

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 1	
MATCH	3	
VENUE	Harrow	
P/FINISH	NO	
		1

Date Saturday, June 15 2019

Venue Harrow

Host Club Harrow AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
A	Harrow AC	Harrow	20	99.0	11.0	91.0	221.0
U	Bournemouth AC	B'mouth	15	39.0	5.0	80.0	139.0
O	Colchester Harriers	Colc	20	90.0	12.0	59.5	181.5
B	Blackheath & Bromley Harriers AC	B&B	20	94.0	11.0	72.5	197.5
0			0	0.0	0.0	0.0	0.0
0				0.0	0.0	0.0	0.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Harrow AC	221.0	4.0	0.00	0.00	221.0	4.0	1
2	Blackheath & Bromley Harriers AC	197.5	3.0	0.00	0.00	197.5	3.0	2
3	Colchester Harriers	181.5	2.0	0.00	0.00	181.5	2.0	3
4	Bournemouth AC	139.0	1.0	0.00	0.00	139.0	1.0	4
0		0.0	0.0	0.00	0.00	0.0	0.0	0
0		0.0	0.0	0.00	0.00	0.0	0.0	0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

Scoring System Top 10

Men		Club	Event	Perf	Points
1	HAMBLIN James	Colc	Hammer Men A	57.78	908
2	MOOLMAN Dewald	Harrow	Shot Men A	14.73	898
3	AGUOCHA Kelechi Y	B&B	High Jump Men A	2.05	884
4	PRAIM-SINGH Billy	Colc	Hammer Men B	54.75	877
5	HOLLOWAY Shea	Harrow	200m Men A	22.0	822
6	ALADESE Dele	B&B	Discus Men A	43.47	812
7	HALE Cameron	B'mouth	Javelin Men A	52.59	787
8	CHINERY-EDOO Saoirse	Harrow	Discus Men A	41.70	786
9	HEARD Owen Y	Harrow	Long Jump Men A	6.66	785
10	COOPER Paul	Colc	Javelin Men A	51.28	770

Women		Club	Event	Perf	Points
1	MERRITT Sophie	B'mouth	Shot Women A	14.55	1009
2	JEGGO Rebecca Y	Colc	200m Women A	24.2	903
3	MERRITT Sophie	B'mouth	Discus Women A	41.79	898
3	ADEBAYO Dara Y	Harrow	Shot Women A	12.68	898
5	BROOM Danielle	B'mouth	Discus Women B	41.49	894
6	MACAULAY Hannah Y	B&B	Discus Women A	41.06	889
7	BROOM Danielle	B'mouth	Hammer Women A	51.49	871
8	BURROWS Chloe	B'mouth	200m Women A	24.6	856
9	GALLEY Krystal	B&B	400m Women A	55.9	847
10	JEGGO Rebecca Y	Colc	100m Women A	12.1	846

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	O	AKINBOH Akin Y	Colc	11.3	666
2	B	REYNOLDS-WARMINGTON Kyl	B&B	11.4	636
3	A	COLLIS Luke Y	Harrow	11.5	607
4	U	EGAN Muiris	B'mouth	11.8	526
5					
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	DAMOAH Michael	B&B	11.3	666
2	AA	CARR Richard	Harrow	11.3	666
3	OO	DANIEL Jones Y	Colc	11.3	666
4	UU	ABBOTT Noah	B'mouth	11.8	526
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	A	HOLLOWAY Shea	Harrow	22.0	822
2	B	DAMOAH Michael	B&B	22.5	743
3	OO	DANIEL Jones Y	Colc	22.6	727
4	U	EGAN Muiris	B'mouth	23.5	597
5					
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	AA	CARR Richard	Harrow	22.7	712
2	BB	WILSON Blair	B&B	25.5	360
3	UU	NICHOLASS Adam	B'mouth	26.5	267
4	O	AKINBOH Akin Y	Colc	DQ	
5					
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	A	SMITHERMAN Andrew	Harrow	50.1	756
2	B	LAYNE Jordan	B&B	50.4	738
3	U	EGAN Muiris	B'mouth	52.6	615
4	O	SHIPPEY Samuel X	Colc	52.9	599
5					
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	AA	HOLLOWAY Neil	Harrow	51.6	669
2	BB	BRANNAN Finlay	B&B	53.5	568
3	OO	SMITH Luke Y	Colc	56.4	431
4	UU	BARTLETT Lewis	B'mouth	67.5	95
5					
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	B	BRANNAN Finlay	B&B	01:59.9	671
2	U	TOTH Laszlo	B'mouth	02:01.2	639
3	A	BICKERSTAFF Sam Y	Harrow	02:01.9	622
4	O	AFEWERKI Ermeas Y	Colc	02:04.9	553
5					
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	BRADEN Ross	B&B	02:04.3	567
2	AA	AUGUSTIN Casey X	Harrow	02:05.4	542
3	OO	PALMER Thomas Y	Colc	02:05.8	534
4	UU	NICHOLASS Adam	B'mouth	03:24.4	
5					
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	B	BRADEN Ross	B&B	04:19.0	548
2	U	TOTH Laszlo	B'mouth	04:20.9	530
3	O	AFEWERKI Ermeas Y	Colc	04:21.3	526
4	A	MORRIS Christopher Y	Harrow	04:34.4	411
5					
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	BODEN Joseph Y	Colc	04:28.9	457
2	BB	FISHER Henry Y	B&B	04:39.3	372
3	AA	KENNEDY James Y	Harrow	04:58.9	241
4	UU	PASKINS Thomas	B'mouth	05:20.0	136
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
5000m Men A

