

| | | |
|----------|---------------------------|----------------------------------|
| LEAGUE | SOUTHERN ATHLETICS LEAGUE | Track Events Start in Lane |
| DIVISION | Division 1 | |
| MATCH | 5 | |
| VENUE | Gillingham | |
| P/FINISH | YES | |
| | | 1 |

Date Saturday, August 17 2019
 Venue Gillingham
 Host Club Medway & Maidstone AC

| Bib | Team Name | Abbrev. | Officials | Track1 | Relays | Field | Total |
|-----|-----------------------|---------|-----------|--------|--------|-------|-------|
| M | Medway & Maidstone AC | M&M | 20 | 101.0 | 11.0 | 78.5 | 210.5 |
| H | City of Norwich | Norwich | 20 | 83.0 | 8.0 | 76.5 | 187.5 |
| K | Bracknell AC | Brack | 20 | 75.0 | 10.0 | 64.0 | 169.0 |
| A | Harrow AC | Harrow | 20 | 86.0 | 11.0 | 91.0 | 208.0 |
| 0 | | | 0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | | | 0 | 0.0 | 0.0 | 0.0 | 0.0 |

| Posn | Team Name | Points | League | B/fwd M | B/fwd L | Total M | Total L | Standings |
|------|-----------------------|--------|--------|---------|---------|---------|---------|-----------|
| 1 | Medway & Maidstone AC | 210.5 | 4.0 | 0.00 | 0.00 | 210.5 | 4.0 | 1 |
| 2 | Harrow AC | 208.0 | 3.0 | 0.00 | 0.00 | 208.0 | 3.0 | 2 |
| 3 | City of Norwich | 187.5 | 2.0 | 0.00 | 0.00 | 187.5 | 2.0 | 3 |
| 4 | Bracknell AC | 169.0 | 1.0 | 0.00 | 0.00 | 169.0 | 1.0 | 4 |
| 0 | | 0.0 | 0.0 | 0.00 | 0.00 | 0.0 | 0.0 | 0 |
| 0 | | 0.0 | 0.0 | 0.00 | 0.00 | 0.0 | 0.0 | 0 |

| | |
|------------------------------------|----|
| TOTAL EVENTS | 38 |
| NO COMPETITORS/EVENT CANCELLED/NMR | - |
| EVENT SCORED | 38 |
| REMAINING | - |

Scoring System Top 10

| Men | | | | | |
|-------|-----------------------|---------|----------------------|----------|--------|
| | Men | Club | Event | Perf | Points |
| 1 | BUCKNER Matthew Y | Brack | 400m Men A | 47.92 | 894 |
| 2 | BROWN Callum | Norwich | Hammer Men A | 63.42 | 877 |
| 3 | TAYLOR Harry Y | Norwich | 200m Men A | 21.80 | 841 |
| 4 | BENJAMIN Damaine | Harrow | 400m Hurdles Men A | 55.12 | 839 |
| 5 | MURPHY Conor Y | M&M | 400m Men A | 48.80 | 837 |
| 6 | HEARD Owen Y | Harrow | Pole Vault Men A | 4.40 | 821 |
| 7 | GREENHALGH James | Norwich | 400m Hurdles Men A | 55.77 | 817 |
| 8 | STANISCI-BROWN Luca X | Harrow | Triple Jump Men A | 13.65 | 814 |
| 9 | MOOLMAN Dewald | Harrow | Discus Men A | 46.87 | 810 |
| 10 | WRIGHT Andre | M&M | 200m Men A | 22.01 | 807 |
| Women | | | | | |
| | Women | Club | Event | Perf | Points |
| 1 | QUIRK Amelia | Brack | 1500m Women A | 04:24.72 | 914 |
| 2 | MCCLAY Rachel | Brack | 1500m Women B | 04:26.59 | 897 |
| 3 | VICKERY Gemma | Norwich | Hammer Women A | 52.14 | 869 |
| 4 | KUYPERS Darcey | M&M | 100m Women A | 12.02 | 865 |
| 5 | KUYPERS Darcey | M&M | 200m Women A | 24.54 | 863 |
| 6 | BAILEY Megan | Harrow | Pole Vault Women A | 3.70 | 851 |
| 6 | QUIRK Amelia | Brack | 800m Women A | 02:12.41 | 851 |
| 8 | NWAWULOR Marilyn | Harrow | 100m Women A | 12.09 | 848 |
| 9 | FENWICK Phoebe | Brack | 400m Women A | 56.07 | 840 |
| 10 | COMER Hayley | Harrow | 400m Hurdles Women A | 63.23 | 827 |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
100m Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------------------|---------|-------|------|
| | | | | | 0.7 |
| 1 | H | TAYLOR Harry Y | Norwich | 10.96 | 781 |
| 2 | M | WRIGHT Andre | M&M | 10.98 | 775 |
| 3 | A | OLANIYI Dominique Y | Harrow | 11.10 | 736 |
| 4 | K | HATFIELD Jake | Brack | 11.20 | 704 |
| 5 | | | | | |
| 6 | | | | | |

100m Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|----------------|---------|-------|------|
| | | | | | 0.7 |
| 1 | HH | ALBROW Louis Y | Norwich | 11.16 | 717 |
| 2 | AA | CARR Richard | Harrow | 11.27 | 683 |
| 3 | MM | KUYPERS Rory Y | M&M | 11.44 | 632 |
| 4 | KK | TONADE Moses Y | Brack | 11.64 | 576 |
| 5 | | | | | |
| 6 | | | | | |

