

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 2 East	
MATCH	4	
VENUE	Woodford	
P/FINISH	YES	1

Date Saturday, July 13 2019

Venue Woodford

Host Club Woodford Green AC with Essex Ladies

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
W	Woodford Green AC with Essex Ladies	WGEL	20	92.0	16.0	73.0	201.0
H	Havering AC	Have	20	80.0	11.0	79.0	190.0
B	Basildon AC	Bas	15	90.0	6.0	86.0	197.0
I	Ipswich Harriers/Colchester & Tendring ©	Ipsw/C&T	20	77.0	6.0	75.0	178.0
0			0	0.0	0.0	0.0	0.0
0			0	0.0	0.0	0.0	0.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Woodford Green AC with Essex Ladies	201.0	4.0	0.00	0.00	201.0	4.0	1
2	Basildon AC	197.0	3.0	0.00	0.00	197.0	3.0	2
3	Havering AC	190.0	2.0	0.00	0.00	190.0	2.0	3
4	Ipswich Harriers/Colchester & Tendring ©	178.0	1.0	0.00	0.00	178.0	1.0	4
0		0.0	0.0	0.00	0.00	0.0	0.0	0
0		0.0	0.0	0.00	0.00	0.0	0.0	0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

Scoring System Top 10

Men		Club	Event	Perf	Points
1	BLOOMFIELD Joe	Ipsw/C&T	Hammer Men A	61.37	944
2	CLARKE Peter	WGEL	Hammer Men A	53.79	867
3	RAMIE Joseph	Have	Long Jump Men A	7.05	863
4	LINQUE Christopher	WGEL	Discus Men A	45.91	848
5	MILLAR John	Ipsw/C&T	3000m Men A	08:25.10	844
6	BLOOMFIELD Joe	Ipsw/C&T	Discus Men A	45.01	835
7	LEEMING Archie	Bas	Shot Men A	13.19	802
8	AMO-DADZIE Eugene	WGEL	100m Men A	10.90	792
9	EVERARD James	Bas	Javelin Men A	52.88	791
10	WOODS Oliver Y	Have	Javelin Men A	51.26	770
Women		Club	Event	Perf	Points
1	MARSHALL Lucy	WGEL	Hammer Women A	58.39	944
2	DEADMAN Lauren	Have	5000m Women A	17:24.61	852
3	MARSHALL Lucy	WGEL	Shot Women A	11.39	816
3	CLARK Anna	WGEL	800m Women A	02:12.56	816
5	BULLIS Emily	Bas	1500m S/Chase Women A	05:08.64	800
6	THATCHER-GRAY Adelaide X	Have	Javelin Women A	34.19	793
7	OKENLA Moyo X	Bas	Triple Jump Women A	11.72	791
8	KAVANAGH Jade Y	Have	200m Women A	25.23	786
9	DORNAN Micha	Bas	Javelin Women A	33.60	784
10	KAVANAGH Jade Y	Have	400m Women A	57.75	769

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
					-0.9
1	W	AMO-DADZIE Eugene	WGEL	10.90	792
2	H	AKINGBEHIN Ayomide	Have	11.26	678
3	B	JAMES Chosen Y	Bas	11.54	596
4	I	MILLER Oliver Y	Ipsw/C&T	11.63	571
5					
6					

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
					-0.9
1	WW	ONIGBANJO Sikiru X	WGEL	11.42	630
2	HH	BAILEY Lewis	Have	11.44	624
3	II	SMITH Tersharn	Ipsw/C&T	11.63	571
4	BB	ADESIYAN Michael X	Bas	11.93	493
5					
6					

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
					-1.9
1	HH	BAILEY Lewis	Have	22.76	703
2	WW	FERNANDO Aiden X	WGEL	23.27	629
3	I	MILLER Oliver Y	Ipsw/C&T	23.31	624
4	B	BARNARD Jan	Bas	24.69	448
5					
6					

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
					-1.9
1	H	AKINGBEHIN Ayomide	Have	22.97	672
2	W	SCANLAN Paul	WGEL	23.33	621
3	II	SMITH Tersharn	Ipsw/C&T	24.21	505
4					
5					
6					

