

Southern Athletics League

Division _____.

Result of Match on (date) _____ Host Club _____.

Results procedure

1. Meeting Manager to telephone result to the League Secretary: tel: 01908-583761 after 7pm on **Saturday evening**, or email **secretary@southernathletics.org.uk** If you cannot do this please delegate.
2. Check scores, complete enclosed results sheets and score reconciliation. Send these to the **League Secretary, 7 Phoebe Lane, Wavendon, Milton Keynes, MK17 8LR** using 1st class post (**check cost of postage**) to arrive by Tuesday. On the evening of the match, match points and all outstanding performances, according to Athletic Weekly standards, must be telephoned or e-mailed to Athletics Weekly (or as arranged by Athletics Weekly). **Please note SAL rule 19 re distribution of results.**
3. Host club to retain all track results and field cards in case they are needed for reference.
4. **Use only the Southern Athletics League results sheets provided** and complete with name of athlete, club letter and time/distance. Any irregularities or records should be highlighted and a brief note attached. The main items to look for are too many events (see Rule 11) and incorrect stringing (Rule 16).
5. Please complete the following statement if appropriate, making relevant deletions: The following club(s) failed to fulfil its/their commitment to provide officials. My club was (not) informed well in advance. _____.

Score Reconciliation

Subtotals	Club Letter & Name					Not Scored	Totals Premier
Sheet 1							180
Sheet 2							180
Sheet 3							180
Sheet 4							180
Officials							32
Totals							752
Positions							

Completed by	Date sent

For League Use		
Date Rec'd	Checked results - Secretary	NUTS

Southern Athletics League					Senior Men				SHEET 1		
Event		First	Second	Third	Fourth					not scored	TOTAL
100m	A										10
	B										10
200m	A										10
	B										10
400m	A										10
	B										10
800m	A										10
	B										10
1500m	A										10
	B										10
5000m/3000m	A										10
	B										10
110mH	A										10
	B										10
400mH	A										10
	B										10
2000m/3000m SC	A										10
	B										10
				SHEET 1	total forward to front sheet						180

Southern Athletics League					Senior Men				SHEET 2		
Event		First	Second	Third	Fourth					not scored	TOTAL
High Jump	A										10
	B										10
Pole Vault	A										10
	B										10
Long Jump	A										10
	B										10
Triple Jump	A										10
	B										10
Shot Putt	A										10
	B										10
Discus	A										10
	B										10
Javelin	A										10
	B										10
Hammer	A										10
	B										10
4 x 100m relay											10
4 x 400m relay											10
				SHEET 2	total forward to front sheet						180

Southern Athletics League					Senior Women				SHEET 3		
Event		First	Second	Third	Fourth					not scored	TOTAL
100m	A										10
	B										10
200m	A										10
	B										10
400m	A										10
	B										10
800m	A										10
	B										10
1500m	A										10
	B										10
3000m	A										10
	B										10
100mH	A										10
	B										10
400mH	A										10
	B										10
1500m/2000m SC	A										10
	B										10
				SHEET 3	total forward to front sheet						180

Southern Athletics League					Senior Women					SHEET 4	
Event		First	Second	Third	Fourth					not scored	TOTAL
High Jump	A										10
	B										10
Pole Vault	A										10
	B										10
Long Jump	A										10
	B										10
Triple Jump	A										10
	B										10
Shot Putt	A										10
	B										10
Discus	A										10
	B										10
Javelin	A										10
	B										10
Hammer	A										10
	B										10
4 x 100m relay											10
4 x 400m relay											10
				SHEET 4	total forward to front sheet						180