200m Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------------------|---------|-------|------|
| | | | | | 1.4 |
| 1 | H | TAYLOR Harry Y | Norwich | 21.80 | 841 |
| 2 | M | WRIGHT Andre | M&M | 22.01 | 807 |
| 3 | A | OLANIYI Dominique Y | Harrow | 22.22 | 774 |
| 4 | K | MILLER James Y | Brack | 22.48 | 733 |
| 5 | | | | | |
| 6 | | | | | |

200m Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|---------|-------|------|
| | | | | | 1.4 |
| 1 | AA | HOLLOWAY Shea | Harrow | 22.44 | 739 |
| 2 | HH | ALBROW Louis Y | Norwich | 22.62 | 712 |
| 3 | MM | LYNCH Myles | M&M | 22.92 | 668 |
| 4 | KK | GENNACE Andre X | Brack | 24.33 | 483 |
| 5 | | | | | |
| 6 | | | | | |

400m Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------------|---------|-------|-----|
| 1 | K | BUCKNER Matthew Y | Brack | 47.92 | 894 |
| 2 | M | MURPHY Conor Y | M&M | 48.80 | 837 |
| 3 | AA | SMITHERMAN Andrew | Harrow | 49.33 | 803 |
| 4 | H | GREENHALGH James | Norwich | 50.54 | 730 |
| 5 | | | | | |
| 6 | | | | | |

400m Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------------|---------|-------|-----|
| 1 | A | SCHOPP Max | Harrow | 50.00 | 762 |
| 2 | MM | CLEMENTS George | M&M | 50.93 | 707 |
| 3 | KK | MILLER James Y | Brack | 51.55 | 672 |
| 4 | HH | FITZGERALD Mark Y | Norwich | 55.35 | 478 |
| 5 | | | | | |
| 6 | | | | | |

800m Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------------------|---------|----------|-----|
| 1 | K | HALL Oliver Y | Brack | 01:59.48 | 715 |
| 2 | M | CUNNINGHAM-MARSH Jacque | M&M | 01:59.75 | 708 |
| 3 | H | MAHONEY Will Y | Norwich | 02:00.81 | 681 |
| 4 | A | AUGUSTIN Casey X | Harrow | 02:04.99 | 579 |
| 5 | | | | | |
| 6 | | | | | |

800m Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|------------------|---------|----------|-----|
| 1 | MM | SAFARS Andrejs | M&M | 02:02.13 | 648 |
| 2 | HH | WHITING Edward Y | Norwich | 02:08.09 | 510 |
| 3 | AA | KABEL Jason | Harrow | 02:27.10 | 196 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

1500m Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|----------------------|---------|----------|-----|
| 1 | H | BILYARD Tyler Y | Norwich | 03:59.21 | 798 |
| 2 | M | GODDEN Marley | M&M | 04:03.11 | 751 |
| 3 | K | ENSER Aaron Y | Brack | 04:06.85 | 707 |
| 4 | A | HUDSON Christopher X | Harrow | 04:18.54 | 580 |
| 5 | | | | | |
| 6 | | | | | |

1500m Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|---------------|---------|----------|-----|
| 1 | MM | MAJOR Michael | M&M | 04:12.04 | 649 |
| 2 | HH | BROWNE Will X | Norwich | 04:21.18 | 553 |
| 3 | AA | JONES Chris | Harrow | 04:36.28 | 416 |
| 4 | KK | DART Adam Y | Brack | 04:43.24 | 360 |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham**17/08/2019****5000m Men A**

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|----------------|---------|----------|------|
| 1 | H | WHITE Jack Y | Norwich | 15:12.63 | 776 |
| 2 | M | MENGES Tewelde | M&M | 15:16.53 | 764 |
| 3 | A | JONES Chris | Harrow | 17:08.86 | 466 |
| 4 | K | DART Adam Y | Brack | 17:21.79 | 437 |
| 5 | | | | | |
| 6 | | | | | |

5000m Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------------|---------|----------|------|
| 1 | HH | CRUSH Gary | Norwich | 16:00.77 | 639 |
| 2 | MM | COLLINS Tom | M&M | 16:25.57 | 573 |
| 3 | AA | JAKSZTA Henry | Harrow | 19:14.44 | 216 |
| 4 | KK | JONES Gareth | Brack | 21:32.11 | 46 |
| 5 | | | | | |
| 6 | | | | | |

110m Hurdles Men A

| Posn | No. | Athlete | Club | Perf | 2.0 |
|------|-----|------------------|---------|-------|-----|
| 1 | H | GREENHALGH James | Norwich | 16.64 | 676 |
| 2 | M | HEFFERNAN Lewis | M&M | 17.29 | 611 |
| 3 | A | REID Noel | Harrow | 18.72 | 479 |
| 4 | K | BATUP Luke | Brack | 19.16 | 441 |
| 5 | | | | | |
| 6 | | | | | |

110m Hurdles Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-----------------|---------|-------|-----|
| 1 | MM | SAFARS Andrejs | M&M | 20.35 | 347 |
| 2 | HH | GREEN Charlie Y | Norwich | 21.88 | 241 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