Posn	No.	Athlete	Club	Perf	
1	A	NEVINS Damian	Harrow	15:28.5	695
2	O	MITCHELL Edward	Colc	15:39.1	666
3	B	GIBBINS Alex	B&B	16:24.0	550
4	U	PASKINS Thomas	B'mouth	18:17.5	303
5					
6					

5000m Men B

Posn	No.	Athlete	Club	Perf	
1	OO	WILLIAMSON Dean	Colc	16:41.2	508
2	AA	FINI Kevin	Harrow	16:56.9	471
3	BB	SALAKO Ifetobi Y	B&B	19:15.7	203
4	UU	SPALL Fraser Y	B'mouth	26:53.5	
5					
6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	A	CHINERY-EDOO Saoirse	Harrow	15.9	722
2					
3					
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	AA	REID Noel	Harrow	20.7	306
2					
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	B	FISHER Henry Y	B&B	60.7	621
2	O	CHILVERS Kai X	Colc	61.9	586
3	U	BARTLETT Lewis	B'mouth	67.7	428
4	A	BENJAMIN Damaine	Harrow	DNF	
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	AA	LUNDQUIST Jasper Y	Harrow	62.4	571
2	OO	PALMER Thomas Y	Colc	75.2	260
3	BB	AYRES Timothy	B&B	83.3	123
4	UU	COX Steve	B'mouth	94.2	16
5					
6					

2000m S/Chase Men A

Posn	No.	Athlete	Club	Perf	
1	A	HUNT Luke	Harrow	06:51.0	610
2	B	RICHARDSON Martin	B&B	06:54.9	589
3	OO	STEINWAND Victor Y	Colc	07:04.0	543
4	U	SPALL Fraser Y	B'mouth	09:58.3	29
5					
6					

2000m S/Chase Men B

Posn	No.	Athlete	Club	Perf	
1	AA	MANGET Maluke Y	Harrow	07:13.1	498
2	O	HALLS Ben Y	Colc	07:14.4	492
3	BB	LENG Jake X	B&B	07:20.6	463
4	UU	COX Steve	B'mouth	12:11.0	
5					
6					

High Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	B	AGUOCHA Kelechi Y	B&B	2.05	884
2	A	SEMPALA Hisham	Harrow	1.90	760
3	UU	HALE Cameron	B'mouth	1.65	553
4	OO	CHIMA Vic X	Colc	1.60	511

High Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	AA	REID Noel	Harrow	1.80	677
2	U	BROWN Andrew	B'mouth	1.55	469
3=	O	WILKIN Joe	Colc	1.50	427
3=	BB	NELSON Reece X	B&B	1.50	427

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
Pole Vault Men A

Posn	Bib	Athlete	Club	Perf	
1	A	HEARD Owen Y	Harrow	3.20	525
2	UU	COX Steve	B'mouth	2.70	415
3	BB	PLATT Roger	B&B	2.60	393

