

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 South-East	
MATCH	1	
VENUE	Hastings 2	
P/FINISH	NO	

Date Saturday, April 13 2019
 Venue Hastings 2
 Host Club Horsham Blue Star Harriers

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
B	Horsham Blue Star Harriers	Horsh BS	20	90.0	18.0	113.0	241.0
X	Worthing & Dist Harriers AC	Worth	15	72.0	10.0	67.0	164.0
E	East Grinstead AC	E Grin	10	58.0	7.0	102.0	177.0
A	Swale Combined	Swale	10	68.0	9.0	72.0	159.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Horsham Blue Star Harriers	241.0	5.0			241.0	5.0	1
2	East Grinstead AC	177.0	4.0			177.0	4.0	2
3	Worthing & Dist Harriers AC	164.0	3.0			164.0	3.0	3
4	Swale Combined	159.0	2.0			159.0	2.0	4

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	2
EVENT SCORED	36
REMAINING	-

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2
13/04/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	X	O'KANG Josh Y	Worth	11.8	526
2	E	CLARK Scott	E Grin	11.8	526
3	B	GILSENAN-BEST Thomas X	Horsh BS	12.0	475
4	A	BEECH Mathew	Swale	12.8	304
5					
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	EE	SZATMARI Dorian Y	E Grin	12.2	428
2	XX	TAYLOR Ashton Y	Worth	12.3	405
3	BB	HEDGES James	Horsh BS	12.3	405
4	AA	SCOTT Harrison X	Swale	12.4	384
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	X	STONER Wesley Y	Worth	24.0	531
2	B	WEST ADAM X	Horsh BS	24.1	519
3	E	CLARK Scott	E Grin	24.1	519
4	A	SCOONES Andrew	Swale	26.1	302
5					
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	XX	MUIRHEAD Ethan X	Worth	24.8	435
2	BB	ZELECHOWSKI Boguslaw	Horsh BS	25.7	340
3	AA	FRANCIS Luke X	Swale	27.5	189
4					
5					
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	X	STONER Wesley Y	Worth	54.6	513
2	A	SCOONES Andrew	Swale	56.5	427
3	B	MACKMAN Tom	Horsh BS	57.2	397
4	E	SULLIVAN Michael X	E Grin	58.9	330
5					
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	XX	MUSUSAS Dylan X	Worth	58.7	338
2	AA	SIMMONS Markus	Swale	60.5	274
3					
4					
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	B	WILLIAMS Ashley X	Horsh BS	02:05.7	536
2	A	SCOONES Andrew	Swale	02:06.9	510
3	E	SULLIVAN Michael X	E Grin	02:12.1	408
4	X	SLOAN Archie X	Worth	02:19.9	280
5					
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	RICHARDS SAMUEL X	Horsh BS	02:20.9	266
2	XX	BURRY James X	Worth	02:28.4	173
3					
4					
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	X	HOYTE Reuben	Worth	04:14.2	595
2	B	SMITH MATTY X	Horsh BS	04:22.2	517
3	E	HOBBS Josh X	E Grin	04:44.2	336
4	A	BARKER Toby	Swale	05:15.3	156
5					
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	MACKMAN Tom	Horsh BS	04:34.2	413
2	XX	WARD Ethan X	Worth	04:37.9	383
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2
13/04/2019
5000m Men A

Posn	No.	Athlete	Club	Perf
1	B	EATON Harry	Horsh BS	16:33.6 553
2	A	BARKER Toby	Swale	18:27.3 299
3				
4				
5				
6				

5000m Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	98		No Compet	
2				
3				
4				
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	98		No Compet	
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	E	GADD Wayne	E Grin	69.3 389
2				
3				
4				
5				
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	98		No Compet	
2				
3				
4				
5				
6				

2000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	E	HOBBS Josh X	E Grin	07:41.3 374
2				
3				
4				
5				
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	E	GADD Wayne	E Grin	1.50 427
2	A	SILVESTER Richard	Swale	1.40 343
3	B	HEDGES James	Horsh BS	1.35 301
4	X	JENKINS Joshua	Worth	1.30 259

