

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 North	
MATCH	2	
VENUE	Sandy	
P/FINISH	NO	

Date Saturday, May 18 2019

Venue Sandy

Host Club Biggleswade AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
G	Biggleswade AC	Bigg	20	40.0	5.0	83.0	148.0
I	Ilford AC	Ilford	10	117.0	12.0	71.0	210.0
T	Thurrock Harriers	Thurr	15	164.0	21.0	125.0	325.0
O	Oxford City AC	OxfC	15	155.0	18.0	137.0	325.0
J	West Suffolk AC	W Suff	15	24.0		64.0	103.0
N	Newham & Essex Beagles AC	NEB	5	44.0	4.0	48.0	101.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Oxford City AC	325.0	5.5			325.0	5.5	1
1	Thurrock Harriers	325.0	5.5			325.0	5.5	1
3	Ilford AC	210.0	4.0			210.0	4.0	3
4	Biggleswade AC	148.0	3.0			148.0	3.0	4
5	West Suffolk AC	103.0	2.0			103.0	2.0	5
6	Newham & Essex Beagles AC	101.0	1.0			101.0	1.0	6

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**

**18/05/2019**

**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	GIBBS Ben	Thurr	11.5	607
2	I	WHEELER Daniel	Ilford	11.7	552
3	N		NEB	11.7	552
4	O	BAROUGH Michael	OxfC	11.9	500
5	J	CROUCH Alex X	W Suff	12.1	451
6	G	MURPHY Adam	Bigg	13.7	163

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	CUTHBERT Regan	Thurr	11.5	607
2	NN	FRANCIS Marley X	NEB	11.8	526
3	II	WILLIAMS Wanya Y	Ilford	11.9	500
4	JJ	DEEKS Oliver X	W Suff	12.6	342
5	OO	STOTT Jon	OxfC	12.8	304
6	GG	BLUNT Michael	Bigg	14.2	107

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	I	DOBRESCU Mario X	Ilford	22.5	743
2	J	CROUCH Alex X	W Suff	23.8	557
3	O	BAROUGH Michael	OxfC	23.9	544
4	G	RAYNER Tristan Y	Bigg	24.0	531
5	N	OSINOIKI David X	NEB	24.9	424
6	T	MORALES Samuel Y	Thurr	25.0	413

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	II	WILLIAMS Wanya Y	Ilford	24.0	531
2	OO	HANDSCOMBE Will	OxfC	24.3	494
3	TT	FARMER Jack	Thurr	25.1	402
4	JJ	DEEKS Oliver X	W Suff	25.9	321
5	NN		NEB	26.7	250
6					

**400m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	I	AKINPELU Jordan Y	Ilford	53.5	
2	T	CUTHBERT Regan	Thurr	53.6	80
3	O	HANDSCOMBE Will	OxfC	54.5	80
4	N	ABASS Emmanuel X	NEB	54.9	80
5	J	PRIOR Luca X	W Suff	59.1	80
6	G	BLUNT Michael	Bigg	68.6	80

**400m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	II	RICHARDS Alex	Ilford	53.1	588
2	TT	MORALES Samuel Y	Thurr	56.0	449
3	OO	MEREDITH Ryan	OxfC	59.1	323
4	NN	OMER Mubarik X	NEB	59.5	309
5					
6					

**800m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	I	RICHARDS Alex	Ilford	01:59.2	688
2	T	WHEELER Leon Y	Thurr	01:59.9	671
3	O	MEREDITH Ryan	OxfC	02:16.3	336
4	G	SWINBURNE Elliott X	Bigg	02:16.5	332
5	J	DAVIES Austin	W Suff	02:37.4	91
6					

**800m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	PARKER Harry X	Thurr	02:12.0	410
2	OO	HOGGER Drew X	OxfC	02:17.7	313
3	GG	READ Adam X	Bigg	02:18.6	299
4	II	PARRIS Sebastian	Ilford	02:23.2	235
5					
6					

