCH Megan Y	S Lon	13.16	611
2	EE	CROUCH Steph	Epsom	13.52	542
3	AA	WINTER Lauren Y	AFD	13.93	469
4	TT	COLLING Charlie X	St Alb	16.01	189
5					
6					

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	L	OBIJIAKU Amanda X	S Lon	25.94	710
2	A	DARNELL Georgina	AFD	27.22	587
3	EE	TAYLOR Freya X	Epsom	27.42	569
4	T	BROWN Molly Y	St Alb	30.58	330
5					
6					

**200m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	LL	FRENCH Megan Y	S Lon	27.01	606
2	E	AYIMBA-GOLDING Aesha X	Epsom	27.63	550
3	AA	WINTER Lauren Y	AFD	29.30	417
4					
5					
6					

**400m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	L	JAMES-WELSH April	S Lon	61.13	638
2	T	STEER Megan	St Alb	62.19	599
3	E	CROUCH Steph	Epsom	66.19	466
4	A	WINTER Lauren Y	AFD	70.75	335
5					
6					

**400m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	LL	BILLUPS Amy	S Lon	66.60	453
2	EE	WITTS Ella	Epsom	66.86	445
3	TT	ECKLEY Caitlin	St Alb	71.24	323
4					
5					
6					

**800m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	E	PEARSON Lily X	Epsom	02:20.48	684
2	A	HORTON Ruby X	AFD	02:25.97	599
3	T	ECKLEY Caitlin	St Alb	02:40.29	406
4	LL	BOESINGER Adele	S Lon	02:45.75	343
5					
6					

**800m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	EE	WITTS Ella	Epsom	02:23.05	644
2	TT	HULL Hannah	St Alb	02:45.75	343
3	L	CLARK Amelia Y	S Lon	02:57.83	222
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	A	ROESSLER Pippa X	AFD	04:47.49 688
2	LL	BILLUPS Amy	S Lon	04:52.69 650
3	EE	STOCKLEY Isobel Y	Epsom	04:56.15 625
4	T	STEER Megan	St Alb	05:12.89 511
5				
6				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	AA	TUCKFIELD Georgia	AFD	04:56.46 622
2	L	MOONEY Katie X	S Lon	05:06.10 555
3	E	LENANE Naomi	Epsom	05:09.80 531
4	TT	HULL Hannah	St Alb	05:41.27 344
5				
6				

**3000m Women A**

Posn	No.	Athlete	Club	Perf
1	A	STEVENS Emma	AFD	10:37.72 638
2	E	LENANE Naomi	Epsom	10:39.68 631
3	T	CONWAY Jen	St Alb	11:11.63 527
4	L	ROLLASON Amy	S Lon	11:15.01 517
5				
6				

**3000m Women B**

Posn	No.	Athlete	Club	Perf
1	AA	GILLETT Rachel X	AFD	10:44.70 614
2	EE	GERMANA Alice	Epsom	10:54.39 582
3	LL	JAMES-WELSH April	S Lon	11:45.92 426
4	TT	O'CONNOR Catherine	St Alb	11:48.00 421
5				
6				

**100m Hurdles Women A**

Posn	Athlete	Club	Perf
1	E EKOKU Adanha Y	Epsom	16.42 635
2	L PRICE Ella Y	S Lon	20.53 312
3	T MCARDLE Eleanor Y	St Alb	21.33 261
4			
5			
6			

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	EE	CATCHESIDE Amy Y	Epsom	19.93 353
2				
3				
4				
5				
6				

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	L	PRICE Ella Y	S Lon	78.07 420
2	T	ECKLEY Lauren	St Alb	78.91 402
3	E	CATCHESIDE Amy Y	Epsom	79.53 389
4				
5				
6				

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	TT	ECKLEY Caitlin	St Alb	84.33 293
2	EE	HARTGROVE Katie	Epsom	87.70 232
3				
4				
5				
6				



**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**2000m S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	E	STOCKLEY Isobel Y	Epsom	08:16.20 509
2	T	ECKLEY Lauren	St Alb	08:53.47 367
3				
4				
5				
6				

