

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 2 East	
MATCH	1	
VENUE	Basildon	
P/FINISH	YES	

Date Saturday, April 13 2019

Venue Basildon

Host Club Basildon AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
B	Basildon AC	Bas	20	105.0	8.0	77.0	210.0
X	Bexley AC	Bex	15	57.0	9.0	69.0	150.0
A	Ashford AC	Ash	20	71.0	11.0	77.5	179.5
T	Tonbridge AC	Tonb	20	92.0	12.0	90.5	214.5

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Tonbridge AC	214.5	4.0			214.5	4.0	1
2	Basildon AC	210.0	3.0			210.0	3.0	2
3	Ashford AC	179.5	2.0			179.5	2.0	3
4	Bexley AC	150.0	1.0			150.0	1.0	4

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	B	BENNETT Sam Y	Bas	11.10	727
2	T	BACHORSKI Anton Y	Tonb	11.20	696
3	A	SAMWELL-NASH Kristian X	Ash	11.20	696
4	X	EKERE Idy	Bex	11.70	552
5					
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	NWOGWUGWU Zachary X	Tonb	11.10	727
2	AA	SMITH Lewis	Ash	11.30	666
3	BB	JAMES Chosen Y	Bas	11.30	666
4	XX	OGUNMEFUN Abraham	Bex	11.50	607
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	B	BENNETT Sam Y	Bas	22.50	743
2	A	SAMWELL-NASH Kristian X	Ash	22.60	727
3	T	BACHORSKI Anton Y	Tonb	22.70	712
4	X	EKERE Idy	Bex	23.60	584
5					
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	NWOGWUGWU Zachary X	Tonb	23.10	653
2	AA	SMITH Lewis	Ash	23.40	611
3	XX	OGUNMEFUN Abraham	Bex	23.50	597
4	BB	AWALA-SHAW Joey Y	Bas	24.90	424
5					
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	B	CHAPMAN Harrison Y	Bas	51.80	658
2	T	TESTER Steven	Tonb	52.80	604
3	X	FARRELL Jamie	Bex	53.10	588
4					
5					
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	REAN William Y	Bas	52.90	599
2	TT	BEASTY Zac X	Tonb	56.00	449
3	XX	MASTERS Nathaniel X	Bex	59.00	327
4					
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	X	HIGGINS Ted Y	Bex	01:59.50	681
2	TT	CRICK Charles Y	Tonb	02:02.00	620
3	A	TREMAIN Harrison Y	Ash	02:02.00	620
4	BB	MCGILL Daniel Y	Bas	02:09.90	450
5					
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	B	LINSELL Toby X	Bas	02:10.60	436
2	T	LAWSON Harry	Tonb	02:11.80	414
3					
4					
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	X	HIGGINS Ted Y	Bex	04:06.30	679
2	B	BROWN Isaac Y	Bas	04:09.00	650
3	T	BRYANT Jamie	Tonb	04:11.30	625
4	A	TREMAIN Harrison Y	Ash	04:11.90	619
5					
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	AA	SMALL Louis X	Ash	04:16.00	577
2	BB	RASHBROOK Jamie X	Bas	04:23.70	504
3	TT	CRICK Charles Y	Tonb	04:31.90	432
4	XX	STOWELL Ronnie Y	Bex	04:45.90	324
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
5000m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	TT	BRYANT Jamie	Tonb	15:18.80	758
2	B	LEE James X	Bas	17:45.20	385
3	X	JENNER Martin	Bex	19:34.10	184
4	A	TEALE Michael	Ash	23:01.90	1
5					
6					

5000m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	T	ELLIS Michael	Tonb	15:25.70	737
2	XX	RUSHBROOK Andy	Bex	24:07.30	
3					
4					
5					
6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	B	BROADBENT Jack Y	Bas	15.40	775
2	A	DAVEY Peter	Ash	18.20	502
3	X	SLATER Paul	Bex	18.40	485
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	BB	MCGRATH Joe	Bas	21.40	260
2	XX		Bex	23.20	157
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	A	DAVEY Peter	Ash	66.90	449
2	T	ELLIS Michael	Tonb	69.50	384
3	B	BROADBENT Jack Y	Bas	69.90	375
4	X	SLATER Paul	Bex	70.60	358
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	AA	WILLIAMS Luke	Ash	68.00	421
2	BB	MCGRATH Joe	Bas	70.10	370
3	XX	GEDIZ Kemal	Bex	73.00	305
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
2000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	T	ELLIS Michael	Tonb	06:47.60 628
2	BB	JACKSON Harry X	Bas	07:51.60 333
3				
4				
5				
6				

