

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 1	
MATCH	3	
VENUE	West London	
P/FINISH	NO	1

Date Saturday, June 15 2019

Venue West London

Host Club Thames Valley Harriers

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
T	Thames Valley Harriers	TVH	20	97.0	14.0	86.0	217.0
K	Bracknell AC	Brack	20	99.0	12.0	76.0	207.0
E	Belgrave Harriers	Belg	15	70.0	9.0	63.0	157.0
Y	Crawley AC	Craw	15	54.0	4.0	68.0	141.0
0			0	0.0	0.0	0.0	0.0
0				0.0	0.0	0.0	0.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Thames Valley Harriers	217.0	4.0	0.00	0.00	217.0	4.0	1
2	Bracknell AC	207.0	3.0	0.00	0.00	207.0	3.0	2
3	Belgrave Harriers	157.0	2.0	0.00	0.00	157.0	2.0	3
4	Crawley AC	141.0	1.0	0.00	0.00	141.0	1.0	4
0		0.0	0.0	0.00	0.00	0.0	0.0	0
0		0.0	0.0	0.00	0.00	0.0	0.0	0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

Scoring System Top 10

Men		Club	Event	Perf	Points
1	HEAWOOD Sam	Craw	Shot Men A	16.20	985
2	STAPLES Scott	Craw	Javelin Men A	59.87	880
3	BERNARD Martyn	Belg	Triple Jump Men A	14.33	845
4	WILDE Robbie	Brack	Long Jump Men A	6.93	839
4	BUCKNER Matthew Y	Brack	200m Men A	21.9	839
6	WHYTE Steve	TVH	Hammer Men A	50.32	830
7	WEBSTER James	Craw	400m Hurdles Men A	54.9	806
7	IGE Sam	Belg	200m Men A	22.1	806
9	IGE Sam	Belg	100m Men A	10.9	792
10	ADEKUNLE Michael	TVH	High Jump Men A	1.90	760

  

Women		Club	Event	Perf	Points
1	BARRETT Angela	TVH	Triple Jump Women A	13.10	932
2	CALLENBERG Mia	Belg	Discus Women A	36.37	825
3	MORRISH Jordanna	Brack	High Jump Women A	1.65	815
4	HALL Hannah Y	TVH	100m Women A	12.3	798
5	HALL Hannah Y	TVH	200m Women A	25.3	778
6	AREWA Sheriffah	TVH	High Jump Women A	1.60	760
6	FRANKS Lillie	Craw	High Jump Women A	1.60	760
8	DYE Isabel	TVH	800m Women A	02:16.0	757
9	JAMES Lucy X	Brack	Discus Women A	31.18	748
10	ALBROW Jodie	Belg	Javelin Women A	30.86	743

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**

**15/06/2019**

**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	E	IGE Sam	Belg	10.9	792
2	K	BUCKNER Matthew Y	Brack	11.0	759
3	T	KITCHEN-SMITH Isaac	TVH	11.1	727
4	Y	TARRANT Justin	Craw	12.1	451
5					
6					

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	OWEN Laurence	TVH	11.7	552
2	KK	GENNACE Andre X	Brack	11.9	500
3	EE	BURSLEM Michael	Belg	12.2	428
4	YY	JACQUES Kenan X	Craw	12.8	304
5					
6					

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	K	BUCKNER Matthew Y	Brack	21.9	839
2	E	IGE Sam	Belg	22.1	806
3	T	KITCHEN-SMITH Isaac	TVH	23.4	611
4	Y	JACQUES Kenan X	Craw	26.4	275
5					
6					

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	SENIOR Jehvaun	TVH	23.7	570
2	KK	GENNACE Andre X	Brack	24.5	470
3	YY	CUNNINGHAM Sam	Craw	26.0	311
4	EE	GALOFARO Fausto	Belg	26.6	258
5					
6					

**400m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	K	TURNER Luke X	Brack	51.5	675
2	E	HOLDEN Gareth	Belg	51.9	653
3	T	SESAY Edward X	TVH	52.2	636
4	Y	JACQUES Kenan X	Craw	62.5	212
5					
6					

**400m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	STOLL Scott	TVH	52.3	631
2	KK	DIGBY Harry Y	Brack	52.8	604
3	YY	CUNNINGHAM Sam	Craw	55.5	471
4					
5					
6					

**800m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	MOHAMED Abdiqadir	TVH	02:00.1	666
2	Y	GALASSO Marco X	Craw	02:07.3	502
3	K	BORGNIS Max Y	Brack	02:09.1	465
4	E	MCHARG Robert	Belg	02:10.6	436
5					
6					