**2000m S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1	EE	HARTGROVE Katie	Epsom	09:24.44 268
2				
3				
4				
5				
6				

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	E	NORMAN Diana	Epsom	1.55 705
2	A	SMITH Sophie Y	AFD	1.55 705
3	L	CLARK Amelia Y	S Lon	1.35 487
4	TT	KELLY Louise	St Alb	1.35 487

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	EE	HARTGROVE Katie	Epsom	1.35 487
2	T	MCARDLE Eleanor Y	St Alb	1.30 433
3	LL	PRICE Ella Y	S Lon	1.30 433

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	T	YEOMANS Sue	St Alb	2.20 424
2	EE	PEARSON Lily X	Epsom	2.20 424

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
1	TT	KELLY Louise	St Alb	2.00 370
2	E	NORMAN Diana	Epsom	1.70 288

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	E	EKOKU Adanha Y	Epsom	5.31	730
2	T	MCARDLE Eleanor Y	St Alb	4.47	540
3	L	PRICE Ella Y	S Lon	4.21	482
4	A	MALE Annie	AFD	4.08	453
5					
6					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	EE	AYIMBA-GOLDING Aesha X	Epsom	5.28	723
2	LL	CLARK Amelia Y	S Lon	4.05	446
3	AA	GILFRIN Natalie	AFD	3.81	393
4					
5					
6					

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	E	EKOKU Adanha Y	Epsom	10.44	657
2	AA	-	AFD	8.80	480
3	T	KELLY Louise	St Alb	8.06	397
4	LL	CLARK Amelia Y	S Lon	7.40	320
5					
6					

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	EE	PEARSON Lily X	Epsom	9.43	549
2	A	CVETKOVIC Ella Y	AFD	8.60	457
3					
4					
5					
6					

**Shot Women A**

Posn	Bib	Athlete	Club	Perf	
1	E	NORMAN Diana	Epsom	11.55	827
2	L	BARNABY Joanna Y	S Lon	9.99	722
3	T	KELLY Louise	St Alb	8.67	625
4	A	GILFRIN Natalie	AFD	7.58	538
5					
6					

**Shot Women B**

Posn	Bib	Athlete	Club	Perf	
1	LL	LULA Jill	S Lon	8.33	599
2	EE	TAYLOR Freya X	Epsom	7.15	501
3	AA	OWEN Chelsea	AFD	6.97	485
4	TT	COLLING Charlie X	St Alb	6.17	410
5					
6					

**Discus Women A**

Posn	Bib	Athlete	Club	Perf	
1	L	BARNABY Joanna Y	S Lon	33.56	784
2	AA	GILFRIN Natalie	AFD	21.12	567
3	T	KELLY Louise	St Alb	20.56	555
4	E	DUNSFORD Wendy	Epsom	19.83	539
5					
6					

**Discus Women B**

Posn	Bib	Athlete	Club	Perf	
1	A	OWEN Chelsea	AFD	19.27	527
2	EE	NORMAN Diana	Epsom	17.83	493
3	LL	LULA Jill	S Lon	16.66	463
4	TT	YEOMANS Sue	St Alb	11.39	294
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting**
**13/04/2019**
**Hammer Women A**

Posn	Bib	Athlete	Club	Perf	
1	LL	BARNABY Joanna Y	S Lon	25.00	535
2	A	HAMBLETON Lara Y	AFD	23.49	511
3	E	DUNSFORD Wendy	Epsom	18.87	432
4	T	KELLY Louise	St Alb	15.39	364
5					
6					

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf	
1	L	LULA Jill	S Lon	20.73	465
2	AA	WORKMAN Kirsten	AFD	17.54	407
3	EE	LAY Sheila	Epsom	15.92	375
4	TT	COLLING Charlie X	St Alb	13.51	323
5					
6					

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf	
1	T	MCARDLE Eleanor Y	St Alb	31.91	759
2	E	NORMAN Diana	Epsom	30.76	741
3	L	PRICE Ella Y	S Lon	29.02	714
4	A	HAMBLETON Lara Y	AFD	20.76	565
5					
6					