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	B	MCGRATH Joe	Bas	08:17.40 242
2				
3				
4				
5				
6				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	X		Bex	1.85 719
2	T	KENDALL Harry	Tonb	1.80 677
3	AA	SMITH Lewis	Ash	1.75 636
4	B	ELLIS Cameron X	Bas	1.70 594

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1=	A	SMILEY Matthew	Ash	1.70 594
1=	TT	BEASTY Zac X	Tonb	1.70 594
3	XX	CALVERT Jacob Y	Bex	1.65 553
4	BB	BROADBENT Jack Y	Bas	1.50 427

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	A	NOEL Douglas X	Ash	3.60 612
2	T	HOOKWAY Alex	Tonb	3.20 525
3	B	FECIORU Mihal X	Bas	3.00 481
4	X	HAWKINS Phil	Bex	2.60 393

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	AA	LUKE Williams	Ash	3.50 590
2	TT	CRAWLEY Ian	Tonb	3.00 481
3	BB	MCGRATH Joe	Bas	2.80 437
4	XX	SLATER Paul	Bex	2.20 302

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	B	ELLIS Cameron X	Bas	6.67 787
2	A	SMITH Lewis	Ash	6.35 723
3	T	KENDALL Harry	Tonb	5.93 640
4	X	SLATER Paul	Bex	5.85 624
5				
6				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	TT	HOOKWAY Alex	Tonb	5.53 561
2	BB	AKHIGBE Michael Y	Bas	5.45 546
3	XX	ADAH-JAHS Fortune X	Bex	5.06 470
4	AA	WILLIAMS Luke	Ash	4.91 441
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon**13/04/2019****Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	A	SMITH Lewis	Ash	12.84	707
2	B	ADEYEMI Adelou	Bas	12.52	676
3	X	BALOGUN Omobodunde Y	Bex	11.83	608
4	T	TESTER Steven	Tonb	10.46	468
5					
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	AA	ALAJIKI Michael X	Ash	12.73	696
2	XX	CALVERT Jacob Y	Bex	10.17	437
3	BB	MCGRATH Joe	Bas	10.0	418
4	TT	CRAWLEY Ian	Tonb	7.64	124
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	T	CHURCH Lewis	Tonb	13.14	799
2	AA	WARD Jon	Ash	11.54	692
3	X	HOLDER Graham	Bex	10.86	644
4	B	PETERS Erskine	Bas	9.89	572
5					
6					

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	A	HARRIS Matthew	Ash	10.87	645
2	BB	YORK Aaron	Bas	9.00	502
3	XX	MEDLEN Shaun	Bex	8.47	457
4	TT	CRICK Charles Y	Tonb	6.21	229
5					
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	T	CHURCH Lewis	Tonb	37.76	724
2	A	HARRIS Matthew	Ash	34.83	676
3	X	HOLDER Graham	Bex	29.51	581
4	B	STUART Samuel Y	Bas	25.93	512
5					
6					

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	KENDALL Harry	Tonb	31.22	613
2	AA	WARD Jon	Ash	27.64	546
3	XX		Bex	25.34	499
4	BB	YORK Aaron	Bas	24.49	482
5					
6					

Hammer Men A

Posn	Bib	Athlete	Club	Perf	
1	X	HOLDER Graham	Bex	48.81	814
2	T	CHURCH Lewis	Tonb	33.15	624
3	AA	WARD Jon	Ash	33.13	624
4	BB	YORK Aaron	Bas	23.86	485
5					
6					

Hammer Men B

Posn	Bib	Athlete	Club	Perf	
1	XX	MEDLEN Shaun	Bex	30.73	590
2	A	HARRIS Matthew	Ash	26.23	523
3	B	EVERARD James	Bas	23.51	480
4	TT	EBBAGE Pete	Tonb	21.92	452
5					
6					

Javelin Men A

Posn	Bib	Athlete	Club	Perf	
1	B	EVERARD James	Bas	52.34	784
2	T	KENDALL Harry	Tonb	49.45	746
3	A	HARRIS Matthew	Ash	46.47	706
4	X	GUNTON Joe	Bex	39.29	604
5					
6					