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf	
1	AA	ANDREWS Nick	Harrow	2.60	393
2	U	BROWN Andrew	B'mouth	2.40	348
3	B	AYRES Timothy	B&B	2.00	256

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	A	HEARD Owen Y	Harrow	6.66	785
2	B	WILSON Blair	B&B	5.69	593
3	U	SOMMERSETH Morgan X	B'mouth	5.69	593
4	O	CLARKE Joseph Y	Colc	4.92	443
5					
6					

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	AA	CARR Richard	Harrow	6.28	709
2	UU	HALE Cameron	B'mouth	4.54	370
3	OO	CHILVERS Kai X	Colc	4.07	280
4	BB	AYRES Timothy	B&B	3.92	252
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	A	STANISCI-BROWN Luca X	Harrow	12.91	713
2	O	CHIMA Vic X	Colc	12.75	698
3	BB	AGUOCHA Kelechi Y	B&B	11.57	582
4	U	SOMMERSETH Morgan X	B'mouth	10.10	429
5					
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	AA	CARR Richard	Harrow	12.05	630
2	B	WILSON Blair	B&B	10.77	500
3	OO	CHILVERS Kai X	Colc	10.31	452
4					
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	A	MOOLMAN Dewald	Harrow	14.73	898
2	OO	PRAIM-SINGH Billy	Colc	12.27	742
3	U	SHEERIN Andrew	B'mouth	10.69	632
4	B	ALADESE Dele	B&B	10.39	610
5					
6					

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	O	HAMBLIN James	Colc	11.83	712
2	AA	MCGILLIVARY Ryan	Harrow	9.62	551
3	UU	DOBSON Steve	B'mouth	8.34	446
4	BB	AYRES Timothy	B&B	6.64	279
5					
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	B	ALADESE Dele	B&B	43.47	812
2	A	CHINERY-EDOO Saoirse	Harrow	41.70	786
3	UU	HALE Cameron	B'mouth	35.39	685
4	OO	PRAIM-SINGH Billy	Colc	32.13	629
5					
6					

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	U	SHEERIN Andrew	B'mouth	32.47	635
2	O	HAMBLIN James	Colc	27.43	542
3	AA	REID Noel	Harrow	21.39	412
4	BB	AYRES Timothy	B&B	14.47	214
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
Hammer Men A

Posn	Bib	Athlete	Club	Perf	
1	O	HAMBLIN James	Colc	57.78	908
2	U	SHEERIN Andrew	B'mouth	35.63	657
3	AA	ALLEN Robert	Harrow	20.19	421
4	B	AYRES Timothy	B&B	16.50	348
5					
6					

Hammer Men B

Posn	Bib	Athlete	Club	Perf	
1	OO	PRAIM-SINGH Billy	Colc	54.75	877
2	UU	BROWN Andrew	B'mouth	23.95	487
3	BB	PLATT Roger	B&B	15.46	325
4					
5					
6					

Javelin Men A

Posn	Bib	Athlete	Club	Perf	
1	UU	HALE Cameron	B'mouth	52.59	787
2	O	COOPER Paul	Colc	51.28	770
3	A	SKETCHLEY David	Harrow	48.45	732
4	BB	WILSON Blair	B&B	34.27	529
5					
6					

Javelin Men B

Posn	Bib	Athlete	Club	Perf	
1	U	BROWN Andrew	B'mouth	49.62	748
2	AA	CHINERY-EDOO Saoirse	Harrow	45.81	696
3	OO	PRAIM-SINGH Billy	Colc	40.76	625
4	B	AYRES Timothy	B&B	26.86	409
5					
6					

