

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 1	
MATCH	4	
VENUE	Bracknell	
P/FINISH	NO	
		1

Date Saturday, July 13 2019

Venue Bracknell

Host Club Bracknell AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
K	Bracknell AC	Brack	20	95.0	11.0	82.0	208.0
S	Southampton AC	Soton	20	111.0	13.0	72.0	216.0
O	Colchester Harriers	Colc	20	75.0	7.0	63.0	165.0
N	Nene Valley Harriers	Nene	15	60.0	8.0	92.0	175.0
0			0	0.0	0.0	0.0	0.0
0			0	0.0	0.0	0.0	0.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Southampton AC	216.0	4.0	0.00	0.00	216.0	4.0	1
2	Bracknell AC	208.0	3.0	0.00	0.00	208.0	3.0	2
3	Nene Valley Harriers	175.0	2.0	0.00	0.00	175.0	2.0	3
4	Colchester Harriers	165.0	1.0	0.00	0.00	165.0	1.0	4
0		0.0	0.0	0.00	0.00	0.0	0.0	0
0		0.0	0.0	0.00	0.00	0.0	0.0	0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

Scoring System Top 10

Men					
	Men	Club	Event	Perf	Points
1	HAMBLIN James	Colc	Hammer Men A	58.75	918
2	JONES Adam	Soton	High Jump Men A	2.08	909
3	PRAIM-SINGH Billy	Colc	Hammer Men B	56.08	891
4	WILDE Robbie	Brack	Long Jump Men A	6.96	845
5	PARRY Joshua	Soton	200m Men A	22.2	790
5	AKINBOH Akin Y	Colc	200m Men A	22.2	790
7	NAMPUMA Jeremiah	Soton	Long Jump Men A	6.67	787
8	PRAIM-SINGH Billy	Colc	Shot Men A	12.66	768
9	RUSSELL Ben	Brack	High Jump Men A	1.90	760
9	MARLOW Peter	Brack	High Jump Men B	1.90	760
Women					
	Women	Club	Event	Perf	Points
1	SCOTT Amaya Y	Soton	Shot Women A	13.41	942
2	LARKINS Megan	Colc	Hammer Women A	54.30	901
3	LARKINS Megan	Colc	Shot Women A	12.32	876
4	HALL Rebecca	Nene	Shot Women A	12.23	870
5	MCCLAY Rachel	Brack	1500m Women A	04:28.4	839
6	JENKINS Andrea	Nene	Discus Women A	37.18	836
7	LARKINS Megan	Colc	Discus Women A	36.56	828
8	FENWICK Phoebe	Brack	400m Women A	56.4	826
9	CHURCH Lydia	Nene	Shot Women B	11.41	818
10	FENWICK Phoebe	Brack	200m Women A	25.0	811