**1500m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	I	RICHARDS Alex	Ilford	04:07.5	666
2	T	EXLEY Jack Y	Thurr	04:08.2	658
3	N	EL-HOUSSAMI Jad	NEB	04:26.3	480
4	O	HOGGER Drew X	OxfC	04:50.6	292
5	G	SWINBURNE Elliott X	Bigg	05:00.0	234
6	J	DAVIES Austin	W Suff	05:41.5	64

**1500m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	TT	NEWELL Taylor Y	Thurr	04:13.2	2570
2	II	EUELL Philip Y	Ilford	04:37.5	2411
3	GG	DAY Stephen Y	Bigg	05:01.0	2263
4	OO	KRALIK Vladimir	OxfC	05:19.8	2147
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**3000m Men A**

Posn	No.	Athlete	Club	Perf
1	I	PRIOR Mungo Y	Ilford	09:07.1 2101
2	O	WATANABE Shun	OxfC	09:50.8 1904
3	T	DOYLE Robert	Thurr	10:17.9 1787
4	G	PILLINGER Nic	Bigg	10:21.4 1772
5				
6				

**3000m Men B**

Posn	No.	Athlete	Club	Perf
1	II	GARDNER Tom	Ilford	09:24.8 908
2	TT	ABATI Adedapo	Thurr	10:20.4 698
3	OO	KRALIK Vladimir	OxfC	11:33.6 462
4	GG	HAWTHORNE Giles	Bigg	12:57.0 250
5				
6				

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	T	SHORTALL Michael	Thurr	15.9 722
2	O	WHITING Aidan	OxfC	16.4 671
3	G	JANSSEN Darren	Bigg	21.3 266
4				
5				
6				

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	TT	GIBBS Ben	Thurr	20.8 300
2				
3				
4				
5				
6				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	T	SHORTALL Michael	Thurr	58.7 683
2	I	MALEKOUT Sam	Ilford	62.3 574
3	G	JANSSEN Darren	Bigg	74.2 280
4	N	GOULD Leroy	NEB	89.7 49
5	O	HART Richard	OxfC	113.3
6				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	TT	FARMER Jack	Thurr	68.4 411
2	II	WHEELER Daniel	Ilford	70.8 354
3				
4				
5				
6				

**3000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	OO	WATANABE Shun	OxfC	10:53.6 7580
2	T	MORALES Samuel Y	Thurr	11:43.2 7580
3	G	ARNOLD Charles	Bigg	13:39.0 7580
4				
5				
6				

**3000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	O	MEREDITH Ryan	OxfC	11:20.9 499
2	TT	BALL Steven	Thurr	13:55.8 138
3				
4				
5				
6				

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	T	CUTHBERT Regan	Thurr	1.95 802
2	II	WHEELER Daniel	Ilford	1.85 719
3	O	INCE Ben X	OxfC	1.75 636
4	JJ	WATTS Fraser	W Suff	1.60 511
5	GG	JANSSEN Darren	Bigg	1.45 385
6	NN		NEB	1.30 259

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	I	ABIDEKUN Fidunu X	Ilford	1.75 636
2	J	PRIOR Luca X	W Suff	1.45 385
3	G	ARNOLD Charles	Bigg	1.35 301
4	OO	HART Richard	OxfC	1.30 259
5	TT	INSTANCE Nigel	Thurr	1.20 174
6				

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf	
1	N	KINGMAN Robert	NEB	3.40	569
2	G	JANSSEN Darren	Bigg	2.60	393
3	J	WATTS Fraser	W Suff	2.40	348
4	O	PALMAN-BROWN Anthony	OxfC	2.40	348
5	I	MALEKOUT Sam	Ilford	2.20	302
6					

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf	
1	OO	WHITING Nigel	OxfC	2.20	302
2	II	HONEY Roger	Ilford	1.80	208
3	NN	GOULD Leroy	NEB	1.73	192
4					
5					
6					

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	II	DOBRESCU Mario X	Ilford	6.26	705
2	O	WHITING Aidan	OxfC	5.65	585
3	T	GIBBS Ben	Thurr	5.65	585
4	G	RAYNER Tristan Y	Bigg	5.29	515
5					
6					

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	I	AKINPELU Jordan Y	Ilford	5.78	611
2	TT	SHORTALL Michael	Thurr	5.46	548
3	GG	JANSSEN Darren	Bigg	4.57	375
4	OO	HART Richard	OxfC	3.46	166
5					
6					

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	O	WHITING Aidan	OxfC	11.59	584
2	T	GIBBS Ben	Thurr	11.44	569
3	I	ABIDEKUN Fidunu X	Ilford	11.18	543
4					
5					
6					

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	TT	SHORTALL Michael	Thurr	11.11	536
2	OO	WHITING Nigel	OxfC	8.97	300
3	II	WHITING Peter	Ilford	7.20	49
4					
5					
6					

**Shot Men A**

Posn	Bib	Athlete	Club	Perf	
1	O	MCCAULEY Stephen	OxfC	14.59	890
2	JJ		W Suff	10.76	637
3	I	MALEKOUT Sam	Ilford	9.78	564
4	T	GIBBS Ben	Thurr	9.25	522
5	GG	STOTT John	Bigg	6.27	236
6					

**Shot Men B**

Posn	Bib	Athlete	Club	Perf	
1	OO	STOTT Jon	OxfC	11.26	673
2	TT	RAWLINSON Glen	Thurr	8.99	501
3	II	SENIOR Nat	Ilford	8.43	453
4	G	STRONG Simon	Bigg	6.06	210
5					
6					

**Discus Men A**

Posn	Bib	Athlete	Club	Perf	
1	N	BAPTISTE Matthew	NEB	46.95	863
2	O	MCCAULEY Stephen	OxfC	41.64	785
3	J	ALLEN Jake	W Suff	35.13	681
4	G	DODDS Nathan Y	Bigg	32.71	639
5	T	GIBBS Ben	Thurr	28.14	555
6	I	MALEKOUT Sam	Ilford	26.42	521

**Discus Men B**

Posn	Bib	Athlete	Club	Perf	
1	GG	JANSSEN Darren	Bigg	28.22	557
2	OO	WALTER Gary	OxfC	26.06	514
3	TT	INSTANCE Nigel	Thurr	20.83	399
4	II	WHITING Peter	Ilford	18.23	332
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	J	ALLEN Jake	W Suff	45.66 779
2	O	MCCAULEY Stephen	OxfC	37.85 685
3	T	GIBBS Ben	Thurr	29.89 578
4	G	JANSSEN Darren	Bigg	16.81 354
5	II	HONEY Roger	Ilford	16.45 347
6				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	OO	WALTER Gary	OxfC	24.78 500
2	TT	INSTANCE Nigel	Thurr	18.92 397
3	GG	STOTT John	Bigg	14.92 312
4	I	MALEKOUT Sam	Ilford	14.37 299
5				
6				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	J	MITSON Thomas	W Suff	51.87 778
2	G	DODDS Nathan Y	Bigg	45.59 693
3	T	RAWLINSON Glen	Thurr	42.33 648
4	I	MALEKOUT Sam	Ilford	41.46 635
5	O	BAROUGH Michael	OxfC	37.89 584
6				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	II	AKINPELU Jordan Y	Ilford	34.35 530
2	TT	INSTANCE Nigel	Thurr	29.20 448
3	GG	STOTT John	Bigg	26.24 398
4	OO	MCCAULEY Stephen	OxfC	22.25 326
5				
6				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	I	Ilford	WHEELER Daniel AKINPELU Jordan Y DOBRESCU Mario X POPOOLA Daniel Y	45.1
2	T	Thurr	SHORTALL Michael CUTHBERT Regan MORALES Samuel Y GIBBS Ben	46.3
3	N	NEB	ABASS Emmanuel X O O FRANCIS Marley X	46.4
4	O	OxfC	WHITING Aidan HANDSCOMBE Will STOTT Jon BAROUGH Michael	49.3
5	G	Bigg	SWINBURNE Elliott X MURPHY Adam JANSSEN Darren RAYNER Tristan Y	51.9
6				

**4 x 400m Mixed A**

Posn	No.	Club	Runners	Perf
1	O	OxfC	INCE Ben X WALTER Jessica Y DUCKETT Jessica HANDSCOMBE Will	04:14.5
2	T	Thurr	SHORTALL Michael FALL Emily X INSTANCE Hayley Y CUTHBERT Regan	04:38.5
3				
4				
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	N	SIBBONS Aleeya X	NEB	12.6	729
2	T	OLAJIDE Funminiyi Y	Thurr	12.6	729
3	O	MUTERO Eugenia X	OxfC	13.3	584
4	I	BALOGUN Krystle	Ilford	13.3	584
5					
6					

**100m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	NN	EZELUE Faith X	NEB	13.2	603
2	OO	PARKER Ruby Y	OxfC	13.6	527
3	TT	STAINES Victoria	Thurr	13.6	527
4	II	ESHIMU MASSAMBA Gemima	Ilford	13.7	509
5					
6					

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	I	BALOGUN Krystle	Ilford	26.6	645
2	O	MUTERO Eugenia X	OxfC	27.1	598
3	T	BRIDGER Ruby X	Thurr	28.5	478
4					
5					
6					

**200m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	II	ESHIMU MASSAMBA Gemima	Ilford	27.6	553
2	OO	PARKER Ruby Y	OxfC	27.8	536
3	TT	STAINES Victoria	Thurr	28.9	446
4					
5					
6					

**400m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	I	BALOGUN Krystle	Ilford	61.1	639
2	T	INSTANCE Hayley Y	Thurr	64.6	517
3	O	KANU Sharon X	OxfC	65.7	481
4	G	JUTY Kathryn	Bigg	78.7	162
5					
6					

**400m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	II	ESHIMU MASSAMBA Gemima	Ilford	62.7	581
2	OO	HUNTER Beth X	OxfC	66.2	465
3	TT	FALL Emily X	Thurr	69.5	369
4					
5					
6					

**800m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	T	INSTANCE Hayley Y	Thurr	02:21.9	661
2	O	PALMER Daisy X	OxfC	02:23.9	630
3					
4					
5					
6					

**800m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	OO	HUNTER Beth X	OxfC	02:28.9	557
2	TT	BALL Lucie Y	Thurr	02:53.2	265
3					
4					
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	OO	BOYD Clemmie X	OxfC	04:59.5 601
2	T	RADLEY Toni	Thurr	06:03.2 237
3	I	HOPKINSON Nicola	Ilford	06:51.3 73
4				
5				
6				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	O	PALMER Daisy X	OxfC	05:30.8 2080
2	TT	FARRELL Jodie	Thurr	06:07.2 1868
3	II	BROADLEY Launa	Ilford	08:16.6 1202
4				
5				
6				

**5000m Women A**

Posn	No.	Athlete	Club	Perf
1	O	DUCKETT Jessica	OxfC	19:44.7
2	T	RADLEY Toni	Thurr	20:50.1
3	I	HOPKINSON Nicola	Ilford	23:56.5
4				
5				
6				

**5000m Women B**

Posn	No.	Athlete	Club	Perf
1	OO	DAVIES Sarah	OxfC	20:23.7
2	TT	FARRELL Jodie	Thurr	21:42.9
3				
4				
5				
6				

**100m Hurdles Women A**

Posn	Athlete	Club	Perf	Wind
1	J PILGRIM Sarah	W Suff	19.5 384	
2	O KANU Sharon X	OxfC	21.9 228	
3				
4				
5				
6				

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	N	UGBO Stephanie	NEB	66.6 697
2	O	GRIFFITHS BROWN Holly Y	OxfC	66.7 694
3	T	FALL Emily X	Thurr	83.9 301
4				
5				
6				

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	TT	BALL Lucie Y	Thurr	90.1 192
2	OO	HUETER Gwyneth	OxfC	101.1 51
3				
4				
5				
6				

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**1500m S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	O	DUCKETT Jessica	OxfC	06:20.8 1106
2	T	BALL Lucie Y	Thurr	06:41.0 983
3				
4				
5				
6				

**1500m S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1	OO	HUETER Gwyneth	OxfC	07:08.3 1536
2				
3				
4				
5				
6				

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	TT	OLAJIDE Funminiyi Y	Thurr	1.70 869
2	G	BRUNNING Leonie X	Bigg	1.53 683
3	O	SUTCLIFFE Annie X	OxfC	1.43 574
4	J	PILGRIM Sarah	W Suff	1.43 574
5				
6				

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	T	BRIDGER Ruby X	Thurr	1.53 683
2	OO	KANU Sharon X	OxfC	1.38 520
3				
4				
5				
6				

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	J	PILGRIM Sarah	W Suff	2.60 528
2	G	JUTY Kathryn	Bigg	1.70 288
3				
4				
5				
6				

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				



**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	G	BRUNNING Leonie X	Bigg	4.93	644
2	TT	LE BEAU Natalie	Thurr	4.92	641
3	O	WALTER Jessica Y	OxfC	4.87	630
4					
5					
6					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	T	BRIDGER Ruby X	Thurr	4.85	626
2	OO	SUTCLIFFE Annie X	OxfC	4.71	594
3					
4					
5					
6					

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	O	FAJEMISIN Temi X	OxfC	11.28	745
2	J	PILGRIM Sarah	W Suff	9.51	557
3	T	LE BEAU Natalie	Thurr	9.49	555
4					
5					
6					

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	OO	WALTER Jessica Y	OxfC	10.32	644
2					
3					
4					
5					
6					

**Shot Women A**

Posn	Bib	Athlete	Club	Perf	
1	N	JENKINS Grace	NEB	10.00	722
2	T	OLAJIDE Funminiyi Y	Thurr	9.69	701
3	O	LEGG Michelle	OxfC	7.10	496
4	G	INGHAM Sandra	Bigg	6.11	404
5	JJ	-	W Suff	5.33	320
6	II	HOPKINSON Nicola	Ilford	4.85	262

**Shot Women B**

Posn	Bib	Athlete	Club	Perf	
1	TT	LAWRENCE Sue	Thurr	9.46	684
2	GG		Bigg	5.91	383
3	OO	DAVIES Sarah	OxfC	5.86	378
4	NN	RAMSDEN Katie	NEB	5.00	281
5	I	BROADLEY Launa	Ilford	4.53	218
6					

**Discus Women A**

Posn	Bib	Athlete	Club	Perf	
1	N	JENKINS Grace	NEB	41.78	898
2	T	DREWITT Caroline	Thurr	27.62	690
3	O	LEGG Michelle	OxfC	17.15	476
4	G	INGHAM Sandra	Bigg	15.14	422
5	J	MASON Dawn	W Suff	12.62	341
6	I	BROADLEY Launa	Ilford	9.19	176

**Discus Women B**

Posn	Bib	Athlete	Club	Perf	
1	TT	LAWRENCE Sue	Thurr	26.46	669
2	NN	RAMSDEN Katie	NEB	22.00	585
3	OO	DAVIES Sarah	OxfC	16.14	450
4	II	HOPKINSON Nicola	Ilford	8.88	152
5					
6					

**SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy**
**18/05/2019**
**Hammer Women A**

Posn	Bib	Athlete	Club	Perf
1	N	JENKINS Grace	NEB	40.49 746
2	TT	LAWRENCE Sue	Thurr	33.06 651
3	O	LEGG Michelle	OxfC	24.12 521
4	J	MASON Dawn	W Suff	17.39 404
5	G	INGHAM Sandra	Bigg	11.23 268
6				

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf
1	OO	TSOY Victoria	OxfC	21.17 472
2	T	SMITH Megan Y	Thurr	X
3				
4				
5				
6				

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf
1	JJ	MASON Dawn	W Suff	32.25 764
2	T	SMITH Megan Y	Thurr	23.98 627
3	G	INGHAM Sandra	Bigg	19.39 537
4	O	LEGG Michelle	OxfC	18.42 516
5	N	JENKINS Grace	NEB	18.27 513
6				

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf
1	TT	LAWRENCE Sue	Thurr	23.90 626
2	OO	TSOY Victoria	OxfC	14.25 415
3	J	WILSON Alana Y	W Suff	13.88 405
4	NN	SIBBONS Aleeya X	NEB	10.98 315
5	GG		Bigg	10.38 293
6				

**4 x 100m Women A**

Posn	No.	Club	Runners	Perf
1	T	Thurr	OLAJIDE Funminiyi Y BRIDGER Ruby X STAINES Victoria MAZINA Highlyblessed X	51.7
2	O	OxfC	SUTCLIFFE Annie X FAJEMISIN Temi X PARKER Ruby Y MUTERO Eugenia X	53.2
3				
4				
5				
6				

**4 x 400m Mixed A**

Posn	No.	Club	Runners	Perf
1	I	Ilford	- - - -	03:46.6
2	T	Thurr	FARRELL Jodie RADLEY Toni NEWELL Taylor Y FARMER Jack	04:06.3
3	O	OxfC	- - - -	
4	G	Bigg	- - - -	05:08.7
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy

Wind

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Wind

	Males	Event	Perf	Females	Event	Perf
<b><u>Biggleswade AC</u></b>						
14	DAY Stephen Y	800m	02:15.7			
15	HAWTHORNE Giles	3000m				
16	BLUNT Michael	1500m	05:45.3			
17	STOTT John	Discus	15.23			

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy

Wind

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Wind

**Ilford AC**

13	POPOOLA Daniel Y	100m	12.3
13	POPOOLA Daniel Y	Long Jump	
24	PARRIS Sebastian	3000m	
23	ABIDEKUN Fidunu X	200m	

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy

Wind

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Wind

**Thurrock Harriers**

351	HAMBLETON Mason Y	800m	02:17.6	4 LE BEAU Natalie	100m	13.3
277	DHILON Harchandar X	1500m		5 OLUFEMI Toyin	100m	
1	WHEELER Leon Y	1500m	04:11.6	5 OLUFEMI Toyin	200m	29.3
2	OMISORE Joshua Y	100m	12.6	6 MAZINA Highlyblessed X	200m	27.7
2	OMISORE Joshua Y	200m	24.5	5 OLUFEMI Toyin	Shot	
3	MORALES Samuel Y	200m		5 OLUFEMI Toyin	Discus	
				7 SMITH Megan Y	Discus	
				7 SMITH Megan Y	Shot	

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy

Wind

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Wind

**Oxford City AC**

296	PALMAN-BROWN Anthony	100m		344 FAJEMISIN Temi X	100m	13.8
297	WHITING Nigel	100m	13.2	347 SUTCLIFFE Annie X	100m	13.9
298	STOTT Jon	100m		348 WOOTTEN Popsie	100m	
299	STEVENS Jacob X	100m		348 WOOTTEN Popsie	200m	
300	STONE Manuel	200m		349 GRIFFITHS BROWN Holly Y	200m	28.3
296	PALMAN-BROWN Anthony	200m		345 HOGGER Lisa	5000m	24:25.1
297	WHITING Nigel	200m		344 FAJEMISIN Temi X	Long Jump	4.98
340	GUISTE Jayden Y	200m		-	-	
298	STOTT Jon	200m	26.7	-	-	
299	STEVENS Jacob X	200m		-	-	
341	INCE Ben X	200m	23.7	-	-	
300	STONE Manuel	400m	66.1	-	-	
342	WALTER Gary	Shot	9.14	-	-	
298	STOTT Jon	Discus	22.47			

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy

Wind

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Wind

**West Suffolk AC**

346	MICHAEL Lucas X	100m	13
346	MICHAEL Lucas X	200m	27.2

SOUTHERN ATHLETICS LEAGUE Division 3 North Sandy

Wind

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Wind

Newham & Essex Beagles AC

9	LIONEL Kye X	100m	13.9
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