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	A	Harrow	OLANIYI Dominique Y HEARD Owen Y CARR Richard CHINERY-EDOO Saoirse	43.3
2	O	Colc	AKINBOH Akin Y DANIEL Jones Y WILKIN Joe MCKAY Callum Y	44.4
3	B	B&B	LAYNE Jordan DAMOAH Michael REYNOLDS-WARMINGTON Kyle Y AYRES Timothy	46.5
4	U	B'mouth	ABBOTT Noah EGAN Muiris NICHOLASS Adam SOMMERSETH Morgan X	47.9
5				
6				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	A	Harrow	HOLLOWAY Neil HOLLOWAY Shea BENJAMIN Damaine STANISCI-BROWN Luca X	03:29.0
2	B	B&B	LAYNE Jordan BRANNAN Finlay WILSON Blair REID Prince Y	03:35.5
3	O	Colc	SMITH Luke Y DANIEL Jones Y CHILVERS Kai X AKINBOH Akin Y	03:39.8
4	U	B'mouth	EGAN Muiris NICHOLASS Adam SOMMERSETH Morgan X HALE Cameron	03:56.7
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow**15/06/2019****100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	O	JEGGO Rebecca Y	Colc	12.1	846
2	A	FRYDENLUND Synne	Harrow	12.5	752
3	B	AUSTRIDGE Zoe Y	B&B	13.0	644
4	U	COOKE JAZMIN Y	B'mouth	13.0	644
5					
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	AA	OWOLANA Zuriel Y	Harrow	12.7	707
2	BB	BROWN Laura Y	B&B	13.0	644
3	OO	RATTRAY Maya X	Colc	13.2	603
4	UU	KAY Anya	B'mouth	14.8	334
5					
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	O	JEGGO Rebecca Y	Colc	24.2	903
2	U	BURROWS Chloe	B'mouth	24.6	856
3	B	GALLEY Krystal	B&B	24.7	845
4	A	FRYDENLUND Synne	Harrow	25.4	767
5					
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	ROSE Heather	Colc	26.6	645
2	BB	HARPER Sophia Y	B&B	28.0	519
3	UU	WRIGHT Joy	B'mouth	28.3	494
4					
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	B	GALLEY Krystal	B&B	55.9	847
2	A	GRICE Evie	Harrow	60.6	658
3	O	EYERS Stacey	Colc	62.5	588
4	U	WRIGHT Joy	B'mouth	64.6	517
5					
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	PALMER Jennifer X	Colc	63.9	540
2	BB	HARPER Daniella X	B&B	63.9	540
3	AA	WILSON Megan	Harrow	68.4	400
4	UU	LEWIS Annette	B'mouth	82.9	97
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	O	EYERS Stacey	Colc	02:21.7	665
2	B	HARPER Daniella X	B&B	02:31.1	526
3	A	WILSON Megan	Harrow	02:36.7	451
4	U	LEWIS Annette	B'mouth	03:18.3	78
5					
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	PRESLAND Milly X	Colc	02:23.3	640
2	AA	HADDOW Rachael Y	Harrow	02:46.1	339
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
1500m Women A

Posn	No.	Athlete	Club	Perf
1	B	LEACH Amy Y	B&B	05:06.3 554
2	O	STEELE Heidi	Colc	05:09.0 536
3	AA	GRIMES Hettie X	Harrow	05:27.4 421
4	U	LEWIS Annette	B'mouth	07:02.6 48
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	A	HADDOW Rachael Y	Harrow	05:39.0 356
2	OO	JEFFRIES Ella	Colc	05:44.5 327
3	BB	LENG Jenny	B&B	05:53.9 280
4				
5				
6				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	A	O'GRADY Eilish	Harrow	10:39.4 663
2	O	STEELE Heidi	Colc	10:46.9 637
3	B	LEACH Amy Y	B&B	11:01.8 586
4	U	SANDELL Anya X	B'mouth	12:05.9 391
5				
6				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	AA	BLAND Gill	Harrow	11:07.4 568
2	OO	JEFFRIES Ella	Colc	12:00.9 405
3	BB	LENG Jenny	B&B	12:07.1 388
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	U KAY Anya	B'mouth	15.3 741	
2	A WAKEFIELD Isabel Y	Harrow	15.3 741	
3	B AUSTRIDGE Yasmin Y	B&B	15.5 721	
4				
5				
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	BB	PLATT Holly Y	B&B	20.6 308	
2					
3					
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	A	COMER Hayley	Harrow	64.60 750
2	O	ROSE Heather	Colc	67.10 683
3	B	PLATT Holly Y	B&B	76.40 457
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	OO	HART Samantha	Colc	81.90 340
2	AA	JENNINGS Rebecca	Harrow	DNF
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
2000m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	A	O'GRADY Eilish	Harrow	07:27.4 692
2	BB	OSMOND Ellie X	B&B	07:30.8 676
3	O	PRESLAND Milly X	Colc	07:35.1 656
4				
5				
6				