400m Hurdles Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|------------------|---------|-------|-----|
| 1 | A | BENJAMIN Damaine | Harrow | 55.12 | 839 |
| 2 | H | GREENHALGH James | Norwich | 55.77 | 817 |
| 3 | MM | BLAKE Ben Y | M&M | 56.47 | 792 |
| 4 | K | BATUP Luke | Brack | 69.90 | 394 |
| 5 | | | | | |
| 6 | | | | | |

400m Hurdles Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|--------------------|---------|-------|-----|
| 1 | M | HEFFERNAN Lewis | M&M | 57.40 | 761 |
| 2 | AA | LUNDQUIST Jasper Y | Harrow | 61.40 | 631 |
| 3 | HH | GREEN Charlie Y | Norwich | 67.05 | 468 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
2000m S/Chase Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|--------------------|---------|----------|-----|
| 1 | M | MENGES Tewelde | M&M | 06:34.50 | 708 |
| 2 | A | TRAYNOR Declan | Harrow | 07:03.06 | 553 |
| 3 | HH | MCFARLANE Kieron Y | Norwich | 07:36.00 | 400 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

2000m S/Chase Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-----------------|---------|----------|-----|
| 1 | MM | COLLINS Tom | M&M | 06:55.05 | 594 |
| 2 | AA | ANDREWS Nick | Harrow | 07:48.99 | 346 |
| 3 | H | BILYARD Tyler Y | Norwich | 08:15.11 | 252 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

High Jump Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|---------|------|-----|
| 1 | A | REID Noel | Harrow | 1.78 | 654 |
| 2 | K | BATUP Luke | Brack | 1.75 | 629 |
| 3 | HH | WALKER Jules X | Norwich | 1.65 | 547 |
| 4 | M | SAFARS Andrejs | M&M | 1.60 | 506 |

High Jump Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------------|---------|------|-----|
| 1= | H | HAMMENT RUSSELL Jack X | Norwich | 1.65 | 547 |
| 1= | AA | STANISCI-BROWN Luca X | Harrow | 1.65 | 547 |
| 3 | KK | KHAN Raja Y | Brack | 1.55 | 464 |
| 4 | MM | RODGERS Finn X | M&M | 1.50 | 423 |

Pole Vault Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------|---------|------|-----|
| 1 | A | HEARD Owen Y | Harrow | 4.40 | 821 |
| 2 | H | BROWN Jacob X | Norwich | 3.70 | 665 |
| 3 | MM | BLAKE George | M&M | 3.50 | 620 |

Pole Vault Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------|---------|------|-----|
| 1 | AA | WEST Joseph | Harrow | 3.70 | 665 |
| 2 | M | BLAKE Ben Y | M&M | 3.50 | 620 |
| 3 | HH | SLATER Gordon | Norwich | 2.30 | 341 |

Long Jump Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|--------------------|---------|------|-----|
| 1 | A | BEST-MORRIS Kahlil | Harrow | 6.64 | 773 |
| 2 | K | WILDE Robbie | Brack | 6.57 | 759 |
| 3 | H | WALKER Jules X | Norwich | 6.29 | 704 |
| 4 | MM | MILLS Robert Y | M&M | 5.66 | 581 |
| 5 | | | | | |
| 6 | | | | | |

Long Jump Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|---------|------|-----|
| 1 | AA | CARR Richard | Harrow | 6.32 | 710 |
| 2 | KK | BATUP Luke | Brack | 5.88 | 624 |
| 3 | M | HEFFERNAN Lewis | M&M | 5.49 | 548 |
| 4 | HH | LEEDER Scott X | Norwich | 3.92 | 249 |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
Triple Jump Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------------|---------|-------|-----|
| 1 | A | STANISCI-BROWN Luca X | Harrow | 13.65 | 814 |
| 2 | K | BATUP Luke | Brack | 12.50 | 701 |
| 3 | M | HEFFERNAN Lewis | M&M | 12.35 | 686 |
| 4 | H | FITZGERALD Mark Y | Norwich | 11.72 | 621 |
| 5 | | | | | |
| 6 | | | | | |

Triple Jump Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|--------|-------|-----|
| 1 | MM | MILLS Robert Y | M&M | 12.25 | 676 |
| 2 | KK | KHAN Raja Y | Brack | 11.69 | 618 |
| 3 | AA | GRANT Jerwayne | Harrow | 11.52 | 601 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Shot Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|---------|-------|-----|
| 1 | AA | MOOLMAN Dewald | Harrow | 13.69 | 801 |
| 2 | H | SMITH Neal | Norwich | 12.78 | 745 |
| 3 | MM | BLAKE Will | M&M | 9.85 | 546 |
| 4 | K | SPENCER Ashley | Brack | 8.39 | 432 |
| 5 | | | | | |
| 6 | | | | | |

Shot Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|---------|-------|-----|
| 1 | HH | MANNING Declan | Norwich | 12.02 | 696 |
| 2 | A | REID Noel | Harrow | 9.58 | 526 |
| 3 | M | BLAKE George | M&M | 9.00 | 482 |
| 4 | KK | HATFIELD Jake | Brack | 7.49 | 353 |
| 5 | | | | | |
| 6 | | | | | |