**400m Men A**

Posn	No.	Athlete	Club	Perf	
1	B	CHAPMAN Harrison Y	Bas	50.61	726
2	W	SCANLAN Paul	WGEL	50.63	725
3	H	AGNIMEL Matthew Y	Have	50.83	713
4	I	PALMIERI Paolo X	Ipsw/C&T	53.20	583
5					
6					

**400m Men B**

Posn	No.	Athlete	Club	Perf	
1	WW	RICHARDS Adrian	WGEL	51.65	666
2	BB	REAN William Y	Bas	52.30	631
3	HH	HUTTON Finn	Have	52.82	603
4	II	COLLETT Jay X	Ipsw/C&T	57.70	377
5					
6					

**800m Men A**

Posn	No.	Athlete	Club	Perf	
1	W	WEERAKKODY Videsh Y	WGEL	02:01.64	628
2	B	HOUCHELL Matthew Y	Bas	02:04.09	572
3	H	FRIEND Alexander Y	Have	02:06.52	518
4	I	GRADY Jack Y	Ipsw/C&T	02:07.22	504
5					
6					

**800m Men B**

Posn	No.	Athlete	Club	Perf	
1	WW	EDWARDS Rhys X	WGEL	02:07.62	495
2	II	OSBORN Edward X	Ipsw/C&T	02:07.68	494
3	HH	BERRETT Louis Y	Have	02:08.02	487
4	BB	MORRIS Daniel X	Bas	DQ R163.5	
5					
6					

**1500m Men A**

Posn	No.	Athlete	Club	Perf	
1	I	MILLAR John	Ipsw/C&T	04:02.81	718
2	B	BROWN Isaac Y	Bas	04:10.35	635
3	W	WEERAKKODY Videsh Y	WGEL	04:16.70	570
4	H	O'HARA Kieran	Have	04:25.20	490
5					
6					

**1500m Men B**

Posn	No.	Athlete	Club	Perf	
1	BB	RILEY Daniel Y	Bas	04:11.10	628
2	WW	STEEL Daniel William	WGEL	04:43.50	341
3	II	GRADY Jack Y	Ipsw/C&T	04:48.74	305
4	HH	BERRETT Louis Y	Have	04:52.55	279
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**3000m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	I	MILLAR John	Ipsw/C&T	08:25.10	844
2	W	COX Robert	WGEL	09:32.28	513
3	H	STEWART James	Have	09:32.48	512
4	B	JONES Marc	Bas	10:14.05	351
5					
6					

**3000m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	II	LAWRENCE Alexander	Ipsw/C&T	09:01.72	653
2	WW	STEEL Daniel William	WGEL	09:42.53	470
3	HH	BERRETT Paul	Have	11:47.18	104
4	BB	FINDLAY David	Bas	13:33.71	1
5					
6					

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	Wind
					-0.9
1	H	TUCKER Karl	Have	16.40	671
2	II	NTULI Teddy Y	Ipsw/C&T	17.13	600
3	BB	MCGRATH Joe	Bas	20.86	296
4					
5					
6					

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	I	HAYMAN Nigel	Ipsw/C&T	18.05	515
2	B	PAINTER Kevin X	Bas	22.48	195
3					
4					
5					
6					

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	B	CHAPMAN Harrison Y	Bas	57.38	724
2	H	MCCARTHY Adam	Have	58.66	684
3	I	HAYMAN Nigel	Ipsw/C&T	64.42	515
4					
5					
6					

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	II	JONES Sam	Ipsw/C&T	66.03	471
2	BB	PAINTER Kevin X	Bas	71.83	331
3	HH	RIDDELL Kieran	Have	100.97	
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**3000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	H	WARNER Robert	Have	09:41.51 770
2	I	ADAMS Thomas Y	Ipsw/C&T	11:10.96 482
3	BB	REAN William Y	Bas	12:07.11 338
4				
5				
6				

**Nonstandard**
**3000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	B	PAINTER Kevin X	Bas	12:29.47 289
2	II	COE Dalton	Ipsw/C&T	12:47.33 252
3				
4				
5				
6				

**Nonstandard**
**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	W	ASHIRU Joba X	WGEL	1.85 719
2	I	NTULI Teddy Y	Ipsw/C&T	1.70 594
3	HH	FRESHWATER Aaron Y	Have	1.60 511

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	II	JONES Sam	Ipsw/C&T	1.55 469
2	H	AKINYEBO Richard Y	Have	1.50 427
3	WW	JAMES Alan	WGEL	1.00

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	B	FECIORU Mihai X	Bas	3.25 536
2	W	ALABA Tolani X	WGEL	3.10 504
3	HH	BONNING Arron	Have	3.10 503
4	I	LING Ian	Ipsw/C&T	2.65 404

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
1	BB	MCGRATH Joe	Bas	3.10 503
2	II	JONES Sam	Ipsw/C&T	2.50 370
3	H	TUFTON Stuart	Have	2.20 302

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	H	RAMIE Joseph	Have	7.05 863
2	I	NTULI Teddy Y	Ipsw/C&T	6.29 711
3	B	ADESIYAN Michael X	Bas	6.08 670
4	W	O'NEILL Joey Y	WGEL	5.39 534
5				
6				

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	HH	MCCARTHY Adam	Have	5.82 618
2	II	JONES Sam	Ipsw/C&T	5.21 499
3	WW	JAMES Alan	WGEL	4.58 377
4	BB	OGUNMOLA Emmanuel Y	Bas	4.40 343
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	W	ASHIRU Joba X	WGEL	12.86	708
2	B	ADESIYAN Michael X	Bas	12.83	706
3	H	ARIYIBI Success Y	Have	12.70	693
4	I	NTULI Teddy Y	Ipsw/C&T	12.39	663
5					
6					

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	HH	FRESHWATER Aaron Y	Have	11.68	593
2	II	PALMIERI Paolo X	Ipsw/C&T	10.89	513
3	BB	FECIORU Mihai X	Bas	10.48	470
4	WW	JAMES Alan	WGEL	10.38	459
5					
6					

**Shot Men A**

Posn	Bib	Athlete	Club	Perf	
1	B	LEEMING Archie	Bas	13.19	802
2	W	WILLIAMS Hugh	WGEL	12.21	738
3	I	GODRON Peter	Ipsw/C&T	9.32	527
4	HH	BRINTON-QUINN Edward	Have	8.83	487
5					
6					

**Shot Men B**

Posn	Bib	Athlete	Club	Perf	
1	BB	BROWN Kristian	Bas	11.62	698
2	WW	REID Charlie Y	WGEL	9.88	571
3	II	CLEVERLEY Archie Y	Ipsw/C&T	8.33	445
4	H	BONNING Arron	Have	7.24	343
5					
6					

**Discus Men A**

Posn	Bib	Athlete	Club	Perf	
1	W	LINQUE Christopher	WGEL	45.91	848
2	I	BLOOMFIELD Joe	Ipsw/C&T	45.01	835
3	B	EVERARD James	Bas	31.25	613
4	H	BONNING Arron	Have	25.68	506
5					
6					

**Discus Men B**

Posn	Bib	Athlete	Club	Perf	
1	WW	WILLIAMS Hugh	WGEL	35.02	679
2	II	CLEVERLEY Archie Y	Ipsw/C&T	32.98	644
3	BB	LEEMING Archie	Bas	28.62	565
4	HH	BRINTON-QUINN Edward	Have	22.83	445
5					
6					

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf	
1	I	BLOOMFIELD Joe	Ipsw/C&T	61.37	944
2	W	CLARKE Peter	WGEL	53.79	867
3	B	EVERARD James	Bas	22.78	467
4	HH	BRINTON-QUINN Edward	Have	19.98	417
5					
6					

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf	
1	WW	HARFORD Fergus	WGEL	32.32	612
2	II	CLEVERLEY Archie Y	Ipsw/C&T	26.62	530
3	BB	YORK Aaron	Bas	21.53	446
4	H	BONNING Arron	Have	18.55	390
5					
6					

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf	
1	B	EVERARD James	Bas	52.88	791
2	H	WOODS Oliver Y	Have	51.26	770
3	I	GODRON Stefan Y	Ipsw/C&T	43.10	659
4	W	WILLIAMS Hugh	WGEL	22.37	328
5					
6					

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf	
1	HH	BONNING Arron	Have	36.35	561
2	BB	YORK Aaron	Bas	35.19	543
3	II	FERNIZ Mark	Ipsw/C&T	33.93	524
4	WW	HARFORD Fergus	WGEL	14.87	170
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford
13/07/2019
4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	W	WGEL	ONIGBANJO Sikiru X ALABA Tolani X FERNANDO Aiden X ASHIRU Joba X	43.13
2	H	Have	AKINGBEHIN Ayomide BAILEY Lewis RAMIE Joseph TUCKER Karl	43.29
3	B	Bas	ADESIYAN Michael X BARNARD Jan JAMES Chosen Y OGUNMOLA Emmanuel Y	45.88
4	I	Ipsw/C&T	NTULI Teddy Y COLLETT Jay X SMITH Tersharn MILLER Oliver Y	47.16
5				
6				

Mixed M&W 4 x 400m B A

Posn	No.	Club	Runners	Perf
1	W	WGEL	O'NEILL Joey Y BUAKU Rhianna Y LEWIS Eloise Y MASSEMBO Merveilles X	03:59.23
2	H	Have	RAND Sophie Y BRENNAN Claire MCCARTHY Adam EZEONWUKA Somto X	04:03.54
3	B	Bas	WETHERIDGE Sophie X BROWN Isaac Y ROLLS Scarlett X HUME Jake X	04:06.65
4	I	Ipsw/C&T	COLLETT Jay X FRASER Christy Y SMITH Rebecca JONES Sam	04:24.49
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	B	OVERFIELD Kirsty	Bas	12.68	-2.5
2	WW	LEWIS Eloise Y	WGEL	13.07	
3	I	KILPATRICK Chantelle	Ipsw/C&T	13.33	
4	H	RAMSDEN Emma X	Have	13.57	
5					
6					

**100m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	W	JOHN Yemi mary X	WGEL	13.27	-2.5
2	HH	MARENAH Aisha X	Have	13.80	
3	II	FRASER Christy Y	Ipsw/C&T	14.51	
4					
5					
6					

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	H	KAVANAGH Jade Y	Have	25.23	-3.4
2	B	OVERFIELD Kirsty	Bas	25.90	
3	WW	LEWIS Eloise Y	WGEL	26.54	
4	I	KILPATRICK Chantelle	Ipsw/C&T	27.65	
5					
6					

**200m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	W	SKELDING Katie	WGEL	26.74	-3.4
2	BB	HINSON Lottie X	Bas	26.98	
3	II	FRASER Christy Y	Ipsw/C&T	29.44	
4	HH	KERR Rachel	Have	30.05	
5					
6					

**400m Women A**

Posn	No.	Athlete	Club	Perf
1	H	KAVANAGH Jade Y	Have	57.75
2	W	RYAN Joanne	WGEL	59.02
3	B	HINSON Lottie X	Bas	63.59
4	I	GODBOLD Chloe	Ipsw/C&T	65.79
5				
6				

**400m Women B**

Posn	No.	Athlete	Club	Perf
1	WW	CLARK Anna	WGEL	59.28
2	HH	BRENNAN Nina	Have	64.86
3	BB	NICHOLAS Heidi	Bas	75.97
4	II	WHITLOCK Keeley	Ipsw/C&T	86.35
5				
6				

**800m Women A**

Posn	No.	Athlete	Club	Perf
1	w	CLARK Anna	WGEL	02:12.56
2	B	RAPLEY Meg	Bas	02:24.46
3	I	ALDIS Tilly X	Ipsw/C&T	02:30.16
4	H	DAVIES Clare	Have	02:42.51
5				
6				

**800m Women B**

Posn	No.	Athlete	Club	Perf
1	WW	WILBY Rebecca	WGEL	02:31.96
2	BB	WETHERIDGE Sophie X	Bas	02:34.39
3	II	HUGHES Natalie X	Ipsw/C&T	02:37.85
4	HH	ROMAIN Morgan X	Have	02:55.70
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	W	CLARK Anna	WGEL	04:52.89 648
2	B	WETHERIDGE Sophie X	Bas	05:06.14 555
3	H	RAND Sophie Y	Have	05:10.43 527
4	I	BRANTON Poppy X	Ipsw/C&T	05:23.39 445
5				
6				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	BB	ROLLS Scarlett X	Bas	05:09.77 531
2	WW	WATSON Zoe	WGEL	05:12.28 515
3	HH	DAVIES Clare	Have	05:47.71 310
4	II	WHITLOCK Keeley	Ipsw/C&T	08:34.89
5				
6				

**5000m Women A**

Posn	No.	Athlete	Club	Perf
1	H	DEADMAN Lauren	Have	17:24.61 852
2	W	WARREN Georgina	WGEL	21:21.33 417
3	B	RAPLEY Meg	Bas	21:39.69 389
4	II	WELBOURN Elizabeth	Ipsw/C&T	27:10.87 49
5				
6				

**5000m Women B**

Posn	No.	Athlete	Club	Perf
1	I	GODBOLD Mandy	Ipsw/C&T	29:00.28 6
2				
3				
4				
5				
6				

**100m Hurdles Women A**

Posn	Athlete	Club	Perf	Wind
1	H BRENNAN Claire	Have	17.71 523	-2.4
2	I KEELEY Isabella Y	Ipsw/C&T	19.15 409	
3	W OKAFOR Christina	WGEL	20.92 287	
4	BB PHILLIPS Janine	Bas	21.16 272	
5				
6				

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	B	DORNAN Micha	Bas	22.52 193	-2.4
2	II	REASON Jenny	Ipsw/C&T	23.03 167	
3	HH	KERR Rachel	Have	44.05	
4					
5					
6					

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	B	RAPLEY Meg	Bas	64.34 757
2	H	BRENNAN Claire	Have	70.36 600
3	W	OKAFOR Christina	WGEL	75.41 479
4	I	KEELEY Isabella Y	Ipsw/C&T	77.14 440
5				
6				

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	WW	FINCH Millie Y	WGEL	78.93 401
2	BB	ROLLS Scarlett X	Bas	88.62 217
3	HH	KERR Rachel	Have	91.59 169
4	II	SMITH Rebecca	Ipsw/C&T	93.17 146
5				
6				



**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**1500m S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	B	BULLIS Emily	Bas	05:08.64 800
2	W	WATSON Zoe	WGEL	06:05.24 542
3	H	ATKINS Alice X	Have	06:17.66 492
4	I	ASTON Holly	Ipsw/C&T	08:25.76 122
5				
6				

**Nonstanda**
**1500m S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1	BB	RAPLEY Meg	Bas	05:48.18 614
2	WW	WILBY Rebecca	WGEL	06:17.98 491
3	II	GODBOLD Mandy	Ipsw/C&T	08:27.19 120
4				
5				
6				

**Nonstandard**
**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	B	ROLLS Scarlett X	Bas	1.53 683
2	I	ASTON Holly	Ipsw/C&T	1.48 629
3	H	BRENNAN Claire	Have	1.38 520
4	W	BOYCE Kyra X	WGEL	1.28 411

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	BB	KRISE Jessica X	Bas	1.38 520
2	HH	CHRISTIE Keturah Y	Have	1.38 520
3	II	WHITLOCK Keeley	Ipsw/C&T	1.18 302
4	WW	NANDAWULA Miriam Y	WGEL	1.03 140

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	H	COLLIER Jessie X	Have	2.50 503
2	I	REASON Jenny	Ipsw/C&T	2.50 502
3	B	OSHUNREMI Victoria	Bas	1.10 110

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
1	HH	BRENNAN Claire	Have	2.50 503
2	II	SMITH Rebecca	Ipsw/C&T	1.75 302
3	BB	PHILLIPS Janine	Bas	1.10 110

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	I	KILPATRICK Chantelle	Ipsw/C&T	5.29	726
2	BB	NICHOLAS Heidi	Bas	4.76	605
3	H	COURTNEY Lottie X	Have	4.54	556
4	W	BUAKU Rhianna Y	WGEL	4.34	511
5					
6					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	B	OLUOKUN Maryam Y	Bas	4.69	589
2	II	GODBOLD Chloe	Ipsw/C&T	4.04	444
3	HH	MWANZA Lydia Y	Have	3.90	413
4	WW	OLUSESAN Temitope Y	WGEL	3.40	304
5					
6					

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	B	OKENLA Moyo X	Bas	11.72	791
2	H	SANWO Olatomiwa Y	Have	10.50	663
3	I	KILPATRICK Chantelle	Ipsw/C&T	10.25	637
4					
5					
6					

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	HH	MWANZA Lydia Y	Have	9.28	532
2	II	KEELEY Isabella Y	Ipsw/C&T	8.65	463
3	BB	HINSON Lottie X	Bas	8.35	429
4					
5					
6					

**Shot Women A**

Posn	Bib	Athlete	Club	Perf	
1	W	MARSHALL Lucy	WGEL	11.39	816
2	B	OSHUNREMI Victoria	Bas	9.95	719
3	H	THATCHER-GRAY Elysha Y	Have	9.40	680
4	I	HOLLICK Carey	Ipsw/C&T	6.63	454
5					
6					

**Shot Women B**

Posn	Bib	Athlete	Club	Perf	
1	WW	OKAFOR Emmaline	WGEL	8.83	637
2	BB	ELLIS Katherine	Bas	7.42	524
3	HH	THATCHER-GRAY Adelaide X	Have	6.82	471
4	II	WHITLOCK Keeley	Ipsw/C&T	6.59	450
5					
6					

**Discus Women A**

Posn	Bib	Athlete	Club	Perf	
1	W	MARSHALL Lucy	WGEL	32.14	763
2	H	COLLIER Jessie X	Have	31.19	748
3	B	DORNAN Micha	Bas	21.76	580
4	II	SMITH Rebecca	Ipsw/C&T	20.79	560
5					
6					

**Discus Women B**

Posn	Bib	Athlete	Club	Perf	
1	WW	OKAFOR Emmaline	WGEL	29.60	723
2	HH	BRENNAN Nina	Have	24.13	627
3	I	HOLLICK Carey	Ipsw/C&T	20.63	557
4	BB	PHILLIPS Janine	Bas	14.18	393
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford**
**13/07/2019**
**Hammer Women A**

Posn	Bib	Athlete	Club	Perf	
1	W	MARSHALL Lucy	WGEL	58.39	944
2	B	ELLIS Katherine	Bas	29.66	604
3	H	BRENNAN Nina	Have	17.85	413
4	I	HOLLICK Carey	Ipsw/C&T	17.13	399
5					
6					

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf	
1	WW	HOWE Stephanie	WGEL	41.08	753
2	BB	MATTHEWS Devon Y	Bas	26.20	553
3	II	REASON Jenny	Ipsw/C&T	15.37	364
4	HH	ATKINS Alice X	Have	14.46	344
5					
6					

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf	
1	H	THATCHER-GRAY Adelaide X	Have	34.19	793
2	B	DORNAN Micha	Bas	33.60	784
3	WW	VARDJA Eike	WGEL	27.44	688
4	I	ASTON Holly	Ipsw/C&T	17.55	496
5					
6					

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf	
1	BB	MATTHEWS Devon Y	Bas	31.96	760
2	W	MARSHALL Lucy	WGEL	23.93	626
3	HH	THATCHER-GRAY Elysha Y	Have	22.44	598
4	II	HOLLICK Carey	Ipsw/C&T	15.28	442
5					
6					

**4 x 100m Women A**

Posn	No.	Club	Runners	Perf
1	W	WGEL	OLUSESAN Temitope Y BOYCE Kyra X SKELDING Katie LEWIS Eloise Y	50.62
2	I	Ipsw/C&T	GODBOLD Chloe FRASER Christy Y WHITLOCK Keeley KILPATRICK Chantelle	54.75
3	H	Have	MARENAH Aisha X SANWO Olatomiwa Y ATKINS Alice X KERR Rachel	55.34
4				
5				
6				

**Mixed M&W 4 x 400m A A**

Posn	No.	Club	Runners	Perf
1	W	WGEL	WEERAKKODY Videsh Y SKELDING Katie CLARK Anna SCANLAN Paul	03:44.99
2	H	Have	HUTTON Finn AGNIMEL Matthew Y KAVANAGH Jade Y BRENNAN Nina	03:48.86
3	B	Bas	RAPLEY Meg REAN William Y ROLLS Scarlett X CHAPMAN Harrison Y	03:55.04
4	I	Ipsw/C&T	PALMIERI Paolo X GODBOLD Chloe HUGHES Natalie X MILLER Oliver Y	04:01.76
5				
6				

## SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford

13/07/2019

**NON-SCORERS****100m Men**

Posn	Bib	Athlete	Age	Club	Perf
				Wind	-2.5
1	57	RAMIE Joseph		Have	11.65
2	14	ASHIRU Joba X	U17	WGEL	11.82
3	16	O'NEILL Joey Y	U20	WGEL	11.97
4	13	STYLES Dylan X	U17	WGEL	12.74
5	45	OGUNMOLA Emmanuel Y	U20	Bas	12.76
6					
7					
8					

**NON-SCORERS****400m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

**100m Men**

Posn	Bib	Athlete	Age	Club	Perf
				Wind	-1.2
1	56	TUCKER Karl		Have	11.73
2	36	HUME Jake X	U17	Bas	12.60
3	37	STVALCHIKNE Jeramie	U17	Bas	12.88
4	34	YORK Aaron		Bas	13.88
5					
6					
7					
8					

**100m Women**

Posn	Bib	Athlete	Age	Club	Perf
				Wind	-1.5
1	22	BOYCE Kyra X	U17	WGEL	13.82
2	20	OLUSESAN Temitope Y	U20	WGEL	13.77
3	32	OLUOKUN Maryam Y	U20	Bas	13.82
4	31	LEEK Dawn		Ipsw/C&T	14.55
5	54	MWANZA Lydia Y	U20	Have	14.60
6	30	WELBOURN Elizabeth		Ipsw/C&T	15.56
7					
8					

**200m Men**

Posn	Bib	Athlete	Age	Club	Perf
				Wind	-2.2
1	40	COLLETT Jay X	U17	Ipsw/C&T	25.45
2	48	RAND Steve		Have	26.42
3					
4					
5					
6					
7					
8					

**200m Women**

Posn	Bib	Athlete	Age	Club	Perf
				Wind	N/T
1	53	RAMSDEN Emma X	U17	Have	27.24
2	55	ATKINS Alice X	U17	Have	28.63
3	31	LEEK Dawn		Ipsw/C&T	31.05
4					
5					
6					
7					
8					

**400m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	49	OKPALAUKO Somto X	U17	Have	54.52
2	43	COE Dalton		Ipsw/C&T	60.99
3					
4					
5					
6					
7					
8					

**400m Women**

Posn	Bib	Athlete	Age	Club	Perf
1	24	DOBSON Rennay X	U17	WGEL	73.06
2					
3					
4					
5					
6					
7					
8					

## SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford

13/07/2019

**800m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	47	KAVANAGH Paul		Have	2:08.83
2					
3					
4					
5					
6					
7					
8					

**800m Women**

Posn	Bib	Athlete	Age	Club	Perf
1	25	MCLEAN-JACKSON Wren X	U17	WGEL	2:35.90
2					
3					
4					
5					
6					
7					
8					

**1500m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	44	GODBOLD Mark		Ipsw/C&T	5:56.62
2					
3					
4					
5					
6					

**1500m Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

**3000m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	39	PETTERSSON James Y	U20	Ipsw/C&T	9:05.65
2	38	ADAMS Frederick X	U17	Ipsw/C&T	9:50.33
3					
4					
5					
6					

**5000m Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

**110m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

**100m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

**S/Chase Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

**S/Chase Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

## SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford

13/07/2019

Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1	59	WILLIAMS Hugh		WGEL	28.70
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1	29	OKAFOR Emmaline		WGEL	37.17
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
1	34	YORK Aaron		Bas	26.95
2	17	HARFORD Fergus		WGEL	18.63
3	41	GODRON Stefan Y	U20	Ipsw/C&T	27.67
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1	42	GODRON Peter		Ipsw/C&T	25.37
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1	34	YORK Aaron		Bas	8.75
2	37	STVALCHIKNE Jeramie	U17	Bas	9.41
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1	58	DORNAN Micha		Bas	8.91
2	46	MATTHEWS Devon Y	U20	Bas	7.06
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

## SOUTHERN ATHLETICS LEAGUE Division 2 East Woodford

13/07/2019

Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1	33	NICHOLAS Heidi		Bas	1.38
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	2				
2					
3					
4					
5					
6					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					