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	EE	SZATMARI Dorian Y	E Grin	1.45 385

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2

13/04/2019

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	98		No Compet	

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	E	SZATMARI Dorian Y	E Grin	5.84 622
2	B	GILSENAN-BEST Thomas X	Horsh BS	5.44 544
3	X	MUIRHEAD Ethan X	Worth	4.87 433
4	A	SILVESTER Richard	Swale	4.61 383
5				
6				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	BB	ZELECHOWSKI Boguslaw	Horsh BS	5.27 511
2	EE	GADD Wayne	E Grin	5.19 495
3	AA	FRANCIS Luke X	Swale	4.31 326
4				
5				
6				

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	B	MILNTHORPE Jack	Horsh BS	11.79 604
2	A	SIMMONS Markus	Swale	10.36 457
3	E	ROGERS Philip	E Grin	9.82 398
4	XX		Worth	8.42 232
5				
6				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	BB	HEDGES James	Horsh BS	10.65 488
2	AA	FRANCIS Luke X	Swale	9.67 381
3				
4				
5				
6				

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	B	BROWN Simon	Horsh BS	10.60 625
2	X	EVANS Simon	Worth	10.22 597
3	E	GADD Wayne	E Grin	8.47 457
4	A	FARRELL Michael	Swale	7.88 404
5				
6				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	XX	EVANS Matthew	Worth	9.49 541
2	EE	CLARK Scott	E Grin	7.78 395
3	AA	SCOONES Richard	Swale	6.55 269
4	BB	MILNTHORPE Guy	Horsh BS	4.81
5				
6				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	B	BROWN Simon	Horsh BS	41.02 775
2	XX	EVANS Matthew	Worth	29.84 588
3	AA	SILVESTER Richard	Swale	26.14 516
4	E	GADD Wayne	E Grin	23.70 465
5				
6				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	X	EVANS Simon	Worth	29.02 572
2	A	FARRELL Michael	Swale	21.96 426
3	BB	MILNTHORPE Jack	Horsh BS	19.44 364
4	EE	ROGERS Philip	E Grin	14.91 230
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2
13/04/2019
Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	X	EVANS Simon	Worth	46.79 791
2	B	BROWN Simon	Horsh BS	27.77 547
3	A	FARRELL Michael	Swale	27.13 537
4	E	ROGERS Philip	E Grin	9.19 137
5				
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	XX	EVANS Matthew	Worth	45.29 774
2	AA	SCOONES Richard	Swale	19.60 410
3	BB	MILNTHORPE Guy	Horsh BS	13.15 268
4				
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	X	EVANS Simon	Worth	36.16 558
2	E	GADD Wayne	E Grin	32.85 507
3	BB	BROWN Simon	Horsh BS	31.94 492
4	A	FARRELL Michael	Swale	21.19 306
5				
6				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	B	MILNTHORPE Jack	Horsh BS	30.22 465
2	EE	ROGERS Philip	E Grin	26.94 410
3	AA	SCOONES Andrew	Swale	15.74 191
4	XX	EVANS Matthew	Worth	11.94 88
5				
6				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	X	Worth	O'KANG Josh Y TAYLOR Ashton Y STONER Wesley Y BINNS Rhys X	45.5
2	B	Horsh BS	GILSENAN-BEST Thomas X WEST ADAM X ZELECHOWSKI Boguslaw HEDGES James	46.2
3	A	Swale	SCOTT Harrison X BEECH Mathew FRANCIS Luke X SIMMONS Markus	49.4
4				
5				
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	B	Horsh BS	WILLIAMS Ashley X SMITH MATTY X RICHARDS SAMUEL X MACKMAN Tom	03:49.4
2	A	Swale	BEECH Mathew SCOONES Andrew SIMMONS Markus SCOTT Harrison X	04:01.0
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2
13/04/2019
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	E	TYLER Rebekah X	E Grin	13.3	584
2	B	BELSHAW JASMINE X	Horsh BS	13.9	474
3	A	LOFTS Abigail	Swale	14.4	392
4	X	DORE Emily Y	Worth	DQ	
5					
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	XX	CHALMERS Ella	Worth	13.1	623
2	BB	BRADLEY MELANIE X	Horsh BS	14.0	457
3	EE	WEST Ella X	E Grin	14.0	457
4					
5					
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	E	TYLER Rebekah X	E Grin	27.0	607
2	X	LONGHURST Eloise X	Worth	27.0	607
3	B	O'FLAHERTY JESSICA X	Horsh BS	27.2	589
4	A	SCOONES Katie	Swale	31.6	269
5					
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	XX	DORE Emily Y	Worth	28.6	470
2	BB	BASSIN Renee X	Horsh BS	29.0	439
3	EE	BARTON Amelia Y	E Grin	30.2	354
4					
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	B	O'FLAHERTY JESSICA X	Horsh BS	61.9	610
2	E	BARTON Amelia Y	E Grin	69.3	374
3	A	SCOONES Katie	Swale	72.9	282
4					
5					
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	BRADLEY MELANIE X	Horsh BS	68.1	408
2					
3					
4					
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	A	COCKELL Olwen	Swale	02:59.2	210
2	B	BILLINGHAM Hannah	Horsh BS	03:01.9	187
3					
4					
5					
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	AA	MILLS Lauren	Swale	03:03.4	175
2	BB	BILLINGHAM Anne	Horsh BS	03:27.1	40
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2
13/04/2019
1500m Women A