Discus Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|---------|-------|-----|
| 1 | A | MOOLMAN Dewald | Harrow | 46.87 | 810 |
| 2 | M | YOUNG Darren | M&M | 35.27 | 642 |
| 3 | H | MANNING Declan | Norwich | 34.04 | 623 |
| 4 | KK | HATFIELD Jake | Brack | 21.03 | 380 |
| 5 | | | | | |
| 6 | | | | | |

Discus Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|---------|-------|-----|
| 1 | HH | BROWN Callum | Norwich | 33.20 | 609 |
| 2 | MM | BLAKE George | M&M | 30.18 | 558 |
| 3 | AA | ALLEN Robert | Harrow | 21.78 | 396 |
| 4 | K | SPENCER Ashley | Brack | 18.26 | 313 |
| 5 | | | | | |
| 6 | | | | | |

Hammer Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|---------|-------|-----|
| 1 | H | BROWN Callum | Norwich | 63.42 | 877 |
| 2 | M | PERKINS Reece Y | M&M | 37.54 | 620 |
| 3 | AA | ALLEN Robert | Harrow | 20.49 | 388 |
| 4 | K | SPENCER Ashley | Brack | 19.54 | 372 |
| 5 | | | | | |
| 6 | | | | | |

Hammer Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|---------|-------|-----|
| 1 | HH | MANNING Declan | Norwich | 33.42 | 571 |
| 2 | MM | FLYNN Charles | M&M | 26.81 | 485 |
| 3 | A | SAMUEL Rohan | Harrow | 15.05 | 287 |
| 4 | KK | HALL Oliver Y | Brack | 6.60 | |
| 5 | | | | | |
| 6 | | | | | |

Javelin Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|---------|-------|-----|
| 1 | A | SKETCHLEY David | Harrow | 54.77 | 784 |
| 2 | M | NASH Sonny | M&M | 41.54 | 612 |
| 3 | H | BROWN Callum | Norwich | 40.67 | 600 |
| 4 | K | BATUP Luke | Brack | 25.41 | 368 |
| 5 | | | | | |
| 6 | | | | | |

Javelin Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------|---------|-------|-----|
| 1 | MM | RODWELL Sean | M&M | 36.03 | 534 |
| 2 | AA | ANDREWS Nick | Harrow | 31.58 | 468 |
| 3 | HH | SLATER Gordon | Norwich | 22.63 | 320 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham**17/08/2019****4 x 100m Men A**

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|---|-------|
| 1 | A | Harrow | OLANIYI Dominique Y HEARD Owen Y COLLIS Luke Y AARON Jaiden Y | 42.81 |
| 2 | H | Norwich | 0 0 0 0 | 43.66 |
| 3 | M | M&M | KUYPERS Rory Y MURPHY Conor Y LYNCH Myles WRIGHT Andre | 43.79 |
| 4 | K | Brack | HATFIELD Jake WILDE Robbie TONADE Moses Y BUCKNER Matthew Y | 44.26 |
| 5 | | | | |
| 6 | | | | |

4 x 400m Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|---|----------|
| 1 | M | M&M | LYNCH Myles BLAKE Ben Y CLEMENTS George MURPHY Conor Y | 03:25.68 |
| 2 | H | Norwich | 0 0 0 0 | 03:36.04 |
| 3 | A | Harrow | REID Noel SCHOPP Max STANISCI-BROWN Luca X GRANT Jerwayne | 03:37.67 |
| 4 | K | Brack | MILLER James Y ENSER Aaron Y BATUP Luke HALL Oliver Y | 03:40.02 |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
100m Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|------------------|---------|-------|------|
| | | | | | 2.2 |
| 1 | M | KUYPERS Darcey | M&M | 12.02 | 865 |
| 2 | A | NWAWULOR Marilyn | Harrow | 12.09 | 848 |
| 3 | H | GRACE Serena X | Norwich | 12.34 | 789 |
| 4 | KK | LOADES Lucy X | Brack | 13.11 | 621 |
| 5 | | | | | |
| 6 | | | | | |

100m Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|--------------------|---------|-------|------|
| | | | | | 2.2 |
| 1 | K | ROBINSON Matilda X | Brack | 13.32 | 580 |
| 2 | MM | WALTERS Abigail X | M&M | 13.33 | 578 |
| 3 | HH | MILROY Imogen X | Norwich | 14.11 | 438 |
| 4 | AA | OWOLANA Zuriel Y | Harrow | DQ | |
| 5 | | | | | |
| 6 | | | | | |

200m Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|------------------|---------|-------|------|
| | | | | | 0.9 |
| 1 | M | KUYPERS Darcey | M&M | 24.54 | 863 |
| 2 | A | NWAWULOR Marilyn | Harrow | 24.91 | 821 |
| 3 | K | FENWICK Phoebe | Brack | 24.96 | 815 |
| 4 | HH | GRACE Serena X | Norwich | 25.01 | 810 |
| 5 | | | | | |
| 6 | | | | | |

200m Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------------------|---------|-------|------|
| | | | | | 0.9 |
| 1 | H | BROWN Hannah | Norwich | 25.97 | 707 |
| 2 | MM | HOPE Lucy Y | M&M | 26.13 | 691 |
| 3 | AA | OWOLANA Zuriel Y | Harrow | 26.40 | 664 |
| 4 | KK | JOHNSON Charlotte Y | Brack | 26.41 | 663 |
| 5 | | | | | |
| 6 | | | | | |