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf	
1	EE	AYIMBA-GOLDING Aesha X	Epsom	25.81	660
2	TT	KELLY Louise	St Alb	19.80	546
3	LL	BARNABY Joanna Y	S Lon	19.73	544
4	AA	WORKMAN Kirsten	AFD	17.76	501
5					
6					

**4 x 100m Women A**

Posn	No.	Club	Runners	Perf
1	L	S Lon	OBIJAKU Amanda X FRENCH Megan Y PRICE Ella Y CHIMA Jemima X	51.94
2	E	Epsom	CROUCH Steph AYIMBA-GOLDING Aesha X RODGERS Ailie BOLAND Lisa	52.25
3	A	AFD	DARNELL Georgina ROBERTS Kelly WINTER Lauren Y CVETKOVIC Ella Y	54.58
4	T	St Alb	BROWN Molly Y COLLINS Enya X COLLING Charlie X MCARDLE Eleanor Y	56.80
5				
6				

**4 x 400m Women A**

Posn	No.	Club	Runners	Perf
1	L	S Lon	FRENCH Megan Y CLARK Amelia Y ROLLASON Amy MOONEY Katie X	04:20.20
2	E	Epsom	PEARSON Lily X CROUCH Steph LENANE Naomi TAYLOR Freya X	04:20.62
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting

Wind

13/04/2019

Wind

Bib	Males	Event	Perf	Bib	Females	Event	Perf
<b><u>Aldershot Farnham &amp; District AC</u></b>							
	GRACE Harry	800m	02:04.9		MINCHIN Jemma X	Discus	
	STRINGER James	400m			RATCLIFFE Sally	3000m	10:50.85
	GREEN Ben	400m	55.78		ROBERTS Kelly	100m	14.89
	-	-			ROBERTS Kelly	200m	
	SMITH Alistair	5000m	16:21.8		GARNER Alice X	1500m	04:58.81
	VAN OUDTSHOORN Luke Y	5000m	14:53.1		STEVENS Emma	1500m	05:28.32
	BOUCHER Michael	5000m	17:00.0		KELLY Louise	400m	58.52
	GREEN Ben	200m	24.78		-	-	
	JACKMAN Barney X	1500m	04:32.28				
	JACKMAN Gavin	1500m					
	DORAN Theo Y	1500m	04:34.98				
	PEARSON Jack Y	1500m					
	POINTON Alex	1500m					
	KENDALL Ethan Y	400m	51.99				
	ASPREY George X	Pole Vault					

SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting

Wind

13/04/2019

Wind

**Epsom & Ewell AC**

SHERRINGTON John	Javelin		TAYLOR Freya X	Long Jump	
SHERRINGTON John	200m		RODGERS Ailie	100m	13.83
HOBBS Ben	200m	26.77	RODGERS Ailie	200m	
HOBBS Ben	400m	62.3	RYANS Aneta	Javelin	
-	800m		RYANS Aneta	Shot	6.46
SAVOY James	1500m	04:52.96	BOLAND Lisa	200m	
SAVOY James	5000m	17:51.1	HOWLEY Laura Y	400m	
			HOWLEY Laura Y	800m	02:59.13
			MOORE Matilda X	1500m	05:26.28
			RYANS Aneta	800m	02:47.90

SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting

Wind

13/04/2019

Wind

**South London Harriers**

CASSERLEY Billy	5000m	15:55.3	CHIMA Jemima X	100m	13.77
FINBOW Mark	5000m	16:06.3	CHIMA Jemima X	200m	
WILES Joel	5000m	21:38.6	BROWN Jade	100m	14.02
ASHIOTIS Michael	5000m				
CLARKE Geoff	5000m	20:40.1			

SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting

Wind

13/04/2019

Wind

St. Albans AC

COLLING Charlie X	100m
COLLING Charlie X	200m
COLLING Charlie X	Hammer

SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting

Wind

13/04/2019

Wind



SOUTHERN ATHLETICS LEAGUE Division 2 West Tooting

Wind

13/04/2019

Wind