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	O	AKINBOH Akin Y	Colc	11.0	759
2	S	PARRY Joshua	Soton	11.0	759
3	K	HATFIELD Jake	Brack	11.1	727
4	N	MARSH James Y	Nene	11.6	579
5					
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	SS	OFFIAH Daniel	Soton	11.0	759
2	OO	MCKAY Callum Y	Colc	11.5	607
3	KK	TONADE Moses Y	Brack	11.5	607
4	NN	JONES Abraham Y	Nene	11.6	579
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	O	AKINBOH Akin Y	Colc	22.2	790
2	S	PARRY Joshua	Soton	22.2	790
3	K	MILLER James Y	Brack	22.6	727
4	N	MARSH James Y	Nene	22.7	712
5					
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	SS	AL SUNNA Laith Y	Soton	22.9	682
2	NN	JONES Abraham Y	Nene	23.4	611
3	KK	GENNACE Andre X	Brack	24.0	531
4	OO	CLARKE Joseph Y	Colc	24.3	494
5					
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	N	GARMORY Sean	Nene	52.1	642
2	S	WARHURST James	Soton	53.0	594
3	K	HODGE Marcel	Brack	53.7	558
4	O	WILKIN Joe	Colc	55.7	462
5					
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	KK	MILLER James Y	Brack	51.7	664
2	SS	BRESSINGTON Calum	Soton	51.8	658
3	NN	PRINCE Joseph Y	Nene	52.7	609
4	OO	HIGGINS Sam	Colc	53.9	548
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	S	HILTON Christopher	Soton	02:01.9	622
2	OO	PALMER Thomas Y	Colc	02:03.1	594
3	N	BROWN David	Nene	02:03.9	576
4	KK	STEVENS Max X	Brack	02:11.0	429
5					
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	O	AFEWERKI Ermeas Y	Colc	02:03.5	585
2	SS	LASLETT Paul	Soton	02:05.5	540
3	K	MELLOR Jack Y	Brack	02:16.6	331
4	NN	KNIGHTON Dave	Nene	02:33.8	120
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	S	MAHAMED Zakariya Y	Soton	04:01.0	739
2	KK	ENSER Aaron Y	Brack	04:03.1	715
3	N	DAVIDSON Ewan	Nene	04:14.7	590
4	O	AFEWERKI Ermeas Y	Colc	04:14.8	589
5					
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	K	HALL Oliver Y	Brack	04:13.1	607
2	SS	PULLEY Scott	Soton	04:27.2	472
3	OO	BODEN Joseph Y	Colc	04:31.6	434
4	NN	PARKIN Paul	Nene	06:15.3	9
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
3000m Men A

Posn	No.	Athlete	Club	Perf	
1	N	DAVIDSON Ewan	Nene	08:57.2	675
2	S	COSTLEY Sam	Soton	09:05.3	636
3	O	WILLIAMSON Dean	Colc	09:20.8	564
4	KK	POLL Bruce	Brack	10:45.9	249
5					
6					

3000m Men B

Posn	No.	Athlete	Club	Perf	
1	SS	CULLY Thomas	Soton	09:21.5	561
2	NN	WILKINSON Steven	Nene	10:03.4	389
3	OO	SMITH Michael	Colc	10:17.8	338
4					
5					
6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	S	RADY Thomas	Soton	16.5	661
2	K	RIMMER Samuel Y	Brack	16.7	641
3					
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	KK	MARLOW Peter	Brack	18.5	476
2	SS	BROWN Peter	Soton	24.6	94
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	S	SHORT Callum	Soton	56.6	750
2	K	RIMMER Samuel Y	Brack	57.8	711
3	O	CHILVERS Kai X	Colc	60.1	639
4	N	PHELAN Alastair	Nene	63.4	543
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	KK	PARKER Jonny Y	Brack	64.3	518
2	OO	SMITH Michael	Colc	71.8	331
3	SS	BROWN Peter	Soton	72.2	322
4					
5					
6					

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf	
1	S	COSTLEY Sam	Soton	10:13.3	659
2	OO	STEINWAND Victor Y	Colc	10:43.6	562
3	K	COOPER Maxwell Y	Brack	10:55.2	528
4	NN	PHELAN Alastair	Nene	11:52.6	373
5					
6					

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf	
1	SS	CULLY Thomas	Soton	10:47.1	552
2	O	HALLS Ben Y	Colc	11:20.9	455
3	KK	DIGBY Harry Y	Brack	12:22.4	304
4	N	MACDONALD James	Nene	12:33.1	281
5					
6					

High Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	S	JONES Adam	Soton	2.08	909
2	K	RUSSELL Ben	Brack	1.90	760
3	N	MIRANDA Cipirano	Nene	1.80	677
4	O	WILKIN Joe	Colc	1.60	511

High Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	KK	MARLOW Peter	Brack	1.90	760
2	SS	THOMPSON Brian	Soton	1.85	719
3	OO	SMITH Luke Y	Colc	1.40	343
4	NN	PHELAN Richard	Nene	1.40	343

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
Pole Vault Men A

Posn	Bib	Athlete	Club	Perf	
1	NN	BOWLING Angus X	Nene	3.15	514
2	K	ASHDOWN-TAYLOR Charlie	Brack	2.95	470
3	S	THOMPSON Brian	Soton	2.55	381
4	O	MORGAN Simon	Colc	1.95	244

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf	
1	N	PHELAN Richard	Nene	2.95	470
2	KK	STANDING Nathan	Brack	2.75	426
3	SS	COKER Michael	Soton	1.25	72

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	K	WILDE Robbie	Brack	6.96	845
2	S	NAMPUMA Jeremiah	Soton	6.67	787
3	N	MIRANDA Cipirano	Nene	6.19	692
4	O	AKINBOH Akin Y	Colc	5.52	560
5					
6					

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	SS	RADY Thomas	Soton	5.93	640
2	KK	BATUP Luke	Brack	5.75	605
3	NN	WINCHESTER-WRIGHT Callum	Nene	5.72	599
4	OO	CLARKE Joseph Y	Colc	5.01	460
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	N	MIRANDA Cipirano	Nene	12.58	682
2	K	BATUP Luke	Brack	12.57	681
3	S	WOODMAN Riley X	Soton	12.10	635
4	O	CHILVERS Kai X	Colc	10.24	444
5					
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	NN	WINCHESTER-WRIGHT Callum	Nene	12.41	665
2	KK	MARLOW Peter	Brack	11.67	592
3	SS	THOMPSON Brian	Soton	10.52	474
4	OO	PALMER Thomas Y	Colc	9.98	416
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	OO	PRAIM-SINGH Billy	Colc	12.66	768
2	N	ACHURCH Simon	Nene	12.46	755
3	K	ASHDOWN-TAYLOR Charlie	Brack	12.44	753
4	S	BROWN Peter	Soton	8.54	463
5					
6					

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	O	HAMBLIN James	Colc	12.24	740
2	KK	STANDING Nathan	Brack	8.25	438
3	SS	COKER Michael	Soton	7.62	380
4	NN	GARMORY Sean	Nene	7.38	357
5					
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	K	ASHDOWN-TAYLOR Charlie	Brack	36.56	705
2	OO	PRAIM-SINGH Billy	Colc	35.60	689
3	S	UPFOLD Ben	Soton	34.30	667
4	N	ACHURCH Simon	Nene	34.03	662
5					
6					

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	O	HAMBLIN James	Colc	29.11	574
2	KK	RIMMER Samuel Y	Brack	24.50	482
3	SS	BROWN Peter	Soton	21.45	414
4	NN	NEEDHAM Tim	Nene	18.42	337
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	O	HAMBLIN James	Colc	58.75 918
2	N	ACHURCH Simon	Nene	40.05 712
3	K	ASHDOWN-TAYLOR Charlie	Brack	38.21 690
4				
5				
6				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	OO	PRAIM-SINGH Billy	Colc	56.08 891
2	NN	NEEDHAM Tim	Nene	19.61 410
3	KK	STANDING Nathan	Brack	7.79 51
4				
5				
6				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	N	ACHURCH Simon	Nene	46.53 706
2	OO	HIGGINS Sam	Colc	46.52 706
3	S	UPFOLD Ben	Soton	43.53 665
4	K	ASHDOWN-TAYLOR Charlie	Brack	42.15 645
5				
6				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	O	COOPER Paul	Colc	46.20 702
2	KK	RUSSELL Sam Y	Brack	33.59 518
3	SS	BROWN Peter	Soton	27.34 417
4	NN	GARMORY Sean	Nene	18.06 242
5				
6				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	S	Soton	AL SUNNA Laith Y BEGG Kane PARRY Joshua OFFIAH Daniel	44.0
2	O	Colc	WILKIN Joe MCKAY Callum Y CLARKE Joseph Y AKINBOH Akin Y	44.5
3	N	Nene	GARMORY Sean WINCHESTER-WRIGHT Callum JONES Abraham Y MARSH James Y	45.5
4	K	Brack	HODGE Marcel WILDE Robbie TONADE Moses Y GENNACE Andre X	DNF
5				
6				

Mixed M&W 4 x 400m B A

Posn	No.	Club	Runners	Perf
1	K	Brack	FENWICK Phoebe MCCLAY Rachel JOHNSON Charlotte Y BENNETT Natasha Y	03:51.8
2	N	Nene	PRINCE Joseph Y JACOBS Rosanna GAWRONSKI Alicja X SMITH Julian	03:57.3
3	S	Soton	NICHOLSON Cameron X ERRINGTON Chloe X BENNETT Isabelle Y NICHOLSON Car	04:00.7
4	O	Colc	GRAY Ella Y PALMER Jennifer X PALMER Thomas Y SMITH Luke Y	04:04.0
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	O	JAMES Hannah	Colc	12.5	752
2	S	BRYANT Izzy	Soton	12.6	729
3	N	LUCAS Zoe	Nene	12.7	707
4	K	SILLETT Abbie X	Brack	12.9	665
5					
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	KK	ROBINSON Matilda X	Brack	13.2	603
2	SS	EADES-SCOTT Emily X	Soton	13.3	584
3	OO	GRAY Ella Y	Colc	13.5	545
4	NN	PULLEN Alexandra Y	Nene	13.8	491
5					
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	K	FENWICK Phoebe	Brack	25.0	811
2	S	BRYANT Izzy	Soton	26.2	684
3	N	SMITH Claire	Nene	26.8	626
4	O	GRAY Ella Y	Colc	26.9	616
5					
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	NN	GAWRONSKI Alicja X	Nene	26.5	654
2	SS	ALLEN Jasmyn X	Soton	26.5	654
3	KK	SILLETT Abbie X	Brack	27.2	589
4	OO	PALMER Jennifer X	Colc	28.7	462
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	K	FENWICK Phoebe	Brack	56.4	826
2	S	JENKINSON Emily	Soton	59.7	692
3	N	SMITH Claire	Nene	61.5	624
4	O	EYERS Stacey	Colc	62.8	578
5					
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	KK	MCCLAY Rachel	Brack	57.9	763
2	SS	CHILDS Hannah Y	Soton	58.2	751
3	NN	JACOBS Rosanna	Nene	64.5	520
4	OO	PALMER Jennifer X	Colc	65.0	503
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	S	JENKINSON Emily	Soton	02:18.0	724
2	O	EYERS Stacey	Colc	02:22.2	657
3	N	PARK Amber Y	Nene	02:23.1	643
4	K	NICHOLLS Clarissa Y	Brack	02:26.7	589
5					
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	PRESLAND Milly X	Colc	02:23.7	634
2	SS	JONES-WALTERS Miriam	Soton	02:35.5	466
3	NN	MCLOUGHLIN Kate X	Nene	02:37.9	436
4	KK	JONES Freya X	Brack	02:53.4	263
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
1500m Women A

Posn	No.	Athlete	Club	Perf
1	K	MCCLAY Rachel	Brack	04:28.4 839
2	S	SHORT Lucy	Soton	04:47.3 690
3	O	NEALE Ella	Colc	05:26.5 426
4	N	PARK Amber Y	Nene	05:27.3 422
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	SS	HINKLEY Isabelle X	Soton	04:49.2 675
2	KK	BAINES Abigail X	Brack	04:58.0 611
3	OO	HART Samantha	Colc	05:30.6 403
4	NN	RANDALL Emma	Nene	05:32.6 391
5				
6				

5000m Women A

Posn	No.	Athlete	Club	Perf
1	SS	BOWNESS Bryher	Soton	19:00.4 659
2	K	JONES Emily Y	Brack	20:03.7 544
3	N	RANDALL Emma	Nene	20:17.2 521
4	O	NEALE Ella	Colc	20:38.2 485
5				
6				

5000m Women B

Posn	No.	Athlete	Club	Perf
1	S	POLDEN Hannah	Soton	19:37.6 590
2	OO	HENNESSY Alexandra	Colc	20:54.6 459
3	KK	JONES Elena Y	Brack	DNF
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	N LUCAS Zoe	Nene	14.8 790	
2	K MORRISH Jordanna	Brack	16.7 610	
3	S BURCHILL Alexandra	Soton	18.1 491	
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	NN	MALTBY Emily	Nene	17.8 516	
2	KK	COOK Imogen	Brack	19.4 391	
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	K	MORRISH Jordanna	Brack	68.20 655
2	S	BURCHILL Alexandra	Soton	70.80 589
3	N	JACOBS Rosanna	Nene	72.50 547
4	O	HART Samantha	Colc	81.10 356
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	KK	JONES Abbie Y	Brack	73.40 526
2	OO	NEALE Ella	Colc	81.60 346
3	SS	BOWNESS Bryher	Soton	93.30 144
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
1500m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	O	PRESLAND Milly X	Colc	05:36.9 750
2	K	MORRISH Jordanna	Brack	05:56.0 655
3	S	BURCHILL Alexandra	Soton	06:05.8 609
4	N	SPENCER Devon	Nene	08:39.4 111
5				
6				

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	KK	JONES Abbie Y	Brack	06:13.0 576
2	OO	HILSON Daisy Y	Colc	07:10.5 348
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	K	MORRISH Jordanna	Brack	1.53 683
2	S	CHILDS Hannah Y	Soton	1.50 651
3	N	MALTBY Emily	Nene	1.45 596
4	OO	STEVENS Megan Y	Colc	1.30 433

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	KK	CLARKE Izzy X	Brack	1.50 651
2	NN	JACOBS Rosanna	Nene	1.45 596
3	SS	JENKINSON Emily	Soton	1.40 542

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	N	SPENCER Devon	Nene	2.30 450
2	S	MULLEY Rebecca	Soton	1.75 302
3	K	JONES Freya X	Brack	1.25 157
4	O	HART Samantha	Colc	X

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	NN	MALTBY Emily	Nene	1.25 157
2	KK	COOK Imogen	Brack	X

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	N	MALTBY Emily	Nene	5.14	691
2	SS	FRY Emily	Soton	5.04	669
3	K	GRIFFITHS Lucy X	Brack	4.69	589
4	O	MBA Chanel X	Colc	4.12	462
5					
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	S	ALLEN Jasmyrn X	Soton	4.86	628
2	KK	COOK Imogen	Brack	4.42	529
3	NN	HALL Rebecca	Nene	4.30	502
4	OO	PRESLAND Milly X	Colc	3.80	391
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	N	MALTBY Emily	Nene	10.75	690
2	KK	GRIFFITHS Lucy X	Brack	10.28	640
3	O	MBA Chanel X	Colc	9.99	609
4	S	MULLEY Rebecca	Soton	9.10	513
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	K	JONES Abbie Y	Brack	10.21	633
2	NN	JACOBS Rosanna	Nene	9.28	532
3	SS	ERRINGTON Chloe X	Soton	8.94	495
4	OO	HART Samantha	Colc	8.09	400
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	S	SCOTT Amaya Y	Soton	13.41	942
2	O	LARKINS Megan	Colc	12.32	876
3	NN	HALL Rebecca	Nene	12.23	870
4	KK	MORRISH Jordanna	Brack	8.55	616
5					
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	N	CHURCH Lydia	Nene	11.41	818
2	SS	FROOME Emma	Soton	8.58	618
3	K	ELDRIDGE Mia Y	Brack	7.68	546
4	OO	LARKINS Josephine X	Colc	6.36	428
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	N	JENKINS Andrea	Nene	37.18	836
2	O	LARKINS Megan	Colc	36.56	828
3	S	HUNTER Emma Y	Soton	33.26	780
4	KK	LOADES Lucy X	Brack	25.38	650
5					
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	NN	HALL Rebecca	Nene	29.63	723
2	K	ELDRIDGE Mia Y	Brack	23.90	623
3	SS	ODELL Lucy X	Soton	23.12	608
4	OO	LARKINS Josephine X	Colc	21.36	572
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell
13/07/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	O	LARKINS Megan	Colc	54.30 901
2	N	JENKINS Andrea	Nene	45.93 810
3	K	KOYNAROVA Ivana Y	Brack	30.55 617
4	S	BRYANT Izzy	Soton	23.52 511
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	NN	LAWRENCE Kelly	Nene	42.57 771
2	OO	LARKINS Josephine X	Colc	41.45 757
3	KK	ELDRIDGE Mia Y	Brack	20.86 467
4	SS	MULLEY Rebecca	Soton	13.79 329
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	S	ODELL Lucy X	Soton	32.29 765
2	O	LARKINS Megan	Colc	29.13 715
3	NN	PUSEY Danielle X	Nene	27.85 694
4	K	MORRISH Jordanna	Brack	24.74 641
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	SS	JENKINSON Emily	Soton	25.57 656
2	N	JENKINS Andrea	Nene	21.95 589
3	KK	ELDRIDGE Mia Y	Brack	19.33 536
4	OO	STEVENS Megan Y	Colc	9.37 252
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	S	Soton	ALLEN Jasmyn X ODELL Lucy X PROUDLEY Tabitha X EADES-SCOTT Emily X	49.90
2	K	Brack	ROBINSON Matilda X COOK Imogene X STONE Hannah X SILLETT Abbie X	50.90
3	O	Colc	JAMES Hannah UTTI Victoria X MBA Chanel X GRAY Ella Y	51.80
4	N	Nene	MALTBY Emily PULLEN Alexandra Y PUSEY Megan HALL Rebecca	54.60
5				
6				

Mixed M&W 4 x 400m A A

Posn	No.	Club	Runners	Perf
1	K	Brack	MILLER James Y DIGBY Harry Y RUSSELL Ben HALL Oliver Y	03:41.6
2	S	Soton	WARHURST James JENKINSON Emily CHILDS Hannah Y BRESSINGTON Calum	03:45.9
3	N	Nene	BROWN David SMITH Claire PARK Amber Y GARMORY Sean	03:46.5
4	O	Colc	HIGGINS Sam EYERS Stacey CHILVERS Kai X NEALE Ella	03:58.1
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell

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NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	598	AL SUNNA Laith		Soton	11.4	
2	66	CLARKE Joseph Y		Colc	11.8	
3	12	RUSSELL Sam Y		Brack	12.0	
4	15	COTTER Frank X		Brack	12.1	
5	13	ELLIOTT Justin		Brack	12.9	
6						
7						
8						

100m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	75	NORRIS Natasha		Brack	13.3	
2	40	FRY Emily		Soton	13.4	
3	98	UTTI Victoria X		Colc	13.4	
4	88	PHELPS Olivia X		Brack	13.4	
5	85	KING Kirstin		Brack	13.8	
6						
7						
8						

200m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	592	WARHURST James		Soton	23.5	
2	15	COTTER Frank X		Brack	23.8	
3	12	RUSSELL Sam Y		Brack	23.9	
4	18	DIGBY Harry Y		Brack	24.1	
5	594	BROWN Peter		Soton	24.5	
6	583	STERN Joel		Nene	24.7	
7	595	NICHOLSON Cameron		Soton	25.1	
8	593	WOODMAN Riley		Soton	25.1	

200m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	72	JOHNSON Charlotte Y		Brack	26.3	
2	90	CLARKE Izzy X		Brack	26.7	
3	81	LOADES Lucy X		Brack	26.8	
4	75	NORRIS Natasha		Brack	27.8	
5	88	PHELPS Olivia X		Brack	28.1	
6	85	KING Kirstin		Brack	28.3	
7						
8						

400m Men

Posn	Bib	Athlete	Age	Club	Perf
1	590	HIGGINS Liam		Soton	53.0
2	18	DIGBY Harry Y		Brack	53.9
3	51	RUSSELL Ben		Brack	54.2
4	581	SMITH Julian		Nene	55.7
5	591	LEGAH Frederick		Soton	55.9
6					
7					
8					

400m Women

Posn	Bib	Athlete	Age	Club	Perf
1	585	McCLAY Hannah		Brack	59.7
2	72	JOHNSON Charlotte Y		Brack	61.3
3	45	ROBERTS Kaytlin X		Soton	64.0
4	47	BENNETT Isabelle Y		Soton	65.2
5	46	BEZANCE Tracy		Soton	65.3
6					
7					
8					

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800m Men

Posn	Bib	Athlete	Age	Club	Perf
1	587	COSTLEY Sam		Soton	1:59.3
2	588	UNDERWOOD Steven		Soton	2:10.0
3	58	SMITH Luke Y		Colc	2:13.7
4	60	COLSELL Thomas X		Colc	2:20.7
5	67	PRESTON Paul		Colc	2:24.2
6	582	PARKIN Paul		Nene	DNF
7					
8					

800m Women

Posn	Bib	Athlete	Age	Club	Perf
1	89	BATTERSBY Caitlin X		Brack	2:35.4
2	584	STARK Melina		Brack	2:41.6
3	77	NAZER Maddison X		Brack	3:01.9
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age	Club	Perf
1	53	BORGNIS Max Y		Brack	4:19.3
2	52	BROADBENT Callum X		Brack	4:27.3
3	586	GRAINGER Jonathon		Soton	4:42.9
4	69	MORGAN Simon		Colc	5:40.7
5					
6					

1500m Women

Posn	Bib	Athlete	Age	Club	Perf
1	92	MARLOW Laurie		Brack	4:52.8
2	73	BERGER-NORTH Rebecca		Brack	4:59.2
3					
4					
5					
6					

5000m Men

Posn	Bib	Athlete	Age	Club	Perf
1	589	KAMAL Almed		Soton	10:23.9
2	579	BEARD Sean		Nene	10:55.8
3	578	HOLDEN Paul		Nene	11:08.0
4	582	PARKIN Paul		Nene	13:03.8
5					
6					

3000m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

110m Hurdles Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

100m Hurdles Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

S/Chase Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

S/Chase Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell

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Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1	96	LARKINS Denise		Colc	21.89
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
1	51	RUSSELL Ben		Brack	28.78
2	574	HIGGINS Sam		Colc	X
3	19	MARLOW Peter		Brack	17.33
4	576	STANDING Nathan		Brack	27.85
5					
6					

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1	38	LAWRENCE Kelly		Nene	26.57
2	79	BRYAN Yasmin Y		Brack	22.94
3	94	RAINEY Ciara X		Brack	14.51
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1	58	SMITH Luke Y		Colc	38.09
2	575	PRAIM-SINGH Billy		Colc	42.66
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1	76	STEVENS Ashley		Brack	6.75
2	94	RAINEY Ciara X		Brack	22.39
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1	580	STEVENS Megan		Colc	6.23
2	76	STEVENS Ashley		Brack	5.29
3	74	COOK Imogen		Brack	5.91
4	98	UTTI Victoria X		Colc	8.56
5	79	BRYAN Yasmin Y		Brack	9.14
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	13	ELLIOTT Justin		Brack	4.98
2	19	MARLOW Peter		Brack	5.74
3	56	KHAN Raja Y		Brack	5.30
4	594	BROWN Peter		Soton	4.65
5	12	RUSSELL Sam Y		Brack	5.46
6	15	COTTER Frank X		Brack	5.51

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1	78	KINGSBURY Molly Y		Brack	3.52
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Bracknell

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Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	577	COKER Michael		Soton	8.70
2	56	KHAN Raja Y		Brack	11.86
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1	70	ROBINSON Matilda X		Brack	1.45
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1	55	PARKER Jonny Y		Brack	2.35
2	594	BROWN Peter		Soton	1.95
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	2				
2					
3					
4					
5					
6					

4x 100m Relay MEN

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 100m Relay WOMEN

Posn	Bib	Athlete	Age	Club	Perf
1	KK				52.40
2					
3					
4					

4x 400m Relay MEN

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay WOMEN

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					