400m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|---------|-------|
| 1 | K | FENWICK Phoebe | Brack | 56.07 |
| 2 | H | BROWN Hannah | Norwich | 57.94 |
| 3 | A | KENNEDY Shannon | Harrow | 60.99 |
| 4 | M | HOPE Lucy Y | M&M | 63.17 |
| 5 | | | | |
| 6 | | | | |

400m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|---------|-------|
| 1 | KK | JOHNSON Charlotte Y | Brack | 59.05 |
| 2 | HH | SEME Hope X | Norwich | 62.30 |
| 3 | MM | HUGHES Erin X | M&M | 66.27 |
| 4 | AA | JALI Azande X | Harrow | 71.51 |
| 5 | | | | |
| 6 | | | | |

800m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|---------|----------|
| 1 | K | QUIRK Amelia | Brack | 02:12.41 |
| 2 | M | YOUNG Charlotte X | M&M | 02:25.08 |
| 3 | A | WHITFIELD Marella | Harrow | 02:26.44 |
| 4 | HH | PEACH Sophie Y | Norwich | 02:36.48 |
| 5 | | | | |
| 6 | | | | |

800m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|------------------|--------|----------|
| 1 | AA | HADDOW Rachael Y | Harrow | 02:43.16 |
| 2 | MM | HUGHES Erin X | M&M | 02:46.05 |
| 3 | KK | HALL Lucy X | Brack | 02:53.30 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
1500m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|---------|--------------|
| 1 | K | QUIRK Amelia | Brack | 04:24.72 914 |
| 2 | H | HOWE Lauren | Norwich | 05:06.61 580 |
| 3 | A | WHITFIELD Marella | Harrow | 05:09.29 561 |
| 4 | M | YOUNG Charlotte X | M&M | 05:12.01 542 |
| 5 | | | | |
| 6 | | | | |

1500m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|--------|--------------|
| 1 | KK | MCCLAY Rachel | Brack | 04:26.59 897 |
| 2 | MM | HEARN Stephanie | M&M | 05:21.01 482 |
| 3 | AA | KEAL Jennifer | Harrow | 05:45.70 337 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

3000m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|----------------------|---------|--------------|
| 1 | H | HOWE Lauren | Norwich | 10:38.38 667 |
| 2 | A | O'GRADY Eilish | Harrow | 10:40.29 660 |
| 3 | K | BERGER-NORTH Rebecca | Brack | 10:54.15 612 |
| 4 | M | HEARN Stephanie | M&M | 10:59.73 593 |
| 5 | | | | |
| 6 | | | | |

3000m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------|--------|--------------|
| 1 | MM | HALE Emily | M&M | 11:16.96 537 |
| 2 | AA | KEAL Jennifer | Harrow | 12:14.34 368 |
| 3 | KK | SPENCER-JONES Emily Y | Brack | 12:32.71 321 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

100m Hurdles Women A

| Posn | Athlete | Club | Perf | Wind |
|------|------------------------|---------|-----------|------|
| 1 | K MORRISH Jordanna | Brack | 15.66 741 | 2.4 |
| 2 | M FEATHERSTONE Emily Y | M&M | 16.31 678 | |
| 3 | H DANIELS Katie Y | Norwich | 17.50 568 | |
| 4 | A BAILEY Megan | Harrow | 19.13 431 | |
| 5 | | | | |
| 6 | | | | |

100m Hurdles Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------|--------|-----------|------|
| 1 | KK | COOK Imogen | Brack | 19.67 390 | 2.4 |
| 2 | AA | WHITFIELD Marella | Harrow | 23.83 136 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

400m Hurdles Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------|---------|-----------|
| 1 | A | COMER Hayley | Harrow | 63.23 827 |
| 2 | M | WASTELL Eleanor Y | M&M | 65.84 753 |
| 3 | K | SPENCER-JONES Emily Y | Brack | 75.42 503 |
| 4 | H | ANDERSON Naryce Y | Norwich | 79.79 402 |
| 5 | | | | |
| 6 | | | | |

400m Hurdles Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|----------------------|--------|-----------|
| 1 | MM | FEATHERSTONE Emily Y | M&M | 70.50 626 |
| 2 | KK | CAREY Elena Y | Brack | 76.67 473 |
| 3 | AA | ANDREWS Sarah X | Harrow | 86.36 268 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
2000m S/Chase Women A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|----------------|---------|----------|-----|
| 1 | A | O'GRADY Eilish | Harrow | 07:23.91 | 708 |
| 2 | K | CAREY Elena Y | Brack | 07:35.89 | 652 |
| 3 | H | PEACH Sophie Y | Norwich | 08:17.63 | 475 |
| 4 | M | HALE Emily | M&M | 08:36.12 | 406 |
| 5 | | | | | |
| 6 | | | | | |

2000m S/Chase Women B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------------|---------|----------|-----|
| 1 | KK | READ Hannah X | Brack | 07:58.33 | 553 |
| 2 | AA | HADDOW Rachael Y | Harrow | 08:51.15 | 355 |
| 3 | HH | ANDERSON Naryce Y | Norwich | 09:15.12 | 280 |
| 4 | MM | HARROP Bernadette | M&M | 09:46.59 | 196 |
| 5 | | | | | |
| 6 | | | | | |