Javelin Men B

Posn	Bib	Athlete	Club	Perf	
1	TT	CHURCH Lewis	Tonb	48.77	737
2	XX		Bex	34.85	538
3	BB	YORK Aaron	Bas	31.98	493
4	AA	WARD Jon	Ash	23.94	357
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	T	Tonb	BACHORSKI Anton Y MILLIGAN Alex X NWOGWUGWU Zachary X SMITH George Y	44.60
2	X	Bex	EKERE Idy KINSAMBWE Matthew X ADAH-JAHS Fortune X OGUNMEFUN Abraham	45.00
3	A	Ash	SMITH Lewis JAMES Daniel Y ALAJIKI Michael X FOAD Tammo X	47.00
4	B	Bas	JAMES Chosen Y BROADBENT Jack Y BENNETT Sam Y AKHIGBE Michael Y	47.10
5				
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	B	Bas	BENNETT Sam Y CHAPMAN Harrison Y REAN William Y 0	03:36.20
2	T	Tonb	BEASTY Zac X HOOKWAY Alex CRICK Charles Y TESTER Steven	03:42.60
3	X	Bex	CALVERT Jacob Y STOWELL Ronnie Y FARRELL Jamie HIGGINS Ted Y	03:43.30
4	A	Ash	SMITH Lewis SAMWELL-NASH Kristian X SMALL Louis X SMALL Jack X	03:47.00
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon

13/04/2019

100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	T	ELSTON Emma sophia	Tonb	13.20	603
2	A	MONGO Yetunde Y	Ash	13.40	564
3	X	EBOH Melody X	Bex	13.50	545
4	B	HARVEY Nichole Y	Bas	14.40	392
5					
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	MURPHY Jessica	Tonb	13.20	603
2	AA	YEANDLE BRONWYN X	Ash	13.20	603
3	BB	TANIMOWO Queen X	Bas	13.30	584
4	XX	ABEGUNDE-WILLIAMS Rebecc	Bex	13.50	545
5					
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	T	ROOT Asha Y	Tonb	26.30	674
2	A	DAVIS Imogen X	Ash	27.10	598
3	X	KELVIN Joy X	Bex	27.10	598
4	B	HINSON Lottie X	Bas	27.40	570
5					
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	ELSTON Emma sophia	Tonb	26.30	674
2	AA	SAXBY Ella X	Ash	28.70	462
3	BB	OLUNKUN Maryam Y	Bas	29.40	409
4	XX	OGUNNAIKE Bolaji X	Bex	29.60	395
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	T	ROOT Asha Y	Tonb	59.50	700
2	A	MARTIN Deborah	Ash	60.60	658
3	B	HINSON Lottie X	Bas	64.60	517
4	X	WHITE Ellie	Bex	67.70	420
5					
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	AA	SAXBY Ella X	Ash	66.00	472
2	BB	REX Abby Y	Bas	68.50	397
3	XX	MIAH Rebecca	Bex	71.00	329
4	TT	KNIGHT Lisa	Tonb	71.20	324
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	A	WALSH Briony	Ash	02:21.20	672
2	B	RAPLEY Meg	Bas	02:22.80	647
3	X	BURNHOPE Alice	Bex	02:28.60	561
4	T	WATSON Meghan Y	Tonb	02:36.40	455
5					
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	TT	MILANA Vita Y	Tonb	02:40.30	406
2	XX	MIAH Rebecca	Bex	02:44.50	357
3	BB	REX Hollie X	Bas	02:50.80	289
4	AA	COX Faith Y	Ash	03:05.60	158
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
1500m Women A

Posn	No.	Athlete	Club	Perf
1	BB	FREEGARD Holly X	Bas	04:53.80 642
2	A	WALSH Briony	Ash	05:04.40 567
3	T	MILANA Vita Y	Tonb	05:26.80 425
4	X	WHITE Ellie	Bex	06:27.40 143
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	B	ASHLEY Beth Y	Bas	05:04.60 566
2	AA	ROGER Elisha X	Ash	05:14.20 502
3	TT	HESLOP Elizabeth Y	Tonb	05:28.20 416
4	XX	MIAH Rebecca	Bex	06:27.40 143
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	B	BURRELL Grace Y	Bas	10:36.50 642
2	T	EVANS Nichola	Tonb	11:25.60 485
3	A	HAWKINS Candy	Ash	13:16.60 209
4	X	HOLDER Amanda	Bex	18:07.50
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	BB	WETHERIDGE Sophie X	Bas	11:03.50 553
2	TT	CROSS Kim	Tonb	13:19.50 204
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	B SKEGGS Charlotte	Bas	17.30 558	
2	A PRICKETT Alexandra Y	Ash	18.20 483	
3	X DODDS Sarah	Bex	21.40 257	
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	DORNAN Micha	Bas	23.00 169	
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	T	RIDGE Freya X	Tonb	74.00 512
2	B	DAVIES Sophie Y	Bas	79.70 385
3	A	PRICKETT Alexandra Y	Ash	84.90 282
4	X	DODDS Sarah	Bex	89.40 204
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	AA	SADLER-REEVES Yasmin X	Ash	83.60 307
2	BB	PHILLIPS Janine	Bas	90.40 188
3	XX		Bex	123.10
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
2000m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	T	THOMSOM Noémie	Tonb	07:25.20 743
2	B	RAPLEY Meg	Bas	07:47.90 633
3	X	DODDS Sarah	Bex	11:20.20 39
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	TT	HESLOP Elizabeth Y	Tonb	08:26.40 467
2	BB	WETHERIDGE Sophie X	Bas	09:08.80 316
3	XX		Bex	12:32.70
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	BB	MCGEE Ariyanna X	Bas	1.50 651
2	A	HAMILTON Katie	Ash	1.45 596
3	T	RIDGE Freya X	Tonb	1.40 542
4	XX	BONNER Mia X	Bex	1.25 378

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	AA	SADLER-REEVES Yasmin X	Ash	1.40 542
2	B	KRISE Jessica X	Bas	1.35 487
3	X	EBOH Melody X	Bex	1.10 216

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	T	LAQERETABUA Una	Tonb	2.30 450
2	AA	YEANDLE BRONWYN X	Ash	2.20 424
3	B	BAILEY Courtney X	Bas	1.20 141

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	TT	CRUSH Angie	Tonb	1.90 343
2	A	EYLES Erin X	Ash	1.70 288

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	A	TEALE SARRIS X	Ash	5.24	714
2	B	SKEGGS Charlotte	Bas	4.90	637
3	T	MURPHY Jessica	Tonb	4.10	457
4	X	ADEYEMI Emma X	Bex	3.88	409
5					
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	OSHUNREMI Victoria	Bas	4.84	623
2	XX	MASTERS Wendy	Bex	3.81	393
3	TT	EBBAGE Kirsty Ann Y	Tonb	2.96	210
4	AA	DAVIS Imogen X	Ash	2.84	184
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	B	OSHUNREMI Victoria	Bas	11.45	763
2	A	SADLER-REEVES Yasmin X	Ash	10.11	622
3	X	KELVIN Joy X	Bex	10.01	611
4	T	RIDGE Freya X	Tonb	9.04	506
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	HARVEY Nichole Y	Bas	10.30	642
2	TT	RIDGE Nina	Tonb	8.33	427
3	XX	MASTERS Wendy	Bex	8.30	424
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	X	BERNDT Marianne	Bex	9.57	692
2	TT	LAQERETABUA Una	Tonb	9.38	678
3	B	DORNAN Micha	Bas	8.49	611
4	AA	DAVIS Imogen X	Ash	7.12	498
5					
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	T	EBBAGE Kirsty Ann Y	Tonb	8.94	646
2	XX	GREGORY Nicola	Bex	8.32	598
3	BB	ELLIS Katherine	Bas	7.21	506
4	A	WARD Ashley Y	Ash	6.05	398
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	T	EBBAGE Kirsty Ann Y	Tonb	32.82	773
2	XX	BERNDT Marianne	Bex	31.14	747
3	A	WARD Ashley Y	Ash	19.10	523
4	BB	RIXSON Zoe X	Bas	17.44	483
5					
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	X	GREGORY Nicola	Bex	28.77	709
2	TT	RIDGE Nina	Tonb	19.89	541
3	B	ELLIS Katherine	Bas	15.92	444
4	AA	HAMILTON Katie	Ash	11.07	280
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon
13/04/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	T	EBBAGE Kirsty Ann Y	Tonb	36.06 690
2	BB	ELLIS Katherine	Bas	30.50 616
3	X	BERNDT Marianne	Bex	20.09 454
4	A	HAMILTON Katie	Ash	18.20 419
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	TT	RIDGE Nina	Tonb	22.71 498
2	XX	HOLDER Amanda	Bex	19.62 445
3	B	WRIGHT Terrika X	Bas	18.14 418
4	AA	MARTIN Deborah	Ash	14.77 351
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	B	SKEGGS Charlotte	Bas	30.92 744
2	T	LAQERETABUA Una	Tonb	29.15 716
3	X	BONNER Mia X	Bex	26.03 664
4	A	WARD Ashley Y	Ash	23.04 610
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	BB	MATTHEWS Devon Y	Bas	29.40 720
2	TT	JONES Keira X	Tonb	22.73 604
3	AA	COX Faith Y	Ash	18.99 528
4	XX	PATES Christine	Bex	14.67 426
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	A	Ash	MONGO Yetunde Y DAVIS Imogen X YEANDLE BRONWYN X SAXBY Ella X	51.90
2	X	Bex	FOTSO Marie-Reine X OGUNNAIKE Bolaji X KELVIN Joy X EBOH Melody X	53.00
3	T	Tonb	ROOT Asha Y ELSTON Emma sophia RIDGE Nina WRIGHT Diane	53.50
4	B	Bas	SKEGGS Charlotte HARVEY Nichole Y RIXSON Zoe X TANIMOWO Queen X	54.00
5				
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	A	Ash	SAXBY Ella X COX Faith Y MARTIN Deborah WALSH Briony	04:25.00
2	T	Tonb	MILANA Vita Y RIDGE Freya X RIDGE Nina ROOT Asha Y	04:26.00
3	B	Bas	FREGARD Holly X RAPLEY Meg REX Abby Y BURRELL Grace Y	04:27.60
4	X	Bex	MIAH Rebecca OGUNNAIKE Bolaji X EBOH Melody X WHITE Ellie	04:46.60
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon

Wind

13/04/2019

Wind

Bib	Males	Event	Perf	Bib	Females	Event	Perf
Ashford AC							
	FOAD Tammo X	100m		85	COX Faith Y	Shot	7.15
85	SMALL Jack X	1500m	04:20.1				
84	JAMES Daniel Y	100m	11.6				
84	JAMES Daniel Y	200m	23.7				
293	WILLIAMS Luke	Discus	18.87				

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon

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Basildon AC

98	MORRIS Daniel X	800m		202	OSEWA Gabrielle X	Long Jump	4.2
-		800m		202	OSEWA Gabrielle X	Shot	7.42
117	WRIGHT James Y	800m	02:13.5	202	OSEWA Gabrielle X	Discus	21.77
200	MERIDEW Luke X	800m	02:16.0	203	OKENLA Moyo X	Long Jump	4.18
201	HUNT Thomas X	800m	02:37.7	203	OKENLA Moyo X	Triple Jump	10.46
-		-		208	-	-	
209	ONILOGBO Michael X	100m	11.4	205	ELLIS Katherine	Javelin	18.38
210	COUSINS Daniel	100m		208	-	-	
201	HUNT Thomas X	High Jump	1.65	208	MATTHEWS Devon Y	Hammer	19.88
209	ONILOGBO Michael X	200m	24.0	211	DANIEL Ameila Y	800m	02:46.1
283	ADEYEMI Adelou	200m	24.1	211	DANIEL Ameila Y	400m	
284	CHAPMAN Harrison Y	200m	23.1	273	HARRIS Madison X	3000m	10:58.0
286	LEE James X	1500m	04:35.8	278	DORNAN Micha	Javelin	27.45
289	HOUCHELL Matthew Y	1500m	04:27.9	204	REX Abby Y	400m	68.5
				206	SKEGGS Charlotte	Shot	6.41
				285	WETHERIDGE Sophie X	1500m	05:19.3
				291	TANIMOWO Queen X	200m	27.9
				287	HORDEN Caroline	1500m	05:33.9
				210	COUSINS Daniel	100m	12.1
				279	AKINTOKUN Akeem	200m	22.9

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Wind

Bexley AC

89	ADAH-JAHS Fortune X	200m	24.8	94	FOTSO Marie-Reine X	100m	13.7
91	GEDIZ Kemal	200m	29.4	96	OGUNNAIKE Bolaji X	100m	14.4
93	CALVERT Jacob Y	200m	25.2	95	ADEYEMI Emma X	200m	28.1
97	HALLASSOU Ralph-lowell X	200m	25.4				
288	FARRELL Jamie	200m	24.4				
90	KINSAMBWE Matthew X	100m	11.6				
92	RUSHBROOK Andy	Hammer	28.14				
92	RUSHBROOK Andy	Discus	21.34				
92	RUSHBROOK Andy	Shot	7.44				

SOUTHERN ATHLETICS LEAGUE Division 2 East Basildon

Wind

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Tonbridge AC

	BEASTY Zac X	200m		MURPHY Jessica	Javelin
207	CRAWLEY Ian	200m	28.7		
272	SMITH George Y	200m	24.5		
212	MILLIGAN Alex X	200m	24.0		
207	CRAWLEY Ian	High Jump	1.50		
207	CRAWLEY Ian	100m	13.9		
212	MILLIGAN Alex X	100m	11.7		
272	SMITH George Y	100m	11.8		

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