**800m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	TOPLEY Ben	TVH	02:00.5	656
2	EE	MEHANDZHIYSKI Yordan	Belg	02:15.0	357
3	KK	MELLOR Jack Y	Brack	02:17.3	320
4	YY	BUCHE Stacey	Craw	02:33.8	120
5					
6					

**1500m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	WIJTENBURG Olivier	TVH	04:04.4	700
2	K	HALL Oliver Y	Brack	04:10.9	630
3	E	FESOOM Robel	Belg	04:26.0	483
4	Y	GALASSO Marco X	Craw	04:39.9	368
5					
6					

**1500m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	KK	ENSER Aaron Y	Brack	04:15.3	584
2	TT	KISSANE-WOOD Conor	TVH	04:16.6	571
3	EE	MILLS Scott	Belg	04:47.9	310
4	YY	BUCHE Stacey	Craw	05:24.8	117
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	T	MULRYAN Daniel	TVH	15:26.5 700
2	E	OWOR Paskar	Belg	15:35.1 677
3	K	DART Adam Y	Brack	18:03.1 331
4	YY	ELLIS Tim	Craw	19:45.3 160
5				
6				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	EE	BUCKLE Nick	Belg	15:40.3 662
2	TT	NEWTON Oliver	TVH	15:51.2 633
3	KK	POLL Bruce	Brack	18:53.1 240
4	Y	CREED Robert	Craw	19:45.8 159
5				
6				

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	T	VOGEL Florian	TVH	16.3 681
2	E	PRENN Alastair	Belg	16.4 671
3	Y	TARRANT Justin	Craw	17.7 547
4				
5				
6				

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	YY	WEBSTER James	Craw	17.9 529
2	KK	MARLOW Peter	Brack	19.4 403
3	EE	BURSLEM Michael	Belg	21.1 279
4				
5				
6				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	Y	WEBSTER James	Craw	54.9 806
2	E	SHORE Sam	Belg	56.4 756
3	K	RIMMER Samuel Y	Brack	58.4 692
4	T	MORGAN Ben	TVH	59.3 664
5				
6				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	EE	BURSLEM Michael	Belg	63.4 543
2	YY	CREED Robert	Craw	93.3 21
3				
4				
5				
6				

**2000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	T	NEWTON Oliver	TVH	06:28.9 734
2	K	COOPER Maxwell Y	Brack	06:30.5 724
3	Y	HEWITT Hugo Y	Craw	06:35.0 698
4				
5				
6				

**2000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	YY	ELLIS Tim	Craw	07:21.6 459
2	KK	DIGBY Harry Y	Brack	07:46.0 355
3	TT	BREWER Scott	TVH	09:03.8 116
4				
5				
6				

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	T	ADEKUNLE Michael	TVH	1.90 760
2	KK	RUSSELL Ben	Brack	1.85 719
3	Y	TARRANT Justin	Craw	1.70 594
4	EE	TOURON Cameron	Belg	1.55 469

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	K	MARLOW Peter	Brack	1.80 677
2	TT	VILGA Stanislav	TVH	1.50 427
3	YY	TIERNEY Dillan X	Craw	1.45 385

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf	
1	T	VILGA Stanislav	TVH	3.70	633
2	Y	TIERNEY Dillan X	Craw	3.40	569
3	K	ASHDOWN-TAYLOR Charlie	Brack	3.20	525

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf	
1	TT	MORGAN Ben	TVH	3.20	525
2	YY	TIERNEY Ashley X	Craw	2.50	370
3	KK	RUSSELL Sam Y	Brack	1.10	31

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	K	WILDE Robbie	Brack	6.93	839
2	TT	OWEN Laurence	TVH	6.47	747
3	YY	WOODFORD Jack Y	Craw	5.83	620
4	EE	TOURON Cameron	Belg	5.19	495
5					
6					

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	T	BRIGHT-DAVIES Joel	TVH	6.14	682
2	KK	MARLOW Peter	Brack	5.92	638
3	Y	TARRANT Justin	Craw	5.68	591
4					
5					
6					

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	E	BERNARD Martyn	Belg	14.33	845
2	TT	BRIGHT-DAVIES Joel	TVH	12.87	709
3	YY	WOODFORD Jack Y	Craw	12.70	693
4	K	MARLOW Peter	Brack	11.59	584
5					
6					

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	EE	HOLDEN Gareth	Belg	11.56	581
2	Y	TARRANT Justin	Craw	11.41	566
3	KK	RUSSELL Sam Y	Brack	10.86	510
4					
5					
6					

**Shot Men A**

Posn	Bib	Athlete	Club	Perf	
1	Y	HEAWOOD Sam	Craw	16.20	985
2	E	PRENN Alastair	Belg	12.42	752
3	K	ASHDOWN-TAYLOR Charlie	Brack	12.13	733
4	T	WHYTE Steve	TVH	11.19	668
5					
6					

**Shot Men B**

Posn	Bib	Athlete	Club	Perf	
1	TT	MORTIMORE Alistair	TVH	10.46	615
2	EE	MAYFIELD Peter	Belg	10.24	599
3	YY	YOUNG Gorm	Craw	9.96	577
4	KK	RIMMER Samuel Y	Brack	8.77	482
5					
6					

**Discus Men A**

Posn	Bib	Athlete	Club	Perf	
1	T	WHYTE Steve	TVH	39.28	748
2	K	ASHDOWN-TAYLOR Charlie	Brack	39.19	747
3	E	PRENN Alastair	Belg	37.83	725
4	Y	HEAWOOD Sam	Craw	29.55	582
5					
6					

**Discus Men B**

Posn	Bib	Athlete	Club	Perf	
1	EE	MAYFIELD Peter	Belg	35.90	694
2	TT	MORTIMORE Alistair	TVH	30.10	592
3	YY	YOUNG Gorm	Craw	25.42	501
4	KK	RIMMER Samuel Y	Brack	25.39	500
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**Hammer Men A**

Posn	Bib	Athlete	Club	Perf	
1	T	WHYTE Steve	TVH	50.32	830
2	K	ASHDOWN-TAYLOR Charlie	Brack	38.19	689
3	E	MAYFIELD Peter	Belg	32.81	619
4	Y	YOUNG Gorm	Craw	23.44	478
5					
6					

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf	
1	TT	MORTIMORE Alistair	TVH	31.82	606
2	EE	IKEDA Tomonori	Belg	25.81	517
3	YY	CUNNINGHAM Sam	Craw	17.25	364
4					
5					
6					

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf	
1	YY	STAPLES Scott	Craw	59.87	880
2	T	JURGENSON Artur	TVH	46.30	703
3	K	ASHDOWN-TAYLOR Charlie	Brack	44.91	684
4	E	MAYFIELD Peter	Belg	36.70	566
5					
6					

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf	
1	TT	JERZYKOWSKI Dawid	TVH	42.26	647
2	Y	TARRANT Justin	Craw	36.94	569
3	EE	IKEDA Tomonori	Belg	36.68	566
4	KK	RUSSELL Sam Y	Brack	33.02	509
5					
6					

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	T	TVH	JOSEPH Ebenezer SENIOR Jehvaun OWEN Laurence KITCHEN-SMITH Isaac	43.2
2	K	Brack	BUCKNER Matthew Y GENNACE Andre X BAILEY Marcus X ASHTON Jamie	45.2
3	E	Belg	GALOFARO Fausto BURSLEM Michael KERSHAW Miles IGE Sam	46.9
4	Y	Craw	TARRANT Justin JACQUES Kenan X WEBSTER James TIERNEY Dillan X	47.8
5				
6				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	E	Belg	BURSLEM Michael PRENN Alastair KERSHAW Miles HOLDEN Gareth	03:34.9
2	T	TVH	MORGAN Ben KISSANE-WOOD Conor SENIOR Jehvaun MOHAMED Abdiqadir	03:40.4
3	K	Brack	BORGNIS Max Y HENSON Harry RUSSELL Ben TURNER Luke X	03:53.6
4	Y	Craw	WEBSTER James TARRANT Justin JACQUES Kenan X GALASSO Marco X	03:54.4
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	HALL Hannah Y	TVH	12.3	798
2	Y	PRESTON Adeline Y	Craw	12.7	707
3	K	WATKINS Lauren X	Brack	12.8	686
4					
5					
6					

**100m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	TAYLOR Jasmin X	TVH	13.7	509
2	EE	JOHNSON Grace	Belg	16.4	152
3					
4					
5					
6					

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	HALL Hannah Y	TVH	25.3	778
2	K	ROBERTS Hannah Y	Brack	26.0	704
3	Y	PRESTON Adeline Y	Craw	26.1	694
4	E	WATKINS Emma	Belg	29.6	395
5					
6					

**200m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	YY	LISTER Jessica X	Craw	26.5	654
2	KK	JOHNSON Charlotte Y	Brack	26.6	645
3	TT	MUNDABI Olivia	TVH	27.1	598
4	EE	LEVERTAVICIUTE Jurgita	Belg	29.5	402
5					
6					

**400m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	BUCKLEY Charlotte Y	TVH	59.0	719
2	K	ROBERTS Hannah Y	Brack	59.4	704
3	Y	CLARK Paige	Craw	64.5	520
4	E	LEVERTAVICIUTE Jurgita	Belg	65.7	481
5					
6					

**400m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	KK	JOHNSON Charlotte Y	Brack	60.8	650
2	TT	DYE Isabel	TVH	62.4	592
3	YY	LISTER Jessica X	Craw	63.5	553
4					
5					
6					

**800m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	DYE Isabel	TVH	02:16.0	757
2	K	AMBRIDGE Lottie Y	Brack	02:18.0	724
3	E	MACKENZIE Keri	Belg	02:22.1	658
4	Y	CLARK Paige	Craw	02:29.4	549
5					
6					

**800m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	EE	WHITMAN Maddy X	Belg	02:24.9	615
2	TT	ROUSSET Capucine X	TVH	02:33.0	500
3	KK	JONES Freya X	Brack	02:41.8	388
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	T	OLDING Katie	TVH	04:51.1 661
2	EE	WHITMAN Maddy X	Belg	04:53.0 647
3	KK	AMBRIDGE Lottie Y	Brack	04:53.8 642
4				
5				
6				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	K	MARLOW Laurie	Brack	04:56.5 622
2	TT	FARRAR Laura	TVH	04:57.0 619
3	E	HOWSHAM Emma	Belg	05:02.3 581
4				
5				
6				

**3000m Women A**

Posn	No.	Athlete	Club	Perf
1	TT	FRANCO Isabelle Y	TVH	10:42.9 651
2	E	REED Alice	Belg	11:12.4 551
3	KK	NICHOLLS Clarissa Y	Brack	11:15.7 541
4				
5				
6				

**3000m Women B**

Posn	No.	Athlete	Club	Perf
1	T	BAKER Chloe	TVH	10:54.6 611
2	EE	GOLDIE-SCOT Lizzie	Belg	11:12.7 550
3	K	JONES Emily Y	Brack	11:50.8 434
4				
5				
6				

**100m Hurdles Women A**

Posn	Athlete	Club	Perf	Wind
1	K MORRISH Jordanna	Brack	17.0 584	
2	E ALBROW Jodie	Belg	17.9 507	
3				
4				
5				
6				

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	KK	HALLIDAY Marie Y	Brack	23.1 164	
2					
3					
4					
5					
6					

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	E	ALBROW Jodie	Belg	71.90 562
2	K	SPENCER-JONES Emily Y	Brack	76.20 461
3				
4				
5				
6				

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	KK	HALLIDAY Marie Y	Brack	82.70 324
2				
3				
4				
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**2000m S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	K	BERGER-NORTH Rebecca	Brack	07:23.1 712
2	T	BAKER Chloe	TVH	07:48.8 594
3	YY	FRANKLIN Ellie Y	Craw	09:09.0 298
4				
5				
6				

**2000m S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1	KK	HALL Lucy X	Brack	08:30.8 426
2	Y	CLARK Paige	Craw	11:20.9 36
3				
4				
5				
6				

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	K	MORRISH Jordanna	Brack	1.65 815
2	Y	FRANKS Lillie	Craw	1.60 760
3	T	AREWA Sheriffah	TVH	1.60 760
4	EE	JOHNSON Grace	Belg	1.45 596

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	TT	BARRETT Angela	TVH	1.45 596
2	E	ALBROW Jodie	Belg	1.40 542
3	KK	COOK Imogen	Brack	1.35 487

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	YY	BAYO Lucy X	Craw	2.20 424
2	T	CONNOLLY Shannon	TVH	X

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
1	Y	PURCHAS Natasha Y	Craw	X



**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	T	AREWA Sheriffah	TVH	5.05	671
2	Y	BREWSTER Jade	Craw	4.75	603
3	K	GRIFFITHS Lucy X	Brack	4.70	592
4	EE	JOHNSON Grace	Belg	4.18	475
5					
6					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	KK	COOK Imogen	Brack	4.46	538
2	E	WATKINS Emma	Belg	4.16	471
3	TT	JOSHUA OSONDU Kinza X	TVH	3.50	325
4	YY	BAYO Lucy X	Craw	2.56	126
5					
6					

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	T	BARRETT Angela	TVH	13.10	932
2	Y	PRESTON Adeline Y	Craw	11.20	737
3	K	GRIFFITHS Lucy X	Brack	9.85	594
4	E	CALLENBERG Mia	Belg	9.59	566
5					
6					

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	TT	SIMUKONDA Ambwene	TVH	9.06	508
2	KK	COOK Imogen	Brack	8.81	481
3	YY	LISTER Jessica X	Craw	8.09	400
4					
5					
6					

**Shot Women A**

Posn	Bib	Athlete	Club	Perf	
1	E	CALLENBERG Mia	Belg	10.29	743
2	K	MORRISH Jordanna	Brack	8.40	604
3	YY	WATSON Amelia Y	Craw	7.23	508
4	T	SIMUKONDA Ambwene	TVH	5.45	334
5					
6					

**Shot Women B**

Posn	Bib	Athlete	Club	Perf	
1	KK	COOK Imogen	Brack	6.63	454
2	EE	JOHNSON Grace	Belg	6.29	421
3	TT	HALL Hannah Y	TVH	5.43	332
4	Y	FRANKLIN Ellie Y	Craw	5.32	319
5					
6					

**Discus Women A**

Posn	Bib	Athlete	Club	Perf	
1	E	CALLENBERG Mia	Belg	36.37	825
2	K	JAMES Lucy X	Brack	31.18	748
3	TT	SIMUKONDA Ambwene	TVH	16.50	459
4	Y	FRANKLIN Ellie Y	Craw	16.44	458
5					
6					

**Discus Women B**

Posn	Bib	Athlete	Club	Perf	
1	KK	SPENCER-JONES Emily Y	Brack	25.04	644
2	T	BUCKLEY Charlotte Y	TVH	14.93	416
3	YY	WATSON Amelia Y	Craw	14.35	398
4	EE	WATKINS Emma	Belg	14.19	394
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 1 West London**
**15/06/2019**
**Hammer Women A**

Posn	Bib	Athlete	Club	Perf
1	E	CALLENBERG Mia	Belg	39.79 737
2	Y	FRANKLIN Ellie Y	Craw	34.40 669
3	KK	HALLIDAY Marie Y	Brack	20.86 467
4	T	SIMUKONDA Ambwene	TVH	17.43 405
5				
6				

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf
1	K	SPENCER-JONES Emily Y	Brack	19.88 450
2	YY	WATSON Amelia Y	Craw	13.61 325
3				
4				
5				
6				

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf
1	E	ALBROW Jodie	Belg	30.86 743
2	K	MORRISH Jordanna	Brack	24.01 628
3	TT	DYE Isabel	TVH	23.97 627
4	Y	BAYO Lucy X	Craw	22.61 602
5				
6				

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf
1	EE	CALLENBERG Mia	Belg	26.69 675
2	T	BUCKLEY Charlotte Y	TVH	22.67 603
3	KK	JAMES Lucy X	Brack	20.91 568
4	YY	FRANKLIN Ellie Y	Craw	17.63 498
5				
6				

**4 x 100m Women A**

Posn	No.	Club	Runners	Perf
1	T	TVH	TAYLOR Jasmin X MUNDABI Olivia JOSHUA OSONDU Kinza X HALL Hannah Y	51.20
2	K	Brack	COOK Imogene X JOHNSON Charlotte Y ROBERTS Hannah Y WATKINS Lauren X	51.60
3	Y	Craw	PRESTON Adeline Y CLARK Paige BAYO Lucy X LISTER Jessica X	53.50
4	E	Belg	WATKINS Emma ALBROW Jodie JOHNSON Grace MADDOCKS Fiona	55.80
5				
6				

**4 x 400m Women A**

Posn	No.	Club	Runners	Perf
1	K	Brack	AMBRIDGE Lottie Y ROBERTS Hannah Y JOHNSON Charlotte Y MORRISH Jordanna	04:09.0
2	T	TVH	OLDING Katie FARRAR Laura CASEY Amelia Y BUCKLEY Charlotte Y	04:11.5
3	E	Belg	MADDOCKS Fiona WHITMAN Maddy X HOWSHAM Emma ALBROW Jodie	04:31.1
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 1 West London

15/06/2019

**NON-SCORERS****400m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

**NON-SCORERS****400m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

**100m Men**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	393	BAILEY Marcus		BRACK	11.8	
2	354	COMMISSIONG Jason	SM	TVH	12.1	
3	359	JOO Tamas		TVH	12.1	
4	394	KHAN Rajah		BRACK	12.7	
5	360	JOSEPH Ebenezer		TVH	11.8	
6	370	SENIOR Jehvaun		TVH	11.9	
7	362	MORGAN Ben		TVH	12.1	
8	395				12.6	

**100m Women**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	372	AREWA Sherittah		TVH	13.7	
2	387	NORRIS Natasha		BRACK	14.3	
3	381	JAMES Lucy		BRACK	14.5	
4	379	MUNDABI Olivia		TVH	13.3	
5	391	CLARKE Issy		BRACK	13.8	
6	374	JOSHUA Kinza		TVH	14.4	
7						
8						

**200m Men**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	366	OWEN Laurence		TVH	23.3	
2	393	BAILEY Marcus		BRACK	23.7	
3	396	RUSSELL Sam		BRACK	24.1	
4	398	DIGBY Harry		BRACK	24.4	
5	353	CAREY Matthew	SM	TVH	25.1	
6	359	JOO Tamas		TVH	25.2	
7						
8						

**200m Women**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	391	CLARKE Issy		BRACK	27.4	
2	386	COOL Imogene		BRACK	27.6	
3	387	NORRIS Natasha		BRACK	28.1	
4	374	JOSHUA Kinza		TVH	28.8	
5						
6						
7						
8						

**400m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	400	RUSSELL Ben		BRACK	59.0
2					
3					
4					
5					
6					
7					
8					

**400m Women**

Posn	Bib	Athlete	Age	Club	Perf
1	377	HANLEY Georgia		TVH	73.3
2					
3					
4					
5					
6					
7					
8					

SOUTHERN ATHLETICS LEAGUE Division 1 West London

15/06/2019

**800m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	361	KISSANE-WOOD Conor		TVH	2:01.2
2					
3					
4					
5					
6					
7					
8					

**800m Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

**1500m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	509	MOHAMED Abdiqadir		TVH	4:11.5
2	358	HODGE Loius		TVH	4:20.4
3	367	PEARCE-HIGGINS Sage		TVH	4:21.1
4	511	STEVENS Max		BRACK	4:29.0
5	512	BROADBENT Callum		BRACK	4:32.6
6	369	ROCK Basil		TVH	4:45.4

**1500m Women**

Posn	Bib	Athlete	Age	Club	Perf
1	376	CASEY Madeline		TVH	5:16.2
2	377	HANLEY Georgia		TVH	5:50.1
3	392	HALLIDAY Marie		BRACK	5:57.5
4					
5					
6					

**5000m Men**

Posn	Bib	Athlete	Age	Club	Perf
1	357	GARCIA-RASINES Daniel		TVH	15:55.5
2	510	GARDNER Steve		BELG	16:24.5
3	351	BLOOMER Shane	SM	TVH	17:55.8
4	365	NORRIS Steve		TVH	18:31.6
5	356	FRANKS David		TVH	18:47.8
6	364	NIELSEN Christian		TVH	18:52.4

**3000m Women**

Posn	Bib	Athlete	Age	Club	Perf
1	388	JACKSON Millie		BRACK	11:39.5
2	507	ZIBELL Clara		BELG	12:20.7
3	508	NOEL Maureen		BELG	14:54.0
4					
5					
6					

**110m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

**100m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

**S/Chase Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

**S/Chase Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

## SOUTHERN ATHLETICS LEAGUE Division 1 West London

15/06/2019

Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1	504	BRIDGES Robert	V65	BELG	25.97
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
1	506	IKEDA Tom		BELG	30.88
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1	380	PUTLAND Gaarem		CRAWLEY	21.50
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1	383	STEVENS Ashley		BRACK	7.24
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	396	RUSSELL Sam		BRACK	5.50
2	394	KHAN Rajah		BRACK	5.36
3	505	MEDDAH Zac		BEL	5.35
4	363	NASH Samuel		TVH	5.20
5					
6					

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1	384	KINGSBURY Mollie		BRACK	3.63
2					
3					
4					
5					
6					

## SOUTHERN ATHLETICS LEAGUE Division 1 West London

15/06/2019

Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	362	MORGAN Ben		TVH	11.13
2	394	KHAN Rajah		BRACK	11.62
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	2				
2					
3					
4					
5					
6					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					