High Jump Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|---------|------|-----|
| 1 | K | MORRISH Jordanna | Brack | 1.66 | 809 |
| 2 | H | BROWN Hannah | Norwich | 1.50 | 638 |
| 3= | A | BAILEY Megan | Harrow | 1.40 | 531 |
| 3= | M | WALTERS Abigail X | M&M | 1.40 | 531 |

High Jump Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|--------------------|--------|------|-----|
| 1 | KK | ROBINSON Matilda X | Brack | 1.40 | 531 |
| 2 | AA | ANDREWS Sarah X | Harrow | 1.25 | 371 |
| 3 | MM | NAJJAR Nika Y | M&M | 1.25 | 371 |

Pole Vault Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------|---------|------|-----|
| 1 | A | BAILEY Megan | Harrow | 3.70 | 851 |
| 2 | H | BIRRELL Sasha | Norwich | 3.20 | 721 |
| 3 | K | JONES Freya X | Brack | 1.70 | 305 |

Pole Vault Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------|---------|------|-----|
| 1 | HH | PAIN Steph | Norwich | 2.40 | 505 |
| 2 | KK | COOK Imogen | Brack | 1.00 | 82 |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
Long Jump Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|---------|------|-----|
| 1 | MM | WEST Ashleigh Y | M&M | 5.11 | 719 |
| 2 | K | MORRISH Jordanna | Brack | 5.03 | 700 |
| 3 | AA | OWOLANA Zuriel Y | Harrow | 4.88 | 664 |
| 4 | H | DANIELS Katie Y | Norwich | 4.84 | 655 |
| 5 | | | | | |
| 6 | | | | | |

Long Jump Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|---------|------|-----|
| 1 | KK | COOK Imogen | Brack | 4.53 | 581 |
| 2 | M | EDELEANU Zara Y | M&M | 4.33 | 534 |
| 3 | HH | MILROY Imogen X | Norwich | 4.12 | 485 |
| 4 | A | GBADEBO Noella Y | Harrow | 3.84 | 420 |
| 5 | | | | | |
| 6 | | | | | |

Triple Jump Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|---------|-------|-----|
| 1 | M | EDELEANU Zara Y | M&M | 10.10 | 652 |
| 2 | H | BECKHAM Abeni X | Norwich | 9.92 | 632 |
| 3 | A | BAILEY Megan | Harrow | 9.86 | 625 |
| 4 | K | COOK Imogen | Brack | 8.94 | 520 |
| 5 | | | | | |
| 6 | | | | | |

Triple Jump Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|---------|------|-----|
| 1 | HH | HERBERT Caitlin | Norwich | 9.76 | 614 |
| 2 | AA | OWOLANA Zuriel Y | Harrow | 9.04 | 531 |
| 3 | KK | CAREY Elena Y | Brack | 8.28 | 443 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Shot Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|--------------------|---------|-------|-----|
| 1 | A | NWAWULOR Marilyn | Harrow | 11.32 | 772 |
| 2 | M | HANNAM Vanessa | M&M | 10.84 | 742 |
| 3 | HH | CUNNINGHAM Ellen X | Norwich | 9.79 | 673 |
| 4 | K | MORRISH Jordanna | Brack | 8.29 | 566 |
| 5 | | | | | |
| 6 | | | | | |

Shot Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|---------|-------|-----|
| 1 | AA | BEARDMORE Emma | Harrow | 11.12 | 760 |
| 2 | MM | OBAMAKINWA Zara X | M&M | 9.32 | 641 |
| 3 | KK | KING Kirstin | Brack | 8.17 | 557 |
| 4 | H | VICKERY Gemma | Norwich | 7.48 | 503 |
| 5 | | | | | |
| 6 | | | | | |

Discus Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|---------|-------|-----|
| 1 | M | OBAMAKINWA Zara X | M&M | 39.77 | 802 |
| 2 | A | BEARDMORE Emma | Harrow | 34.92 | 740 |
| 3 | K | JAMES Lucy X | Brack | 32.85 | 712 |
| 4 | H | VICKERY Gemma | Norwich | 27.78 | 637 |
| 5 | | | | | |
| 6 | | | | | |

Discus Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|---------|-------|-----|
| 1 | MM | HANNAM Vanessa | M&M | 34.16 | 730 |
| 2 | KK | LOADES Lucy X | Brack | 24.55 | 584 |
| 3 | HH | GRACE Serena X | Norwich | 16.77 | 429 |
| 4 | AA | ANDREWS Sarah X | Harrow | 10.69 | 242 |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham
17/08/2019
Hammer Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------------|---------|-------|-----|
| 1 | H | VICKERY Gemma | Norwich | 52.14 | 869 |
| 2 | A | BEARDMORE Emma | Harrow | 46.59 | 809 |
| 3 | M | BLAKE Jessica | M&M | 37.89 | 706 |
| 4 | K | SPENCER-JONES Emily Y | Brack | 21.04 | 465 |
| 5 | | | | | |
| 6 | | | | | |

Hammer Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------------------|---------|-------|-----|
| 1 | AA | OWOLANA Zuriel Y | Harrow | 21.16 | 467 |
| 2 | MM | DE LA PORTE-GODDEN Charlotte | M&M | 21.01 | 465 |
| 3 | KK | HALLIDAY Marie Y | Brack | 20.26 | 452 |
| 4 | HH | CARUS Mica X | Norwich | 20.07 | 449 |
| 5 | | | | | |
| 6 | | | | | |