2000m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	B	BARNES Ailhebe X	B&B	07:34.7 657
2	OO	HART Samantha	Colc	08:41.7 387
3				
4				
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	U	COOKE JAZMIN Y	B'mouth	1.55 705
2	B	PRENTICE Alice Y	B&B	1.48 629
3	A	BAILEY Megan	Harrow	1.40 542
4	O	MBA Chanel X	Colc	1.35 487

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	OO	STEVENS Megan Y	Colc	1.30 433
2	UU	SANDELL Anya X	B'mouth	1.25 378
3	BB	SHEASBY Jennifer	B&B	1.20 324

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	B	MOORE Christina	B&B	3.10 655
2	U	SANDELL Anya X	B'mouth	1.90 343
3	AA	FOLEY Laura-Jane X	Harrow	1.70 288

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	BB	SHEASBY Jennifer	B&B	2.60 528
2	A	BAILEY Megan	Harrow	X

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	B	BAKER Claudia X	B&B	5.03	666
2	AA	CAMPBELL Tianna X	Harrow	4.70	592
3	O	RATTRAY Maya X	Colc	4.68	587
4	UU	WRIGHT Joy	B'mouth	4.17	473
5					
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	BB	PRENTICE Alice Y	B&B	4.67	585
2	A	KOTYRBA Zoe	Harrow	4.26	493
3	OO	PRESLAND Milly X	Colc	3.94	422
4					
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	AA	ADEYANJU Adedoyin X	Harrow	10.40	653
2	O	MBA Chanel X	Colc	10.27	639
3	BB	PLATT Holly Y	B&B	9.80	589
4					
5					
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	A	CAMPBELL Tianna X	Harrow	9.91	601
2	B	PRENTICE Alice Y	B&B	8.42	437
3	OO	HART Samantha	Colc	7.57	340
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	U	MERRITT Sophie	B'mouth	14.55	1009
2	AA	ADEBAYO Dara Y	Harrow	12.68	898
3	B	MACAULAY Hannah Y	B&B	11.10	797
4	O	STEVENS Megan Y	Colc	6.15	408
5					
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	A	BEARDMORE Emma	Harrow	10.54	760
2	UU	BROOM Danielle	B'mouth	10.29	743
3	BB	SHEASBY Jennifer	B&B	5.92	384
4	OO	RATTRAY Maya X	Colc	5.30	317
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	UU	MERRITT Sophie	B'mouth	41.79	898
2	B	MACAULAY Hannah Y	B&B	41.06	889
3	A	BEARDMORE Emma	Harrow	35.94	819
4	O	MBA Chanel X	Colc	19.58	534
5					
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	U	BROOM Danielle	B'mouth	41.49	894
2	BB	SHEASBY Jennifer	B&B	17.96	496
3	OO	PALMER Jennifer X	Colc	14.64	407
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow
15/06/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	U	BROOM Danielle	B'mouth	51.49 871
2	A	BEARDMORE Emma	Harrow	45.68 807
3	B	MACAULAY Hannah Y	B&B	24.48 527
4	O	STEVENS Megan Y	Colc	7.26 139
5				
6				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	UU	MERRITT Sophie	B'mouth	22.50 495
2	AA	OWOLANA Zuriel Y	Harrow	15.87 374
3	OO	HART Samantha	Colc	6.68 112
4	BB	SHEASBY Jennifer	B&B	6.11 80
5				
6				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	A	WAKEFIELD Isabel Y	Harrow	37.44 839
2	B	CHAPPELL Ruth X	B&B	30.28 734
3	U	MERRITT Sophie	B'mouth	30.28 734
4	OO	STEVENS Megan Y	Colc	9.17 243
5				
6				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	AA	GRICE Evie	Harrow	29.21 717
2	UU	BROOM Danielle	B'mouth	25.43 653
3	O	PALMER Jennifer X	Colc	6.72 80
4				
5				
6				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	B	B&B	AUSTRIDGE Zoe Y BROWN Laura Y HARPER Sophia Y PLATT Holly Y	52.90
2	O	Colc	RATTRAY Maya X STEVENS Megan Y MBA Chanel X ROSE Heather	53.50
3	U	B'mouth	BURROWS Chloe BROOM Danielle WRIGHT Joy LEWIS Annette	54.80
4	A	Harrow	FRYDENLUND Synne OWOLANA Zuriel Y CAMPBELL Tianna X ADEYANJU Adedoyir	DNF
5				
6				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	O	Colc	EYERS Stacey PALMER Jennifer X ROSE Heather STEELE Heidi	04:17.9
2	A	Harrow	O'GRADY Eilish HADDOW Rachael Y CAMPBELL Tianna X O'GRADY Eilish	04:36.5
3	B	B&B	HARPER Sophia Y OSMOND Ellie X BARNES Ailhbe X GALLEY Krystal	04:43.6
4	U	B'mouth	COOKE JAZMIN Y SANDELL Anya X WRIGHT Joy BURROWS Chloe	04:56.1
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow

15/06/2019

NON-SCORERS

400m Hurdles Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS

400m Hurdles Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	153	ANDRADE Miguel		Harrow	11.4	
2	150	OLANIYI Dominique Y		Harrow	11.4	
3	157	NWAWULOR John jesse Y		Harrow	11.8	
4	121	BROOM Anthony		Harrow	11.8	
5						
6						
7						
8						

100m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	152	AREGBE Laura		Harrow	13.0	
2	158	ADEYANJU Adedoyin X		Harrow	13.0	
3	155	KENNEDY Shannon		Harrow	13.7	
4	146	O'LEARY Daniella X		Colc	14.0	
5						
6						
7						
8						

200m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	161	BENJAMIN Damaine		Harrow	22.6	
2	153	ANDRADE Miguel		Harrow	22.6	
3	167	HOLLOWAY Neil		Harrow	22.8	
4	132	SEMPALA Hisham		Harrow	23.2	
5	144	CLARKE Joseph Y		Colc	24	
6	134	ALEXIS Romello X		Harrow	24.7	
7	148	ANDREWS Nick		Harrow	26.1	
8						

200m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	165	BROWN Laura Y		B&B	27.0	
2	155	KENNEDY Shannon		Harrow	27.4	
3	169	HARPER Daniella X		B&B	28.2	
4						
5						
6						
7						
8						

100m Men

Posn	Bib	Athlete	Age	Club	Perf
1	137	WILKIN Joe		Colc	11.7
2	135	MCKAY Callum Y		Colc	11.7
3	144	CLARKE Joseph Y		Colc	11.9
4	136	CHIMA Vic X		Colc	12.8
5	131	NICHOLASS Adam		B'mouth	13.1
6					
7					
8					

400m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow

15/06/2019

800m Men

Posn	Bib	Athlete	Age	Club	Perf
1	148	ANDREWS Nick		Harrow	2.115
2	140	COLSELL Thomas X		Colc	2.199
3	145	CRESSWELL Tom		Colc	2.223
4	139	PRESTON Paul		Colc	2.264
5	142	RIDLEY Colin		Colc	2.293
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age	Club	Perf
1	166	REID Prince Y		B&B	4.2380
2	141	NICIEJEWSKI Dominik Y		Colc	4.475
3	133	KABEL Nathan X		Harrow	5.047
4	171	KABEL Jason		Harrow	5.098
5					
6					

1500m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

5000m Men

Posn	Bib	Athlete	Age	Club	Perf
1	145	CRESSWELL Tom		Colc	17.457
2	142	RIDLEY Colin		Colc	18.116
3	163	JAKSZTA Henry		Harrow	18.481
4					
5					
6					

3000m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

110m Hurdles Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

100m Hurdles Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

S/Chase Men

Posn	Bib	Athlete	Age	Club	Perf
1	143	PALMER Thomas Y		Colc	7.213
2					
3					
4					
5					
6					

S/Chase Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow

15/06/2019

Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1	138	SMITH Luke Y		Colc	35.17
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1	162	NWAWULOR Marilyn		Harrow	11.53
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1	161	BENJAMIN Damaine		Harrow	6.05
2	164	REID Noel		Harrow	5.67
3	160	CHINERY-EDOO Saoirse		Harrow	x
4					
5					
6					

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 1 Harrow

15/06/2019

Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	2				
2					
3					
4					
5					
6					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					