Posn	No.	Athlete	Club	Perf
1	X	BULLER Helen	Worth	05:15.9 491
2	A	MILLS Lauren	Swale	06:36.8 113
3	B	HUTCHINSON Elizabeth	Horsh BS	06:38.7 107
4				
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	BB	BILLINGHAM Anne	Horsh BS	07:07.5 39
2				
3				
4				
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	X	BULLER Helen	Worth	11:01.2 560
2	A	COCKELL Olwen	Swale	12:29.1 314
3	B	BILLINGHAM Hannah	Horsh BS	12:42.3 283
4				
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	BB	HUTCHINSON Elizabeth	Horsh BS	13:49.2 149
2				
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	A LOFTS Abigail	Swale	18.7 444	
2	X MIDDLETON Eli Y	Worth	18.8 436	
3	E KILLICK-BIRD Sarah	E Grin	19.0 421	
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	98				No Compet
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	E	RUSLING Sarah	E Grin	94.10 133
2				
3				
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	98			
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2

13/04/2019

2000m S/Chase Women A

Posn	No.	Athlete	Club	Perf	
1	A	COCKELL Olwen	Swale	09:15.3	295
2					
3					
4					
5					
6					

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf	
1	AA	MILLS Lauren	Swale	10:45.8	84
2					
3					
4					
5					
6					

High Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	E	KILLICK-BIRD Sarah	E Grin	1.45	596
2	X	LONGHURST Eloise X	Worth	1.45	596
3	B	BASSIN Renee X	Horsh BS	1.35	487

High Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	EE	BESWICK Abby	E Grin	1.35	487
2	BB	BILLINGHAM Hannah	Horsh BS	1.20	324

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf	
1	B	SHELDON Sophie Y	Horsh BS	2.30	450

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	MARSH Lucy Y	Horsh BS	1.40	202

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2
13/04/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	B	O'FLAHERTY JESSICA X	Horsh BS	4.93	644
2	XX	LONGHURST Eloise X	Worth	4.74	601
3	E	RUSLING Sarah	E Grin	4.45	535
4					
5					
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	BASSIN Renee X	Horsh BS	4.53	553
2	X	DORE Emily Y	Worth	4.39	522
3	EE	KILLICK-BIRD Sarah	E Grin	4.12	462
4					
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	EE	WEST Ella X	E Grin	10.12	623
2	X	LONGHURST Eloise X	Worth	10.02	612
3	B	MARSH Lucy Y	Horsh BS	9.38	543
4					
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	E	RUSLING Sarah	E Grin	9.29	533
2	BB	SHELDON Sophie Y	Horsh BS	8.09	400
3					
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	E	TYLER Rebekah X	E Grin	8.95	646
2	X	MIDDLETON Eli Y	Worth	8.26	593
3	A	ENGLISH Alice Y	Swale	7.72	549
4	BB	BILLINGHAM Hannah	Horsh BS	5.92	384
5					
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	EE	BESWICK Abby	E Grin	8.79	634
2	AA	HAMMON Lexie Y	Swale	6.80	469
3	B	HUTCHINSON Elizabeth	Horsh BS	5.59	349
4					
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	A	HAMMON Lexie Y	Swale	24.02	625
2	E	BESWICK Abby	E Grin	20.99	564
3	B	SHELDON Sophie Y	Horsh BS	16.84	468
4					
5					
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	MARSH Lucy Y	Horsh BS	15.68	437
2	AA	LYNCH Christine	Swale	12.85	350
3	EE	BARTON Amelia Y	E Grin	8.49	114
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings 2
13/04/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	A	HAMMON Lexie Y	Swale	26.33 555
2	E	BESWICK Abby	E Grin	18.91 432
3	B	HUTCHINSON Elizabeth	Horsh BS	16.19 380
4				
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	BB	MARSH Lucy Y	Horsh BS	14.69 349
2	AA	LYNCH Christine	Swale	13.49 323
3	EE	RUSLING Sarah	E Grin	7.77 160
4				
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	X	GARRATT Caroline	Worth	28.25 701
2	E	BESWICK Abby	E Grin	25.53 655
3	A	ENGLISH Alice Y	Swale	23.59 620
4	B	BELSHAW JASMINE X	Horsh BS	23.57 620
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	EE	RUSLING Sarah	E Grin	17.92 505
2	BB	BILLINGHAM Hannah	Horsh BS	16.03 461
3	AA	LYNCH Christine	Swale	14.08 410
4				
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	X	Worth	MIDDLETON Eli Y DORE Emily Y LONGHURST Eloise X CHALMERS Ella	52.40
2	B	Horsh BS	BRADLEY MELANIE X O'FLAHERTY JESSICA X BASSIN Renee X BILLINGHAM Hannah	54.10
3	E	E Grin	RUSLING Sarah WEST Ella X BARTON Amelia Y KILLICK-BIRD Sarah	57.30
4	A	Swale	SCOONES Katie LOFTS Abigail MILLS Lauren COCKELL Olwen	64.80
5				
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	B	Horsh BS	BRADLEY MELANIE X BILLINGHAM Anne HUTCHINSON Elizabeth BILLINGHAM Hannah	05:31.1
2	E	E Grin	RUSLING Sarah BARTON Amelia Y WEST Ella X KILLICK-BIRD Sarah	05:41.6
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind

Bib	Males	Event	Perf	Bib	Females	Event	Perf
<u>East Grinstead AC</u>							
	CAMPBELL Lincoln	100m			MCCULLOUGH Grace	Shot	7.14
					MCCULLOUGH Grace	Triple jump	8.74

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind

Horsham Blue Star Harriers

WEST Adam

100m

11.7

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind

Swale Combined

FARRELL Mike

100m

16.4

LYNCH Christine

Shot

4.61

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind

Worthing & Dist Harriers AC

MUIRHEAD Ethan X	100m	11.9
MUIRHEAD Ethan X	200m	
MUSUSAS Dylan X	100m	12.5
MUSUSAS Dylan X	200m	
WHITING Russell	100m	12.3
WHITING Russell	200m	
CRAVEN Ethan X	100m	12.1
CRAVEN Ethan X	200m	25.1
CRAVEN Kevin	100m	12.5
CRAVEN Kevin	200m	26.8
BINNS Rhys X	100m	12.3
BINNS Rhys X	200m	25.1
O'KANG Josh Y	200m	24.1
TAYLOR Ashton Y	200m	24.8
BURRY James X	1500m	05:08.3
SLOAN Archie X	1500m	04:42.6
SMITH Stanley	100m	12.2
JENKINS Joshua	100m	12.8

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

13/04/2019

Wind

SOUTHERN ATHLETICS LEAGUE Division 3 South-East Hastings:

Wind

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Wind