Javelin Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|---------|-------|-----|
| 1 | M | HANNAM Vanessa | M&M | 30.58 | 680 |
| 2 | H | DANIELS Katie Y | Norwich | 30.38 | 677 |
| 3 | KK | JAMES Lucy X | Brack | 27.31 | 631 |
| 4 | AA | NWAWULOR Marilyn | Harrow | 23.87 | 576 |
| 5 | | | | | |
| 6 | | | | | |

Javelin Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|---------|-------|-----|
| 1 | K | MORRISH Jordanna | Brack | 25.57 | 604 |
| 2 | HH | BROWN Lorraine | Norwich | 22.68 | 555 |
| 3 | MM | WEST Ashleigh Y | M&M | 20.84 | 522 |
| 4 | A | BEARDMORE Emma | Harrow | 19.79 | 502 |
| 5 | | | | | |
| 6 | | | | | |

4 x 100m Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|--|-------|
| 1 | K | Brack | ROBINSON Matilda X LOADES Lucy X BENNETT Natasha Y PHELPS Olivia X | 51.06 |
| 2 | A | Harrow | OWOLANA Zuriel Y GAUL Jennifer X KENNEDY Shannon GBADEBO Noella Y | 51.32 |
| 3 | M | M&M | FEATHERSTONE Emily Y WALTERS Abigail X EDELEANU Zara Y HOPE Lucy Y | 51.72 |
| 4 | H | Norwich | 0 0 0 0 | 52.16 |
| 5 | | | | |
| 6 | | | | |

4 x 400m Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|--|----------|
| 1 | K | Brack | JOHNSON Charlotte Y MCCLAY Rachel QUIRK Amelia FENWICK Phoebe | 04:02.48 |
| 2 | M | M&M | HUGHES Erin X FEATHERSTONE Emily Y HOPE Lucy Y WASTELL Eleanor Y | 04:25.13 |
| 3 | A | Harrow | WHITFIELD Marella O'GRADY Eilish JALI Azande X KENNEDY Shannon | 04:29.04 |
| 4 | H | Norwich | 0 0 0 0 | 04:31.17 |
| 5 | | | | |
| 6 | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham

17/08/2019

NON-SCORERS100m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|-----------------------|------|---------|-------|
| 1 | 98 | NWAWULOR John jesse Y | U20M | Harrow | 11.41 |
| 2 | 90 | COLLIS Luke | U20M | Harrow | 11.42 |
| 3 | 89 | AARON Jaiden Y | U20M | Harrow | 11.46 |
| 4 | 85 | GRANT Jerwayne | SM | M&M | 11.48 |
| 5 | 99 | ISAAC Nathan Y | U20M | M&M | 11.75 |
| 6 | 94 | HEATHCOTE William X | U17M | M&M | 12.00 |
| 7 | 39 | MORENO MENA Louie Y | | Norwich | 12.26 |
| 8 | 25 | RODGERS Lorcan Y | U20M | M&M | 12.45 |

Wind -0.3

NON-SCORERS400m Hurdles Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|------------------------|------|---------|-------|
| 1 | 122 | HEARD Owen | U20M | Harrow | 11.24 |
| 2 | 38 | PALMER Louis Y | | Norwich | 11.51 |
| 3 | 40 | HAMMENT RUSSELL Jack X | | Norwich | 11.57 |
| 4 | 29 | GENNACE Andre X | U17M | Brack | 11.78 |
| 5 | 54 | STEVENS Ashley Y | | Norwich | 12.03 |
| 6 | 42 | LEEDER Scott X | | Norwich | 12.07 |
| 7 | 41 | MAYSTON Josh Y | | Norwich | 12.13 |
| 8 | 96 | BOACHIE Dominick Y | U20M | Harrow | 12.21 |

Wind 2.3

100m Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------------------------|------|---------|-------|
| 1 | 175 | OWOLANA Zuriel | U20W | Harrow | 12.61 |
| 2 | 7 | BENNETT Natasha Y | U20W | Brack | 13.39 |
| 3 | 100 | ROBERTS Rianna | U15G | Harrow | 13.47 |
| 4 | 88 | GBADEBO Noella Y | U20W | Harrow | 13.52 |
| 5 | 78 | DE LA PORTE-GODDEN Charlotte X | U17W | M&M | 13.59 |
| 6 | 14 | PHELPS Olivia X | U17W | Brack | 13.65 |
| 7 | 1 | KING Kirstin | W55 | Brack | 13.83 |
| 8 | 60 | CARUS Mica X | | Norwich | 14.16 |

Wind 0.7

200m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|-------------------|------|---------|-------|
| 1 | 38 | PALMER Louis Y | | Norwich | 22.58 |
| 2 | 89 | AARON Jaiden Y | U20M | Harrow | 22.63 |
| 3 | 85 | GRANT Jerwayne | SM | M&M | 23.07 |
| 4 | 183 | CARR Richard | SM | Harrow | 23.20 |
| 5 | 180 | OSBORNE Harry Y | U20M | M&M | 23.67 |
| 6 | 83 | ARCHER Reegan Y | U20M | M&M | 23.81 |
| 7 | 25 | RODGERS Lorcan Y | U20M | M&M | 24.91 |
| 8 | 45 | FITZGERALD Mark Y | | Norwich | 25.20 |

Wind 1.0

200m Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------------------------|------|---------|-------|
| 1 | 13 | LOADES Lucy X | U17W | Brack | 26.76 |
| 2 | 77 | WALTERS Abigail X | U17W | M&M | 27.33 |
| 3 | 78 | DE LA PORTE-GODDEN Charlotte X | U17W | M&M | 27.93 |
| 4 | 86 | NAJJAR Nika Y | U20W | M&M | 28.37 |
| 5 | 14 | PHELPS Olivia X | U17W | Brack | 28.38 |
| 6 | 1 | KING Kirstin | W55 | Brack | 28.64 |
| 7 | 62 | MILROY Imogen X | | Norwich | 29.30 |
| 8 | | | | | |

Wind 0.6

200m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------------------|------|--------|-------|
| 1 | 182 | BENJAMIN Damaine | SM | Harrow | 21.99 |
| 2 | 90 | COLLIS Luke | U20M | Harrow | 22.48 |
| 3 | 116 | OYOWE Will | SM | M&M | 22.71 |
| 4 | 184 | KUYERS Rory Y | U20M | M&M | 22.94 |
| 5 | 94 | HEATHCOTE William X | U17M | M&M | 23.80 |
| 6 | 80 | TONADE Moses Y | U20M | Brack | 23.82 |

Wind 1.0

400m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|------------------|------|---------|-------|
| 1 | 116 | OYOWE Will | SM | M&M | 51.66 |
| 2 | 33 | HATFIELD Jake | SM | Brack | 52.22 |
| 3 | 54 | STEVENS Ashley Y | | Norwich | 55.41 |
| 4 | 73 | RODGERS Finn X | U17M | M&M | 57.14 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |

400m Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------------|------|------|-------|
| 1 | 92 | KERSWILL Liberty Y | U20W | M&M | 67.05 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham

17/08/2019

8

8

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham

17/08/2019

800m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|----------------------|------|------|---------|
| 1 | 83 | ARCHER Reegan Y | U20M | M&M | 2:05.32 |
| 2 | 82 | DONNELLY Alexander Y | U20M | M&M | 2:05.55 |
| 3 | 84 | STRINGER Luke X | U17M | M&M | 2:08.39 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------------|------|-------|---------|
| 1 | 179 | HALL Oliver Y | U20M | Brack | 4:22.62 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

1500m Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|------------------|------|-------|---------|
| 1 | 21 | MARLOW Laurie | SW | Brack | 4:54.74 |
| 2 | 19 | HALLIDAY Marie Y | U20W | Brack | 5:33.96 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

5000m Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|------------------|-----|------|----------|
| 1 | 176 | RAMPLING Chris | SM | M&M | 16:21.81 |
| 2 | 123 | WRIGHT Neill | M40 | M&M | 16:54.91 |
| 3 | 120 | ROYDEN Barry | M50 | M&M | 17:41.59 |
| 4 | 174 | ST MARTIN Daniel | SM | M&M | 17:44.57 |
| 5 | | | | | |
| 6 | | | | | |

3000m Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

110m Hurdles Men

| Posn | Bib | Athlete | Age | Club | Perf | Wind |
|------|-----|---------|-----|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |

100m Hurdles Women

| Posn | Bib | Athlete | Age | Club | Perf | Wind |
|------|-----|---------|-----|------|------|------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| 5 | | | | | | |
| 6 | | | | | | |

S/Chase Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------|-----|------|---------|
| 1 | 177 | RODWELL Sean | SM | M&M | 7:59.21 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

S/Chase Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham

17/08/2019

Hammer Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Hammer Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|----------------|-----|---------|-------|
| 1 | 65 | BROWN Lorraine | | Norwich | 18.43 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Discus Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------------|-----|------|-------|
| 1 | 178 | FLYNN Charles | SM | M&M | 23.87 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Discus Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|-----------------------|------|-------|-------|
| 1 | 8 | SPENCER-JONES Emily Y | U20W | Brack | 22.00 |
| 2 | 81 | EDELEANU Zara | U20W | M&M | 18.97 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Javelin Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|------------------|------|---------|-------|
| 1 | 54 | STEVENS Ashley Y | | Norwich | 27.14 |
| 2 | 181 | ENSER Aaron Y | U20M | Brack | 23.30 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Javelin Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Shot Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------|-----|---------|-------|
| 1 | 49 | BROWN Callum | | Norwich | 11.86 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Shot Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------|-----|---------|------|
| 1 | 60 | CARUS Mica X | | Norwich | X |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Long Jump Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|-------------|------|-------|------|
| 1 | 71 | KHAN Raja Y | U20M | Brack | 5.78 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Long Jump Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------------|-----|---------|------|
| 1 | 56 | BEECHAM Abeni | | Norwich | 4.32 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

SOUTHERN ATHLETICS LEAGUE Division 1 Gillingham

17/08/2019

Triple Jump Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Triple Jump Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

High Jump Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------|-----|--------|------|
| 1 | 97 | ANDREWS Nick | M45 | Harrow | 1.50 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

High Jump Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Pole Vault Men

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|--------------|-----|--------|------|
| 1 | 97 | ANDREWS Nick | M45 | Harrow | 2.30 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

Pole Vault Women

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | 2 | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |

4x 100m Relay

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |

4x 100m Relay

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |

4x 400m Relay

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |

4x 400m Relay

| Posn | Bib | Athlete | Age | Club | Perf |
|------|-----|---------|-----|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |